

HOPKINS-MINNETONKA RECREATION

2024 WINTER/SPRING PROGRAMS



KIDS' FEST

Feb. 4, 2024



City of Hopkins



CITY OF
MINNETONKA

REGISTRATION BEGINS

Tuesday, Dec. 12
8 a.m.

General Recreation Programs

Thursday, Dec. 14
8 a.m.

Senior Programs

See Tennis and Swimming Lesson registration dates on pages 54 and 58

minnetonkamn.gov/register

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Weather Hotline

Call the weather hotline at 952-939-8355 for information on program or event cancelations. For information about the status of senior programs, call 952-939-8393.

Inclusion Services

The cities of Hopkins and Minnetonka encourage individuals with disabilities to register for general recreation programs. Please call 952-939-8323 at least two weeks prior to the start of the program if inclusion services are needed.

Inclusion staff will work with individuals to determine needs and arrange for the necessary assistance.

Requests received without a two-week notice are not guaranteed, and a parent or caregiver may be required to arrange for their own assistance.

Financial Aid: Scholarships

The Richard Wilson Scholarship Fund provides financial aid to Hopkins and Minnetonka residents participating in joint recreation sponsored programs.

- Available to Hopkins and Minnetonka residents. Proof of residency will be required.
- Financial assistance provided to children ages 18 and younger.
- Applicants receive \$100 per person annually, expiring at the end of the calendar year.
- Scholarships will be issued within five business days of application submission for eligible applicants.
- Scholarships are contingent upon scholarship fund balance.
- A completed scholarship application and one supporting financial document are required.
- Scholarships are not granted for facility memberships or rentals.
- Applications will remain confidential.
- Contact Recreation Services at 952-939-8203 for an application or online at minnetonkamn.gov/recreation.

Data Privacy Act/Tennessee Warning

Your name, address, telephone number, and other identifying information are private and cannot be given to the general public. We need this information to enroll you in the program and to be able to contact you if necessary. If you do not provide the information, the participant may not be able to enroll in the requested program. This information will be provided to the coaches and members of any team that you are on and to authorized recreation personnel who have a need to know. This information about a minor is available to both parents, unless the minor requests that it be withheld and provides compelling reasons to support the request.

Community Athletic Organizations

Glen Lake Mighty Mites Baseball	Ages 5-12	glenlakebaseball.com
Girls Athletic League (GAL) Softball	Grades K-12	galsoftball.org
Hopkins Area Little League	Ages 4-12	hopkinslittleleague.com
Hopkins Baseball Association	Ages 13-18	hopkinsbaseball.com
Hopkins Girls Basketball Association	Grades 4-8	hopkinsgba.org
Hopkins Girls Fast Pitch Softball	Ages 5-18	hopkinsfastpitch.com
Hopkins Lacrosse Association	Grades 3-8	hopkinslax.org
Hopkins Rugby Club	Grades Pre K-12	hopkinsrugby.com
Hopkins Youth Hockey Association	Grades Pre K-12	hopkinshockey.com
Lake Minnetonka Figure Skating Club	Grades Pre K-12	lmfsc.org
Minnesota Synchronettes (synchronized swimming)	Ages 6-19	mnsynchronettes.org
Minnetonka Baseball Association	Ages 5-18	minnetonkabaseball.org
Minnetonka Big Willow Youth Baseball	Ages 4-12	bigwillowbaseball.com
Minnetonka Girls Softball Association	Grades K-12	tonkasoftball.org
Minnetonka Lacrosse Association	Ages 14-18	mtkalax.org
Minnetonka Youth Hockey Association	Ages Pre K-12	tonkahockey.org
Plymouth/Wayzata Youth Baseball Association	Ages 6-18	pwbyba.com
Plymouth/Wayzata Youth Softball Association	Grades K-12	pwysa.com
Tonka United Soccer	Grades Pre K-12	tonkaunited.org

INVEST In Our Youngest Residents

Studies show that dynamic, well-designed recreation programs - like those offered by Hopkins-Minnetonka Recreation Services - help young people achieve physical, emotional and social wellness. Organized activities like these play a key role in youth development. And they're a whole lot of fun, too.

We need your support to ensure that our recreation programs remain inclusive and available to all local youth.

Please consider donating to the Richard Wilson Recreation Scholarship Fund.

Give online at minnetonkamn.gov/register, or call 952-939-8203.



Thank you for supporting our youngest residents.

REGISTRATION

Registration Begins

Tuesday, Dec. 12, 8 a.m.

GENERAL RECREATION PROGRAMS

Thursday, Dec. 14, 8 a.m.

SENIOR PROGRAMS

(See Tennis and Swimming Lesson registration dates on pages 54 and 58)

Three ways to register

Online:

minnetonkamn.gov/register



- Log in with your username and password or create an account if you don't already have one.
- All Williston and Marsh members have an account. Call for your login information prior to registration day.

Phone:

Call 8 a.m.-4:30 p.m. Monday-Friday:

Recreation:	952-939-8203
Senior Programs:	952-939-8393

In Person:

- Recreation Services offices, The Marsh, 15000 Minnetonka Blvd., Minnetonka
- Senior Services, Minnetonka Community Center, 14600 Minnetonka Blvd., Minnetonka
- Williston Fitness Center, 14509 Minnetonka Drive, Minnetonka
- Ice Arena, 3401 Williston Road, Minnetonka

Payment

Payment must be made at the time of registration by cash, check or Visa, MasterCard or Discover card.

Program Withdrawal and Refund Policy

- Participants wishing to withdraw from a program must do so at least one week prior to the start of the program or by the stated registration deadline.
- Refunds are granted when a program is canceled due to low enrollment.
- No refund is granted for a single class canceled due to circumstances beyond the city's control (i.e. power outages, weather, etc.).
- Partial refunds after the start of the program are only considered if injury or serious illness occurs and must be approved by the program manager. A physician's verification may be required.
- Refunds can take up to three weeks to process.

Photo Policy

Photographs and video are occasionally taken of participants while they are in programs, special events, city facilities or enjoying parks. Please be aware that these photos may be published by the City of Minnetonka or City of Hopkins.

Liability Waiver

In consideration of entry into a program(s), I state and affirm that participation in the program(s) is voluntary. I understand that the program(s) are not an essential service provided by the city; that certain risks are inherent and that these risks, anticipated or unanticipated, may result in injury or damage to persons and/or property. I hereby assume all risks in connection with the program(s); agree to hold the city or anyone acting on behalf of the city harmless and waive any right to make claims or bring lawsuits for any injury or damages related to the alleged negligence of the city. This waiver does not apply to any injuries or damages that are a result of willful, wanton or intentional misconduct by the city or anyone acting on behalf of the city.

COMMUNITY EVENTS

Winter



The market includes vendors selling local, fresh and canned produce, meats, honey, breads, desserts, coffee, pickles, jams, jellies, sauces, eggs, herbal self-care products, soaps, cards, crafts and gifts. Plus, live music!

We accept SNAP/EBT and match the first \$10 with Market Bucks, and Produce Market Bucks.

Saturdays, Dec. 9, Feb. 10
10 a.m.-2 p.m.

Minnetonka Community Center, 14600 Minnetonka Blvd.

Visit minnetonkamn.gov/farmersmarket for more information.
To become a vendor, email farmersmarket@minnetonkamn.gov.



TREE LIGHTING AT THE COMMONS

Gather your friends and family to kick off the holiday season with a tree lighting ceremony at Ridgedale Commons. Enjoy activities, crafts, tree lighting and more. We invite visitors to dress up their dog in holiday attire to compete in the dog costume contest!

Saturday, Dec. 9
Ridgedale Commons
12590 Ridgedale Drive

Hot cocoa, crafts, The Corn Dog Company food truck, fire performer, music and more	4:30-6 p.m.
Candy Cane Hunt	5 p.m.
Tree Lighting	5:30 p.m.
Dog Costume contest winners announced	5:45 p.m.

GREAT MINNETONKA

YETI HUNT

Dec. 23 - Jan. 7
Big Willow Park



The annual Great Minnetonka Yeti Hunt is on! Over winter break, stuffed Yeti will be hanging around Big Willow Park. Find each Yeti, unscramble the letters and solve a riddle for a chance to win a prize.



Watch for more hunting info at minnetonkamn.gov/yetihunt.

Fire Department events

at Fire Station 1

Family Fun Day



Saturday, Jan. 20
10 a.m.-1 p.m.

- Chili & cider
- Inflatable slide
- Fire truck displays
- Meet a firefighter

No lights and sirens!

Sensory Friendly

OPEN HOUSE

Saturday, April 20
10 a.m.-1 p.m.

- Fire trucks, ambulance and police car on display
- Inflatable slide
- Meet a firefighter
- Cookies for all



Minnetonka Fire Station 1
14550 Minnetonka Blvd.

KIDS' FEST



Join us for an afternoon of FREE family fun at Kids' Fest. Activities include dog sled rides, horse-drawn trolley rides, face painting, ice sculptures, crafts and much more! Registration is not required.

Sunday, Feb. 4
11 a.m.-2:30 p.m.
Minnetonka Community Center

FREE EVENT!

Ages 5-11

Light up the Night

Dance

Dance the night away, enjoy dinner and dessert and capture sweet memories with that special adult in your life. Dads, uncles, grandpas or any special adult are welcome to accompany their special girl. Semi-formal attire is recommended.



Friday, March 1
6-8 p.m.
Minnetonka Community Center

\$45 for pair; \$13 for each add'l daughter
 Course: #2200301-01



Music Association of Minnetonka

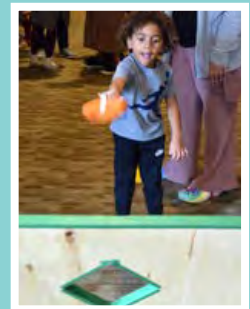
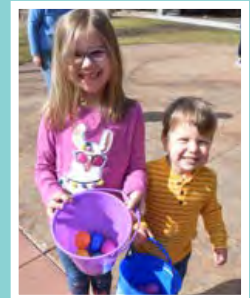


The Community Destination for All Who Love Music
musicassociation.org

Spring Eggstravaganza

Ages 1-9

Calling all egg hunters to our annual spring event featuring an egg scavenger hunt, photos with the bunny, dancing, face painting, crafts, treats and games. Please bring a basket for egg hunting! Registration is required.



Saturday, March 23
10-11:30 a.m.
Minnetonka Community Center

\$11 (#2200401-01)





Calling all puzzle lovers!

Are you looking for some fun, friendly competition?

Gather your team (up to 4) and compete to see who can complete the same 500-piece puzzle the fastest. Prizes will be awarded for first, second and third place. Perfect to do with family or friends!

Registration is required; one person per team should register. You may register for both sessions; a separate puzzle will be used for each. Register by April 10.

Saturday, April 20

Minnetonka Community Center

Session 1

9-11 a.m.
(2020701-01)

SPONSOR



Session 2

11:30 a.m.-1:30 p.m.
(2020701-02)



\$35/team per session



Get an inside look into how your city operates.

This free program helps residents go behind-the-scenes and learn more about their city.

Topics include:

- General government
- Tonka Town development
- Public safety
- Recreation
- Public Works

Tuesdays, Jan. 30-Feb. 27 from 6-8 p.m.

Locations vary

Register (#2020201) at minnetonkamn.gov/register by Tuesday, Jan. 23

Questions? Contact Sarissa Falk at 952-939-8211

PRESCHOOL PROGRAMS

Arts, Crafts and Technology



Lions, Tigers & Bears

Ages 18 months–6 years, with adult

Create adorable artwork inspired by our favorite zoo animals. Budding Picassos and future zoologists will love painting on real canvas boards, sculpting with air-dry clay and scribbling with oil pastels. Children must be accompanied by a caregiver.

Day	Date	Time	Cost	Course
Th	Jan. 11–Feb. 1	9:30–10:30 a.m.	\$71	2040202-01

Location: Ridgedale Commons Park Building

Bluey

Ages 3–6 years

Your Bluey fan will love getting messy as they paint, cut and collage a portrait of Bluey, all on a real canvas board.

Day	Date	Time	Cost	Course
M	Feb. 5	9–10:30 a.m.	\$27	2040223-01
F	April 19	9–10:30 a.m.	\$27	2040223-02

Location: Ridgedale Commons Park Building

Hot Wheels

Ages 18 months–6 years, with adult

Zooooooooom! We will create a painting inspired by one of your child’s favorite toys—Hot Wheels®. Come and create right along with your child. Children must be accompanied by a caregiver.

Day	Date	Time	Cost	Course
M	Feb. 12	9:30–10:30 a.m.	\$23	2040220-01

Location: Ridgedale Commons Park Building



Storybook Art

Ages 3–6 years

Beloved story books will inspire us to imagine the fantastic. Have you ever seen a mouse covered in paint, gone on a trip with a tank engine named Thomas or drawn with a magical purple crayon? Outstanding children’s books will inspire our project each day.

Day	Date	Time	Cost	Course
M	March 4–25	9:30–10:30 a.m.	\$71	2040201-01

Location: Ridgedale Commons Park Building

Twinkle, Twinkle Little Star

Ages 18 months–6 years, with adult

Come and sing along with us as we create art inspired by this favorite nursery rhyme. A little Kidcreate magic (glow-in-the-dark paint) will enable your young artist’s masterpiece to really come to life after dark. Children must be accompanied by a caregiver.

Day	Date	Time	Cost	Course
Th	March 21	9:30–10:30 a.m.	\$23	2040221-01

Location: Ridgedale Commons Park Building

Big and Messy Art

Ages 3-6 years

Let your little artist explore the messier side of art in a big way. Your child will enjoy many sensory experiences as they create enormous works of art. They will paint, sculpt, scribble and giggle their way to discovering a grander scale of art.

Day	Date	Time	Cost	Course
Th-F	April 4-5	9 a.m.-noon	\$91	2040222-01

Location: Ridgedale Commons Park Building

Rainbow Fish

Ages 18 months-6 years, with adult

The children's book "Rainbow Fish" by Marcus Pfister will be our inspiration as we create masterpieces inspired by the story - glittery scales and all. Come and create right along with your child. Children must be accompanied by a caregiver.

Day	Date	Time	Cost	Course
W	April 10	9:30-10:30 a.m.	\$23	2040203-01

Location: Ridgedale Commons Park Building



SCIENCE EXPLORERS
Where Science is Fun!

Amazing Me

Ages 3.5-6

Join Science Explorers in our Amazing Me class as we use our cranium to learn how the heart is responsible for pumping blood all around our bodies. Plus, we will investigate what happens to the food we eat and how our lungs are similar to a sponge. All this and more as we discover what really happens beneath our skin.

Day	Date	Time	Cost	Course
W	Jan. 24-Feb. 14*	10-11:30 a.m.	\$53	2040501-01

*No class Feb. 7

Location: Ridgedale Commons Park Building

Rainforest Journey

Ages 3.5-6

Travel along with Science Explorers as we investigate an environment where it's always warm, the trees are always green and the animals are very unique. We will learn about the layers of a rainforest and discover the animals that make the rainforest their home. Join us as we explore a tropical rainforest through experiments, games, stories and art projects.

Day	Date	Time	Cost	Course
W	Feb. 28-March 20	10-11:30 a.m.	\$71	2040502-01

Location: Ridgedale Commons Park Building

Buggy for Bugs

Ages 3.5-6

Do you like the creepy, crawlers of the immense insect world? Join us as we learn about bugs, insects and how they are different from each other. Plus, discover how some bugs live in colonies and how bugs eat, smell and survive. We will also construct our own bugs, weave a web and more in this fun, hands-on class.

Day	Date	Time	Cost	Course
W	April 17-May 8	10-11:30 a.m.	\$71	2040503-01

Location: Ridgedale Commons Park Building

Science Fun

Ages 3.5-6, with an adult

Bring along a parent or your favorite adult for a fun and friendly hands-on science class. We will investigate an environment where it's always warm, the trees are always green and the animals are very unique as we learn about the layers of a tropical rainforest and some special animals that live there.

Day	Date	Time	Cost	Course
Sa	Feb. 24	1-2:30 p.m.	\$23	2040504-01 (\$7/addt'l adult, \$15/addt'l child)

Location: Ridgedale Commons Park Building



Hop-Kids Programs



A joint partnership of the Hopkins-Minnetonka Recreation Services and Hopkins Public Schools, Hop-Kids provides preschool-age children opportunities for playing and learning that are fun, nurturing and safe.

Hop-Kids Hip Hop Hooray!

Age 4-6

This high-energy class gets kids up and moving. Learn the basics of hip-hop dance, choreography and tricks. Hip Hop Hooray! focuses on learning through exercise and games, as well as self-expression through movement.

Day	Date	Time	Cost	Course
Tu	Jan. 9-Feb. 13	5:30-6:15 p.m.	\$59	2221501-01
Tu	Feb. 20-March 26	5:30-6:15 p.m.	\$59	2221501-02
Tu	April 9-May 14	5:30-6:15 p.m.	\$59	2221501-03

Location: Eisenhower Community Center, Theater

Hop-Kids Let's Dance!

Age 3-5

This class is for the preschooler who loves to spin, move and groove. Learn a variety of different dance styles from basic ballet technique to jazz to creative dance movement. We will focus on motor development, rhythm and explore dance through musical games, songs and basic dance steps.

Day	Date	Time	Cost	Course
Tu	Jan. 9-Feb. 13	4:30-5:15 p.m.	\$59	2222301-01
Tu	Feb. 20-March 26	4:30-5:15 p.m.	\$59	2222301-02
Tu	April 9-May 14	4:30-5:15 p.m.	\$59	2222301-03

Location: Eisenhower Community Center, Theater

Hop-Kids HappyFeet Soccer

Ages 2-5

HappyFeet leagues are a great way to see your little one continue their soccer development. Each class includes skill-building through fun games, pressure by coach and pressure applied by peers in a game setting.

Age 2-3

Day	Date	Time	Cost	Course
W	Jan. 10-Feb. 14	6-6:45 p.m.	\$105	2220401-01

Ages 4-5

Day	Date	Time	Cost	Course
W	Jan. 10-Feb. 14	6:45-7:30 p.m.	\$105	2220401-02

Location: Ubah Academy, Gym

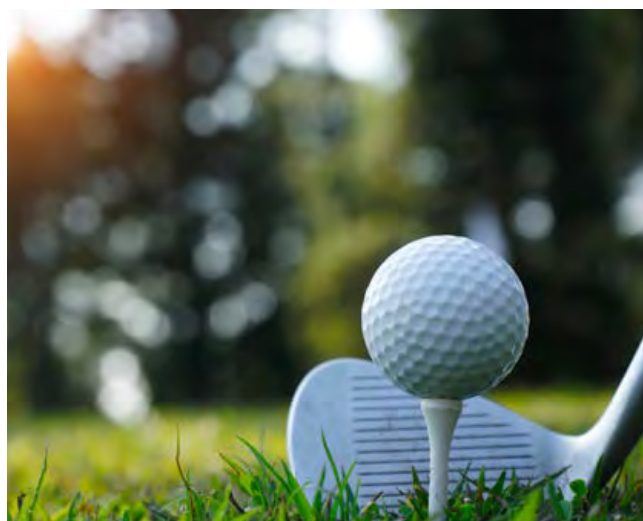
Age 2-3

Day	Date	Time	Cost	Course
W	April 17-May 22	6-6:45 p.m.	\$105	2220401-04

Ages 4-5

Day	Date	Time	Cost	Course
W	April 17-May 22	6:45-7:30 p.m.	\$105	2220401-05

Location: Alice Smith Elementary, Soccer Field



Hop-Kids Golf

Ages 4-6

TGA Premier Junior Golf offers children the opportunity to learn golf with full-swing, chipping and putting instruction. Learn rules, etiquette and the history of golf.

Day	Date	Time	Cost	Course
Th	Jan. 11-Feb. 15	6-6:50 p.m.	\$106	2221101-01
Th	Feb. 29-April 4	6-6:50 p.m.	\$106	2221101-02

Location: Ubah Academy Gym

Day	Date	Time	Cost	Course
Th	April 18-May 23	6-6:50 p.m.	\$106	2221101-03

Location: Central Park, Hopkins

Hop-Kids Amazing Athletes - Keeping Kids Active

Ages 2.75-5

Develop your child's motor skills, hand-eye coordination, cardiovascular fitness and more through Amazing Athletes. Each class encompasses two different developmental sport lessons, using fun activities so they can build skills at their own pace in a non-competitive atmosphere.

Day	Date	Time	Cost	Course
M	Jan. 15-Feb. 12	6-6:35 p.m.	\$84	2222101-01
M	Jan. 15-Feb. 12	6:45-7:20 p.m.	\$84	2222101-02
M	Feb. 26-March 25	6-6:35 p.m.	\$84	2222101-03
M	Feb. 26-March 25	6:45-7:20 p.m.	\$84	2222101-04

Location: Ubah Academy Gym

Hop-Kids RevSports Instructional Programs

RevSports instructional programs maximize the time a player spends developing individual skills. Focus is on individual player development and helping each player at their own ability level become more confident with the necessary skills of the game.

