

Monday		Tuesday		Wednesday		Thursday		Friday	
<b>1</b>		<b>2</b>		<b>3</b>		<b>4</b>		<b>5</b>	
Art Studio	9:00	Defensive Driving	9:00	Over 50 & Fit	9:00	Chair Yoga	9:45	Open Play	8:00
Men's Discussion	9:00	Chair Yoga	9:45	Senior Outreach	9:30	Cribbage	10:00	Brain & Body	9:00
Over 50 & Fit	9:00	Fun w/ Watercolor	10:00	Mahjongg	10:00	Genealogy	10:00	Happy Feet	9:00
T'ai Chi Chih—Going Deeper	10:00	Poker	10:00	Senior Chorale	10:15	Woodcarvers	10:00	Over 50 & Fit	9:00
Open Play	10:45	Gentle Yoga	11:00	AA/Al-Anon	10:30	Gentle Yoga	11:00	Blood Pressure	9:30
Medicare Counseling	11:30	Dementia Friends	12:00	Social Bridge	12:30	British History	1:00	Computer Group	10:00
Hand, Foot, & Toe	1:00	Bingo	12:40	Acrylic Painting	1:00	Dominos	1:00	Bird Club	10:30
SCS Technology	1:00	Beginning T'ai Chi Chih	1:00	T'ai Chi Chih—Going Deeper	1:00	Line Dancing	1:00/2:00	Strength & Balance	11:00
		Tale Spinners	1:00	Slow Flow	6:00	Yoga & Strength	6:00	Art Studio	1:00
		Memory Café	1:30	500 Cards	6:30			Pinochle	1:00
		Singles Group	4:00						
<b>8</b>		<b>9</b>		<b>10</b>		<b>11</b>		<b>12</b>	
Art Studio	9:00	Open Play	8:00	Colored Pencils	9:00	Bike Club Kick-Off	9:30	Crafting for a Cause	9:00
Men's Discussion	9:00	Pilates Matwork	8:10	Over 50 & Fit	9:00	Chair Yoga	9:45	Happy Feet	9:00
Over 50 & Fit	9:00	Chair Yoga	9:45	Blood Pressure	9:30	Caregiver Conversations	10:00	Over 50 & Fit	9:00
Ham Radio	10:00	Advisory Board	10:00	Mahjongg	10:00	Cribbage	10:00	Computer Group	10:00
T'ai Chi Chih—Going Deeper	10:00	Fun w/ Watercolor	10:00	Senior Chorale	10:15	Woodcarvers	10:00	Coffee & Conversations	10:30
Holistic Self Care	10:30	Grief Healing	10:00	AA/Al-Anon	10:30	Gentle Yoga	11:00	Strength & Balance	11:00
Open Play	10:45	Mahjongg Class	10:00	Mount Rushmore	10:30	Day Trip: The Color Purple	11:15	Art Studio	1:00
Solar Eclipse	12:15	Gentle Yoga	11:00	Social Bridge	12:30	British History	1:00	Pinochle	1:00
Garden Club	1:00	Bingo	12:40	Acrylic Painting	1:00	Bunco	1:00		
Hand, Foot, & Toe	1:00	Bulls & Bears	1:00	SCS Technology	1:00	Line Dancing	1:00/2:00		
				T'ai Chi Chih—Going Deeper	1:00	Yoga & Strength	6:00		
				Pilates Matwork	2:15				
				Slow Flow	6:00				
				500 Cards	6:30				
<b>15</b>		<b>16</b>		<b>17</b>		<b>18</b>		<b>19</b>	
Art Studio	9:00	Pilates Matwork	8:10	Clay Sculpture I	9:00	Chair Yoga	9:45	Brain & Body	9:00
Men's Discussion	9:00	Chair Yoga	9:45	Over 50 & Fit	9:00	Cribbage	10:00	Happy Feet	9:00
Over 50 & Fit	9:00	Fun with Watercolor	10:00	Senior Outreach	9:30	Woodcarvers	10:00	Over 50 & Fit	9:00
Open Play	10:45	Mahjongg Class	10:00	Mahjongg	10:00	Gentle Yoga	11:00	Blood Pressure	9:30
Medicare Counseling	11:30	Poker	10:00	Senior Chorale	10:15	Volunteer Luncheon	11:30	Day Trip: Barn Quilts	9:30
Hand, Foot, & Toe	1:00	Shutterbugs	10:00	AA/Al-Anon	10:30	Book Club	1:00	Computer Group	10:00
SCS Technology	1:00	Gentle Yoga	11:00	Social Bridge	12:30	British History	1:00	Women's Discussion	10:15
		Bingo	12:40	Acrylic Painting	1:00	Dominos	1:00	Strength & Balance	11:00
		T'ai Chi Chih—Beginners	1:00	T'ai Chi Chih—Going Deeper	1:00	Singles Group	4:00	Art Studio	1:00
		Tale Spinners	1:00	Pilates Matwork	2:15	Yoga & Strength	6:00	Pinochle	1:00
		Memory Café	1:30	Slow Flow	6:00	Cribbage	6:30		
		Holistic Self Care	6:00	500 Cards	6:30				
				Braver Angels	6:30				
<b>22</b>		<b>23</b>		<b>24</b>		<b>25</b>		<b>26</b>	
Art Studio	9:00	Open Play	8:00	Clay Sculptures II	9:00	Chair Yoga	9:45	Open Play	8:00
Men's Discussion	9:00	Pilates Matwork	8:10	Over 50 & Fit	9:00	Cribbage	10:00	Happy Feet	9:00
Over 50 & Fit	9:00	Defensive Driving	9:00	Mahjongg	10:00	Woodcarvers	10:00	Over 50 & Fit	9:00
T'ai Chi Chih—Going Deeper	10:00	Chair Yoga	9:45	Senior Chorale	10:15	Gentle Yoga	11:00	Computer Group	10:00
Crush the Clutter	10:30	Mahjongg Class	10:00	AA/Al-Anon	10:30	Day Trip: Lion King	11:30	Strength & Balance	11:00
Open Play	10:45	Gentle Yoga	11:00	Time Waits For No One	10:30	British History	1:00	Lunch & Movie	12:00
Hand, Foot, & Toe	1:00	Bingo	12:40	Social Bridge	12:30	Bunco	1:00	Art Studio	1:00
		Bulls & Bears	1:00	Acrylic Painting	1:00	Line Dancing	1:00/2:00	Bucket List Book Club	1:00
		T'ai Chi Chih—Beginners	1:00	SCS Technology	1:00	Yoga & Strength	6:00	Pinochle	1:00
				T'ai Chi Chih—Going Deeper	1:00			Singles Group	4:30
				Pilates Matwork	2:15				
				Slow Flow	6:00				
				500 Cards	6:30				
<b>29</b>		<b>30</b>		 <p style="text-align: center;"><b>CITY OF MINNETONKA</b> SENIOR SERVICES</p>					
Art Studio	9:00	Open Play	8:00						
Men's Discussion	9:00	Pilates Matwork	8:10						
Over 50 & Fit	9:00	Mahjongg Class	10:00						
T'ai Chi Chih—Going Deeper	10:00	Bingo	12:40						
Open Play	10:45	Adopt A Highway	1:00						
Hand, Foot, & Toe	1:00	Beginning T'ai Chi Chih	1:00						

