

DID YOU KNOW?

Scholarships are available for Minnetonka residents!

- Age 55+, for senior services programs only.
- Up to 50 percent on one day bus trip. Limit one bus trip scholarship per year.
- Up to 50 percent for events/programs/special events.
- Up to three items per season with a total of nine per year (except day trip).
- Scholarships will be kept confidential.
- Call or stop by main office for more information.

Free or Fee? Registration is required for ALL senior programs, no matter the cost.

Also good to know:

- No joining fee. Pay only for what you want to participate in.
- Programs are held at the Minnetonka Community Center (unless noted).
- Residents or non-residents allowed.
- Lots of ways to register: in person, over the phone or online.



EVENTS



There are two Lunch & Movies in May. Lunch is served first in the dining room, followed by the movie with subtitles in the community room.

Lunch & Movie: The Fabelmans

Nominated for seven Oscars. Written & directed by Steven Spielberg, based on Spielberg's childhood. The film follows Sammy, an aspiring filmmaker who discovers a family secret and uses his talents to uncover the truth. Starring Michelle Williams, Paul Dano, Gabriel LaBelle. Run time: 2 hours, 31 minutes. Sponsored by Sunrise. **Register by May 5 (or until full).**

Menu: Spaghetti and meatballs, side salad, breadstick and dessert*

Day	Date	Time	Cost	Course
W	May 10	Noon	\$8	3100201-01



Lunch & Movie: Queen Bees

Relocating to a retirement community was not by choice for Helen. She arrives to everyone singing the praises of Pine Grove, but quickly finds out not everyone is part of the welcome wagon. Starring Ellen Burstyn, Loretta Devine, Jane Curtain, Ann Margret, Christopher Lloyd, and James Caan. Run time: 1 hours, 40 minutes. Sponsored by RidgePointe. **Register by May 18 (or until full).**

Menu: Sloppy joes, coleslaw, potato chips & dessert*

Day	Date	Time	Cost	Course
Tu	May 23	Noon	\$8	3100202-01

*In addition to the standard meal option, gluten free, vegetarian, vegan and/or nut free meals can be requested at the time of registration.

The Days of Remembrance

Observed every year in April or May, this is a weeklong commemoration of the Holocaust, the state-sponsored persecution and murder of 6 million Jews by the Nazis during WWII. The City of Minnetonka along with the Jewish Community Relations Council presents this series to educate and inform.

Part 2: Antisemitism: Then & Now

Myths and stereotypes about Jews continue to harm our society. What are the origins and impact of antisemitism? How can we work together against this persistent prejudice? Presented by Communications & Community Affairs Director Sami Rahamim.

Day	Date	Time	Cost	Course
F	May 12	10:30-11:45 a.m.	FREE	2180410-02

Part 3: What is Judaism?

Bring your curiosity, as we learn more about the beliefs, values and religious traditions upon which Jewish peoplehood and faith are based. This program covers the common roots of the three Abrahamic Faiths, introduction to Torah, holidays, ritual objects, ethical principles, connection to Israel, Jewish diversity, life cycle events, kosher diet, and more. Presented by Judaism & Israel Education Director Sally Abrams.

Day	Date	Time	Cost	Course
M	May 22	2-3 p.m.	FREE	2180410-03



JEWISH COMMUNITY
RELATIONS COUNCIL
MINNESOTA & THE DAKOTAS

History of the Minnesota State Fair

You know what the Minnesota State Fair is like now but do you ever wonder how it came to be? With a mix of historical facts, anecdotes and photographs of agriculture, competitions, entertainment and exhibits, see how the State Fair was, and is, a feast for the senses, and how it came to be the Great Minnesota Get-Together.



Day	Date	Time	Cost	Course
W	May 17	10:30-11:30 a.m.	FREE	2180410-03

Stan Tekiela – Wildflowers

Wildflowers color our lives. Minnesota native Stan Tekiela presents this fascinating world in a fun and engaging way that only Stan can deliver. Learn why we have wildflowers and what they do.



Day	Date	Time	Cost	Course
Th	May 11	11a.m.-Noon	\$4	3180406-01

Fun with Watercolor: Play with Animals

Learn how to sketch animal shapes and use beautiful, colorful washes to complete the images. Each class starts with a demo. Supply list provided at registration. Instructor: Vera Kovacovic

Day	Date	Time	Cost	Course
Tu	May 16-June 13	10 a.m.-Noon	\$50	3130101-01

Twin Cities Ukulele Club Concert

This is more than tip toe-ing through the tulips. Join us for a sing-along and if you have a ukulele, bring it for a jam session.

Day	Date	Time	Cost	Course
M	May 15	10:45-11:45 a.m.	\$3	3100304-01

DAY TRIPS

Day trips depart from the Minnetonka Community Center. We team up with Medicine Lake Tours who provide coach buses and itinerary. There is storage on the bus for an extra bag, lunch bag, coat, walker and portable wheelchair.