Class starts with an active, skill-based warm-up; transitions into a fun, more challenging game; and ends with an age-appropriate small-sided scrimmage. All ability levels are welcome. This is a parent-child class. No equipment necessary.

TotStars:

Ages 2-3 Entry-level, parent/child program

PreStars:

Ages 3-5 Entry-level parent-child program

KinderStars:

Ages 4-6 Entry-level parent/child program

MiniStars/MightyStars: Ages 5-8/Ages 6-9 Non-competitive foundational skills program. Players are involved independently from their parents, but we encourage parents to be present and engaged.



RevSports: T-Ball/Coach-Pitch Baseball

Learn fielding grounders, throwing, catching, baserunning, batting and more.

T-Ball

Day	Date	Time	Age	Cost	Course
M	April 8-29	5:15-5:40 p.m.	2-3 (TotStars)	\$65	2222701-01
Tu	April 9-30	5:15-5:40 p.m.	2-3 (TotStars)	\$65	2222701-04
Tu	April 9-30	5:45-6:25 p.m.	3-4 (PreStars 1)	\$65	2222701-02
M	April 8-29	5:45-6:25 p.m.	3-5 (PreStars)	\$65	2222701-05
Tu	April 9-30	6:30-7:10 p.m.	4-5 (PreStars 2)	\$65	2222701-08

Coach-Pitch Baseball

Day	Date	Time	Age	Cost	Course
M	April 8-29	6:30-7:10 p.m.	4-6 (KinderStars)	\$65	2222701-03
Tu	April 9-30	7:15-7:55 p.m.	4-6 (KinderStars)	\$65	2222701-06
M	April 8-29	7:15-7:55 p.m.	6-9 (MightyStars)	\$65	2222701-07

Location: Alice Smith Elementary Field

RevSports: Basketball Skills

Learn rules, ball handling, passing, shooting, defense, rebounding passing and teamwork. Adjustable hoops will be used.

Session 1

Day	Date	Time	Age	Cost	Course
Tu	Jan. 9-30	6-6:40 p.m.	4-6 (KinderStars)	\$65	2222601-01
Tu	Jan. 9-30	6:45-7:25 p.m.	5-7 (MiniStars)	\$65	2222601-02
Tu	Jan. 9-30	7:30-8:10 p.m.	6-9 (MightyStars)	\$65	2222601-03

Session 2

Day	Date	Time	Age	Cost	Course
Tu	Feb. 6-27	6-6:40 p.m.	4-6 (KinderStars)	\$65	2222601-04
Tu	Feb. 6-27	6:45-7:25 p.m.	5-7 (MiniStars)	\$65	2222601-05
Tu	Feb. 6-27	7:30-8:10 p.m.	6-9 (MightyStars)	\$65	2222601-06

Session 3

Day	Date	Time	Age	Cost	Course
Sa	Feb. 24-March 16	9-9:40 a.m.	3-5 (PreStars)	\$65	2222601-08
Sa	Feb. 24-March 16	9:45-10:25 a.m.	4-6 (KinderStars)	\$65	2222601-09
Tu	March 5-26	6-6:40 p.m.	4-6 (KinderStars)	\$65	2222601-07
Sa	Feb. 24-March 16	10:30-11:10 a.m.	5-7 (MiniStars)	\$65	2222601-10
Tu	March 5-26	6:45-7:25 p.m.	5-7 (MiniStars)	\$65	2222601-11
Sa	Feb. 24-March 16	11:15-11:55 a.m.	6-9 (MightyStars)	\$65	2222601-12
Tu	March 5-26	7:30-8:10 p.m.	6-9 (MightyStars)	\$65	2222601-13

Saturday Location: Hopkins West Middle School, Activity Structure Court #1

Tuesday Location: Ubah Academy

Session 4

Day	Date	Time	Age	Cost	Course
Sa	April 13-May 4	9-9:40 a.m.	3-5 (PreStars)	\$65	2222601-14
Sa	April 13-May 4	9:45-10:25 a.m.	4-6 (KinderStars)	\$65	2222601-15
Tu	April 9-30	5:30-6:10 p.m.	4-6 (KinderStars)	\$65	2222601-16
Sa	April 13-May 4	10:30-11:10 a.m.	5-7 (MiniStars)	\$65	2222601-17
Tu	April 9-30	6:15-6:55 p.m.	5-7 (MiniStars)	\$65	2222601-18
Sa	April 13-May 4	11:15-11:55 a.m.	6-9 (MightyStars)	\$65	2222601-19
Tu	April 9-30	7-7:40 p.m.	6-9 (MightyStars)	\$65	2222601-20

Saturday Location: Hopkins West Middle School, Activity Structure Court #1

Tuesday Location: Eisenhower Community Center

RevSports: Ninja Warrior Fitness

Learn to advance your movement, strength and agility skills. Obstacles are added to provide variety and different challenges each day.

Day	Date	Time	Age	Cost	Course
Tu	April 9-30	5:15-5:40 p.m.	2-3 (TotStars)	\$75	2222801-01
Tu	April 9-30	5:45-6:25 p.m.	3-5 (PreStars)	\$75	2222801-02
Tu	April 9-30	6:30-7:10 p.m.	4-6 (KinderStars)	\$75	2222801-03
Tu	April 9-30	7:15-7:55 p.m.	6-9 (MightyStars)	\$75	2222801-04

Location: Eisenhower Elementary Field

RevSports: Soccer

Learn dribbling, passing, shooting, defending and more.

Session 1

Day	Date	Time	Age	Cost	Course
Sa	Jan. 20-Feb. 10	9:15-9:40 a.m.	2-3 (TotStars)	\$65	2222501-01
Sa	Jan. 20-Feb. 10	9:45-10:25 a.m.	3-5 (PreStars)	\$65	2222501-02
Sa	Jan. 20-Feb. 10	10:30-11:10 a.m.	4-6 (KinderStars)	\$65	2222501-03
Sa	Jan. 20-Feb. 10	11:15-11:55 a.m.	6-9 (MightyStars)	\$65	2222501-04

Session 2

Day	Date	Time	Age	Cost	Course
Sa	Feb. 24-March 16	9:15-9:40 a.m.	2-3 (TotStars)	\$65	2222501-05
Sa	Feb. 24-March 16	9:45-10:25 a.m.	3-5 (PreStars)	\$65	2222501-06
Sa	Feb. 24-March 16	10:30-11:10 a.m.	4-6 (KinderStars)	\$65	2222501-07
Sa	Feb. 24-March 16	11:15-11:55 a.m.	6-9 (MightyStars)	\$65	2222501-08

Location: Hopkins North Middle School, Gym E

Session 3

Day	Date	Time	Age	Cost	Course
Sa	April 13-May 4	9:15-9:40 a.m.	2-3 (TotStars)	\$65	2222501-09
Sa	April 13-May 4	9:45-10:25 a.m.	3-5 (PreStars)	\$65	2222501-10
Sa	April 13-May 4	10:30-11:10 a.m.	4-6 (KinderStars)	\$65	2222501-11
Sa	April 13-May 4	11:15-11:55 a.m.	6-9 (MightyStars)	\$65	2222501-12

Location: Alice Smith Elementary Field

Music and Dance

Music Together

Birth - 5 years with adult

Sing, dance, play, learn! Award-winning music and movement classes for infants, toddlers, preschoolers and the grownups who love them. The rich music environment in class, full of opportunities for experimentation and exploration, will help your child grow into a confident, life-long music maker. Receive a CD, an app to play or download the music, an illustrated songbook. Infants under eight months attend free with a paid sibling.

Program Demo Classes

For parents or caregivers who are seriously considering registering but would like to try a class with their child first. Registration is required. Families will only be allowed to try one demo class.

Day	Date	Time	Cost	Course
Tu	Jan. 2	10:15-11 a.m.	Free	2040300-01
Tu	March 26	9:15-10 a.m.	Free	2040300-02

Location: Glen Lake Activity Center

Day	Date	Time	Cost	Course
W	Jan. 3	9:15-10 a.m.	Free	2040300-03

Location: Eisenhower Community Center - Room 223

Day	Date	Time	Cost	Course
W	March 27	10:15-11 a.m.	Free	2040300-04

Location: Hopkins Center for the Arts

Full Session Classes

Day	Date	Time	Cost	Course
Tu	Jan. 9-March 12	9:15-10 a.m.	\$195 (\$109 for each addt'l sibling)*	2040301-01
Tu	Jan. 9-March 12	10:15-11 a.m.	\$195 (\$109 for each addt'l sibling)*	2040301-02
Tu	April 2-June 4	9:15-10 a.m.	\$195 (\$109 for each addt'l sibling)*	2040301-05
Tu	April 2-June 4	10:15-11 a.m.	\$195 (\$109 for each addt'l sibling)*	2040301-06

Location: Glen Lake Activity Center

Day	Date	Time	Cost	Course
W	Jan. 10-March 13	9:15-10 a.m.	\$195 (\$109 for each addt'l sibling)*	2040301-03
W	Jan. 10-March 13	10:15-11 a.m.	\$195 (\$109 for each addt'l sibling)*	2040301-04
W	April 3-June 5**	9:15-10 a.m.	\$195 (\$109 for each addt'l sibling)*	2040301-07
W	April 3-June 5**	10:15-11 a.m.	\$195 (\$109 for each addt'l sibling)*	2040301-08

*Location: Hopkins Center for the Arts***

* Infants under 8 months are free with a paid sibling but must still register. One free infant per family; sibling rate after that.

**April 3 and June 5 classes will be held at Eisenhower Community Center, Room 206





Wish Upon a Ballet

Ages 3-8

This dance program incorporates popular children's stories and ballet stories. Enjoy a complete fairy tale experience as dancers skip, leap, jump and spin. Children learn an appreciation for dance and music while developing strength and flexibility.

Session 1: Frozen 2

Ages 3-4

Day	Date	Time	Cost	Course
Sa	Jan. 13-Feb. 17	1:15-2 p.m.	\$67	2040401-01

Ages 5-8

Day	Date	Time	Cost	Course
Sa	Jan. 13-Feb. 17	2-2:45 p.m.	\$67	2040401-02

Session 2: Wish

Ages 3-4

Day	Date	Time	Cost	Course
Sa	Feb. 24-April 6*	1:15-2 p.m.	\$67	2040401-03

Ages 5-8

Day	Date	Time	Cost	Course
Sa	Feb. 24-April 6*	2-2:45 p.m.	\$67	2040401-04

*No program March 30

Session 3: Circus Polka

Ages 3-4

Day	Date	Time	Cost	Course
Sa	April 13-May 18	1:15-2 p.m.	\$67	2040401-05

Ages 5-8

Day	Date	Time	Cost	Course
Sa	April 13-May 18	2-2:45 p.m.	\$67	2040401-06

Location: Hopkins Center for the Arts, Room 218

Nature Programs

Nature Snow Days

Ages 3-6 years

Learn about winter by building and playing in the snow, making snow art and doing snow science. Learn how to play outdoors all winter long. Come dressed for the elements, as this class will be mostly outdoors. Price includes cost of child and adult buddy.

Day	Date	Time	Cost	Course
M	Feb. 5	10 a.m.-noon	\$27	2041503-01
Tu	March 5	10 a.m.-noon	\$27	2041503-02

Location: The Marsh, Dragon Room



YOUTH AND TEEN PROGRAMS

Arts, Crafts and Technology



Dogs vs. Cats

Ages 4-9

Dogs or cats, which make a better pet? There's no need to decide. We'll create art inspired by both. No trips to the pet store required.

Day	Date	Time	Cost	Course
Sa	Jan. 13	9 a.m.-noon	\$43	2040209-01

Location: Ridgedale Commons Park Building

Slime Time with Mickey & Minnie

Ages 4-9

Get ready, Disney® fans! This slime-tastic activity is the perfect way to create a memory that's sure to stick. Have some ooey gooey fun as you make Mickey or Minnie Mouse slime with a themed jar to hold it all together.

Day	Date	Time	Cost	Course
F	Jan. 26	9 a.m.-noon	\$43	2040205-01

Location: Ridgedale Commons Park Building

Kawaii Cute

Ages 4-9

Create kawaii-style projects that are so cute they'll make everyone go "Awww!" Use clay, paint and Model Magic as we make adorable masterpieces such as a teeny tiny succulent garden and a happy avocado drawing.

Day	Date	Time	Cost	Course
Sa	Feb. 10	9 a.m.-noon	\$43	2040207-01

Location: Ridgedale Commons Park Building



Mega Mess Making

Ages 5-12

We'll paint with plaster, tie-dye, make papier mache birds and fling paint like Jackson Pollock. We will even learn some art terms along the way. These are not projects to tackle at home; leave the mess with us.

Day	Date	Time	Cost	Course
M	Feb. 19	9 a.m.-3 p.m.	\$93	2040211-01
M	April 1	9 a.m.-3 p.m.	\$93	2040211-02

Location: Glen Lake Activity Center (Feb. 19)
Ridgedale Commons Park Building (April 1)

Pinch, Slab, Coil, Clay

Ages 4-9

Roll up your sleeves, make a mess and play with some clay. Use a variety of tools and techniques to make animals, castles, bowls and much more. Work with different types of clay including Model Magic® and air-dry clay. Participants will use their fingers to pinch, assemble a slab and create coils.

Day	Date	Time	Cost	Course
Th-F	March 7-8	9 a.m.-noon	\$93	2040206-01

Location: Ridgedale Commons Park Building

Pet Shop

Ages 5-12

Every kid dreams of owning a hamster or a dog or maybe a kitty. In this critter-filled camp, their dream will come true . . . sort of. The kids will create pets of all shapes and sizes. Work with clay, paint and draw, too. No trips to the pet store required.

Day	Date	Time	Cost	Course
Sa	March 16	9 a.m.-noon	\$43	2040212-01

Location: Ridgedale Commons Park Building



STEAM-sational

Ages 5-12

Explore S.T.E.A.M. concepts in totally rad and creative ways that will result in cool creations you'll be proud to brag about - from your very own pinball machine, a creative Venus flytrap, a colorful kaleidoscope and magic ink that will light up a cityscape.

Day	Date	Time	Cost	Course
M-W	April 1-3	1-4 p.m.	\$101	2040208-01

Location: Glen Lake Activity Center

Watermelon Slime

Ages 4-9

What's messier than a slice of juicy watermelon? Watermelon Slime! Create your very own slime that looks just like goopy, gloopy, drippy watermelon, seeds and all. Dress for a mess.

Day	Date	Time	Cost	Course
W	April 10	1-4 p.m.	\$41	2040210-01

Location: Ridgedale Commons Park Building



Schools Out Day - Amazing Race

Ages 7-14

Are you ready for an adventure? Discover unique aspects of different cultures, including national flags, traditional cuisines, influential artists and notable historical landmarks. You'll be challenged to work with a partner to solve different tasks in various "countries" that will put you ahead or behind in the race to the finish line. Includes jump time.

Day	Date	Time	Cost	Course
M	Jan. 15	9 a.m.-4 p.m.	\$100	2041101-01
M	Feb. 19	9 a.m.-4 p.m.	\$100	2041101-02

Location: Inside Urban Air (Plymouth)

Mini-Figure Mania

Ages 7-11

Play with our secret stash of Mini-Figures, from movie characters to sea creatures to SpongeBob. Join us as we shrink ourselves to mini-figure size and create our own mini-figure worlds.

Day	Date	Time	Cost	Course
Sa	Jan. 27	9 a.m.-noon	\$60	2041103-01

Location: Ridgedale Commons Park Building



Basic Engineer (Let's Get Moving)

Ages 7-11

Understand mechanical movement through the foundations of simple machines, physics and engineering design. See moving parts up-close as you follow instructions to build various machines and then use the models to develop new design ideas, test out physics concepts and even play games.

Day	Date	Time	Cost	Course
Sa	Feb. 17	9 a.m.-noon	\$60	2041104-01

Location: Ridgedale Commons Park Building

Awesome Adventures Robotics

Ages 7-11

Your animal lover will create their own animal-inspired robotic model. They'll learn about gear ratio, sensors, simple machines and programming as they build insects, dolphins, gorillas and much more.

Day	Date	Time	Cost	Course
Sa	March 9	9 a.m.-noon	\$60	2041105-01

Location: Ridgedale Commons Park Building

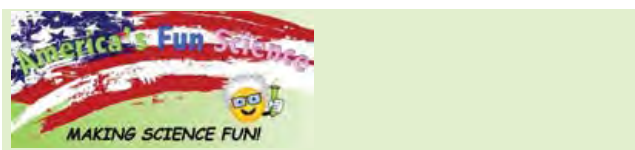
Spring Break Camp - Castles and Kingdoms

Ages 7-14

Who wouldn't want to escape and play in the world of magic, fairytales and royalty? Use LEGO® bricks to design medieval fantasies while also bringing real history to life. You will do more than just build with LEGO® bricks; you'll learn why the medieval time period is such a fascinating point in human history. Includes jump time in Urban Air.

Day	Date	Time	Cost	Course
M-F	April 1-5	9 a.m.-noon	\$259	2041102-01

Location: Inside Urban Air (Plymouth)



Dinosaur Digging Paleo Fun

Grades K-6

Engage in fun, hands-on activities including a mini-paleontology dig supervised by Dr. Fun. Class provides a solid theoretical understanding of the types of dinosaurs and their role in the past ecosystem.

Day	Date	Time	Cost	Course
Sa	Feb. 3	9:30-10:30 a.m.	\$21	2040701-01

Location: Ridgedale Commons Park Building

"Bots Good" Maze Fun (STEM)

Grades K-3

This is a fun way to gain a solid theoretical understanding of electrical circuits and magnetism. Hands-on, electrical robotics intro featuring Bee-Bot®. Learn to program your Bee-Bot to navigate a maze using up to 40 different commands.

Day	Date	Time	Cost	Course
Sa	April 13	9:30-10:30 a.m.	\$21	2040702-01

Location: Ridgedale Commons Park Building



Valentine Game Night

Ages 5-12

Drop off your child for some fun games and pizza while you enjoy a date night.

Day	Date	Time	Cost	Course
W	Feb. 14	6-8 p.m.	\$12/child (max of \$36/family)	2150502-01

Location: Mathnasium of Minnetonka (4785 County Road 101)

Pi Day at Mathnasium

Ages 5-12

Pi Day, math's biggest day of the year, is just around the corner. And we're planning a party with food, games, activities, rewards, a Pi Day Champion contest and raffle. Everybody's invited (including parents and friends).

Day	Date	Time	Cost	Course
Th	March 14	5-7 p.m.	Free	2150503-01

Location: Mathnasium of Minnetonka (4785 County Road 101)

Family Game Time

Ages 5-12

Drop in for an entertaining time (and educative, psshhh..) playing math games and winning prizes. Come in with your family and friends to this free fun event.

Day	Date	Time	Cost	Course
Su	April 21	3-5 p.m.	\$10/family	2150504-01

Location: Mathnasium of Minnetonka (4785 County Road 101)



SCIENCE EXPLORERS
Where Science is Fun!

The Science of Slime

Grades 1-6

Join Science Explorers as we learn the science behind slime. We will investigate why slime is delightfully bouncy, stretchy and sticky as we discover the science side of S.T.E.M. We will also explore polymers and activators while making Glow Slime and Butter Slime. This class is hands in.

Day	Date	Time	Cost	Course
M	Feb. 19	1-3:30 p.m.	\$31	2040505-01

Location: Ridgedale Commons Park Building



artisticmoments

Cookies & Cupcakes Art (with Fondant)

Ages 8-13

Learn how to use fondant, a play-doh-like edible icing, to decorate cookies and cupcakes. Color, roll, cut and sculpt the fondant into a wide variety of shapes and sizes. Then attach the fondant to create your summery edible masterpieces.

Day	Date	Time	Cost	Course
W	April 3	9 a.m.-noon	\$45	2041003-01

Location: Ridgedale Commons Park Building

Bold Impressionism Painting on Canvas

Ages 8-13

Learn how to paint a one-of-a-kind picture using bright colors. You will choose one of the instructor's outlines for your project and then trace your design onto a blank canvas. Have fun applying a wide array of colorful paint patches to your canvas and let your creativity shine.

Day	Date	Time	Cost	Course
Tu	April 9	5-7:30 p.m.	\$39	2041004-01

Location: Ridgedale Commons Park Building



General Programs

Blizzard Ski and Snowboard Instruction

Grades 2-12

Experience the ultimate in skiing, snowboarding and racing instruction from beginners to experts. At seven local snowsports areas, our top-quality adult instructors will teach you to improve your skiing or boarding on groomed runs and terrain parks. You provide your own food and gear (season long rentals are available), we provide the rest. All sessions run approximately 7:30 a.m.-5:30 p.m.

