

THERAPY POOL SCHEDULE - POOL TEMP 94°

November 1 - December 31, 2024

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
6:00								
6:30		Open Tranquil	Open Tranquil	Open Tranquil	Open Tranquil	Open Tranquil		
7:00		6:00-7:45	6:00-7:45	6:00-7:45	6:00-7:45	6:00-7:45		
7:30								
8:00	Open Tranquil	Aqua Flow	Aqua Flow	Aqua Flow	Aqua Flow	Aqua Flow	Aqua Yoga	
8:30		Cindy	Abbi	Julie	Abbi	Erica	Erica	
9:00		8:00-10:00	Open	Open	Hydro Core & Balance - Diane	Ai Chi	Ai Chi	8:15-9:05
9:30					Mary	Erica		
10:00	Aqua Yoga/Ai Chi	Ai Chi	Aqua Yoga	Aquatic Bodywork 10:00-1:00 PT Appointments Adults 18+ Soft Voices 10:00-6:00	Aqua Yoga	Adv. Ai Chi	Hydro Core & Balance - Erica	
10:30	Staff Rotation	Mary	Jackie		Jackie	Mary		
11:00	Private Adaptive Swim lessons 1 lane ADULTS ONLY 11:00-3:45	PT Appointments	PT Appointments		PT Appointments	PT Appointments	Private Adaptive Swim lessons 1 lane ADULTS ONLY 11:00-4:30	
11:30		Adults 18+	Adults 18+		Adults 18+	Adults 18+		
12:00		11:00-1:00	11:00-1:00		11:00-1:00	11:00-1:00		
12:30		Hydro Core & Balance - Diane	Soft Voices 11:00-2:30			Aqua Pilates Cindy		Hydro Tone & Stretch - Diane
1:00								
1:30								
2:00		Soft Voices Aquatic Bodywork 2:00-5:00	Private Adaptive Swim lessons 1 lane 2:30-5:30 Soft Voices			Soft Voices Adults 18+ 2:00-5:00		
2:30					Private Adaptive Swim lessons 1 lane 2:30-7:00 Soft Voices			
3:00								
3:30								
4:00								
4:30							Open Tranquil ADULTS ONLY 4:30-5:45	
5:00								
5:30		Open Tranquil	Ai Chi - Mary			Family Time 5:00-7:45		
6:00		ADULTS ONLY	5:45-6:35					
6:30		5:00-7:45	Open Tranquil	Open Tranquil				
7:00			ADULTS ONLY	ADULTS ONLY				
7:30			6:45-7:45	6:00-7:45	ADULTS ONLY			
8:00					7:00-7:45			

Current pool schedules can be found online: minnetonkamn.gov/our-city/the-marsh

- Open Trainquil = no conversation preferred - Adults 18+
- Classes = registration required in advance & pool closed for all other use
- Physical Therapy Appointments = soft voices throughout the area - Adults 18+
- Private Adaptive Swim lessons - 1 lane reserved - portion of the pool open for Adults 18+