

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Defensive Driving 9:00 Chair Yoga 9:45 Poker 10:00 Fun with Watercolor 10:00 Gentle Yoga 11:00 Dementia Friends 12:00 Bingo 12:40 Tale Spinners 1:00 Memory Café Social 1:30	2 Over 50 & Fit 9:00 Senior Outreach 9:00 Mahjongg 10:00 AA/Al-Anon 10:30 Social Bridge 12:30 Pilates Matwork 2:15 Slow Flow 6:00 500 6:30	3 Chair Yoga 9:45 Cribbage 10:00 Genealogy 10:00 Woodcarvers 10:00 Gentle Yoga 11:00 Hands Only CPR 11:00 Dominoes 1:00 Line Dancing 1:00/2:00 Yoga & Strength 6:00	4 Open Play 8:00 Happy Feet 9:00 Over 50 & Fit 9:00 Blood Pressure 9:30 Computer Group 10:00 Strength & Balance 11:00 Art Studio 1:00
7 Art Studio 9:00 Men's Discussion 9:00 Over 50 & Fit 9:00 T'ai Chi Chih Practice 10:00 Open Play 10:45 Al & Alma's 11:30 Medicare Counseling 11:30 Hand, Foot, & Toe 1:00 SCS Technology 1:00	8 Open Play 8:00 Chair Yoga 9:45 Advisory Board 10:00 Fun with Watercolor 10:00 Gentle Yoga 11:00 T'ai Chi Chih Workshop 12:30 Bingo 12:40 Bulls & Bears 1:00	9 Over 50 & Fit 9:00 Blood Pressure 9:30 Mahjongg 10:00 AA/Al-Anon 10:30 Parking Lot Bingo 10:30 Social Bridge 12:30 SCS Technology 1:00 Pilates Matwork 2:15 Slow Flow 6:00 500 6:30	10 Fall Registration Opens 8 a.m. Chair Yoga 9:45 Caregiver Conversation 10:00 Cribbage 10:00 Woodcarvers 10:00 Gentle Yoga 11:00 Bunco 1:00 Line Dancing 1:00/2:00 Yoga & Strength 6:00	11 Crafting for a Cause 9:00 Happy Feet 9:00 Over 50 & Fit 9:00 Computer Group 10:00 Strength & Balance 11:00 Tim Patrick 11:00 Monthly Party 12:00 Art Studio 1:00 Open Play 1:00
14 Art Studio 9:00 Men's Discussion 9:00 Over 50 & Fit 9:00 Ham Radio 10:00 Open Play 10:45 Al & Alma's 11:30 Garden Club 1:00 Hand, Foot, & Toe 1:00	15 Chair Yoga 9:45 Poker 10:00 Shutterbugs 10:00 Gentle Yoga 11:00 Bingo 12:40 Music Reading 101 1:00 Smoke Alarms 1:00 Tale Spinners 1:00	16 Over 50 & Fit 9:00 Senior Outreach 9:00 Classic Car Show 10:00 Mahjongg 10:00 Bean Bag Summer Series 10:15 AA/Al-Anon 10:30 Social Bridge 12:30 Pilates Matwork 2:15 Slow Flow 6:00 500 6:30	17 Defensive Driving 9:00 Chair Yoga 9:45 Cribbage 10:00 Woodcarvers 10:00 Gentle Yoga 11:00 Book Club 1:00 British History 1:00 Dominoes 1:00 Music Reading 101 1:00 Line Dancing 1:00/2:00 Yoga & Strength 6:00	18 Happy Feet 9:00 Over 50 & Fit 9:00 Blood Pressure 9:30 Computer Group 10:00 Women's Discussion 10:15 Presidential Series 10:30 Strength & Balance 11:00 Open Play 12:30 Art Studio 1:00
21 Art Studio 9:00 Men's Discussion 9:00 Over 50 & Fit 9:00 Open Play 10:45 Medicare Counseling 11:30 Lunch & Movie 12:00 Hand, Foot, & Toe 1:00 SCS Technology 1:00	22 Open Play 8:00 Chair Yoga 9:45 Gentle Yoga 11:00 Housing For The Future 11:30 Bingo 12:40 T'ai Chi Chih Workshop 12:30 Bulls & Bears 1:00 Music Reading 101 1:00	23 Day Trip: Duluth 7:30 Over 50 & Fit 9:00 Mahjongg 10:00 AA/Al-Anon 10:30 Social Bridge 12:30 SCS Technology 1:00 Pilates Matwork 2:15 Slow Flow 6:00 500 6:30	24 Chair Yoga 9:45 Cribbage 10:00 Woodcarvers 10:00 Traveling Naturalist 10:30 Gentle Yoga 11:00 Bunco 1:00 Music Reading 101 1:00 Line Dancing 1:00/2:00 Yoga & Strength 6:00	25 Open Play 8:00 Happy Feet 9:00 Over 50 & Fit 9:00 Computer Group 10:00 Strength & Balance 11:00 Art Studio 1:00
28 Art Studio 9:00 Men's Discussion 9:00 Over 50 & Fit 9:00 Open Play 10:45 Hand, Foot, & Toe 1:00	29 Defensive Driving 9:00 Chair Yoga 9:45 Poker 10:00 Gentle Yoga 11:00 Bingo 12:40 Music Reading 101 1:00	30 Over 50 & Fit 9:00 Fun With Watercolor 9:30 Mahjongg 10:00 AA/Al-Anon 10:30 Social Bridge 12:30 Acrylic Painting 1:00 500 6:30	31 Chair Yoga 9:45 Cribbage 10:00 Woodcarvers 10:00 Gentle Yoga 11:00 Music Reading 101 1:00	