Sessions: 11 trips on Saturdays OR Sundays (plus three BONUS trips), December-February

SuperMites

Grades 2-3, \$625*

Make new friends with your same two instructors and small group of eight friends all day long. Learn more and more skills to conquer the hill.

SuperKyds

Grades 4-5, \$625*

Make new friends with your same instructor and small group of eight friends all day long. Develop skills at your own level and mastering bumps, jumps and carving turns.

Classic

Grades 5-12, \$525*

Explore cool trails and terrain parks with experienced instructors during 4.5 hours of instruction with plenty of time to free ski or ride, too. ALL levels - beginner to advance. Additional teen-only trips.



Teen Sampler

Grades 7-12, \$300*

Can't commit to an entire season but want to learn how to ski or snowboard? This program is for you. Four-and-a-half hours of instruction each trip; offered the first three Saturdays or Sundays in December.

Team Blizzard

Grades 5-12, \$675*

Ski racing or Snowboard team instruction. Intermediate to expert skiers stir up some friendly competition as you learn strategies and tactics for racing. Sharpen your skills as you prepare to go head-to-head against racers. Additional teen-only trips!

Apprentice Program

Grades 8-12, \$675*

Have a passion for skiing or snowboarding? Ever thought about teaching? This is the program for you. Blizzard will provide you with the tools to be a successful instructor upon completion of the program.

*Weekly Trip Fees

You will be contacted prior to the trip each week for your reservation. Using our flexible pay-as-you-go trip fee structure, pay a weekly trip fee of about \$89 to cover round-trip bus transportation and lift ticket. If you can't attend that week, you don't owe anything.

Bus pick-up locations:

Ridgedale Shopping Center: Southeast lot by Cheesecake Factory

7-Hi Shopping Center: Hwy 7 & 101, parking lot near Target & Walgreens

Mound/Spring Park: Spring Park Pharmacy

Register

Visit blizzardmn.com or call 763-559-EDGE (3343) to register. Mention "HOPMTKA23" when registering.



Rec Team

Ninja obstacle training is a fun, unique way to develop confidence, strength, endurance, balance and friendships. Participants practice on more than 40 obstacles inspired by the TV show, such as warped walls, salmon ladders and more. All experience levels welcome. Practices and two competition days.

Ages 6-9

Day	Date	Time	Cost	Course
F	Jan. 5-Feb. 23	5-6 p.m.	\$185	2162702-01
F	March 1-April 26*	5-6 p.m.	\$185	2162702-02

Ages 8-13

Day	Date	Time	Cost	Course
F	Jan. 5-Feb. 23	6:15-7:15 p.m.	\$185	2162702-07
F	March 1-April 26*	6:15-7:15 p.m.	\$185	2162702-08

*No class March 29

Location: Conquer Ninja (Eden Prairie)

Intro to Ninja

Ages 5-13

Ninjas develop strength and agility during this eight-week course by learning different styles and techniques to master all obstacles. Increase flexibility, coordination and self-esteem to transfer into ninja levels testing or enhance other athletic performances.

Ages 5-9

Day	Date	Time	Cost	Course
W	Jan. 10-Feb. 28	5:30-6:30 p.m.	\$160	2162703-01
W	March 6-April 24	5:30-6:30 p.m.	\$160	2162703-03

Ages 5-13

Day	Date	Time	Cost	Course
W	Jan. 10-Feb. 28	6:30-7:30 p.m.	\$160	2162703-02
W	March 6-April 24	6:30-7:30 p.m.	\$160	2162703-04

Location: Conquer Ninja (Eden Prairie)

Parent's Day Out

Ages 5-13

No school? No problem! We have warped walls, angled steps, salmon ladders, cliff hangers, tilted ladders—all Ninja inspired obstacles. Kids will get to practice on the obstacles, compete in a warped wall challenge and play exciting ninja games.

Day	Date	Time	Cost	Course
M	Jan. 15	9-11 a.m.	\$40	2162704-01
M	Jan. 15	1-3 p.m.	\$40	2162704-02
M	Feb. 19	9-11 a.m.	\$40	2162704-03
M	Feb. 19	1-3 p.m.	\$40	2162704-04

Location: Conquer Ninja (Eden Prairie)

Parent/Child Ninja Class

Ages 5-13

Parents and kids can get moving and work together to learn how to tackle ninja obstacles, problem-solve courses and build self-esteem. We have warped walls, angled steps, salmon ladders and more; all Ninja-inspired obstacles. Price includes one adult/child duo.

Day	Date	Time	Cost	Course
Su	Jan. 7-Feb. 25	9-10 a.m.	\$225 (\$75/add'l family member)	2162705-01
Su	March 3-April 28*	9-10 a.m.	\$225 (\$75/add'l family member)	2162705-02

*No class March 31

Location: Conquer Ninja (Eden Prairie)

3rd Lair Skateboarding Camps

Ages 6-16

Experienced, well-trained instructors coach participants on each ability level. All skill levels are welcome as instruction is based on ability level of each participant. Equipment (helmet, board and pad) is free to use. Please visit 3rdlair.com to complete waiver before start of camp.

Day	Date	Time	Cost	Course
M	Jan. 15	9 a.m.-noon	\$60	2150401-01
M	Feb. 19	9 a.m.-noon	\$60	2150401-02
M-F	March 25-29	9 a.m.-noon	\$230	2150401-03
M-F	April 1-5	9 a.m.-noon	\$230	2150401-04

Location: 3rd Lair Skate Park (Golden Valley)



Baseball and Softball CLINICS

Ages 7-13

These four-week hitting, fielding and pitching/throwing clinics are designed to improve skills and build confidence. Clinics are 50 minutes with an additional 10 minutes of open batting cage time. More information: Email Info@pinetaracademy.com or visit pinetaracademy.com

Hitting Clinics

Ages 7-8

Day	Date	Time	Cost	Course
Sa	Jan. 6-27	9-10 a.m.	\$129	2150201-04
M	Jan. 8-29	6-7 p.m.	\$129	2150201-01
M	Feb. 5-26	6-7 p.m.	\$129	2150201-07
Sa	Feb. 3-24	9-10 a.m.	\$129	2150201-10

Ages 9-10

Day	Date	Time	Cost	Course
Sa	Jan. 6-27	10-11 a.m.	\$129	2150201-05
M	Jan. 8-29	7-8 p.m.	\$129	2150201-02
M	Feb. 5-26	7-8 p.m.	\$129	2150201-08
Sa	Feb. 3-24	10-11 a.m.	\$129	2150201-11

Ages 11-13

Day	Date	Time	Cost	Course
Sa	Jan. 6-27	11 a.m.-noon	\$129	2150201-06
M	Jan. 8-29	8-9 p.m.	\$129	2150201-03
M	Feb. 5-26	8-9 p.m.	\$129	2150201-09
Sa	Feb. 3-24	11 a.m.-noon	\$129	2150201-12

Location: Williston Fitness Center

Pitching/Throwing Clinics

Ages 7-8

Day	Date	Time	Cost	Course
M	Jan. 8-29	6-7 p.m.	\$129	2150203-01
M	Feb. 5-26	6-7 p.m.	\$129	2150203-04

Ages 9-10

Day	Date	Time	Cost	Course
M	Jan. 8-29	7-8 p.m.	\$129	2150203-02
M	Feb. 5-26	7-8 p.m.	\$129	2150203-05

Ages 11-13

Day	Date	Time	Cost	Course
M	Jan. 8-29	8-9 p.m.	\$129	2150203-03
M	Feb. 5-26	8-9 p.m.	\$129	2150203-06

Location: Williston Fitness Center

Fielding Clinics

Ages 7-8

Day	Date	Time	Cost	Course
Tu	Feb. 6-27	6-7 p.m.	\$129	2150202-01

Ages 9-10

Day	Date	Time	Cost	Course
Tu	Feb. 6-27	7-8 p.m.	\$129	2150202-02

Ages 11-13

Day	Date	Time	Cost	Course
Tu	Feb. 6-27	8-9 p.m.	\$129	2150202-03

Location: Hopkins North Middle School, Activity Structure 1

If fewer than three players are registered for a session, age groups may be combined or a session shortened to 30 minutes.





The Beancounter's Sweets

Winter Wonderland Adult/Child Cookie Decorating

Ages 5-12

Break up those cold winter days with this winter-themed cookie decorating class. Bring your favorite parent, grandparent, auntie or family friend and learn how to decorate snowflakes, mittens and more while sipping hot cocoa. Each pair will decorate a set of five cookies with royal icing and sprinkles.

Day	Date	Time	Cost	Course
Su	Jan. 28	1:30-3 p.m.	\$55	2051001-01

Location: The Marsh, Dragon Room

Valentine's Adult/Child Cookie Decorating

Ages 5-12

Get ready for Valentine's Day with this cookie decorating class for an adult/child duo. Each pair will decorate a set of five cookies with royal icing and sprinkles.

Day	Date	Time	Cost	Course
Su	Feb. 11	1:30-3 p.m.	\$52	2051002-01

Location: The Marsh, Dragon Room

Hoppin' Into Spring! Adult/Child Cookie Decorating

Ages 5-12

A new twist on decorating eggs, in this class each adult/child pair will learn how to decorate sugar cookie eggs, bunny prints and more using royal icing and sprinkles. Each pair will decorate and bring home five sugar cookies.

Day	Date	Time	Cost	Course
Sa	March 23	2:30-4 p.m.	\$52	2051003-01

Location: The Marsh, Dragon Room

Horseback Riding Day Camp

Ages 6-12

Kids will learn what it's like to have a horse for a day. Campers get to ride in the indoor and/or outdoor arenas and practice how to steer, stop, turn and walk a horse on their own. Horse-related crafts and games are part of the day as well. Transportation provided from the Minnetonka Community Center.

Day	Date	Time	Cost	Course
F	April 5	9 a.m.-3 p.m.	\$98	2151401-01

Location: Boulder Point Stables (Anoka)

Junior Golf Lessons

Ages 8-18

Improve your golf game with lessons taught by USGA professionals at the Glen Lake Golf and Practice Center in Minnetonka.

Day	Date	Time	Cost	Course
M, W	April 22-May 6	5-5:55 p.m.	\$99	3230106-01

Location: Glen Lake Golf and Practice Center

Youth Flag Rugby

Grades K-5

Flag Rugby develops rugby skill, teamwork and safety, with a strong focus on player welfare and education. The program will give kids a chance to learn this fast-paced sport where play is free flowing and continuous. Players will be divided into groups based on age and ability to maximize development and safety.

Grade K-1: 60-minute games to introduce rugby, build skills and have fun.

Grade 2-5: 40 minutes of skill development with 20-minute 7-vs-7 flag games.

Day	Date	Time	Cost	Course
Tu & Th	May 7-June 13	6-7 p.m.	\$125	2150301-01

Location: Valley Park

Nature Programs

Family Winter Survival

Ages 5 and older

Your family will learn skills through activities and games that will help them learn what to do in a winter survival situation. Participants will leave knowing the rules of three, two types of shelter engineering, fire science and safety and how to collect and treat water. Dress for the weather as most of the class is outside.

Day	Date	Time	Cost	Course
Sa	Jan. 13	1-4 p.m.	\$24/individual \$66/family	2151501-01

Location: The Marsh, Dragon Room

Family Snowshoeing

Ages 6 and older

During this fun, family excursion, you will learn about Minnesota's winter habitats, as well as the history of snowshoeing. Snowshoes provided and participants will learn how to use them so you can enjoy snowshoeing throughout the winter. Dress for the weather as the majority of the program is outside.

Day	Date	Time	Cost	Course
Su	Feb. 25	1-3 p.m.	\$21/individual \$54/family	2151502-01

Location: The Marsh, Dragon Room

Martial Arts

Tae Kwon Do

Get expert training from Northwest Martial Arts by participating in this confidence-building martial arts program that accommodates students at all levels. More info: Contact Nick at bignickolson@gmail.com

Youth Beginner

Ages 5-14

Day	Date	Time	Cost	Course
M, W	Jan. 3-Feb. 12*	6:30-7:15 p.m.	\$78	2080201-01
M, W	Feb. 21-March 27	6:30-7:15 p.m.	\$78	2080201-02
M, W	April 10-May 15	6:30-7:15 p.m.	\$78	2080201-07
M, W	May 20-June 26**	6:30-7:15 p.m.	\$78	3080501-03

*No class Jan. 15

**No class May 27

Youth Advanced

Ages 7-19

Day	Date	Time	Cost	Course
M, W	Jan. 3-March 27*	6:50-8 p.m.	\$156	2080201-03
M, W	April 10-June 26**	6:50-8 p.m.	\$156	2080201-09

*No class Jan 15 & Feb. 14 & 19

**No class May 27

Location: Royals Athletic Center, Wrestling Room





Shaolin Kung Fu

Ages 5 and older

Learn traditional, authentic Shaolin Kung Fu in a fun, relaxed atmosphere. More info: Contact Bob at shifu@mnkungfu.com.

If registering for a Beginner, Intermediate, or Advanced class AND Instrument and Sparring, the combined cost is \$89. IMPORTANT: To obtain discount when registering online, you must add the Instrument and Sparring class to your cart AFTER you add the regular class.

Beginner

Day	Date	Time	Cost	Course
Sa	Jan. 6-Feb. 24	11 a.m.-noon	\$59	2080101-01
Sa	March 2-April 27*	11 a.m.-noon	\$59	2080101-05

*No class April 13

Intermediate

Day	Date	Time	Cost	Course
Sa	Jan. 6-Feb. 24	Noon-1 p.m.	\$59	2080101-02
Sa	March 2-April 27*	Noon-1 p.m.	\$59	2080101-06

*No class April 13

Advanced

Day	Date	Time	Cost	Course
Sa	Jan. 6-Feb. 24	2-3 p.m.	\$59	2080101-04
Sa	March 2-April 27*	2-3 p.m.	\$59	2080101-08

*No class April 13

Location: Royals Athletic Center, Wrestling Room

Instrument and Sparring (for orange sash or higher)

Day	Date	Time	Cost	Course
Sa	Jan. 6-Feb. 24	1-2 p.m.	\$59	2080101-03
Sa	March 2-April 27*	1-2 p.m.	\$59	2080101-07

*No class April 13

Location: Hopkins High School, Dance Studio



ADULT ATHLETICS AND PROGRAMS

Adult Leagues

Men's Broomball League

Ages 18 and older

Get on the ice with your team of six and get into some broomball. Each team competes in eight regular season games over six weeks, with two nights of double-headers. Following the regular season, all teams move into a one-night playoff round. Team registration is now open.

More info: minnetonkamn.gov/broomball

Day	Date	Time	Cost	Course
Th	Jan. 4-Feb. 22	6-10 p.m.	\$415	2010201-01

Location: Valley Park and Harley Hopkins Park (Hopkins)

Adult Indoor Co-Rec Soccer League

Play traditional soccer on an indoor court. We offer six- or seven-week sessions (depending on number of teams). Teams play seven players (goalie plus six) with at least two females on the court at all times. Games start as early as 5:30 p.m. or as late as 9:30 p.m.

Uniform: The program fee does not include the official league shirt, which must be worn by all players and can be purchased for \$15 at Recreation Services office located at The Marsh, 15000 Minnetonka Blvd.

Day	Date	Session	Cost	Course
Su	Jan. 7-Feb. 25*	Winter	\$525	1010401-02
Su	March 3-April 21*	Spring	\$525	1010401-03

*No league play Feb. 11 and March 31

Location: Royals Athletic Center

Adult Volleyball Leagues

Ages 18 and older

Teams of six compete in 10 weekly games at specified competition levels: Gold, Silver A, Silver B or Bronze. The top teams move into a one-night playoff round.

More info: minnetonkamn.gov/volleyball

Day	Date	League	Cost	Course
M	Jan. 8-March 18	Women's	\$300	2010601-01
M	March 25-April 29	Women's	\$180	2010602-01
W	Jan. 3-March 13	Men's	\$300	2010601-02
W	Jan. 3-March 13	Co-Rec Silver B	\$300	2010601-04
W	Jan. 3-March 13	Co-Rec Bronze	\$300	2010601-05
Th	Jan. 4-March 14	Co-Rec	\$300	2010601-03 (Silver A, B & Gold division)
Th	March 21-April 25	Co-Rec	\$180	2010602-02 (Silver A, B & Gold division)

Location: Royals Athletic Center and Hopkins West Middle School

Basketball 3-Player League

Ages 18 and older

Hit the hardwood for this half-court, self-officiated, eight-week basketball league. Teams play back-to-back games each week.

More info: minnetonkamn.gov/adultbasketball

Day	Date	Time	Cost	Course
W	Feb. 7-March 27	6:30 & 7:30 p.m.	\$175	2010101-01

Location: Royals Athletic Center

Co-Rec Kickball League

Ages 18 and older

The kickball season runs for seven weeks of play and playoffs for the top four teams in each league.

More info: minnetonkamn.gov/kickball

Day	Date	Time	Cost	Course
W	May 22-July 24	6, 7 and 8 p.m.	\$275	2010301-02
Th	May 23-July 25	6, 7 and 8 p.m.	\$275	2010301-03

Location: Central Park (Hopkins)

Adult Softball

The following leagues will be offered starting in April 2024. Registration opens on Feb. 5 for returning teams and Feb. 12 for new teams.

More info: minnetonkamn.gov/softball

Co-Rec: Monday, Wednesday

Men's Single Game: Tuesday

Men's Double-Header: Monday, Tuesday, Thursday

Women's: Wednesday

General Programs

Badminton Club

Ages 18 and older

Play in one of the most popular badminton clubs in the Twin Cities. Sign up for Mondays, Wednesdays and/or Fridays.

More info: minnetonkamn.gov/softball

Day	Date	Time	Cost	Course
M	Dec. 4-Feb. 26	6:30-9 p.m.	\$52	2010802-01
W	Dec. 6-Feb. 28	6:30-9 p.m.	\$52	2010802-02
F	Dec. 1-Feb. 23	6:30-9 p.m.	\$52	2010802-03

Location: Royals Athletic Center and Tanglen Elementary School



The Beancounter's Sweets

Galentine's Cookie Decorating Class

Ages 18 and older

Grab your gal pals for a fun evening of Valentine's cookie decorating. Participants will learn how to professionally decorate five cookies using multiple royal icing techniques. A great way to unwind and learn a new skill, with a set of tasty, adorned treats at the end.

Day	Date	Time	Cost	Course
Tu	Feb. 6	6-7:30 p.m.	\$50	2010902-01

Location: The Marsh, Dragon Room

Spring Has Sprung Adult Cookie Decorating Class

Ages 18 and older

Spend a night out with friends celebrating the arrival of spring at this adult-only cookie class. We provide four fun colors, freshly baked cookies, supplies and step-by-step instructions on how to decorate five spring-themed sugar cookies.

Day	Date	Time	Cost	Course
Tu	April 30	6-7:30 p.m.	\$50	2010903-01

Location: The Marsh, Dragon Room

Golf Lessons

Improve your golf game with lessons taught by USGA professionals at the Glen Lake Golf and Practice Center in Minnetonka.

Adult Golf

Day	Date	Time	Cost	Course
M, W	April 22-May 6	6-6:55 p.m.	\$99	3230102-01

Women Only

Day	Date	Time	Cost	Course
Th	April 11-May 9	11-11:55 a.m.	\$99	3230101-01
M, W	April 22-May 6	7-7:55 p.m.	\$99	3230101-02
W	May 15-June 12	6-6:55 p.m.	\$99	3230101-03

55+ Golf

Day	Date	Time	Cost	Course
M	April 8-May 6	11-11:55 a.m.	\$99	3230105-01
W	April 10-May 8	11-11:55 a.m.	\$99	3230105-02

Junior (Ages 8-18)

Day	Date	Time	Cost	Course
M, W	April 22-May 6	5-5:55 p.m.	\$99	3230106-01

Location: Glen Lake Golf and Practice Center



Dec. 27-Jan. 2

Celebrate the holidays and ring in the New Year by focusing on your health and wellness with family and friends!

Shady Oak Beach will be transformed into a sauna and cold plunge oasis. Individuals can register for a 1.5-hour session in our Voyageur Mobile Sauna, equipped with a Kuuma wood fire stove, outdoor bonfire and overall glamping ambiance. The lake will be open to registered guests for an optional cold plunge. Indoor changing facilities will be available.

Info and register at minnetonkamn.gov/saunaintheparks

Nature Programs

Adult Snowshoeing

Ages 15 and older

Join an EcoElsa educator and explore the winter landscape at The Marsh and Jidana Park by snowshoe. Learn different snowshoeing steps and skills. Dress for the weather as the majority of the program is outside. Snowshoes provided.