## Interest Groups

Interest groups are coordinated and led by seniors in the community. All groups meet at the Minnetonka Community Center, unless noted otherwise. There are more than 30 different interest groups. **Annual Registration Required.**

### Advisory Board

2nd Tuesday, 10 a.m.

Advises and recommends goals, policies and objectives to Minnetonka Senior Services and Minnetonka City Council.

### A.A./Al-Anon

Wednesdays, 10:30 a.m.

AA supports those who may have alcohol addiction. Al-Anon supports friends and family members of those with alcohol addiction. All ages welcome.

### Art Studio

Mondays, 9 a.m.-noon

Fridays, 1-4 p.m.

Informal drop in and create! This group

welcomes artists of all abilities. Participants socialize while working independently. New members welcome!



### Bike Club

April- October with various start times. Visit us on our blog to see what rides we have been up to! [mtkabikerphotos.blogspot.com](http://mtkabikerphotos.blogspot.com)

### Bingo

Tuesdays, 12:40 p.m.

Enjoy a fun game of Bingo with a friendly social group! Cards are a nickel each per game.



### Bird Club

1st Friday, 10:30 a.m.

Meet once a month Sept. - May and enjoy a variety of bird topics throughout the year.

Cost is \$20/year.

>>Topic: *Dance of the Woodcocks* with Greg Hoch



### Book Club

3rd Thursday, 1 p.m.

Each month we read a new book and discuss.

