

Monday Tuesday Wednesday Thursday Friday



*Programs and services
for those 55+*

952-939-8393

*Minnetonkamn.gov/
senior-services*

		1 Over 50 & Fit 9:00 Mahjongg 10:00 Senior Outreach 10:00 Chorale 10:15 AA/Al-Anon 10:30 Social Bridge 12:30 Acrylic Painting 1:00 T'ai Chi Chih 1:00 Pilates Matwork 2:15 Slow Flow 6:00 500 6:30	2 Defensive Driving 9:00 Chair Yoga 9:45 Cribbage 10:00 Genealogy 10:00 Woodcarvers 10:00 Gentle Yoga 11:00 British History 1:00 Dominoes 1:00 Yoga & Strength 6:00	3 Open Play 8:00 Over 50 & Fit 9:00 Happy Feet 9:00 Blood Pressure 9:30 Computer Group 10:00 Minnetonka Bird Club 10:30 Art Studio 1:00
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6 Art Studio 9:00 Over 50 & Fit 9:00 Men's Discussion 9:00 Open Play 10:30 Bulls & Bears 1:00 Hand, Foot, & Toe 1:00 Medicare Counseling 1:00 SCS Technology 1:00 Full Moon Hike 5:30	7 Chair Yoga 9:45 Poker 10:00 Gentle Yoga 11:00 Bingo 12:45 T'ai Chi Chih Instruction 1:00 Tale Spinners 1:00 Memory Café 1:30	8 Over 50 & Fit 9:00 Blood Pressure 9:30 Mahjongg 10:00 Chorale 10:15 AA/Al-Anon 10:30 Fire & Fall Prevention 10:45 Social Bridge 12:30 Acrylic Painting 1:00 SCS Technology 1:00 Pilates Matwork 2:15 Slow Flow 6:00 500 6:30	9 Summer Registration 8 a.m. Chair Yoga 9:45 Caregiver Conversation 10:00 Cribbage 10:00 Woodcarvers 10:00 Gentle Yoga 11:00 Lunch & Movie 12:00 British History 1:00 Bunco 1:00 Line Dancing 2:00 Defensive Driving 5:30 Yoga & Strength 6:00	10 Crafting for a Cause 9:00 Happy Feet 9:00 Over 50 & Fit 9:00 Computer Group 10:00 Open Play 12:00 Art Studio 1:00
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13 Art Studio 9:00 Over 50 & Fit 9:00 Men's Discussion 9:00 Ham Radio 10:00 Open Play 10:30 Garden Club 1:00 Hand, Foot, & Toe 1:00	14 Open Play 8:00 Chair Yoga 9:45 Advisory Board 10:00 Gentle Yoga 11:00 Saving Money 11:00 Bingo 12:45 Improve Strength & Balance 1:00 T'ai Chi Chih Instruction 1:00	15 Over 50 & Fit 9:00 Mahjongg 10:00 Senior Outreach 10:00 Chorale 10:15 AA/Al-Anon 10:30 Social Bridge 12:30 Acrylic Painting 1:00 Pilates Matwork 2:15 Slow Flow 6:00 500 6:30	16 Chair Yoga 9:45 Cribbage 10:00 Landmark Tours 10:00 Woodcarvers 10:00 Gentle Yoga 11:00 Book Club 1:00 British History 1:00 Dominoes 1:00 Line Dancing 2:00 Yoga & Strength 6:00	17 Over 50 & Fit 9:00 Happy Feet 9:00 Blood Pressure 9:30 Computer Group 10:00 Women's Discussion 10:15 Monthly Party 12:00 Open Play 12:30 Art Studio 1:00
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20 Art Studio 9:00 Over 50 & Fit 9:00 Men's Discussion 9:00 T'ai Chi Chih 10:00 Open Play 10:30 Coffee & Conversation 11:30 Bulls & Bears 1:00 Hand, Foot, & Toe 1:00 Medicare Counseling 1:00 SCS Technology 1:00	21 Chair Yoga 9:45 Poker 10:00 Shutterbugs 10:00 Gentle Yoga 11:00 Bingo 12:45 T'ai Chi Chih Instruction 1:00 Memory Café 1:30	22 Over 50 & Fit 9:00 Mahjongg 10:00 Chorale 10:15 AA/Al-Anon 10:30 Social Bridge 12:30 Acrylic Painting 1:00 Child Safety 1:00 SCS Technology 1:00 T'ai Chi Chih 1:00 Pilates Matwork 2:15 Slow Flow 6:00 500 6:30	23 Day Trip: Eagle Center 8:15 Chair Yoga 9:45 Cribbage 10:00 Woodcarvers 10:00 Gentle Yoga 11:00 British History 1:00 Bunco 1:00 Line Dancing 1:00/2:00 Yoga & Strength 6:00	24 Open Play 8:00 Over 50 & Fit 9:00 Happy Feet 9:00 Computer Group 10:00 Art Studio 1:00 Bucket List Book Club 1:00 Parking Lot Bingo 1:00
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27 Art Studio 9:00 Over 50 & Fit 9:00 Men's Discussion 9:00 T'ai Chi Chih 10:00 Open Play 10:30 Hand, Foot, & Toe 1:00 ProPEL Technology 2:20	28 Open Play 8:00 Chair Yoga 9:45 Gentle Yoga 11:00 Lunch & Movie 12:00 Bingo 12:45 Selling Online 1:00 T'ai Chi Chih Instruction 1:00	29 Over 50 & Fit 9:00 Mahjongg 10:00 Chorale 10:15 AA/Al-Anon 10:30 Social Bridge 12:30 Acrylic Painting 1:00 T'ai Chi Chih 1:00 Pilates Matwork 2:15 Defensive Driving 5:30 500 6:30	30 Chair Yoga 9:45 Cribbage 10:00 Woodcarvers 10:00 Gentle Yoga 11:00 Open Play 12:00 Line Dancing 1:00/2:00 Minnesota History 1:00	31 Open Play 8:00 Over 50 & Fit 9:00 Happy Feet 9:00 Computer Group 10:00 Art Studio 1:00
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