Day	Date	Time	Cost	Course
Sa	Jan. 13	9 a.m.-noon	\$27	2010703-01

Location: The Marsh, Dragon Room

Family Winter Survival

Ages 5 and older

Your family will learn skills through activities and games that will help them learn what to do in a winter survival situation. Participants will leave knowing the rules of three, two types of shelter engineering, fire science and safety and how to collect and treat water. Dress for the weather as most of the class is outside.

Day	Date	Time	Cost	Course
Sa	Jan. 13	1-4 p.m.	\$24/individual \$66/family	2151501-01

Location: The Marsh, Dragon Room

Family Snowshoeing

Ages 6 and older

Learn about Minnesota's winter habitats, as well as the history of snowshoeing. Snowshoes will be provided and participants will be instructed on how to use them. Dress for the weather as the majority of the program is outside.

Day	Date	Time	Cost	Course
Su	Feb. 25	1-3 p.m.	\$21/individual \$54/family	2151502-01

Location: The Marsh, Dragon Room

Martial Arts

Tae Kwon Do

Ages 15 and older

Get expert training from Northwest Martial Arts by participating in this martial arts program that accommodates students at all levels. More info: Contact Nick at bignickolson@gmail.com.

Day	Date	Time	Cost	Course
M, W	Jan. 3-Feb. 12*	6:50-8 p.m.	\$78	2080201-04
M, W	Feb. 21-March 27	6:50-8 p.m.	\$78	2080201-10
M, W	April 10-May 15	6:50-8 p.m.	\$78	2080201-13
M, W	May 20-June 26**	6:50-8 p.m.	\$78	3080501-06

*No class Jan. 15

**No class May 27

Location: Royals Athletic Center, Wrestling Room

Shaolin Kung Fu

Ages 5 and older

Learn traditional, authentic Shaolin Kung Fu in a fun, relaxed atmosphere. More info: Contact Bob at shifu@mnkungfu.com.

If registering for a Beginner, Intermediate or Advanced class AND Instrument and Sparring, the combined cost is **\$89**. IMPORTANT: To obtain discount when registering online, you must add the Instrument and Sparring class to your cart AFTER you add the regular class.

Beginner

Day	Date	Time	Cost	Course
Sa	Jan. 6-Feb. 24	11 a.m.-noon	\$59	2080101-01
Sa	March 2-April 27*	11 a.m.-noon	\$59	2080101-05

Intermediate

Day	Date	Time	Cost	Course
Sa	Jan. 6-Feb. 24	Noon-1 p.m.	\$59	2080101-02
Sa	March 2-April 27*	Noon-1 p.m.	\$59	2080101-06

Advanced

Day	Date	Time	Cost	Course
Sa	Jan. 6-Feb. 24	2-3 p.m.	\$59	2080101-04
Sa	March 2-April 27*	2-3 p.m.	\$59	2080101-08

*No class April 13

Location: Royals Athletic Center, Wrestling Room

Instrument and Sparring

(for orange sash or higher)

Day	Date	Time	Cost	Course
Sa	Jan. 6-Feb. 24	1-2 p.m.	\$59	2080101-03
Sa	March 2-April 27*	1-2 p.m.	\$59	2080101-07

*No class April 13

Location: Hopkins High School, Dance Studio

SENIOR SERVICES

Minnetonka Community Center
14600 Minnetonka Blvd.
952-939-8393

**Winter-Spring 2024 Registration Opens
Thursday, Dec. 14, 8 a.m.**

Minnetonka Senior Services programs and resources seek to engage with the diverse needs and interests of older adults.

Registration

- Registration required for all programs.
- Some programs fill before the “register by” date.
- Programs with low enrollment may be canceled.
- Program withdrawal and refund policy on page 4.

Senior Script Newsletter

The Senior Script is an informational newsletter included in the Minnetonka Memo, which is mailed to residents monthly. Copies of the Senior Script are available at the Minnetonka Community Center and posted online at minnetonkamn.gov/seniorservices.

Email Updates

Minnetonka Senior Services provides weekly email updates about activities, trips, events and volunteer opportunities. To receive, email Kaylee Coonan at kcoonan@minnetonkamn.gov. Subscribe to monthly senior services emails at minnetonkamn.gov/seniorservices.

Senior Services

Blood Pressure Screenings: First and third Friday and second Wednesday of the month, 9:30-10:30 a.m. Free!

Foot Care Clinic: Fridays at the community center. For appointments and fees, call Happy Feet at 763-346-3390.

Household and Outside Maintenance for Elderly (H.O.M.E.): Help with indoor and outdoor chores to help people remain independent in their own home. More info: Senior Community Services at 952-746-4046



Senior Outreach: Licensed Social Worker Sara Roberts is available through the Minnetonka nonprofit called Senior Community Services. Sara can help you find trusted and affordable resources for financial assistance, medical or legal issues, housing alternatives or other life changes. Contact Sara at 612-868-6720 or s.roberts@seniorcommunity.org to set up an appointment.

Transit Link: Transportation from your home to events. Call 651-602-5465 for fees and schedule.

Medicare Counseling: Schedule a one-on-one appointment with a trained Medicare counselor in person or over the phone by calling the Senior Linkage Line at 1-800-333-2433.

SPECIAL INTEREST *Groups*

Join one of our Special Interest Groups.

The majority of the groups listed below are free. Yearly registration is required. Drop in as your schedule allows. See minnetonkamn.gov/seniorservices for more information.

- 500 Cards
- AA
- Al-Anon
- Art Studio
- Bingo
- Book Club
- Bucket List Book Club
- Bulls & Bears Investment Club
- Bunco
- Caregiver Conversations
- Chorale
- Computer Group
- Crafting for a Cause
- Cribbage
- Dominoes
- Garden Club
- Genealogy
- Ham Radio
- Hand, Foot & Toe
- Mahjongg
- Men's Discussion Group
- Minnetonka Bike Club
- Minnetonka Bird Club
- Open Play Games & Cards
- Poker Club
- Shutterbugs
- Singles Group
- Social Bridge
- Tale Spinners
- Women's Discussion Group
- Woodcarvers



General Programs



Memory Café

Memory Café is a welcoming place for people with dementia and their caregivers to socialize and share experiences. The MacPhail Center for Music will lead music-focused programs with dementia-trained music staff. Enjoy coffee, a snack and a chance to socialize and meet other families living with dementia. Check out books, resources and programs about living with dementia from the Hennepin County Library and the Minnetonka Community Center. A licensed social worker with Senior Community Services will conduct a caregiver support group while activities take place.

Registration is required. Register the names of both the participant and the caregiver, as both must attend. Pairs may attend one café per month.

First Tuesday of the month

For those in beginning stages of dementia who still enjoy learning, are engaged and have fun in the moment.

Day	Date	Time	Cost	Course
Tu	Jan. 2	1:30-3 p.m.	Free	2180701-01
Tu	Feb. 6	1:30-3 p.m.	Free	2180701-03
Tu	March 5	1:30-3 p.m.	Free	2180701-05
Tu	April 2	1:30-3 p.m.	Free	2180701-07

Third Tuesday of the month

For those in middle stages of dementia who can still participate in daily activities, but need more assistance.

Day	Date	Time	Cost	Course
Tu	Jan. 16	1:30-3 p.m.	Free	2180701-02
Tu	Feb. 20	1:30-3 p.m.	Free	2180701-04
Tu	March 19	1:30-3 p.m.	Free	2180701-06
Tu	April 16	1:30-3 p.m.	Free	2180701-08

Location: Minnetonka Community Center

Dementia Friends Training

Learn helpful communication strategies, everyday task tips and conversation hints to engage with those living with dementia.

Day	Date	Time	Cost	Course
Tu	Feb. 6	Noon-1:15 p.m.	Free	4180705-01
Tu	April 2	Noon-1:15 p.m.	Free	4180705-02

Location: Minnetonka Community Center

Defensive Driving

Ages 55 and older

Save 10 percent on your car insurance. If you've taken a state-approved eight-hour driver safety course, you can renew through this four-hour refresher class. Bring your driver's license.

Register: Call the Minnesota Highway Safety Center at 1-888-234-1294, Monday-Friday, 8 a.m.-4 p.m., or online at driverdiscountprogram.com

4-Hour Day Refresher Class

Day	Date	Time	Cost
Tu	Jan. 9	9 a.m.-1 p.m.	\$24
Th	Feb. 1	9 a.m.-1 p.m.	\$24
Th	March 14	9 a.m.-1 p.m.	\$24
Tu	April 2	9 a.m.-1 p.m.	\$24
Tu	April 23	9 a.m.-1 p.m.	\$24

4-Hour Night Refresher Class

Day	Date	Time	Cost
Th	Jan. 18	5:30-9:30 p.m.	\$24
Tu	Feb. 20	5:30-9:30 p.m.	\$24
Th	March 7	5:30-9:30 p.m.	\$24
W	March 27	5:30-9:30 p.m.	\$24

8-Hour First-Time Class

Day	Date	Time	Cost
Th	Feb. 8 & 15	5:30-9:30 p.m.	\$28

Location: Minnetonka Community Center



Hands-Only CPR*

Stayin' alive is important. We can all do our part to be prepared to save a life if we are called. The breaths are gone and the focus is to keep the blood pumping. Come learn hands-only CPR from the Minnetonka Fire Department.

Day	Date	Time	Cost	Course
Tu	Jan. 16	11 a.m.-noon	Free	2180401-01
M	Feb. 12	1-2 p.m.	Free	2180401-02
Th	March 21	10-11 a.m.	Free	2180401-03

*This is not a CPR certification class.

Location: Minnetonka Community Center

Full Moon Hike to Jidana Park

Take a relaxed evening walk to Jidana Park from the Minnetonka Community Center (two miles roundtrip). Enjoy a campfire dinner under the full moon, with refreshments. Bring a flashlight.

Day	Date	Time	Cost	Course
Th	Jan. 25	5:30-7:30 p.m.	\$7	2190803-01
Th	Feb. 22	5:30-7:30 p.m.	\$7	2190803-02

Location: Minnetonka Community Center to Jidana Park (and back)

Winter Day Hike to Jidana Park

Winter in Jidana is something to behold. Hike over to Jidana Park from the Minnetonka Community Center (two miles roundtrip). We'll enjoy a campfire lunch.

Day	Date	Time	Cost	Course
F	Feb. 9	10 a.m.-noon	\$7	2190802-01

Location: Minnetonka Community Center to Jidana Park (and back)

Monthly Parties & Entertainment

February

The Minnetonka Senior Chorale spreads the love with a Valentine's Day sing-along before lunch.

Day	Date	Time	Cost	Course
W	Feb. 14	11:30 a.m.-1:30 p.m.	\$8	2100102-01

March

Treat yourself to the delightful music of Minnetonka resident and recording artist Alec Sweazy. From old time to jazz, plus classical on his accordion and piano, Alec will entertain before and during lunch.



Day	Date	Time	Cost	Course
F	March 15	11:30 a.m.-1:30 p.m.	\$10	2100103-01

Volunteer Recognition Event & Lunch

April is National Volunteer Month. If you've volunteered with a group, program or event at the community center, this is our way to say thank you.

Day	Date	Time	Cost	Register By	Course
Th	April 18	11:30 a.m.	Free	April 15	2100104-01

Location: Minnetonka Community Center



Lunch & Movie

Enjoy a delicious meal followed by a movie. See the Senior Script for movie titles and menu.

Day	Date	Time	Cost	Register By	Course
W	Jan. 24	Noon	\$8	Jan. 19	2100201-01
Tu	Feb. 27	Noon	\$8	Feb. 22	2100202-01
Th	March 28	Noon	\$8	March 25	2100203-01
F	April 26	Noon	\$8	April 23	2100204-01

Location: Minnetonka Community Center

You Say it's Your Birthday?!

Calling all leap year babies! Let us celebrate you on this special occasion. Anyone born on Feb. 29 from 4 years old to 108 years old. We'll have cake and ice cream. Not a leap year baby? We need you, too.

Day	Date	Time	Cost	Register By	Course
Th	Feb. 29	1-2 p.m.	\$5	Feb. 26	2100101-01

Location: Minnetonka Community Center

3.14 on 3.14

It's time for pie on pi day. Plus, we'll push our brains to solve some math puzzlers.

Day	Date	Time	Cost	Register By	Course
Th	March 14	3:14-4:14 p.m.	\$5	March 11	2100301-01

Location: Minnetonka Community Center



Adopt A Highway

Help keep Minnetonka beautiful by picking up litter along a two-mile stretch of Minnetonka Boulevard. Safety vests, garbage bags and pickup sticks provided. Snacks following the event.

Day	Date	Time	Cost	Course
Tu	April 30	1-3 p.m.	Free	2190601-01

Location: Meet at the Minnetonka Community Center

Mahjongg

Learn to play the ancient Chinese game of Mahjongg, a tile game of chance and skill. This is a great class for refreshing your skills. Please bring a folder to hold handouts. Instructor: Carole Harris.

Day	Date	Time	Cost	Course
Tu	April 9-May 21	10 a.m.-noon	\$70	2190201-01

Location: Minnetonka Community Center

Art Classes

Acrylic Painting

Beginner/Intermediate

Create a piece of art to take home or give as a gift. Each week builds on the next. All you need is one 11"x14" canvas. The instructor, Terri Berg, will provide everything else.

January - Italian Street Scene

Day	Date	Time	Cost	Course
W	Jan. 10-31	1-3 p.m.	\$50	2130301-01

February - Scottish Scene

Day	Date	Time	Cost	Course
W	Feb. 7-28	1-3 p.m.	\$50	2130302-01

March - Irish Scene

Day	Date	Time	Cost	Course
W	March 6-27	1-3 p.m.	\$50	2130303-01

April - Waterfall

Day	Date	Time	Cost	Course
W	April 3-24	1-3 p.m.	\$50	2130304-01

Location: Minnetonka Community Center



Woodcarving Classes

Tom Deveny has more than 30 years of woodcarving experience. Deveny has taught several carving classes and is a member of the Minnetonka Community Center's Thursday Carving Group.

Woodcarving 101

Discover the world of woodcarving. No experience needed. Instructor Tom Deveny will teach you the tips and tricks to make it fun and easy. Wood provided to carve three animals over the four-week course. This class is a pre-requisite for Woodcarving 102. Supply list provided at registration.

Day	Date	Time	Cost	Course
W	Jan. 10-31	9:30-11:30 a.m.	\$50	2130201-01

Woodcarving 102

Continue carving to build that confidence. Instructor Tom Deveny will give you a project you're sure to love. Experience needed or participant took Woodcarving 101. Wood provided. Remaining supply list provided at registration.

Day	Date	Time	Cost	Course
W	Feb. 7-28	9:30-11:30 a.m.	\$50	2130202-01

Location: Minnetonka Community Center

Fun with Watercolor: Early Spring in Color

Students will work on the early spring moods in landscape, and other manifestations of the season. Focus will be on colors, values and brush stroke techniques. Instructor: Vera Kovacovic.

This class is for painters who have taken Vera's beginning watercolor class or have other previous experience including knowledge of basic techniques, such as washes, and concepts, such as color theory, values and design.

Day	Date	Time	Cost	Course
Tu	March 12-April 16	10 a.m.-noon	\$60	2130101-01

Location: Minnetonka Community Center

Art Classes by Artistic Moments

All supplies provided and included in cost.

Colored Pencil on Suede Board

Join us as we explore the wonderful world of colored pencils. Learn the basics of drawing and colored pencil application, including different techniques on how to layer and add texture to your drawings. Discover how to use light sources to create realistic dimension to your work. Draw on suede board to create a vibrant work of art suitable for framing.

Day	Date	Time	Cost	Course
W	April 10	9 a.m.-noon	\$35	2130401-01

Clay Sculpture I

Play with potter's clay. Learn how to manipulate a slab of clay by using such techniques as wedging, scoring and meshing. Plastic tools will be used to sculpt and mold a special three-dimensional composition of your choice. Clay sculptures will need to air-dry for approximately one week prior to painting and sealing applications. Clay Sculpture II will be offered to students who wish to paint and seal their sculptures.

Day	Date	Time	Cost	Course
W	April 17	9 a.m.-noon	\$35	2130402-01

Clay Sculpture II*

Now that your sculpture has had time to cure, use acrylic paints and a variety of paintbrushes on the sculpture you created in Clay Sculpture I. Mix paint to create your own unique color palette. After the clay pieces are painted, they will be sealed with a nontoxic liquid varnish to create a beautiful finish.

Day	Date	Time	Cost	Course
W	April 24	9 a.m.-noon	\$35	2130402-02

*Prerequisite: Clay Sculpture I

British History Classes

Presenter: Terry Kubista

Viking Britain

Who were these raiders from the north? What did they want? What did they take? Most importantly, how are they affecting life in the United Kingdom today?

Day	Date	Time	Cost	Course
Th	Jan. 4-25	1-3 p.m.	\$28	2180101-01

History of Wales

The mysterious mountain country of Wales has held a very minor part in the history of the United Kingdom and yet it was one of the first countries to be annexed. So what went wrong?

Day	Date	Time	Cost	Course
Th	Feb. 1-22	1-3 p.m.	\$28	2180101-02

Celtic Heritage

Who were these people driven into submission by the Romans? What do we know about their lives and even their deaths? How much of the many stories is true?

Day	Date	Time	Cost	Course
Th	March 7-28	1-3 p.m.	\$28	2180101-03

Walking History

Visit the Yorkshire moors of Emily Bronte, the Scottish Highlands of Robert Burns and the rugged beauty of Wales in Pembrookshire. Each has its own story of bygone years to tell.

Day	Date	Time	Cost	Course
Th	April 4-25	1-3 p.m.	\$28	2180101-04

Location: Minnetonka Community Center

Day Trips

Day trips depart from the Minnetonka Community Center, unless otherwise noted. The majority of trips use a 50-passenger coach bus. Some trips include stops where participants can shop on their own. Please indicate any special physical accommodations at time of registration.

Lunar New Year at Orchestra Hall

The Minnesota Orchestra marks Lunar New Year, the Year of the Dragon, with a performance featuring music that honors family traditions. Enjoy a dessert box on the way before the coach bus drops off at the main entrance. There is a bar in the lobby to purchase a beverage on your own. Seats for the two-hour show are on the main floor.



Register by Jan. 12, or until full.

Day	Date	Time	Cost	Course
Sa	Feb. 17	6-9:45 p.m.	\$65	2110101-01

Houses of Worship Tour

Spend the day touring three incredible buildings. First stop, the Eckankar Spiritual Temple in Chanhassen. Second stop, Beth El Synagogue in St. Louis Park. Following both tours, head to Crossroads Deli for lunch and your choice of meal, chosen at sign up. After lunch, head to our final stop of the day, the Basilica of Saint Mary Catholic Church in Minneapolis. **Register by Feb. 5, or until full.**

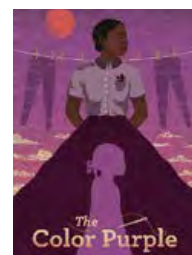


Lunch (choose at sign up): Hot corned beef sandwich on homemade caraway rye bread, chips and a beverage; or half-sized boneless short ribs cooked in cabbage borscht, garlic mashed potatoes and a beverage.

Day	Date	Time	Cost	Course
Tu	Feb. 27	10:15 a.m.-5 p.m.	\$83	2110102-01

The Color Purple

First stop is lunch at The Local featuring traditional Irish food; meal chosen at sign up. After lunch, head to Theater Latte Da, a 240-seat theater in Minneapolis to see the performance of "The Color Purple," based on the Pulitzer Prize-winning novel by Alice Walker. **Register by March 12, or until full.**



Lunch (choose at signup): Fish & Chips, lightly battered cod with tartar sauce; or Reuben sandwich, corned beef, sauerkraut, Swiss cheese, thousand island on toasted caraway rye bread; or Shepherd's Pie with ground beef and lamb, carrots, onions, peas, mashed potatoes crust. Beverage included.

Day	Date	Time	Cost	Course
Th	April 11	11:15 a.m.-3:15 p.m.	\$90	2110103-01

Barn Quilts around Waconia

A guide takes us through Carver County to see one of the largest open-air galleries in the state. Our guide introduces us to the variety of history and culture of these huge pieces of art. Tour includes some stops to get a close up view. After the tour, enjoy lunch at Lola's Lakehouse on the shore of Lake Waconia. On the way home, stop in St. Bonifacius to purchase meats at Mackenthun Sausage & Deli on own. **Register by March 15, or until full.**



Lunch (choose at signup): Oven roasted turkey sandwich or fish and chips.