This month's book:

>>*The Language of Flowers* by Vanessa Diffenbaugh

### Bucket List Book Club

4th Friday, 1 p.m.

Start to check off some of your bucket list books. Each month we read a new book and discuss. This month's book:

>>*Zen and the Art of Motorcycle Maintenance* by Robert Pirsig

### Bulls and Bears Investment Club

2nd & 4th Tuesdays, 1 p.m.

Do you know the difference between bull and bear markets? Study different investment trends and learn how to navigate the markets.



### Bunco

2nd & 4th Thursdays, 1 p.m. Drop in and play the fun game of bunco. No experience? No problem! We'll teach you.

### Caregiver Conversations

2nd Thursday, 10 a.m.

Explore the challenges, rewards and resources in navigating the care giving journey.

### Chorale

Wednesdays, 10:15 a.m.

Do you love to sing? The Chorale sings in a 4 part harmony and performs throughout the year. The Chorale is an ensemble of the Music Association of Minnetonka.

### Computer Group

Fridays, 10 a.m.

Join this social group as we discuss trends and learn new skills. Visit [mscig.wordpress.com](http://mscig.wordpress.com) to learn more!

### Crafting for a Cause

2nd Friday, 9 a.m.

Craft items for local nonprofits! New members are always welcome.

### Cribbage

Thursdays, 10 a.m.

Come join us! Bring a cribbage board and a deck of cards.

### Cribbage - Evenings (NEW!)

3rd Thursdays, 6:30 p.m.

Come join us once a month for a game of cribbage in the evening! Bring a cribbage board and a deck of cards.

### Dominos

1st & 3rd Thursdays, 1 p.m. Never played? We'll teach you. Please join us

## Program Spotlight

### Presentation

#### Braver Angels

>> W/ Barbara Thomas & Rick Hotchner



Wednesday, April 17

6:30 - 8:00 p.m.

\$3.00

### Education

#### Colored Pencils on Suede Board

>> W/ Artistic Moments



Wednesday, April 10

9:00 a.m. - 12:00 p.m.

\$35.00

### Fitness

#### Brain & Body Together

>> W/ Heidi Weinberg



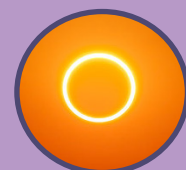
Fridays, Apr 4 & 19

9:00 - 10:00 a.m.

\$18.00

### Event

#### Solar Eclipse!



Monday, April 8

12:15 -3:00 p.m.

\$3.00

## Garden Club

2nd Monday, 1 p.m.

Do you love to garden? Join us for monthly gardening topics and field trips.

>>Topic: Fun with Flower Arrangements



## Genealogy Club

1st Thursday, 10 a.m.

Exciting topics each month. Speakers present throughout the year. Join fellow enthusiasts at any point of your genealogical journey.



## Ham Radio

2nd Monday, 10 a.m.

Join us for some amateur radio discussion, share of knowledge and practice.



## Hand, Foot, and Toe

Mondays, 1 p.m.

Players must have a basic knowledge of Hand & Foot- we'll teach the Toe!

## Mahjongg

Wednesdays, 10 a.m.

Join in the fun with fellow players of mahjongg. Please bring your own set.



## Men's Discussion Group

Mondays, 8:30 a.m.

Join us for coffee and conversations in this new weekly men's discussion group. Meet and connect with new people while discussing a variety of informal topics.

## Open Play

2nd and 4th Tuesdays, 10 a.m.

Come play any game of your choice! Enjoy a game of 500, Scrabble, Canasta, or any small group games that you bring.

## Pickleball Open Play

Indoor at Williston. For more information call: 952-939-8341. To join the email list, email Boris at Bgonikman@minnetonkamn.gov

## Pinochle (NEW!)

Fridays, 1 p.m.

Join us for a good game of double deck pinochle. One game takes three hours to play. Find rules and scoring guides on worldofcardgames.com

## Poker

1st & 3rd Tuesday, 10 a.m.

Join us for a good game of poker! Play a variety of games.



## Single Mingle Group

Looking for new friends and fun? Join us for outings or other fun activities in this group for singles. **April Meetings: April 2nd at 4p.m. - Unmapped Brewery Happy Hour, April 18 at 4 p.m. - Walk to Jidana & Dinner at Station Pizza, and April 26 at 4:30 p.m. - Prime Rib & Steak Night at American Legion**

## Shutterbugs

3rd Tuesday, 10 a.m.

