

Monday Tuesday Wednesday Thursday Friday



CITY OF MINNETONKA SENIOR SERVICES

Al & Alma's Boat Cruises are BACK! Soak up the summer on Lake Minnetonka. Tickets include your 90-min boat ride and lunch! Registration Opens Wednesday, May 1st at 8 a.m.—See details at minnetonkamn.gov/register

1	
Over 50 & Fit	9:00
Senior Outreach	9:30
Mahjongg	10:00
Senior Chorale	10:15
AA/Al-Anon	10:30
Social Bridge	12:30
T'ai Chi Chih—Going Deeper	1:00
Pilates Matwork	2:15
Slow Flow	6:00
500 Cards	6:30
Senior Chorale Concert	7:00

2	
Cribbage	10:00
Genealogy	10:00
Woodcarvers	10:00
Dominos	1:00
Line Dancing	1:00/2:00
Defensive Driving	5:30
Yoga & Strength	6:00

3	
Open Play	8:00
Brain & Body	9:00
Happy Feet	9:00
Over 50 & Fit	9:00
Blood Pressure	9:30
Computer Group	10:00
Bird Club	10:30
Strength & Balance	11:00
Art Studio	1:00

6	
Art Studio	9:00
Men's Discussion	9:00
Over 50 & Fit	9:00
T'ai Chi Chih—Going Deeper	10:00
Open Play	10:45
Medicare Counseling	11:30
Lunch & Movie	12:00
Hand, Foot, & Toe	1:00
SCS Technology	1:00

7	
Pilates Matwork	8:10
Defensive Driving	9:00
Chair Yoga	9:45
25 Documents	10:00
Fun with Watercolor	10:00
Mahjongg Class	10:00
Poker	10:00
Intermediate Yoga	11:00
Bingo	12:40
T'ai Chi Chih—Beginners	1:00
Tale Spinners	1:00
Memory Café	1:30

8	
Over 50 & Fit	9:00
Blood Pressure	9:30
Mahjongg	10:00
Singles Group	10:00
AA/Al-Anon	10:30
Travelogue: Argentina	10:30
Social Bridge	12:30
Acrylic Painting	1:00
Getting Around Town	1:00
SCS Technology	1:00
T'ai Chi Chih—Going Deeper	1:00
Pilates Matwork	2:15
Slow Flow	6:00
500 Cards	6:30

9	
Chair Yoga	9:45
Caregiver Conversations	10:00
Cribbage	10:00
Woodcarvers	10:00
Intermediate Yoga	11:00
Hands Only CPR	11:15
Bunco	1:00
Line Dancing	1:00/2:00
Yoga & Strength	6:00

10	
Brain & Body	9:00
Crafting for a Cause	9:00
Happy Feet	9:00
Over 50 & Fit	9:00
Computer Group	10:00
Strength & Balance	11:00
Art Studio	1:00
Pinochle	1:00

13	
Art Studio	9:00
Men's Discussion	9:00
Over 50 & Fit	9:00
Ham Radio	10:00
T'ai Chi Chih—Going Deeper	10:00
Open Play	10:45
Garden Club	1:00
Hand, Foot, & Toe	1:00
Defensive Driving	5:30

14	
Open Play	8:00
Pilates Matwork	8:10
Day Trip: Doug Ohman	9:00
Chair Yoga	9:45
Fun with Watercolor	10:00
Mahjongg Class	10:00
Intermediate Yoga	11:00
Bingo	12:40
Bulls & Bears	1:00
T'ai Chi Chih—Beginners	1:00
Singles Group	4:00

15	
Over 50 & Fit	9:00
Senior Outreach	9:30
Mahjongg	10:00
AA/Al-Anon	10:30
Social Bridge	12:30
Acrylic Painting	1:00
T'ai Chi Chih—Going Deeper	1:00
Pilates Matwork	2:15
Defensive Driving	5:30
Slow Flow	6:00
500 Cards	6:30

16	
Chair Yoga	9:45
Cribbage	10:00
Woodcarvers	10:00
Intermediate Yoga	11:00
Book Club	1:00
Dominos	1:00
Line Dancing	1:00/2:00
Yoga & Strength	6:00
Cribbage	6:30

17	
Brain & Body	9:00
Happy Feet	9:00
Over 50 & Fit	9:00
Blood Pressure	9:30
Computer Group	10:00
Women's Discussion	10:15
Art Studio	1:00

20	
Art Studio	9:00
Men's Discussion	9:00
Over 50 & Fit	9:00
T'ai Chi Chih—Going Deeper	10:00
Open Play	10:45
Medicare Counseling	11:30
Bees & Honey	1:00
Hand, Foot, & Toe	1:00
SCS Technology	1:00

21	
Pilates Matwork	8:10
Fall Prevention	9:30
Chair Yoga	9:45
Advisory Board	10:00
Fun with Watercolor	10:00
Mahjongg Class	10:00
Poker	10:00
Shutterbugs	10:00
Intermediate Yoga	11:00
Bingo	12:40
T'ai Chi Chih—Beginners	1:00
Tale Spinners	1:00
Memory Café	1:30