Day	Date	Time	Cost	Course
F	April 19	9:30 a.m.-4 p.m.	\$88	2110104-01

Excelsior History Tour

Enjoy a one-hour tour of Excelsior and the surrounding area along beautiful Lake Minnetonka. After the tour, head to Maynard's Restaurant for lunch. Then, we're off to the historic Excelsior Street Car. Enjoy the trolley trip along a half-mile of track and stop at the car barn to view the photo gallery from the 1800s, plus see the restoration of a streetcar. Spend an hour or so shopping along Water Street. **Register by April 15, or until full.**

Lunch: Half sandwich, cup of soup, beverage.

Day	Date	Time	Cost	Course
Th	May 16	9:30 a.m.-3:15 p.m.	\$87	2110106-01

EXTENDED

Day Trips

The Minnetonka Community Center partners with Medicine Lake Tours to provide these extended day trips. Trips include deluxe motor coach bus, lodging, meals as indicated, attractions, hosted trip leader from Minnetonka, gratuities on included meals and attractions. Travel insurance available. Contact the community center for more information.

Black Hills of South Dakota Tour

Day 1: Leave the Minnetonka Community Center at 7 a.m. Lunch in Sioux Falls ("East River") and then head to Murdo ("West River"). Check into the Best Western Graham's Hotel. Dinner at nearby restaurant. (lunch/dinner included)

Day 2: Spend the day exploring the incredible Badlands and Mount Rushmore. Lodging is at the Ramada by Wyndham in Keystone. Enjoy dinner and a show. (breakfast/dinner included)

Day 3: Custer State Park Buffalo Safari Jeep Tour. Lunch at the historic State Game Lodge. Spend an afternoon at Crazy Horse Memorial to visit the actual work site, cultural center and museum and experience a Native American Dance Performance. Ride the 1880 Steam Locomotive Train. Dinner at Alpine Inn. (breakfast/lunch/dinner included)

Day 4: Head to Deadwood. Visit Kevin Costner's "Tatanka: Story of the Bison" Museum. Lunch, sightseeing and shopping in downtown Deadwood. Head to Wall Drug and the Western Art Gallery Restaurant for dinner. Lodging for the night at Best Western Graham's Hotel. (breakfast/dinner included)

Day 5: Breakfast at the hotel and then head to Mitchell to see the Corn Palace and enjoy lunch. Head back to Minnetonka arriving in the evening. (breakfast/lunch included)

Minimum deposit of \$250 due by April 9. Final payment due by May 1. After deadlines, payments are not refundable.



Day	Date	Cost	Course
M-F	June 10-14	\$1,075 per person (1 per room) \$1,425 per person (2 per room)	2110105-01

Door County, Wis.

Day 1: Leave the Minnetonka Community Center at 7 a.m. Arrive in Wausau for lunch. Check into Best Western Maritime Inn Sturgeon Bay for three nights. (lunch/dinner included)



Day 2: Breakfast at the resort. Meet your Door County tour guide. Board the Washington Island Ferry for a five-mile ride across Death's Door. Once ashore, embark on a sightseeing tour. Visit attractions and have lunch. Ferry back to Northport for a relaxing dinner.

Day 3: After breakfast, our guide takes us to the hand-carved Norwegian Bjorklunden Chapel. Lunch followed by a tour of the Eagle Bluff Lighthouse. Dinner and a show at the Peninsula Players Theatre. (breakfast/lunch/dinner included)

Day 4: After breakfast head to Sturgeon Bay to tour the Door County Maritime Museum, which covers the history of boat and shipbuilding for over 150 years. Have lunch and return to Minnetonka in the evening. (breakfast/lunch included)

Minimum \$215 deposit due by June 10. Final payment due by July 15. After deadlines, payments are not refundable.

Day	Date	Cost	Course
M-Th	Sept. 23-26	\$1,020 per person (2 per room) \$1,290 per person (1 per room)	2110107-01

Fitness

Line Dancing

Line dancing improves health, enriches your memory, reduces stress and increases energy levels. Instructor/Choreographer: Kerry Maus



Line Dancing I

Ideal for those who are new and those who are still getting comfortable with the steps and terminology. Thorough explanation and instruction of the steps as you learn fun dances to a variety of music.

Day	Date	Time	Cost	Course
Th	Dec. 21-Jan. 11	2-2:55 p.m.	\$36	1090601-04
Th	Jan. 18-Feb. 8	2-2:55 p.m.	\$36	2090601-01
Th	Feb. 22-March 21*	2-2:55 p.m.	\$36	2090601-02

*No class Feb. 29

Line Dancing II

Learn more intricate, syncopated steps and turns as you learn dances to a variety of music. Some line dance experience is needed to enjoy this class and a solid foundation of line dance steps is highly recommended.

Day	Date	Time	Cost	Course
Th	Dec. 21-Jan. 11	1-1:55 p.m.	\$36	1090602-03
Th	Jan. 18-Feb. 8	1-1:55 p.m.	\$36	2090602-01
Th	Feb. 22-March 21*	1-1:55 p.m.	\$36	2090602-02

*No class Feb. 29

Location: Minnetonka Community Center

Finding Joy in the Journey

Join Joan and Susie for this mid-week mood boost. Explore mind and body with 30 minutes of yoga. Then, follow an hour of journaling using imagery, colors, art materials and reflective writing. This class is for anyone, if you feel the stress of everyday life or are working through an illness or loss of a partner, this course will help you find joy in the journey. Yoga mat and non-lined journal required.

Day	Date	Time	Cost	Course
W	Feb. 7-28	1-2:30 p.m.	\$50	2090905-01

Yoga

Chair Yoga for Health and Vitality

Chair yoga class explores movements to improve strength, balance and flexibility. Breathing practice, meditation and relaxation techniques are also included to improve blood pressure, lower stress and bring calmness to our days. Yoga mat required. Instructor: Susie Schwartz

Day	Date	Time	Cost	Course
Tu	Jan. 2-23	9:45-10:45 a.m.	\$24	2090101-01
Tu	Feb. 6-27	9:45-10:45 a.m.	\$24	2090101-02
Tu	March 5-26	9:45-10:45 a.m.	\$24	2090101-03
Tu	April 2-23	9:45-10:45 a.m.	\$24	2090101-04
Th	Jan. 4-25	9:45-10:45 a.m.	\$24	2090101-05
Th	Feb. 8-29	9:45-10:45 a.m.	\$24	2090101-06
Th	March 7-28	9:45-10:45 a.m.	\$24	2090101-07
Th	April 4-25	9:45-10:45 a.m.	\$24	2090101-08

Location: Minnetonka Community Center

Gentle Yoga for Every Body

Gentle yoga is comprised of gentle movement combined with yoga poses and mindful breath practice to support physical and mental well-being. Gentle yoga can reduce stress and improve self-awareness and balance. Yoga mat required. Instructor: Susie Schwartz

Day	Date	Time	Cost	Course
Tu	Jan. 2-23	11 a.m.-noon	\$24	2090201-01
Tu	Feb. 6-27	11 a.m.-noon	\$24	2090201-02
Tu	March 5-26	11 a.m.-noon	\$24	2090201-03
Tu	April 2-23	11 a.m.-noon	\$24	2090201-04
Th	Jan. 4-25	11 a.m.-noon	\$24	2090201-05
Th	Feb. 8-29	11 a.m.-noon	\$24	2090201-06
Th	March 7-28	11 a.m.-noon	\$24	2090201-07
Th	April 4-25	11 a.m.-noon	\$24	2090201-08

Location: Minnetonka Community Center

Slow Flow Vinyasa Yoga

A relaxing yet invigorating style of yoga where participants hold poses for a few breaths. Designed to give all of the muscles good blood flow, strength and flexibility and to relax the mind and nervous system. Yoga mat required. Instructor: Karen Murray

Day	Date	Time	Cost	Course
W	Jan. 3-24	6-7 p.m.	\$24	2090203-01
W	Feb. 7-28	6-7 p.m.	\$24	2090203-02
W	March 6-27	6-7 p.m.	\$24	2090203-03
W	April 3-24	6-7 p.m.	\$24	2090203-04

Location: Minnetonka Community Center

Yoga & Strength

Building strength helps maintain muscle and flexibility and lose weight. This is a full body-mind workout with yoga, small hand weights and is suitable for those who are just beginning an exercise program. Every muscle group gains your attention with well-aligned movement. Modifications are provided and demonstrated. Yoga mat required. Instructor: Karen Murray

Day	Date	Time	Cost	Course
Th	Jan. 4-25	6-7 p.m.	\$24	2090205-01
Th	Feb. 8-29	6-7 p.m.	\$24	2090205-02
Th	March 7-28	6-7 p.m.	\$24	2090205-03
Th	April 4-25	6-7 p.m.	\$24	2090205-04

Location: Minnetonka Community Center

Holistic Self Care

Natural techniques you can learn to do for yourself. Learn about Reiki, Ayurveda and reflexology to bring more balance to the mind and body. Yoga mat required. Instructor: Karen Murray

Day	Date	Time	Cost	Course
M	Jan. 8	10:30-11:30 a.m.	\$10	2090204-01
M	Feb. 12	10:30-11:30 a.m.	\$10	2090204-02
M	March 11	10:30-11:30 a.m.	\$10	2090204-03
M	April 8	10:30-11:30 a.m.	\$10	2090204-04
Tu	Jan. 16	6-7 p.m.	\$10	2090204-05
Tu	Feb. 20	6-7 p.m.	\$10	2090204-06
Tu	March 19	6-7 p.m.	\$10	2090204-07
Tu	April 16	6-7 p.m.	\$10	2090204-08

Location: Minnetonka Community Center

Winter/Spring Tune Up

An opportunity to tune the body and the spirit with crystal bowl healing sound and gentle yoga. Both chair yoga students and mat yoga students are welcome. We will highlight each chakra by combining crystal bowl sound with gentle yoga poses to clear, cleanse and strengthen each energy center. Yoga mat required. Instructors: Susie Schwartz and Birgit Kraus

Day	Date	Time	Cost	Course
M	Jan. 8	4:30-5:30 p.m.	\$22	2090904-01
M	Feb. 12	4:30-5:30 p.m.	\$22	2090904-02
M	March 11	4:30-5:30 p.m.	\$22	2090904-03
M	April 8	4:30-5:30 p.m.	\$22	2090904-04

Location: Minnetonka Community Center

Over 50 and Fit 2024

Join this social group for low impact fitness three days a week. The last Friday of the month, enjoy treats and coffee after class.

Day	Date	Time	Cost	Course
M, W, F	Jan. 3-Dec. 30	9-10 a.m.	\$12/year	4090702-09

Location: Minnetonka Community Center

Mat Pilates

Pilates coordinates awareness of breath, core and movement to create a more flexible stable and strengthened body. You can expect to feel taller, with better posture, stronger and more flexible. Participants should be able to get down comfortably and should bring a yoga mat to each class. The instructor will give individual modifications and variations to help participants feel comfortable. Instructor: Lesley Koehnen, certified Pilates instructor

Day	Date	Time	Cost	Course
Tu	Jan. 9-30	8:10-9:10 a.m.	\$36	2090901-01
Tu	Feb. 6-27	8:10-9:10 a.m.	\$36	2090901-02
Tu	March 5-26	8:10-9:10 a.m.	\$36	2090901-03
Tu	April 9-30	8:10-9:10 a.m.	\$36	2090901-04
W	Jan. 10-31	2:15-3:15 p.m.	\$36	2090901-05
W	Feb. 7-28	2:15-3:15 p.m.	\$36	2090901-06
W	March 6-27	2:15-3:15 p.m.	\$36	2090901-07
W	April 10-May 1	2:15-3:15 p.m.	\$36	2090901-08

Location: Minnetonka Community Center

Brain & Body Together

Physical + Cognitive = Better. Find out how to enhance your quality of life through specialized integrated exercises for your body and your mind. We will target strength, balance and cognition. Instructor: Heidi Weinberg

Day	Date	Time	Cost	Course
F	Jan. 12-26	9-10 a.m.	\$30	2091201-01

Location: Minnetonka Community Center

T'ai Chi Chih

T'ai Chi Chih is a series of 19 slow, gentle, repeated movements and one pose that form a mindfulness, non-martial arts based, moving meditation. This practice is perfect for all ability levels. Regular practice may result in benefits such as improved balance and flexibility, increased energy, and a sense of calm and well-being.

T'ai Chi Chih for Beginners

New and continuing students welcome. Participants should be able to stand continuously and move for 45 minutes while following group instruction. Instructor: Cindy Nelson

Day	Date	Time	Cost	Course
Tu	Jan. 16-March 5	1-2 p.m.	\$40	2090301-01
Tu	March 26-May 14	1-2 p.m.	\$40	2090301-02

Location: Minnetonka Community Center

T'ai Chi Chih: Going Deeper

Class is designed for students who are skilled in T'ai Chi Chih. We will work on developing a deeper understanding of the principles and the joy it creates. Once class starts and the door is closed, please no entry into the room. Instructors: Monica Campbell (Mon) Susan Sobelson (Wed)

Day	Date	Time	Cost	Course
M	Jan. 22-Feb. 26*	10-11 a.m.	\$25	2090302-01
M	March 11-April 8	10-11 a.m.	\$25	2090302-02
M	April 22 - May 20	10-11 a.m.	\$25	2090302-03
W	Jan. 24-Feb. 28*	1-2 p.m.	\$25	2090303-01
W	March 13-April 10	1-2 p.m.	\$25	2090303-02
W	April 17-May 15	1-2 p.m.	\$25	2090303-03

*No class Feb. 19 and Feb. 21

Location: Minnetonka Community Center

3 Day Alpine Ski Clinic

Soft skiing is safe, easy to learn and gentle on the body. Hyland Hills Ski Instructor Roger Wangen will be your instructor for three consecutive days at Hyland Hills Ski Area. Transportation to Hyland Hills will be provided. Fee covers ski equipment rental and lift ticket. These clinics are for people who have skied before.

Day	Date	Time	Cost	Course
Tu-Th	Jan. 23-25	8:15 a.m.-noon	\$160	2091001-01
M-W	Feb. 5-7	8:15 a.m.-noon	\$160	2091001-02

Location: Meet at Minnetonka Community Center

Minnetonka Bike Club

Enjoy the amazing trails of the Twin Cities and beyond. The Minnetonka Bike Club provides moderate exercise under safe conditions and encourages social interaction and friendship building. We offer three groups, each with a different ability level and biking different terrains and distances. More info:

mtkabikers.org

SAVE THE DATE! The Minnetonka Bike Club kickoff meeting is April 11 at 9:30 a.m.

Day	Date	Time	Cost	Course
Tu,W,Th	April-October	Various Times	\$10	4120110-01

Location: Varies

Golf Lessons

Ages 55+

Improve your golf game with lessons taught by USGA professionals at the Glen Lake Golf and Practice Center in Minnetonka.

Day	Date	Time	Cost	Course
M	April 8-May 6	11-11:55 a.m.	\$99	3230105-01
W	April 10-May 8	11-11:55 a.m.	\$99	3230105-02

Location: Glen Lake Golf Course and Practice Center

Presentations



Coffee and Conversation: The Civil War

Longtime Minnetonka residents Joyce and Jim Hinderks present a thought provoking series on the Civil War. Jim was the president, vice president and board member of the Twin Cities Civil War Round Table. Joyce is a member of the Daughters of Union Veterans and the Ladies of the Grand Army of the Republic.

Victory at Fort Donelson

This was the first real Western Army victory and catapulted Gen. Ulysses S. Grant to fame. The story is told through the eyes of the Second Iowa Infantry, in which the presenter's great-grandfather served.

Day	Date	Time	Cost	Course
M	Jan. 8	10:30-11:45 a.m.	\$5	2180402-01

Sherman through the Carolinas

The relatively unknown story of Gen. William T. Sherman's march through the Carolinas. At the end of January 1865, Sherman and his army of 60,000 began a march of 400 miles through swamps and rivers in one of the worst winters on record, resulting in the largest surrender of the Civil War at Durham, NC.

Day	Date	Time	Cost	Course
Tu	Feb. 13	10:30-11:45 a.m.	\$5	2180402-02

The Grand Review

The Review was held in May 1865 in Washington to celebrate the victory of preserving the Union. There were 150,000 soldiers in the parade. All of Washington was decorated to celebrate the event.

Day	Date	Time	Cost	Course
W	March 6	10:30-11:45 a.m.	\$5	2180402-03

Lincoln "Firsts"

Little known facts of our 16th president, Abraham Lincoln. A look at his life and the things he did first and only as a president.

Day	Date	Time	Cost	Course
F	April 12	10:30-11:45 a.m.	\$5	2180402-04

Location: Minnetonka Community Center

Travelogues

Bike, Barge & Bell Towers in Germany

Enjoy a bike travelogue on the Main River in picturesque Germany, living on a barge built in the 1930s. Historic small towns and photos from climbing two church bell towers, built in the 1400s. Plus, playing in a brass band from the top of the bell tower. Presenters: Steve Pieh and Barb Kern-Pieh



Day	Date	Time	Cost	Course
F	Jan. 12	10:30-11:30 a.m.	Free	2180405-01

Location: Minnetonka Community Center

Greece & Italy

Retired world history teacher, Bill Jepson, and his wife traveled to Europe this past summer and bring the grand tour, complete with pictures and stories.

Greece: Delphi, Olympia, Mycenae, Corfu, Crete, Rhodes, Mykonos and especially Santorini and Athens.

Day	Date	Time	Cost	Course
Tu	Jan. 23	1-2:15 p.m.	\$2	2180207-01

Italy: Venice, Pisa, Florence, Rome, Sorrento, Pompeii, Capri and the Amalfi Coast.

Day	Date	Time	Cost	Course
W	March 13	10:30-11:45 a.m.	\$2	2180208-01

Location: Minnetonka Community Center



Time Waits for No One...So Let's Get to It

With the New Year comes new goals to get things in order. Learn ways to declutter, downsize, get those finances and final plans in order. Sponsored by: Sholom

Donuts, Downsizing & Decluttering

Day	Date	Time	Cost	Course
W	Jan. 17	10:30-11:30 a.m.	Free	2180201-01

Financial Wellness

Day	Date	Time	Cost	Course
W	Feb. 21	10:30-11:30 a.m.	Free	2180201-02

Funeral Planning

Day	Date	Time	Cost	Course
W	March 20	10:30-11:30 a.m.	Free	2180201-03

Know Your Rights

Day	Date	Time	Cost	Course
W	April 24	10:30-11:30 a.m.	Free	2180201-04

Location: Minnetonka Community Center

Fighting Financial Exploitation

Is someone taking advantage of you or someone you know? The Minnesota Elder Justice Center is here to talk about the types of financial exploitation and what you can do to stop it.

Day	Date	Time	Cost	Course
Th	Jan. 18	1-2 p.m.	Free	2180403-01

Location: Minnetonka Community Center

Remembering the Challenger & Columbia Space Shuttle Crews

It was more than 20 years ago when the Space Shuttle Columbia broke apart upon re-entry to earth on Feb. 1 and more than 30 years ago when the Space Shuttle Challenger blew up just after take-off. Fourteen astronauts lost their lives serving their country. The disasters hit close to home for presenter Rob Ellos, who knew one of the Challenger astronauts. Ellos explains what happened and why on those two incredibly tragic days in the history of the U.S. Space Program.

Day	Date	Time	Cost	Course
M	Jan. 29	1-2 p.m.	\$5	2180400-01

Location: Minnetonka Community Center

Nature at Our Doorstep

Naturalist Matt Schuth is an expert on our state's natural beauty and all it has to offer. He started the nature program at the University of Minnesota Landscape Arboretum more than 40 years ago. Schuth stops by with mammal and bird specimens and how they each have their own unique story.

Day	Date	Time	Cost	Course
M	March 18	10:30-11:30 a.m.	\$5	2180406-01

Location: Minnetonka Community Center

Florida Manatees

These amazing creatures can move with ease between fresh and salt water. Presenter Rob Ellos has dived with these gentle giants off the Florida coast and shares some amazing facts and pictures during this engaging presentation.

Day	Date	Time	Cost	Course
Th	March 21	1-2 p.m.	\$5	2180404-01

Location: Minnetonka Community Center

Mt. Rushmore

Today, more than two million people visit Mount Rushmore in South Dakota each year. Fourteen years, 400 workers, 450,000 tons of rock, nearly \$1 million. Those are the statistics behind the carving of Mount Rushmore. The story is even more interesting. Presented by: David Jones

Day	Date	Time	Cost	Course
W	April 10	10:30 a.m.-noon	\$5	2180214-01

Location: Minnetonka Community Center



Technology Classes

SCS One-on-One Tech Appointments

Need help with that cell phone, laptop or tablet? If you're about to throw the device against the wall, don't get mad, get help. Register for a free, one-on-one appointment with a Senior Community Services (SCS) HOME Tech Help expert. Appointments are 50 minutes. This free service is brought to you by SCS through a grant from Hennepin County. Must be 60-plus and live in Hennepin or Carver County.