This group focuses on a different topic each month and is open for the novice photographer and professionals. Photos taken by members that are Minnetonka residents can be purchased at The Landing Shop.

## Social Bridge

Wednesdays, 12:45 p.m.

1st, 2nd and 3rd place prizes are awarded. No partners are needed and new members are always welcome. Join in the fun as your schedule allows.



## Tale Spinners

1st & 3rd Tuesdays, 1 p.m.

This is a casual group of writers who work together to improve their skills, provide motivation and ideas, critique and offer feedback; all to achieve individual writing goals. Whether you are a poet, short story writer, essayist, novelist, or recording family anecdote and histories; please come by and bring your words to life!



## Women's Discussion Group

3rd Friday, 10 a.m.

Discuss different topics each month with other senior women.

## Woodcarvers

Thursdays, 10 a.m.

Socialize, share ideas and work independently. All abilities are welcome, including beginners! The first Thursday of the month is show and tell. Come join the fun!



## 500 Cards

Wednesdays, 6:30 p.m.

Join in the fun, new members are always welcome!



## Senior Services

### Blood Pressure Screenings:

2nd Wednesday and 3rd Friday of the month, 9:30-11:30 a.m.

### Foot Care Clinic:

Fridays - for appointments and fees please call Happy Feet at their **NEW Phone Number: 763-346-3390.**

### Household and Outside Maintenance for Elderly (H.O.M.E.):

Get help with household chores. Call Senior Community Services at 952-746-4046 for more information.

### Medicare Counseling:

Discuss Medicare, supplemental insurance, Part D coverage, billing issues, resources and more. Call the Senior Linkage Line at 1-800-333-2433 for an appointment.

### Senior Outreach:

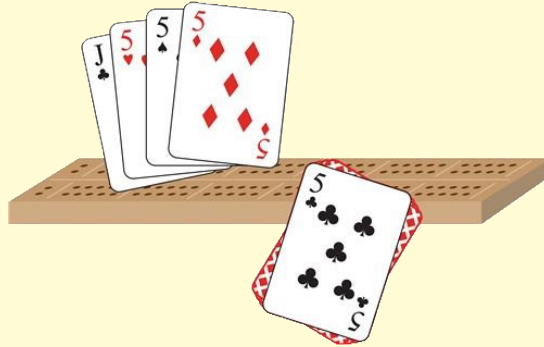
Housing, community resources, and one-on-one counseling. By appointment only on the second and fourth Tuesday of the month, 1-3 p.m. Please call 952-939-8393 for an appointment.

**Transit Link:** Transportation from your home to events. Call 651-602-5465 for fees and schedule.



**Special Interest Group:  
Cribbage (NEW Evening Group added!)**

Thursdays, 10:00 a.m.  
OR 3rd Thursdays at 6:30 p.m.



Come join us for a game of cribbage! Play every Thursday at 10:00 a.m. or join us for our newly added evening game every 3rd Thursday at 6:30 p.m. Bring a deck of cards and your cribbage board and lets have some fun!

AROUND TOWN

**Natural Resources Volunteer Opportunities**

**Various Minnetonka Parks**

Volunteer with Minnetonka’s Natural Resource department and help combat invasive species and protect our natural environment. Find out more info and sign up at [minnetonkamn.gov/nrevents](http://minnetonkamn.gov/nrevents)

- Thursday, April 18th, 4 p.m. | Victoria Evergreen Park | Garlic Mustard
- Wednesday, April 24th, 10 a.m. | Jidana Park | Garlic Mustard
- Saturday, April 27th, 12 p.m. | Hilloway Park | Brush Clearing
- Sunday, April 28th, 12:00 p.m. | Boulder Creek Park | Garlic Mustard
- Tuesday, April 30th, 5:30 p.m. | Jidana Park | Garlic Mustard



**Minnetonka Youth Choirs Spring Concert**

**Excelsior Elementary School - 441 Oak Street, Excelsior**

Sunday, April 28th, 3:00 p.m.

Free and Open to all Ages! Come hear Minnetonka’s Youth Choir, directed by Melanie McIvor from Music Association of Minnetonka.



**The Landing Shop**

**11280 Wayzata Blvd. | 763-591-4868 | Open Thurs.-Sat. Noon-5:00 p.m.**

Browse and buy handmade items crafted by Minnetonka residents ages 55 and older.