22	
Day Trip: Carlos Creek	8:30
Over 50 & Fit	9:00
Mahjongg	10:00
AA/Al-Anon	10:30
Social Bridge	12:30
Acrylic Painting	1:00
SCS Technology	1:00
Pilates Matwork	2:15
Slow Flow	6:00
500 Cards	6:30

23	
Chair Yoga	9:45
Cribbage	10:00
Woodcarvers	10:00
Snacks & Movie	10:30
Intermediate Yoga	11:00
Bunco	1:00
Line Dancing	1:00/2:00
Singles Group	6:00
Yoga & Strength	6:00

24	
Open Play	8:00
Happy Feet	9:00
Over 50 & Fit	9:00
Art Studio	1:00
Bucket List Book Club	1:00
Pinochle	1:00

27

CLOSED

MEMORIAL DAY

28	
Open Play	8:00
Pilates Matwork	8:10
Fun with Watercolor	10:00
Bingo	12:40
Bulls & Bears	1:00
T'ai Chi Chih—Beginners	1:00

29	
Over 50 & Fit	9:00
Mahjongg	10:00
AA/Al-Anon	10:30
Presidential Series	10:30
Social Bridge	12:30
Acrylic Painting	1:00
Pilates Matwork	2:15
Slow Flow	6:00
500 Cards	6:30

30	
Cribbage	10:00
Woodcarvers	10:00
Coffee & Conversation	1:00
Yoga & Strength	6:00

31	
Open Play	8:00
Brain & Body	9:00
Happy Feet	9:00
Over 50 & Fit	9:00
Computer Group	10:00
Strength & Balance	11:00
Art Studio	1:00
Parking Lot Bingo	1:00

Interest Groups

Interest groups are coordinated and led by seniors in the community. All groups meet at the Minnetonka Community Center, unless noted otherwise. There are more than 30 different interest groups. **Annual Registration Required.**

Advisory Board

2nd Tuesday, 10 a.m.

Advises and recommends goals, policies and objectives to Minnetonka Senior Services and Minnetonka City Council.

A.A./Al-Anon

Wednesdays, 10:30 a.m.

AA supports those who may have alcohol addiction. Al-Anon supports friends and family members of those with alcohol addiction. All ages welcome.

Art Studio

Mondays, 9 a.m.-noon

Fridays, 1-4 p.m.

Informal drop in and create! This group

welcomes artists of all abilities. Participants socialize while working independently. New members welcome!



Bike Club

April- October with various start times. Visit us on our blog to see what rides we have been up to! mtkabikerphotos.blogspot.com

Bingo

Tuesdays, 12:40 p.m.

Enjoy a fun game of Bingo with a friendly social group! Cards are a nickel each per game.



Bird Club

1st Friday, 10:30 a.m.

Meet once a month Sept. - May and enjoy a variety of bird topics throughout the year.

Cost is \$20/year.

>>Topic: **Minnesota Prairie Birds with Gerry Hoekstra**



Book Club

3rd Thursday, 1 p.m.

Each month we read a new book and discuss.

This month's book:

>>**The Sentence by Louise Erdrich**

Bucket List Book Club

4th Friday, 1 p.m.

Start to check off some of your bucket list books. Each month we read a new book and discuss. This month's book:

>>**The Return by Hisham Matar**

Bulls and Bears Investment Club

2nd & 4th Tuesdays, 1 p.m.

Do you know the difference between bull and bear markets? Study different investment trends and learn how to navigate the markets.



Bunco

2nd & 4th Thursdays, 1 p.m. Drop in and play

the fun game of bunco. No experience? No problem! We'll teach you.

Caregiver Conversations

2nd Thursday, 10 a.m.

Explore the challenges, rewards and resources in navigating the care giving journey.

Chorale

Wednesdays, 10:15 a.m.

Do you love to sing? The Chorale sings in a 4 part harmony and performs throughout the year. The Chorale is an ensemble of the Music Association of Minnetonka.

Computer Group

Fridays, 10 a.m.

Join this social group as we discuss trends and learn new skills. Visit mscig.wordpress.com to learn more!

Crafting for a Cause

2nd Friday, 9 a.m.

Craft items for local nonprofits! New members are always welcome.

Cribbage

Thursdays, 10 a.m.

Come join us! Bring a cribbage board and a deck of cards.

Cribbage - Evenings (NEW!)

3rd Thursdays, 6:30 p.m.

Come join us once a month for a game of cribbage in the evening! Bring a cribbage board and a deck of cards.

Dominos

1st & 3rd Thursdays, 1 p.m. Never played? We'll teach you. Please join us

Program Spotlight

Presentation

Bees & Honey

>> W/ Westwood Hills Nature Center



Monday, May 20th

1:00 - 2:00 p.m.

\$4.00

Education

Presidential Series: Vice Presidents

>> W/ Phil Kibort



Wednesday, May 29th

10:30 - 11:45 a.m.

\$3.00

Fitness

Pilates Matwork - Intermediate

>> W/ Lesley Koehnen



Tuesdays, May 7 - 28

8:10 - 9:10 a.m.

\$36.00

Al & