

Happy Holidays from all of us at the Minnetonka Community Center!

Registration for Minnetonka Community Center programs running January through April begins Dec. 14 at 8 a.m.



Find the brochure at the community center or online at minnetonkamn.gov/recreation.

minnetonkamn.gov/register

Cookie Decorating with Fondant

Have you ever used fondant to decorate cookies? Learn how to color, roll, cut and sculpt this pliable and edible icing to create festive designs just in time for the holidays. Each participant decorates 10 sugar cookies to take home.



Hanukkah Cookies

Day	Date	Time	Cost	Course
W	Dec. 6	9 a.m.-noon	\$35	1190101-01

Christmas Cookies

Day	Date	Time	Cost	Course
Tu	Dec. 12	9 a.m.-noon	\$35	1190301-01

Lunch & Movie: Midway

Six months after the attack on Pearl Harbor, a battle changed the fate of the world. This film, based on real life events, stars Ed Skrein, Woody Harrelson, Patrick Wilson and Tadanobu Asano. Run time: 2hr18min. **Register by: Dec. 4 (or until full).**

Lunch: Chicken noodle soup, salad, roll and dessert.

Day	Date	Time	Cost	Course
Th	Dec. 7	Noon-3:15 p.m.	\$8	1100204-01

TRIPS

Art Deco, Snoopy & St. Paul

Get a full taste of the capital city! Tour the historic Ramsey County Courthouse and Saint Paul City Hall. The 90-minute tour gives a great history of the 21-story Art Deco skyscraper. Enjoy lunch at Degidio's Restaurant. After lunch head to the Minnesota History Center to tour The Life & Art of Charles M. Schulz Exhibit. Walk through the space and explore Schulz's personal history and how Minnesota shaped the cartoonist's life and the wonderful world of Peanuts. **Act fast! Register by December 5, or until full.**

Lunch: Chicken parmesan, garlic bread, beverage.

Day	Date	Time	Cost	Course
W	Jan. 10	9:30 a.m.-3:45 p.m.	\$84	1100302-01

Orchestra Hall Lunar New Year Celebration

Registration opens Dec. 14!

The Minnesota Orchestra celebrates Lunar New Year. 2024 is the Year of the Dragon. Enjoy a dessert box on the way to this incredible show. Bus drops off at the main entrance. There is a bar in the lobby area to purchase a beverage on your own. Seats for the two-hour show are on the main floor. **Register by: Jan. 12 (or until full).**

Day	Date	Time	Cost	Course
Sa	Feb. 17	6-9:45 p.m.	\$65	2110101-01

Minnetonka Community Center



Monday, Dec. 25

Minnetonka Historical Society Presents: The History of Big Island

Tonka Bay native and author, Paul Maravelas gives us a special evening presentation on his first book about the history of Minnetonka. From the Dakota people who first inhabited Lake Minnetonka's Big Island and their displacement, to how the Island changed over the years. Join us for this fascinating bit of history about the lake.

Day	Date	Time	Cost	Course
Th	Dec. 7	6-7 p.m.	\$2	1180414-01

Tonka Treks

Join us for our final trek of 2023. We walk two miles at a good pace and go rain, shine or snow. Walk departs from the community center.

Day	Date	Time	Cost	Course
F	Dec. 8	10:15-11a.m.	FREE	1190804-04



Monthly Party: Holiday Party

Celebrate the holidays with us! Lunch: Ham, scalloped potatoes, green beans, roll and dessert. **Register by: Dec. 13 (or until full).** Sponsored by Comfort Keepers.



Day	Date	Time	Cost	Course
M	Dec. 18	Noon-1:30 p.m.	\$8	1100104-01



James Shaw Christmas Concert

Enjoy traditional carols and the history behind them as James performs on the piano.

Day	Date	Time	Cost	Course
M	Dec. 11	10:30-11:30 a.m.	\$3	1100301-01

Parking Lot Bingo: Holiday Edition

KSTP Morning News anchor and host of Minnesota Live, Chris Egert, is our guest caller! Get a carload of friends and come for an hour of fun. Listen to the games on your FM radio in the Ice Arena B parking lot. When you win, honk your horn and win prizes. **Register by Dec. 12 at noon or until full.**



Day	Date	Time	Cost	Course
W	Dec. 13	1-2 p.m.	FREE	1191113-02



Coffee & Conversation

City Series

Let's have coffee and talk with Minnetonka Fire Chief John Vance. The chief will discuss how the fire department has changed in the last 20 years, when to call 911 and other services the department provides you might not be aware of.



Day	Date	Time	Cost	Course
F	Dec. 15	10:30-11:30 a.m.	FREE	1180409-04



FITNESS

We have several yoga classes at the community center, for all levels! Register for the December classes today. **Registration for the January classes opens Dec. 14 at 8 a.m.**

Chair Yoga for Health & Vitality

Day	Date	Time	Cost	Course
Tu	Dec. 5-19	9:45-10:45 a.m.	\$18	1090101-04
Th	Dec. 7-21	9:45-10:45 a.m.	\$18	1090101-08
Tu	Jan. 2-23	9:45-10:45 a.m.	\$24	2090101-01
Th	Jan. 4-25	9:45-10:45 a.m.	\$24	2090101-05