Historic Fort Snelling & Sibley House

Start at historic Fort Snelling with a docent-led tour of the 19th century fort and new visitor center. Lunch follows at Axel's River Grill. Then, head to the Sibley Historic Site to learn about Minnesota's first governor. There is a considerable amount of walking on this trip. Golf carts transport between the fort and visitor center. **Registration by May 8 (or until full).**



Meal: (choose at signup) Steakhouse French dip sandwich OR walleye sandwich OR cup of chicken wild rice soup & salad.

Day	Date	Time	Cost	Course
Th	June 8	9:30 a.m.-3:30 p.m.	\$88	3110102-01



FITNESS

55+ classes at the community center offer a variety of ability levels. **Registration is required.**

Over 50 & Fit Cardio	Monday, Wednesday & Friday 9-10 a.m.
Softball 70+ Co-Ed	Monday & Wednesday 9 a.m.-Noon at Big Willow Park.
Tai Chi Chih Practice (Advanced)	Monday 10-11:15 a.m.
Tai Chi Chih Workshop (All Levels)	Tuesday 12:30-2p.m.
Chair Yoga	Tuesday or Thursday 9:45-10:45 a.m.
Gentle Yoga	Tuesday or Thursday 11 a.m.-Noon
Mat Pilates	Wednesday 2:15-3:15 p.m.
Slow Flow Yoga	Wednesday 6-7 p.m.
Line Dancing I	Thursday 2-2:55 p.m.
Line Dancing II	Thursday 1-1:55 p.m.
Yoga & Strength	Thursday 6-7 p.m.
Bike Club (all levels)	Rides various times – details at mtkabikers.org

For more information, call the main office, see our summer brochure or go online at minnetonkamn.gov/register.

SERVICES

Happy Feet Footcare: Call 763-560-5136 to schedule an appointment with a foot care nurse. \$45 cash, check or credit. Fridays, 9 a.m.-4 p.m. Pre-scheduled appointments only.

Transit Link:

Transportation from your home to events. Call 651-602-5465 for a schedule and fees.



Blood Pressure Checks:

Free blood pressure checks from 9:30-10:30 a.m. on the 1st and 3rd Friday and 2nd Wednesday of each month! Walk-ins only.

Free Medicare Counseling: Appointment needed. Call Senior Linkage Line at 800-333-2433 for more information.

HOME program: The Household & Outdoor Maintenance Program takes care of the person by helping them take care of the home they love. Call 952-746-4046 to learn more.



SENIOR
COMMUNITY
SERVICES

Senior Outreach Services: Licensed Social Worker Sara Roberts can help with housing, caregiver support, financial resources, medical or legal issues and more. Call 612-868-6720 or email s.roberts@seniorcommunity.org.



Coming in May

Scott McGinnis and the City of Minnetonka Historical Society present the history of hotels along Lake Minnetonka in the 1800s. Watch for updates!

A Presidential Series by Phillip Kibort



Impactful Presidents

Reviewing the presidents who impacted United States' history well beyond their term. **Phillip's next presentation: Unexpected Presidents June 16 @ 10:30 a.m.**

Day	Date	Time	Cost	Course
F	May 26	10:30-11:30 a.m.	\$2	3180206-01

Parking Lot Bingo

Drive in to win. Ice Arena B parking lot. Listen to games called on your radio. If you win, honk your horn.

Day	Date	Time	Cost	Course
F	May 19	1-2 p.m.	FREE	3191113-01

GENERAL PROGRAMS



Selling on Etsy

Looking to sell your creations? Take this two-part crash course with Tech Expert Abbey Key. She'll cover how to open an online store as well as packaging, shipping dealing with clients.

Day	Date	Time	Cost	Course
Th	May 18 & 25	10 a.m.-Noon	\$18	3180603-01

25 Documents Needed Before You Pass Away

A master collection of essential documents so your family can help while you are here and successfully settle your estate after you're gone. Presented by certified estate planner Jeff Litfin.

Day	Date	Time	Cost	Course
Tu	May 9	10-11:30 a.m.	\$2	3180416-01

Planting Days with the Garden Club

May 16-19

Get outside and beautify. Call 952-939-8393 for details.



Registration required for all programs.*



14600 Minnetonka Blvd.
Minnetonka, MN 55345



minnetonkamn.gov/register



952-939-8393

Office Hours

Monday-Friday
8 a.m.-4:30 p.m.

Mission

To develop and promote programs and services in our community to meet the diverse needs of those 55 and older.

Program Locations

Meet at Minnetonka Senior Services at the Minnetonka Community Center, unless otherwise noted.

Program Cancellation

Participants wishing to withdraw from a program must do so at least seven days before the start or by the advertised registration deadline to receive a refund.

Trip Cancellation

Refunds only granted prior to the registration deadline or in the event that a replacement is found.

* Programs with low enrollment will be canceled.