Day	Date	Time	Cost	Course
W	Jan. 10	1, 2 or 3 p.m.	Free	2180601-01-03
W	Jan. 24	1, 2 or 3 p.m.	Free	2180601-04-06
M	Feb. 5	1, 2 or 3 p.m.	Free	2180601-07-09
W	Feb. 14	1, 2, or 3 p.m.	Free	2180601-10-12
W	Feb. 28	1, 2 or 3 p.m.	Free	2180601-13-15
M	March 4	1, 2, or 3 p.m.	Free	2180601-16-18
W	March 13	1, 2, or 3 p.m.	Free	2180601-19-21
M	March 18	1, 2 or 3 p.m.	Free	2180601-22-24
W	March 27	1, 2 or 3 p.m.	Free	2180601-25-27
M	April 1	1, 2, or 3 p.m.	Free	2180601-28-30
W	April 10	1, 2, or 3 p.m.	Free	2180601-31-33
M	April 15	1, 2, or 3 p.m.	Free	2180601-34-36
W	April 24	1, 2, or 3 p.m.	Free	2180601-37-39

Location: Minnetonka Community Center

Hopkins ProPEL Students Tech Help

ProPEL stands for Professionals Providing Experience for Life and is a Hopkins High School course which places students in mentorships with real working professionals. Hopkins ProPEL high school seniors come to the community center to offer free tech help for cell phones, iPads, Androids and more.

Day	Date	Time	Cost	Course
M	March 11	2:10-3:10 p.m.	Free	2180419-01

Location: Minnetonka Community Center

How to Sell Your Car Online

Learn how to research your car, take pictures, write an ad, deal with customers, test drives, safety tips, proper banking, meeting with clients at the DMV and more. Listings will be posted on Facebook Marketplace, Craigslist and Nextdoor. Comfortable phone and computer usage required. Phones and computers with chargers recommended for this class. Instructor: Abbey Key

Day	Date	Time	Cost	Course
Tu	March 19	10-11:30 a.m.	\$10	2180607-01

Location: Minnetonka Community Center

JUST Facebook

Always been interested in Facebook but never created an account? Learn how to create an account, post on your wall, navigate the news feed, look for people, respond to messages, secure your profile and list items safely on Marketplace. You can make your account as open or private as you want. Instructor: Abbey Key

Day	Date	Time	Cost	Course
Th	Jan. 11	10-11:30 a.m.	\$10	2180604-01

Location: Minnetonka Community Center



WILLISTON FITNESS CENTER & THE MARSH

Williston Fitness Center

14509 Minnetonka Drive, Minnetonka
Phone: 952-939-8370
Fax: 952-939-8380
minnetonkamn.gov/williston



Like us on Facebook and follow
Minnetonka Recreation on Instagram

Hours

Monday-Friday: 5:45 a.m.–10 p.m.

Saturday: 6 a.m.–9 p.m.

Sunday: 7:45 a.m.–8 p.m.

Closed on New Year's Day, Easter, Memorial Day, July 4, Labor Day, Thanksgiving, Christmas

Williston Fitness Center is a city-run, exercise and fitness center for the entire community.

Work out in the fitness center with new equipment – treadmills, stationary bikes, elliptical cross trainers, stair climbers, weight machines and free weights.

Programs include aerobics, water fitness and group cycling classes; personal training; baseball and softball training; equipment orientations; and a run club.

Amenities

- Fitness center
- Five indoor tennis courts
- Basketball court
- 25-yard swimming pool
- Splash pad
- Whirlpool and sauna
- Group fitness studios
- Treehouse indoor playground
- Baseball and softball cages
- Meeting/party room space
- Pickleball

Williston Child Care

Drop off your child in a fun, safe environment while you work out. Children enjoy playtime with arts, crafts and toys.

Parents and guardians must stay in the facility while children are in child care. There is a two-hour childcare maximum, with a \$10 late fee if you exceed two hours.

Child Care Hours

Monday-Friday	8:45 a.m.–1 p.m.
Monday-Thursday	4–7 p.m.
Saturday and Sunday	7:45 a.m.–1 p.m.

Child Care Fees

- **With a family membership:** Free for the first 75 minutes; \$5/hour per child for each additional hour, billed in 15-minute increments.
- **Nonmember:** \$5/hour per child

Pickleball

Indoor Courts

Drop in and play October through May at Williston Fitness Center. Limited racquets and balls are available for use.

Monday-Thursday: 6–9:30 a.m.

Tuesday: 7–9 p.m.

Friday: 6–9 a.m.

Saturday: 6–9:30 a.m. and 1–4 p.m.

(March 6–10, 13–17, start time is 7:30 a.m. due to other programming)

Fees

- Free for Williston Fitness Center, Silver Sneakers, Renew Active and Silver and Fit members
- Nonmembers: \$6 per day

Outdoor Courts

Drop in and play for free at any of our eight pickleball courts at Lone Lake Park from May through early October, weather permitting.



The Marsh

15000 Minnetonka Blvd., Minnetonka
 Phone: 952-908-7000
 Fax: 952-939-8311
minnetonkamn.gov/themarsh



Like us on Facebook and follow Minnetonka Recreation on Instagram

Hours

Monday-Friday: 6 a.m.-8 p.m.
Saturday: 8 a.m.-6 p.m.
Sunday: 8 a.m.-4 p.m.

Closed on New Year's Day, Easter, Memorial Day, July 4, Labor Day, Thanksgiving, Christmas

The Marsh is a city-run health and wellness facility for the entire community.

Work out in the fitness center with treadmills, stationary bikes, elliptical cross trainers, stair climbers, weight machines and free weights.

Programs include aerobics classes, personal training, cycle classes, Pilates, yoga and tai chi.

Amenities

- 25-yard swimming pool
- Therapy pool
- Hot tubs
- Steam rooms
- Saunas
- Indoor walking track
- Meditation tower
- Meeting rooms
- Group fitness classes
- Group cycle classes
- Land and water aerobics classes
- Pilates Reformers
- Spa services
- Merz/Embodiment Health and Performance
- Restaurant

Membership Rates

The Marsh & Williston Fitness Center

Monthly Membership	The Marsh OR Williston		The Marsh AND Williston	
	Resident	Non resident	Resident	Non resident
Individual (Ages 22+)	\$48	\$60	\$72	\$90
Dual	\$67	\$60	\$101	\$125
Household	\$77	\$96	\$116	\$144
Senior (Ages 60+)	\$33	\$43	\$50	\$65
Senior Dual (Both must be 60+)	\$48	\$60	\$72	\$90
Student (Ages 15-21)	\$38	\$48	\$68	\$72

Annual Membership	The Marsh OR Williston		The Marsh AND Williston	
	Resident	Non resident	Resident	Non resident
Individual (Ages 22+)	\$545	\$690	\$818	\$1035
Dual	\$769	\$961	\$1164	\$1442
Household	\$882	\$1090	\$1323	\$1635
Senior (Ages 60+)	\$385	\$481	\$578	\$722
Senior Dual (Both must be 60+)	\$545	\$690	\$818	\$1035
Student (Ages 15-21)	\$448	\$545	\$672	\$818

Dual Membership

Dual is considered two people living at the same address, and one individual must be at least 15 years of age or older. If one individual is under the age of 15, the other must be an adult 18+ years of age.

Family Membership

Family is considered one or two adults plus children 21 and under living at the same address.

Youth 14 and younger must join the fitness center with an adult and must be supervised by an adult when using equipment. Youth 12-14 are not permitted to use free weights, machines or cardio equipment until they pass the equipment orientation.

St. Louis Park Residents

St. Louis Park residents are eligible for the Minnetonka resident rate due to a reciprocal agreement between the two cities. (Minnetonka residents are eligible for the St. Louis Park resident rate at the St. Louis Park Aquatics Park.)

Extra Membership Fees

One-time registration fee: \$30

Membership hold/freeze: \$5/month

Upgrade/downgrade: \$5

Additional adult (more than two in household): \$10/month or \$15/month for both Williston and The Marsh

Membership Changes

Changes to your membership must be made by the 15th of the current month in order to take effect the following month.

One-Time Guest Fees

Ages 0-11 months: Free

Ages 1-14: \$7

Ages 15 and older: \$12



Group Fitness Classes

Williston Fitness Center and The Marsh offer more than 175 fitness classes per week. All are included with membership or daily admission.

Visit minnetonkamn.gov/fitness to view the current group fitness schedule.

Personal Training

Personal training is an excellent investment in your health and wellness. One-on-one attention from a trainer includes a personalized aerobic and strength program. Participants learn about anatomy, physiology and nutrition. Call 952-939-8375 for more information.

Fee	1 session	4 sessions	8 sessions	12 sessions
Member	\$65	\$240	\$440	\$600
Nonmember	\$75	\$280	\$520	\$720

Semi-Private and Group Personal Training

Designed for groups of two to four. Participants must form their group before registering.

Fee	1 session	4 sessions	8 sessions	12 sessions
Member	\$80	\$273	\$485	\$640
Nonmember	\$95	\$333	\$605	\$812

New Member Special

Jump on this great personal training package, including three sessions, for a reduced price (\$149). Offer valid for all new Williston and Marsh members. One time purchase only.

Nutrition Coaching

14 years and older

Work with Registered Dietitian Diane Rhody to develop a personal meal plan for a healthy lifestyle.

Individual Session: Member \$55, Nonmember \$65

3 Sessions: Member \$130, Nonmember \$140

Wellness Coaching

14 years and older

Meet with a fitness professional to assess your goals and support your path to healthy living.

Individual Session: Member \$55, Nonmember \$65

3 Sessions: Member \$130, Nonmember \$140

Fitness Assessments

Find your baseline measurements of flexibility, endurance, muscular strength, body composition and cardiovascular fitness. Results are reviewed and used to create a personalized fitness plan.

Member: \$45

Nonmember: \$65

Equipment Orientation

12 years and older

Receive an equipment orientation and learn how to safely and effectively use our fitness equipment. After completing the orientation, 12- to 14-year-olds gain full access to the fitness center.

Weekly appointments are offered and last approximately 30 minutes.

Please see the Williston Fitness Center or The Marsh reception desk to complete an equipment orientation request form.

Individual: \$35

Two or more participants: \$50



FITNESS & WELLNESS

TRX Circuit Training

All levels; Ages 18 and older

Looking to intensify your workout? This class teaches specific form for strength, cardio and core exercises with a suspension training system.

Day	Dates	Time	Williston Member/ Nonmember Fee	Course
Su	Jan. 7-28	9-9:45 a.m.	\$25/\$30	2060201-07
Su	Jan. 7-28	9:45-10:30 a.m.	\$25/\$30	2060201-08
Su	Feb. 4-25	9-9:45 a.m.	\$25/\$30	2060201-09
Su	Feb. 4-25	9:45-10:30 a.m.	\$25/\$30	2060201-10
Su	March 3-24	9-9:45 a.m.	\$25/\$30	2060201-11
Su	March 3-24	9:45-10:30 a.m.	\$25/\$30	2060201-12

Location: Williston Fitness Center, Studio C

Aquatic Bodywork

Aquatic Bodywork in warm water combines stretching movement and input to acupuncture points, promoting a sense of relaxation, well-being and balance to mind, body and spirit.

Practitioner:
Mary LeSourd

Sessions available on Wednesdays 10 a.m.-1 p.m. and Saturdays 1-4 p.m. Punch cards can be purchased at The Marsh service desk.



Watsu® Punch Card

Number of Sessions	Member	Nonmember
1	\$85	\$100
4	\$320	\$380
8	\$600	\$720
12	\$840	\$1,020

Location: The Marsh

To schedule a session, please call 952-939-8375 or email jfalline@minnetonkamn.gov.

Women on Weights

Ages 18 and older

This class utilizes dumbbells, barbells, steps, stability and core training. This is the perfect opportunity for those who would like to learn the proper mechanics of weight training while focusing on muscular strength, core and endurance.

Day	Dates	Time	Williston Member/ Nonmember Fee	Course
M	Jan. 8-29	Noon-1 p.m.	\$25/\$30	2063701-01
M	Feb. 5-26	Noon-1 p.m.	\$25/\$30	2063701-02
M	March 4-25	Noon-1 p.m.	\$25/\$30	2063701-03
W	Jan. 3-31	5-6 p.m.	\$31.50/\$37.50	2063701-04
W	Feb. 7-28	5-6 p.m.	\$25/\$30	2063701-05
W	March 6-27	5-6 p.m.	\$25/\$30	2063701-06
Th	Jan. 4-25	1-2 p.m.	\$25/\$30	2063701-07
Th	Feb. 1-29	1-2 p.m.	\$31.50/\$37.50	2063701-08
Th	March 7-28	1-2 p.m.	\$25/\$30	2063701-09
M/W	Jan. 3-31	6-7 p.m.	\$56.25/\$67.50	2063701-10
M/W	Feb. 5-28	6-7 p.m.	\$50/\$60	2063701-11
M/W	March 4-27	6-7 p.m.	\$50/\$60	2063701-12
Tu/Th	Jan. 2-30	6-7 p.m.	\$56.25/\$67.50	2063701-13
Tu/Th	Feb. 1-29	6-7 p.m.	\$56.25/\$67.50	2063701-14
Tu/Th	March 5-28	6-7 p.m.	\$50/\$60	2063701-15

Location: Williston Fitness Center, Studio C

Women on Weights 2

Pre-requisite is Women on Weights

Day	Dates	Time	Williston Member/ Nonmember Fee	Course
Tu,Th	Jan. 2-30	7-8 p.m.	\$56.25/\$67.50	2063701-16
Tu,Th	Feb. 1-29	7-8 p.m.	\$56.25/\$67.50	2063701-17
Tu,Th	March 5-28	7-8 p.m.	\$50/\$60	2063701-18

Location: Williston Fitness Center, Studio C

Pilates

Pilates Reformer is a mind-body exercise that promotes optimal musculoskeletal performance, strength, flexibility and endurance, focusing on core stability, pelvic and shoulder girdle stabilization, proper alignment and breath.

Punch Card	Member	Nonmember
10 Punches	\$250	\$300
5 Punches	\$150	\$175
3 Punches	\$105	\$120

Pilates Reformer Personal Training Sessions

Sessions	Member	Nonmember
1	\$75	\$89
4	\$292	\$340
10	\$719	\$800

Reiki

Reiki is a Japanese form of alternative medicine called energy healing. Reiki practitioners use a palm healing or hands-on healing technique through which a "universal energy" is said to be transferred through the palms of the practitioner to the patient to encourage emotional or physical healing. Schedule an appointment by email to marsh@minnetonkamn.gov

Day	Time
Monday/Wednesday	9 a.m.-3 p.m.
Tuesday	10:30 a.m.-1:15 p.m.
Friday	1-4:45 p.m.
Saturday	10 a.m.-3 p.m.

Location: The Marsh

Williston 8 Week Commit To Be Fit Challenge

Our fitness professionals will guide you in reaching your fitness goals. Learn to let go of old habits and replace them with healthy ones. The challenge kicks off Jan. 7.

Jan. 7-March 2
Times Vary

Williston Fitness Center

Member: \$175
Nonmember: \$225
Course: 2063801-01



PROGRAM INCLUDES:

- Five private personal training sessions
- Six one-hour nutrition classes
- Live nutritious food presentation with Lisa O'Connell of KARE 11
- Eight weekly group boot camp classes on Saturday mornings at 7 a.m.
 - Twelve group fitness classes for challenge participants only
 - Small Group TRX for challenge participants only
- Weigh-ins, including BMI measurement and chest/waist/hip measurements
- Female and male winners, based on largest percentage of weight loss



Tennis

Tennis Registration

Session 1

Dec. 5, 8 a.m. Priority registration for participants who registered for Fall Session 2 tennis lessons

Dec. 12, 8 a.m. Open to all

Session 2

Feb. 20, 8 a.m. Priority registration for participants who registered for Winter Spring 1 tennis lessons

Feb. 27, 8 a.m. Open to all



Williston Fitness Center Junior Tennis Program



The Williston junior tennis program is a Net Generation provider. Net Generation is for kids ages 4-18. It is designed to suit players based on their skill level and developmental readiness. Players learn teamwork, communication, balance, agility, hand-eye coordination, problem solving and reliance, all while having fun and making friends.



Evaluations

If your child is a beginner or has no tennis experience, you may register them for a Beginner/Advanced Beginner class without an evaluation. Players new to the program or those returning from prior to 2021 must be evaluated to enroll in Intermediate or Advanced classes. Players who aren't evaluated will have their registrations blocked until an evaluation is completed. Evaluations to notify parents of your child's level for the next session will be sent by email.

If you have questions or would like to schedule a free evaluation, contact Williston Fitness Center Junior Program Coordinator Boris Gonikman at bgonikman@minnetonkamn.gov.

Junior Tennis

Session 1

Jan. 2-March 10

Evaluation and instructor approval required to register for any intermediate and advanced classes.

Course Name	Ages	Day	Date	Time	Member/ Nonmember Fee	Course
Tiny Shots (Red Ball)	4-5	Tu	Jan. 2-March 5	5:30-6 p.m.	\$97.50/\$117.50	2140201-01
Tiny Shots (Red Ball)	4-5	Sa	Jan. 6-March 9	2:15-2:45 p.m.	\$97.50/\$117.50	2140201-02
Hot Shots-Beg./Adv. Beg. (Red Ball)	5-7	F	Jan. 5-March 8	4-4:45 p.m.	\$155/\$185	2140202-01
Hot Shots-Beg./Adv. Beg. (Red Ball)	5-7	Sa	Jan. 6-March 9	2:45-3:30 p.m.	\$155/\$185	2140202-02
Hot Shots-Intermediate (Red Ball)	6-8	F	Jan. 5-March 8	4-4:45 p.m.	\$155/\$185	2140203-01
Hot Shots-Intermediate (Red Ball)	6-8	Sa	Jan. 6-March 9	2:45-3:30 p.m.	\$155/\$185	2140203-02
Little Shots-Beg./Adv. Beg. (Red-Orange Ball)	7-9	W	Jan. 3-March 6	5-6 p.m.	\$155/\$185	2140204-01
Little Shots-Beg./Adv. Beg. (Red-Orange Ball)	7-9	F	Jan. 5-March 8	4:45-5:45 p.m.	\$155/\$185	2140204-02
Little Shots-Beg./Adv. Beg. (Red-Orange Ball)	7-9	Sa	Jan. 6-March 9	9-10 a.m.	\$155/\$185	2140204-03
Little Shots-Beg./Adv. Beg. (Red-Orange Ball)	7-9	Su	Jan. 7-March 10	3:30-4:30 p.m.	\$155/\$185	2140204-04
Little Shots-Intermediate (Orange Ball)	8-10	Sa	Jan. 6-March 9	11 a.m.-12:30 p.m.	\$212.50/\$252.50	2140205-01
Little Shots-Intermediate (Orange Ball)	8-10	Su	Jan. 7-March 10	5-6:30 p.m.	\$212.50/\$252.50	2140205-03
Mid Shots-Beg./Adv. Beg. (Orange-Green Ball)	9-13	W	Jan. 3-March 6	5-6 p.m.	\$155/\$185	2140207-01
Mid Shots-Beg./Adv. Beg. (Orange-Green Ball)	9-13	F	Jan. 5-March 8	4:45-5:45 p.m.	\$155/\$185	2140207-02
Mid Shots-Beg./Adv. Beg. (Orange-Green Ball)	9-13	Su	Jan. 7-March 10	2-3 p.m.	\$155/\$185	2140207-03
Mid Shots-Beg./Adv. Beg. (Orange-Green Ball)	9-13	Su	Jan. 7-March 10	3:30-4:30 p.m.	\$155/\$185	2140207-04
Mid Shots-Intermediate (Green Ball)	10-13	Tu	Jan. 2-March 5	5:30-7 p.m.	\$212.50/\$252.50	2140208-07
Mid Shots-Intermediate (Green Ball)	10-13	F	Jan. 5-March 8	4:45-6:15 p.m.	\$212.50/\$252.50	2140208-01
Mid Shots-Intermediate (Green Ball)	10-13	Su	Jan. 7-March 10	12:30-2 p.m.	\$212.50/\$252.50	2140208-02
Mid Shots-Intermediate (Green Ball)	10-13	Su	Jan. 7-March 10	3:30-5 p.m.	\$212.50/\$252.50	2140208-03
Mid Shots-Intermediate Drill & Match play (Green Ball)	10-13	Sa	Jan. 6-March 9	11 a.m.-12:30 p.m.	\$265/\$305	2140209-01
Teen Beg./Adv. Beg.	13-18	Sa	Jan. 6-March 9	10-11 a.m.	\$155/\$185	2140210-01
Teen Intermediate	13-18	Tu	Jan. 2-March 5	7:30-9 p.m.	\$212.50/\$252.50	2140211-06
Teen Intermediate	13-18	Th	Jan. 4-March 7	4:30-6 p.m.	\$212.50/\$252.50	2140211-01
Teen Intermediate	13-18	Sa	Jan. 6-March 9	12:30-2 p.m.	\$212.50/\$252.50	2140211-02
Grand Prix Intermediate	13-18	Tu	Jan. 2-March 5	4-5:30 p.m.	\$212.50/\$252.50	2140212-01
Grand Prix Intermediate	13-18	Sa	Jan. 6-March 9	3:30-5 p.m.	\$212.50/\$252.50	2140212-02
Grand Prix Intermediate Drill & Match Play	13-18	Su	Jan. 7-March 10	2-3:30 p.m.	\$265/\$305	2140213-01
Grand Prix Advanced	13-18	W	Jan. 3-March 6	7:30-9 p.m.	\$255/\$295	2140215-02
Grand Prix Advanced Match Play	13-18	Su	Jan. 7-March 10	12:30-2 p.m.	\$265/\$305	2140216-01
Davis Cup (Invite Only)		M	Jan. 8-March 4 *	4-5:30 p.m.	\$229.50/\$265.50	
Davis Cup (Invite Only)		W	Jan. 3-March 6	6-7:30 p.m.	\$255/\$295	

Location: Williston Fitness Center

*No class Jan. 1

Junior Tennis

Session 2

March 11–May 19

Evaluation and instructor approval required to register for any intermediate and advanced classes.