Gentle Yoga for Every Body

Day	Date	Time	Cost	Course
Tu	Dec. 5-19	11 a.m.-noon	\$18	1090201-04
Th	Dec. 7-21	11 a.m.-noon	\$18	1090201-08
Tu	Jan. 2-23	11 a.m.-noon	\$24	2090201-01
Th	Jan. 4-25	11 a.m.-noon	\$24	2090201-05

Slow Flow Vinyasa Yoga

Day	Date	Time	Cost	Course
W	Dec. 6-27	6-7 p.m.	\$24	1090203-04
W	Jan. 3-24	6-7 p.m.	\$24	2090203-01

Yoga & Strength

Day	Date	Time	Cost	Course
Th	Dec. 7-28	6-7 p.m.	\$24	1090204-04
Th	Jan. 4-25	6-7 p.m.	\$24	2090205-01

Over 50 & Fit Exercise

Registration opens Dec. 4 for 2024. This exercise class created by Park Nicollet and led by volunteers, is designed to put exercise back into your life. It's never too late to start. Class meets Monday, Wednesday & Friday from 9-10 a.m. at the community center. \$12 for the entire year. Come as often as your schedule allows.

Holistic Self Care

Natural techniques you can learn to do for yourself. Learn about reiki, ayurveda and reflexology to bring more balance to the mind and body. Please bring a yoga mat to class. Registration for this class opens Dec. 14 at 8 a.m. Instructor: Karen Murray.

Day	Date	Time	Cost	Course
M	Jan. 8	10:30-11:30 a.m.	\$10	2090204-01

Winter/Spring Tune Up

Tune the body as well as the spirit with crystal bowl healing sound and gentle yoga. Both chair yoga students as well as mat yoga students are welcome. Instructors: Registration for this class opens Dec. 14 at 8 a.m. Susie Schwartz & Birgit Kraus

Day	Date	Time	Cost	Course
M	Jan. 8	4:30-5:30 p.m.	\$22	2090904-01

SERVICES

Blood Pressure Checks: 1st & 3rd Friday and 2nd Wednesday of the month from 9:30-10:30 a.m. at the community center.

Free Medicare Counseling: Meet with a counselor at the community center or over the phone for free. Call the Senior Linkage Line at 1-800-333-2433 to schedule an appointment. The Senior Linkage Line is an independent agency & not affiliated with any insurance company.



SENIOR
COMMUNITY
SERVICES

Social Worker: Sara Roberts, Licensed Social Worker with Senior Community Services is available to help find resources on housing, paying bills, caregiving services, and home help. Call 612-868-6720 or email Sara at s.roberts@seniorcommunity.org

HOME Program: Want to stay in your home, but need help around the house? The HOME program helps with things like repairing or replacing faucets, toilets, outlets, light switches or fixtures, or help with technology. Must be 60+. Some services are available at no cost; rates for paid services are based on income and ability to pay. No one is denied service based on ability to pay. Call 952-746-4046 or email home@seniorcommunity.org

SPECIAL INTEREST Groups

If you are currently part of one or more of the groups listed below, registration is required once a year. Please make sure to stop at the main desk the next time you are at the community center, or call us at 952-939-8393 so we can get you registered for 2024.

- 500
- Bingo
- Bucket List Book Club
- Bunco
- Crafting for a Cause
- Garden Club
- Ham Radio
- Mahjongg
- Open Play Games & Cards
- Shutterbugs
- Social Bridge
- Women's Discussion Group
- Art Studio Monday / Friday
- Book Club
- Bulls & Bears Investment Club
- Caregiver Conversations
- Cribbage
- Genealogy
- Hand, Foot & Toe
- Men's Discussion Group
- Poker Club
- Singles Group
- Tale Spinners
- Woodcarvers

Ham Radio Club

Please tune in to our weekly net, every Tuesday at 7:00 p.m. on the 145.450 (No Tone) Repeater. You do not need to be a member to join in. Our next in-person meeting at the community center: Dec. 11, 10 a.m. Still working? Join us Jan. 8 from 7-9 p.m. New members always welcome.



Singles Group Meet Ups

Games, Gab & Grub!

Mon. Dec. 18 3:30-5:30p.m.

Bring a snack or appetizer to share and pick from a variety of games to play in the Glen Lake Activity Room.

Minnetonka Bird Club

Registration for 2024 opens Dec. 1. \$20 for the year. Come for the 10:30 a.m. meeting and hear Minnesota photojournalist and author Stan Tekila's talk on woodpeckers.



Mark your calendar

If you are wanting the AARP Tax Aide to prepare your 2023 tax return, mark your calendar for Jan. 4. That's the first day you can call to schedule an appointment. Phone lines open at 8 a.m. 952-939-8393.



Holiday Shopping!



Find wonderful handmade, unique gifts from Minnetonka residents.



Thursday-Saturday
Noon-5 p.m.

11280 Wayzata Blvd.
763-591-4868

Registration required for all programs.*



14600 Minnetonka Blvd.
Minnetonka, MN 55345



minnetonkamn.gov/register



952-939-8393

Office Hours

Monday-Friday
8 a.m.-4:30 p.m.

Mission

To develop and promote programs and services in our community to meet the diverse needs of those 55 and older.

Program Locations

Meet at Minnetonka Senior Services at the Minnetonka Community Center, unless otherwise noted.

Program Cancellation

Participants wishing to withdraw from a program must do so at least seven days before the start or by the advertised registration deadline to receive a refund.

Trip Cancellation

Refunds only granted prior to the registration deadline or in the event that a replacement is found.

* Programs with low enrollment will be canceled.