Course Name	Ages	Day	Date	Time	Member/ Nonmember Fee	Course
Tiny Shots (Red Ball)	4-5	Tu	March 12–May 14	5:30–6 p.m.	\$97.50/\$117.50	2140201-03
Tiny Shots (Red Ball)	4-5	Sa	March 16–May 18	2:15–2:45 p.m.	\$97.50/\$117.50	2140201-04
Hot Shots–Beg./Adv. Beg. (Red Ball)	5-7	F	March 15–May 17	4–4:45 p.m.	\$155/\$185	2140202-03
Hot Shots–Beg./Adv. Beg. (Red Ball)	5-7	Sa	March 16–May 18	2:45–3:30 p.m.	\$155/\$185	2140202-04
Hot Shots–Intermediate (Red Ball)	6-8	F	March 15–May 17	4–4:45 p.m.	\$155/\$185	2140203-03
Hot Shots–Intermediate (Red Ball)	6-8	Sa	March 16–May 18	2:45–3:30 p.m.	\$155/\$185	2140203-04
Little Shots–Beg./Adv. Beg. (Red-Orange Ball)	7-9	W	March 13–May 15	5–6 p.m.	\$155/\$185	2140204-05
Little Shots–Beg./Adv. Beg. (Red-Orange Ball)	7-9	F	March 15–May 17	4:45–5:45 p.m.	\$155/\$185	2140204-06
Little Shots–Beg./Adv. Beg. (Red-Orange Ball)	7-9	Sa	March 16–May 18	9–10 a.m.	\$155/\$185	2140204-07
Little Shots–Beg./Adv. Beg. (Red-Orange Ball)	7-9	Su	March 17–May 19*	3:30–4:30 p.m.	\$139.50/\$166.50	2140204-08
Little Shots–Intermediate (Orange Ball)	8-10	Sa	March 16–May 18	11 a.m.–12:30 p.m.	\$212.50/\$252.50	2140205-04
Little Shots–Intermediate (Orange Ball)	8-10	Su	March 17–May 19*	5–6:30 p.m.	\$191.25/\$227.25	2140205-06
Mid Shots–Beg./Adv. Beg. (Orange-Green Ball)	9-13	W	March 13–May 15	5–6 p.m.	\$155/\$185	2140207-05
Mid Shots–Beg./Adv. Beg. (Orange-Green Ball)	9-13	F	March 15–May 17	4:45–5:45 p.m.	\$155/\$185	2140207-06
Mid Shots–Beg./Adv. Beg. (Orange-Green Ball)	9-13	Su	March 17–May 19*	2–3 p.m.	\$139.50/\$166.50	2140207-07
Mid Shots–Beg./Adv. Beg. (Orange-Green Ball)	9-13	Su	March 17–May 19*	3:30–4:30 p.m.	\$139.50/\$166.50	2140207-08
Mid Shots–Intermediate (Green Ball)	10-13	Tu	March 12–May 14	5:30–7 p.m.	\$212.50/\$252.50	2140208-08
Mid Shots–Intermediate (Green Ball)	10-13	F	March 15–May 17	4:45–6:15 p.m.	\$212.50/\$252.50	2140208-04
Mid Shots–Intermediate (Green Ball)	10-13	Su	March 17–May 19*	12:30–2 p.m.	\$191.25/\$227.25	2140208-05
Mid Shots–Intermediate (Green Ball)	10-13	Su	March 17–May 19*	3:30–5 p.m.	\$191.25/\$227.25	2140208-06
Mid Shots–Intermediate Drill & Match play (Green Ball)	10-13	Sa	March 16–May 18	11 a.m.–12:30 p.m.	\$265/\$305	2140209-02
Teen Beg./Adv. Beg.	13-18	Sa	March 16–May 18	10–11 a.m.	\$155/\$185	2140210-02
Teen Intermediate	13-18	Tu	March 12–May 14	7:30–9 p.m.	\$212.50/\$252.50	2140211-08
Teen Intermediate	13-18	Th	March 14–May 16	4:30–6 p.m.	\$212.50/\$252.50	2140211-03
Teen Intermediate	13-18	Sa	March 16–May 18	12:30–2 p.m.	\$212.50/\$252.50	2140211-04
Grand Prix Intermediate	13-18	Tu	March 12–May 14	4–5:30 p.m.	\$212.50/\$252.50	2140212-03
Grand Prix Intermediate	13-18	Sa	March 16–May 18	3:30–5 p.m.	\$212.50/\$252.50	2140212-04
Grand Prix Intermediate Drill & Match Play	13-18	Su	March 17–May 19*	2–3:30 p.m.	\$238.50/\$274.50	2140213-02
Grand Prix Advanced	13-18	W	March 13–May 15	7:30–9 p.m.	\$255/\$295	2140215-03
Grand Prix Advanced Match Play	13-18	Su	March 17–May 19*	12:30–2 p.m.	\$238.50/\$274.50	2140216-02
Davis Cup (Invite Only)		M	March 11–May 13	4–5:30 p.m.	\$255/\$295	
Davis Cup (Invite Only)		W	March 13–May 15	6–7:30 p.m.	\$255/\$295	

Location: Williston Fitness Center

*No class March 31

Williston Competitive Tennis (WCT)

For consideration into WCT classes, please contact Tennis Manager Felicia Raschiatore at 952-939-8368 or fraschiatore@minnetonkamn.gov.

Session 1 & 2

Course Name	Day	Date	Time	Member/ Nonmember Fee
WCT Level 1 (Orange Ball)	W, F	Jan. 3-May 15	4:30-6 p.m. (W) & 5:45-7:15 p.m. (F)	\$1,020/\$1,180
WCT Level 2 (Green Ball)	Tu, Th	Jan. 2-May 14	4:30-6 p.m.	\$1,020/\$1,180
WCT Level 3 (Yellow Ball)	Tu, Th	Jan. 2-May 14	6-7:30 p.m.	\$1,020/\$1,180

Williston ACE Tennis

For consideration into ACE classes, please contact Tennis Manager Felicia Raschiatore at 952-939-8368 or fraschiatore@minnetonkamn.gov.

Session 1

Course Name	Day	Date	Time	Member/ Nonmember Fee
Williston ACE Tennis	M	Jan. 8-March 4*	5:30-7:30 p.m.	\$391.50/\$427.50
Williston ACE Tennis	W	Jan. 3-March 6	7:30-9:30 p.m.	\$435/\$475
Williston ACE Tennis	Tu	Jan. 2-March 5	9-10:30 p.m.	\$315 \$355
Williston ACE Tennis	Th	Jan. 4-March 7	9-10:30 p.m.	\$315 \$355

*No class Jan. 1

Session 2

Course Name	Day	Date	Time	Member/ Nonmember Fee
Williston ACE Tennis	M	March 11-May 13	5:30-7:30 p.m.	\$435/\$475
Williston ACE Tennis	W	March 13-May 15	7:30-9:30 p.m.	\$435/\$475

Williston Fitness Center Men's Evening Singles League

The league starts the week of Jan. 8 and runs through March, date dependent on number of participants.

League consists of levels 3.5, 4.0 & above. Court space is limited, so sign-ups will be restricted to a maximum of eight players in 3.5 & 4.0 divisions. Each player is guaranteed 10 matches. Division results will be posted bi-weekly. Balls are provided and courts are reserved for you.

Start times for matches are 5:30-9 p.m. Match length is 90 minutes. A 24-hour cancellation is required if you are unable to play. Matches may be rescheduled when courts are available.

Contact Dave Wolden, men's league coordinator, for questions about registration, format or rules at 952-939-8377 or dwolden@minnetonkamn.gov. League fees are non-refundable after Jan. 6.

Level	Day	Date	Time	Member/ Nonmember Fee	Course
3.5 Singles	M	5:30-8:30 p.m.	\$200/\$240	2140501-02	1140501-02
4.0 Singles	M	5:30-8:30 p.m.	\$200/\$240	2140501-03	1140501-03

Group Swim Lesson Registration

Session 1

Dec. 6, 8 a.m. Priority registration for participants who registered for Fall Session II swimming lessons

Dec. 12, 8 a.m. Open to all

Session 2

Jan. 31, 8 a.m. Priority registration for participants who registered for Winter-Spring I swimming lessons

Feb. 7, 8 a.m. Open to all

Session 3

March 20, 8 a.m. Priority registration for participants who registered for Winter-Spring II swimming lessons

March 27, 8 a.m. Open to all

The goal of the aquatics program is for the student to make continual progress. Each class builds on the skills learned in the previous class. Adjustments may be made to ensure your swimmer and group has the best swim lesson experience. Swimmers are encouraged to repeat a level if they are not ready to move on to the next level. Swim assessments are required for Sea Turtle and above if new to the swim program or have not taken lessons since fall 2022.

To view our policies or more information for swim assessments, registration, waitlists, cancelations and makeups, view our swim program guidebook at minnetonkamn.gov/aquatics.

Swimmer to Instructor Ratio

Preschool Tadpole through Preschool Angelfish	4:1
Youth Jellyfish through Youth Stingray	5:1
Youth Seal through Pre-Team	6:1
Aquatots	10:1

Aquatics Class Descriptions

Level	Class Goals & Focus
Aquatots <i>6 months-3 years (with adult)</i>	Structured lessons with basic water orientation designed to guide the adult in teaching skills to child through games and songs. Swim diapers must be worn in the pool. 30-minute class.
Preschool Tadpole <i>Ages 3-5</i>	Water comfort, building water confidence, submersions and foundational skills to independent movement. <i>Level Goals:</i> Ask permission before entering the water, submersions, blowing bubbles, assisted floats and glides. 30-minute class.
Preschool Frog <i>Ages 3-5</i>	Building water confidence, integrated arm/leg action, foundational skills to independent movement and submersions. <i>Level Goals:</i> Knows how to enter and exit the pool safely, assisted floats, glides, kicks, submersions and jumps. Swimmers should be comfortable putting their face in the water. 30-minute class.
Preschool & Youth Sea Turtle <i>Ages 3-5; 6-12</i>	Forward movement, independent movements, introduction to front crawl stages. <i>Level Goals:</i> Submersions, foundations of front crawl, retrieving objects underwater, unassisted floats, glides and integrated arm and leg action.
Preschool & Youth Jellyfish <i>Ages 3-5; 6-12</i>	Body position and control, directional change and breathing techniques. <i>Level Goals:</i> Tread water, introduction to side breathing, integrated arm and leg action, foundations of front crawl and back crawl.

Level	Class Goals & Focus
Preschool & Youth Angelfish <i>Ages 3-5; 6-12</i>	Integrated movements, build stroke techniques, introduction to breaststroke, safety techniques and jumps into deep water. <i>Level Goals:</i> Deep water tread, stages of diving, front crawl with side breathing.
Preschool & Youth Stingray <i>Ages 3-5; 6-12</i>	Freestyle, backstroke, dives, sidestroke and deep water skills. <i>Level Goals:</i> Master stroke fundamentals and breathing techniques.
Youth Seal <i>Ages 6-12</i>	Swimming longer distances, breaststroke techniques and deep water skills. <i>Level Goals:</i> Breaststroke arms and whip kicks, side-to-side rolls, freestyle and backstroke refinement and dives.
Youth Sea Otter <i>Ages 6-12</i>	Swimming longer distances, combined breaststroke with breathing and introduction to butterfly. <i>Level Goals:</i> Swim 25 yards of freestyle and backstroke, rotary breathing, refinement of freestyle, backstroke, breaststroke, dolphin kicks and deep water tread.
Pre-Team 1 <i>Ages 6-12</i>	Introduce all four competitive strokes and refine techniques. <i>Level Goals:</i> Introduction to flip turns, endurance swimming, butterfly, dives.
Pre-Team 2 <i>Ages 6-12</i>	Swim all four competitive strokes, drills to improve technique, develop freestyle and backstroke endurance. <i>Level Goals:</i> Swim freestyle and backstroke 50 yards, breaststroke and butterfly 25 yards, dives, flip turns.
Adult Lessons	Ages 18 and older, basic swimming skills, stroke development and safety.
Private Lessons	Ages 3 and older. Private one-on-one lessons geared toward student's specific goals. Semi-private lessons are available to those with similar swim skills or close in age. Lesson pricing and online request forms can be found on our website.

Saturdays

Session 3: April 13–May 18

Note: No Session 1 or Session 2 Saturday class is being offered.

Class	Time	Member/Nonmember Fee	Session 3
Aquatots	11–11:30 a.m.	\$78/\$90	2030101-01
Preschool Tadpole	11–11:30 a.m.	\$78/\$90	2030201-01
Preschool Frog	11:35 a.m.–12:15 p.m.	\$78/\$90	2030301-01
Preschool Sea Turtle	11:35 a.m.–12:15 p.m.	\$84/\$96	2030501-01
Youth Jellyfish	12:25–1:05 p.m.	\$84/\$96	2030602-01
Youth Angelfish	12:25–1:05 p.m.	\$84/\$96	2030702-01
Youth Stingray	1:15–1:55 p.m.	\$84/\$96	2030802-01
Pre-Team 1	1:15–1:55 p.m.	\$84/\$96	2031101-01

Location: The Marsh

Family members who are not participating in lessons are welcome to swim in designated areas at Williston only.



Sundays

Session 1: Jan. 7–Feb. 11

Session 2: Feb. 18–March 24

Session 3: April 14–May 19

Class	Time	Member/Nonmember Fee	Session 1	Session 2	Session 3
Aquatots	11:45 a.m.–12:15 p.m.	\$78/\$90	2030101-02	2030101-04	2030101-06
Aquatots	3:40–4:20 p.m.	\$78/\$90	2030101-03	2030101-05	2030101-07
Preschool Tadpole	11:45 a.m.–12:15 p.m.	\$78/\$90	2030201-02	2030201-05	2030201-08
Preschool Tadpole	2–2:30 p.m.	\$78/\$90	2030201-03	2030201-06	2030201-09
Preschool Frog	11:45 a.m.–12:15 p.m.	\$78/\$90	2030301-02	2030301-05	2030301-08
Preschool Frog	1:10–1:40 p.m.	\$78/\$90	2030301-03	2030301-06	2030301-09
Preschool Sea Turtle	12:20–1 p.m.	\$84/\$96	2030501-02	2030501-04	2030501-06
Preschool Sea Turtle	1:10–1:50 p.m.	\$84/\$96	2030501-03	2030501-05	2030501-07
Youth Sea Turtle	4:30–5:10 p.m.	\$84/\$96	2030502-01	2030502-03	2030502-05
Preschool Jellyfish	2:50–3:30 p.m.	\$84/\$96	2030601-01	2030601-04	2030601-06
Preschool Jellyfish	4:30–5:10 p.m.	\$84/\$96	2030601-02	2030601-05	2030601-08
Youth Jellyfish	2–2:40 p.m.	\$84/\$96	2030602-02	2030602-05	2030602-08
Preschool Angelfish	2:50–3:30 p.m.	\$84/\$96	2030701-01	2030701-03	2030701-05
Youth Angelfish	12:20–1 p.m.	\$84/\$96	2030702-02	2030702-05	2030702-08
Youth Angelfish	3:40–4:20 p.m.	\$84/\$96	2030702-03	2030702-06	2030702-09
Youth Stingray	12:20–1 p.m.	\$84/\$96	2030802-02	2030802-04	2030802-06
Youth Stingray	3:40–4:20 p.m.	\$84/\$96	2030802-03	2030802-05	2030802-07
Youth Seal	1:10–1:50 p.m.	\$84/\$96	2030902-01	2030902-03	2030902-05
Youth Sea Otter	2:50–3:30 p.m.	\$84/\$96	2031002-01	2031002-02	2031002-03
Pre-Team 1	4:30–5:10 p.m.	\$84/\$96	2031101-02	1031101-04	1031101-06
Pre-Team 2	2–2:40 p.m.	\$84/\$96	2031901-01	2031901-02	2031901-03

Location: Williston Fitness Center

Family members who are not participating in lessons are welcome to swim in designated areas at Williston only.

Monday Evenings

Session 1: Jan. 8–Feb. 12

Session 2: Feb. 19–March 25

Session 3: April 15–May 20

Class	Time	Member/Nonmember Fee	Session 1	Session 2	Session 3
Youth Jellyfish	4:25–5:05 p.m.	\$84/\$96	2030602-03	2030602-06	2030602-09
Preschool Angelfish	5:10–5:50 p.m.	\$84/\$96	2030701-02	2060701-04	2030701-06
Youth Angelfish	5:10–5:50 p.m.	\$84/\$96	2030702-04	2030702-07	2030702-10
Youth Seal	4:25–5:05 p.m.	\$84/\$96	2030902-02	2030902-04	2030902-06

Location: Williston Fitness Center

Family members who are not participating in lessons are welcome to swim in designated areas at Williston only.

Wednesday Evenings

Session 1: Jan. 10–Feb. 14

Session 2: Feb. 21–March 27

Session 3: April 10–May 15

Class	Time	Member/Nonmember Fee	Session 1	Session 2	Session 3
Preschool Tadpole	4:25–5:05 p.m.	\$78/\$90	2030201-04	2030201-07	2030201-10
Preschool Frog	4:25–4:55 p.m.	\$78/\$90	2030301-04	2030301-07	2030301-10
Youth Sea Turtle	5:05–5:45 p.m.	\$84/\$96	2030502-02	2030502-04	2030502-06
Preschool Jellyfish	5:05–5:45 p.m.	\$84/\$96	2030601-03	2030601-06	2030601-09
Youth Jellyfish	5:55–6:35 p.m.	\$84/\$96	2030602-04	2030602-07	2030602-10
Pre-Team 1	5:55–6:35 p.m.	\$84/\$96	2031101-03	2031101-05	2031101-07

Location: Williston Fitness Center

Family members who are not participating in lessons are welcome to swim in designated areas at Williston only.

Private & Semi-Private Swim Lessons

Private and semi-private lessons can be a great way to achieve swimming goals and are offered to swimmers of all ages and abilities. Registration is on a first-come, first-served basis. Registration will open on the first Wednesday of each month at 8 a.m. Those currently enrolled in private/semi-private swim lessons do not need to re-register once in the program and will have the option to renew packages.

Private & Semi-Private Registration Dates:

- Jan. 3, 8 a.m.
- Feb. 7, 8 a.m.
- March 6, 8 a.m.
- April 3, 8 a.m.

Specialty Swim Classes

Mr. Blake's Swim Academy

Customized lessons for individuals with either physical or cognitive disabilities. Mr. Blake's Swim Academy facilitates swim lessons using techniques that place emphasis on water safety and swimming skills modified or adapted to accommodate individual abilities, needs and goals, regardless of age or experience. Lessons are created for, but not limited to, those with anxiety, physical, sensory, communication or behavioral challenges.

More information and register through Blake Beatnik le Saint: blake@mr-blake.com

Infant Swim Rescue (ISR)

ISR lessons teach children how to survive if they were to reach the water alone. All lessons are one-on-one and customized to the developmental level of each child.

- Babies who can crawl (generally six to 12 months old) learn to hold their breath underwater, roll onto their back to float, rest and breathe.
- Children who can walk (generally 12 months and older) learn to hold their breath underwater, swim with their head down and eyes open, roll onto their back to float, rest and breathe and flip over to resume swimming until they reach the side of the pool and can crawl out.

An important distinction between ISR and other programs is our emphasis on safety before, during and after lessons.

More information and register through Kelly Spark: kelly.sparks@infantswim.com



ICE SKATING

Ice Arena

3401 Williston Road
Minnetonka, MN 55345
952-939-8310
minnetonkamn.gov/icearena

Like us on Facebook and follow us on Instagram



Public Skating

Adult/Child: \$5
Senior Citizen: \$3
Skate Rental: \$3

Hours

Tuesday, Wednesday, Thursday: 11:30 a.m.-1 p.m.

Friday: 6:15-7:45 p.m.

Sunday: 1-2:30 p.m.

Public skate hours are subject to change.

Learn more at minnetonkamn.gov/publicskating.

Adult Open Hockey

Adult: \$5 (Goalies are free)

Hours

Monday and Friday: 11:30 a.m.-1 p.m.
(September through April)

Local Organizations at the Minnetonka Ice Arena

Home of Hopkins/Park Girls High School Hockey
Team: hopkinsschools.org

Adult Hockey

Minnesota Showcase Hockey: showcasehockey.com

Youth Hockey

Hopkins Youth Hockey Association:
hopkinshockey.com

Minnetonka Youth Hockey Association:
tonkahockey.org

Figure Skating

Lake Minnetonka Figure Skating Club: lmfsc.org



Skating Lessons

Learn-to-Skate USA makes skating fun and safe for all, while building solid skill progression and growing self-esteem. More info: learntoskateusa.com

Skating Fundamentals *Ages 3-5*

Classes are designed to help children 5 and younger develop the ABC's (Agility, Balance, Coordination and Speed) of movement. **Helmets and mittens or gloves required for ALL Snowplow Sam classes. Snow pants recommended.**

Class	Requirement	Learn
Snowplow Sam 1	No prior skating experience; need help marching across the ice.	To stand, fall and move across the ice
Snowplow Sam 2	Passed Snowplow Sam 1 or can confidently march across the ice	Gliding, dips while moving, stopping
Snowplow Sam 3	Passed Snowplow Sam 2	Forward and backwards swizzles and one foot glides
Snowplow Sam 4	Passed Snowplow Sam 3	Refinement of forward and backward skating and two foot turns

Hockey Skating Skills *Ages 6 and older*

Learn the fundamentals of hockey skating, without sticks or pucks. In the four badge levels, skaters increase agility and proper technique and learn basic hockey stance, stride, knee bend, use of edges and other necessary fundamentals of hockey skating. We recommend skaters pass Basic 1 before enrolling in Hockey 1. **NO STICKS OR PUCKS USED IN THIS CLASS. PARTICIPANTS MUST WEAR HOCKEY SKATES AND HELMETS.**

Class	Requirement	Learn
Hockey 1	Passed Basic 1 or possess basic skating skills	To glide and beginning stroke
Hockey 2	Passed Hockey 1	Proper edge and pushing technique for forward and backward skating
Hockey 3	Passed Hockey 2	Proper edge and pushing technique for forward cross-overs. Backward power skating, stops and power turns
Hockey 4	Passed Hockey 3	Refinement of forward and backward cross-overs. Quick starts, hockey stops and Mohawks



Basic Skills *Ages 6 and older*

Learn the fundamentals of skating and the best foundation for figure skating and hockey skating skills. Six progressive levels teach skaters to move confidently and advance to specialized skating. Skaters progress at their own rate and advance after skills are mastered. **Helmets required for Basic 1 & 2.**

NOTE: If you register for a group lesson class (Basic 3 through Free Skate 4) and Tricks & Twirls, you will receive a discounted class fee of \$90 for Tricks & Twirls.

Class	Requirement	Learn
Basic 1	No previous lesson experience or not passed Basic 1	To move forward, balance and glide. Introduction to backward skating
Basic 2	Passed Basic 1	Forward stroking, stopping, one foot glides and refinement of backward skating
Basic 3	Passed Basic 2 and wear figure skates	Proper edge control and push for forward cross-overs
Basic 4	Passed Basic 3 and wear figure skates	Forward cross-overs and proper pushing technique for backward cross-overs
Basic 5	Passed Basic 4 and wear figure skates	Backward cross-overs, hockey stops and outside edge 3-turns
Basic 6	Passed Basic 5 and wear figure skates	Inside edge 3-turns, backward stroking, T-Stops and more
Pre-Free Skate	Passed Basic 6 and wear figure skates	Inside edge Mohawks, backward to forward transitions, beginning jumps and one foot spins

Figure Skating

Each free skate level contains a variety of progressive skating skills, transitions, spins and jumps – all of which build on the fundamentals, providing skaters a strong foundation. Instruction is focused on quality and mastery of skills.

Class	Requirement	Learn
Free Skate 1	Passed Pre-Free Skate	Edge work, 3-turns, one foot spins and beginning jumps
Free Skate 2	Passed Free Skate 1	Beginning jumps and spins, edge work and spirals
Free Skate 3	Passed Free Skate 2	A footwork sequence and advanced jumps and spins
Free Skate 4	Passed Free Skate 3	Power threes, sit spins and advanced jumps
Free Skate 5	Passed Free Skate 4	Advanced footwork, camel spins and jump combinations
Free Skate 6	Passed Free Skate 5	Advanced footwork, combination spins and axel jump
Advanced Free Skate	Passed Free Skate 6	Double jumps and advanced spin techniques
Tricks & Twirls	Passed Basic 2, but not Free Skate 4	Beginning jumps, spins and tricks



Supplemental Figure Skating

Class	Requirement	Learn
Tricks & Twirls	Passed Basic 2 and wear figure skates	Beginning jumps, spins and tricks
Intermediate Power and Edge	Passed Pre-Preliminary Moves or Free Skate 3	Stroking, edges, power and consistent carriage through turn execution
Advanced Power and Endurance	Passed Juvenile Moves or Advanced Free Skate	Refinement of stroking, edges, power, carriage and endurance
Pre-Preliminary through Intermediate Skating Skills	Passed Free Skate 2 or instructor permission	USFS Skating Skills patterns
Jump & Spin	Passed Free Skate 5	Proper advanced spin and jump technique and positions for axel thru double jumps

Adult Skating Lessons

Class	Description
Adult Beginner	Introduction to skating for those with no experience. Helmet recommended.
Adult Intermediate	For adults who can comfortably skate forward and backward and are able to stop.
Adult Advanced	Introduction to jumps and spins
Adult Ice Dance	Emphasis on USFS Dance patterns. Need instructor permission or previous ice dance experience.

Skating Lessons

Cost: \$140

Location: Ice Arena A, 3401 Williston Road

Skating Fundamentals

Lesson	Day	Date	Time	Course
Snowplow Sam 1	Tu	Jan. 9-March 12	1-1:30 p.m.	2070101-02
Snowplow Sam 1	Sa	Jan. 13-March 16	11-11:30 a.m.	2070101-03
Snowplow Sam 1	M	Jan. 8-March 11	5:45-6:15 p.m.	2070101-04
Snowplow Sam 2	Tu	Jan. 9-March 12	1:30-2 p.m.	2070201-02
Snowplow Sam 2	Sa	Jan. 13-March 16	11-11:30 a.m.	2070201-03
Snowplow Sam 2	M	Jan. 8-March 11	5:45-6:15 p.m.	2070201-04
Snowplow Sam 3	Tu	Jan. 9-March 12	1:30-2 p.m.	2070301-02
Snowplow Sam 3	Sa	Jan. 13-March 16	11:30 a.m.-noon	2070301-03
Snowplow Sam 3	M	Jan. 8-March 11	6:45-7:15 p.m.	2070301-04
Snowplow Sam 4	Tu	Jan. 9-March 12	1:30-2 p.m.	2070401-02
Snowplow Sam 4	Sa	Jan. 13-March 16	11:30 a.m.-noon	2070401-03
Snowplow Sam 4	M	Jan. 8-March 11	6:45-7:15 p.m.	2070401-04



Hockey

Lesson	Day	Date	Time	Course
Hockey 1	M	Jan. 8–March 11	6:45–7:15 p.m.	2070501-01
Hockey 1	Sa	Jan. 13–March 16	11:30 a.m.–noon	2070501-02
Hockey 2	M	Jan. 8–March 11	6:45–7:15 p.m.	2070601-01
Hockey 2	Sa	Jan. 13–March 16	11:30 a.m.–noon	2070601-02
Hockey 3	M	Jan. 8–March 11	6:45–7:15 p.m.	2070701-01
Hockey 3	Sa	Jan. 13–March 16	11:30 a.m.–noon	2070701-02
Hockey 4	M	Jan. 8–March 11	6:45–7:15 p.m.	2070801-01
Hockey 4	Sa	Jan. 13–March 16	11:30 a.m.–noon	2070801-02

Basic Skills

Lesson	Day	Date	Time	Course
Basic 1	M	Jan. 8–March 11	6:15–6:45 p.m.	2070901-01
Basic 1	Sa	Jan. 13–March 16	10:30–11 a.m.	2070901-02
Basic 2	M	Jan. 8–March 11	5:15–5:45 p.m.	2071001-01
Basic 2	Sa	Jan. 13–March 16	10:30–11 a.m.	2071001-02
Basic 3	M	Jan. 8–March 11	5:15–5:45 p.m.	2071101-01
Basic 3	Sa	Jan. 13–March 16	9:45–10:15 a.m.	2071101-02
Basic 4	M	Jan. 8–March 11	5:15–5:45 p.m.	2071201-01
Basic 4	Sa	Jan. 13–March 16	9:45–10:15 a.m.	2071201-02
Basic 5	M	Jan. 8–March 11	5:15–5:45 p.m.	2071301-01
Basic 5	Sa	Jan. 13–March 16	9:45–10:15 a.m.	2071301-02
Basic 6	M	Jan. 8–March 11	5:15–5:45 p.m.	2071401-01
Basic 6	Sa	Jan. 13–March 16	9:45–10:15 a.m.	2071401-02
Pre-Free Skate	W	Jan. 10–March 13	5:15–5:45 p.m.	2071501-01
Pre-Free Skate	Sa	Jan. 13–March 16	9:45–10:15 a.m.	2071501-02

Figure Skating Lessons

Lesson	Day	Date	Time	Course
Free Skate 1	W	Jan. 10–March 13	5:15–5:45 p.m.	2071601-01
Free Skate 2	W	Jan. 10–March 13	5:15–5:45 p.m.	2071701-01
Free Skate 3	W	Jan. 10–March 13	5:45–6:15 p.m.	2071801-01
Free Skate 4	W	Jan. 10–March 13	5:45–6:15 p.m.	2071901-01
Free Skate 5	W	Jan. 10–March 13	5:45–6:15 p.m.	2072001-01
Free Skate 6	W	Jan. 10–March 13	5:45–6:15 p.m.	2072101-01
Advanced Free Skate	W	Jan. 10–March 13	5:15–5:45 p.m.	2072201-01
Intermediate Power and Edge	W	Jan. 10–March 13	6:15–6:45 p.m.	2072401-01
Advanced Power and Endurance	Sa	Jan. 13–March 16	Noon–12:30 p.m.	2072501-01
Pre Prelim–Intermediate Skating Skills	W	Jan. 10–March 13	4:45–5:15 p.m.	2072601-01
Jump and Spin Class	M	Jan. 8–March 11	4:45–5:15 p.m.	2072801-01
Trick and Twirls Class (\$90)	Sa	Jan. 13–March 16	9–9:45 a.m.	2073401-01

Adult Lessons

Lesson	Day	Date	Time	Course
Adult Beginner	W	Jan. 10–March 13	7–7:30 p.m.	2072901-02
Adult Beginner	Sa	Jan. 13–March 16	8:30–9 a.m.	2072901-03
Adult Intermediate	W	Jan. 10–March 13	7–7:30 p.m.	2073001-02
Adult Intermediate	Sa	Jan. 13–March 16	8:30–9 a.m.	2073001-03
Adult Advanced	W	Jan. 10–March 13	7–7:30 p.m.	2073101-02
Adult Advanced	Sa	Jan. 13–March 16	8:30–9 a.m.	2073101-03
Adult Ice Dance	W	Jan. 10–March 13	7:30–8 p.m.	2073301-01

AMENITIES AND FACILITIES

Minnetonka Community Center

14600 Minnetonka Blvd.
952-939-8390
minnetonkamn.gov/communitycenter

The Minnetonka Community Center is available to residents and local organizations for a variety of meeting and banquet needs.



Meeting facilities

Meeting spaces are available for groups of up to 120 people and can be reserved by Minnetonka residents up to one year in advance.

Banquet facilities

Accommodates up to 250 people. Minnetonka residents can make reservations 18 months in advance for special events, receptions and private parties.

Glen Lake Activity Center

14350 Excelsior Blvd.
952-939-8390
minnetonkamn.gov/glac

The Glen Lake Activity Center has meeting rooms, restrooms and a police substation.



Meeting space

Space is available for groups of up to 60 people and can be reserved by Minnetonka residents up to one year in advance.



Ridgedale Commons

12590 Ridgedale Drive
952-939-8390
minnetonkamn.gov/ridgedalecommons

Ridgedale Commons is available for reservations and includes a meeting room, public outdoor space and public restrooms.

Meeting space

The meeting room is available for groups of up to 39 people and includes table seating for 24. Minnetonka residents can reserve the room up to one year in advance; non-residents up to six months in advance. The meeting room is available 10 a.m.-2 p.m. or 4-8 p.m. Alcohol prohibited.

Fees:

Resident: \$125
Nonresident: \$225
Damage Deposit: \$100

Royals Athletic Center

2400 Royals Drive
952-988-4519

communityed.hopkinsschools.org/facilities/rac

The Royals Athletic Center is jointly owned and operated by the City of Minnetonka and the Hopkins School District. The facility is connected to Hopkins High School.

Amenities:

- Five regulation basketball courts, two with adjustable height baskets for all levels of play
- Seven regulation volleyball courts
- 300-meter walking/jogging track
- Exercise and conditioning rooms with weight machines, free weights and cardiovascular equipment
- Additional amenities available for baseball, softball, wrestling, aerobics and badminton

The Hopkins School District utilizes the Royals Athletic Center for all district-related activities, including athletics, physical education, graduation, music concerts and special events. Hopkins High School varsity home games are hosted in the facility with 2,800 spectator seats available.

Designated hours for community use of the facility's 3,800-square-foot exercise and conditioning area provide residents fitness opportunities.

Membership

The Royals Athletic Center offers a variety of affordable fitness memberships in a comfortable atmosphere. Memberships can be purchased through Hopkins Community Education and are valid for one year from the date of purchase.

Basketball Open Gym

Local adults and youth can play a pickup game of basketball or just shoot some hoops. Open gym fee is \$5 or free if you are a member of the Royals Athletic Center. Participants must bring their own basketball.

More info: communityed.hopkinsschools.org/facilities/rac or 952-988-4519

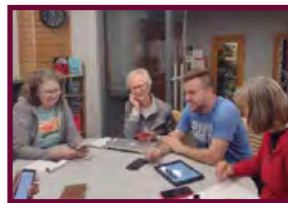


HOPKINS ACTIVITY CENTER

Serves as a gathering place for adults to stay active and engaged through participation in recreational, social, educational, fitness and volunteer activities.

RECREATION

Program offerings include fitness classes, social activities, game groups, pickleball, technology, travel and more! Stop in for a tour and pick up a free program brochure.



FACILITY RENTAL

Open to the community for rental of gym, commercial kitchen, or meeting rooms.



HOPKINS ACTIVITY CENTER

33 14th Ave N, Hopkins, MN 55343
952.939.1333
www.hopkinsmn.com/activitycenter



ICE RENTAL Check the Pavilion website for available ice times and pricing for your hockey team, broomball group or to figure skate.

PUBLIC SKATE The Hopkins Pavilion is your place for open skate, pick-up hockey, stick handling practice and figure skating.

- Monday-Friday through February 23, 2024.

HOPKINS YOUTH HOCKEY (HYHA)

Interested in having your child play hockey? HYHA offers first year mite-aged skaters to play free (includes registration and clinic fees). Visit hopkinshockey.com for more information.

ROOM RENTALS The Pavilion has multiple rooms available for your event, meeting, or party.



HOPKINS PAVILION

11000 Excelsior Blvd, Hopkins, MN 55343
952.548.6390
www.hopkinspavilion.com

Outdoor Ice Skating Rinks

Dec. 23-Feb. 19 (weather permitting)

Outdoor skating rinks with warming houses are available at seven Minnetonka park locations and six Hopkins park locations. For weather-related updates, rink conditions and closings, please call the weather hotline at 952-939-8355. More info: minnetonkamn.gov/outdoorrinks

Minnetonka Rink Locations

Boulder Creek, Covington, Glen Lake, Gro Tonka, McKenzie, Meadow and Spring Hill

Hopkins Rink Locations

Burnes, Oakes, Central, Harley, Interlachen and Valley

Skating Rink Hours

- Sunday: Noon-7 p.m.
- Monday-Friday: 4:30-9 p.m.
- Saturday: Noon-9 p.m.

Holiday Hours

- Winter Break Dec. 26-Jan. 5: Noon-9 p.m. weekdays
- Christmas Eve Sunday, Dec. 24: Noon-5 p.m.
- Christmas Day Monday, Dec. 25: CLOSED
- New Year's Eve Sunday, Dec. 31: Noon-7 p.m.
- Martin Luther King Jr. Day Monday, Jan. 15: Noon-9 p.m.
- President's Day Monday, Feb. 19: Noon-9 p.m.



Cross Country Ski Trail at Glen Lake Golf Course

14350 County Road 62, Minnetonka
763-694-7824

threeriversparks.org/activity/cross-country-skiing

The City of Minnetonka partners with Three Rivers Park District and Hennepin County to provide a cross country ski trail at Glen Lake Golf Course. The golf center will be open for classic equipment rental, concessions, restrooms and a place to warm up.

The 2.5-kilometer trail—for skiers of all abilities—is groomed for both skate skiing and traditional skiing.

- Season runs Dec. 9-March 10 (depending on weather)
- Open every day 9 a.m.-5 p.m. (closes at 4 p.m. Christmas Eve and closed Christmas Day)
- Glen Lake Golf Course Season Ski Pass: \$35 (tax included)
- Glen Lake Golf Course Daily Ski Pass: \$6 (tax not included)
- Season passes can be purchased at Glen Lake Golf Course or at Recreation Services (The Marsh, 15000 Minnetonka Blvd.)



Picnic Shelter Reservations

Picnic shelter reservation requests for 2024 start Tuesday, Jan. 2.

- Picnic shelters are available to rent May through Sept. 30.
- A permit is required to reserve a picnic shelter at a park facility for groups of 25 people or more; limited to a maximum of five hours; a fee applies.
- You must request and pay at least seven days in advance of your requested date. Shelters are not reserved until payment has been received.
- Applicants must be 18 years or older to reserve a shelter and at least 21 years to obtain a beer permit. Beer permits (\$25) require age verification of the picnic reservation applicant in person and are only issued May 25-Sept. 2.

Fees and park amenities information is at minnetonkamn.gov/picnicshelters. Call 952-939-8390 for more information.

Hopkins Picnic Shelters

- Burnes, Central, Oakes, Cottageville* and Valley parks: 9 a.m.-9 p.m.
- Bathrooms are on a timer system; they open at dawn, close at dusk.

*Alcohol prohibited at Cottageville.

Minnetonka Picnic Shelters

- Lone Lake and Gro Tonka Parks: 9 a.m.-9 p.m.
- Bathrooms are on a timer system; they open at dawn, close at dusk.

Shady Oak Park

- From June 8-Aug. 18, the shelter is only available to reserve between 4-8 p.m.
- Outside of these dates, reservation hours are 9 a.m.-dusk.
- Beach restrooms are available June 8-Aug. 18. Outside of beach season, a porta potty is available.

How to Reserve a Picnic Shelter

Phone

952-939-8390

Email

ssvec@minnetonkamn.gov

Fax

952-939-8373

In person

Minnetonka Community Center, 14600 Minnetonka Blvd.

Monday-Friday 8 a.m.-4 p.m.

Payment

VISA, MasterCard, Discover, cash or check made payable to "City of Minnetonka Facilities Division"





SAUNA — in the — PARKS

Ages 18 and older

Celebrate the holidays and ring in the New Year by focusing on your health and wellness with family and friends!

Shady Oak Beach will be transformed into a sauna and cold plunge oasis. Individuals can register for a 1.5-hour session in our Voyageur Mobile Sauna, equipped with a Kuuma wood fire stove, outdoor bonfire and overall glamping ambiance. The lake will be open to registered guests for an optional cold plunge. Indoor changing facilities will be available.

Dec. 27-Jan. 2
Shady Oak Beach
\$25/person (space is limited)

Info and register at minnetonkamn.gov/saunaintheparks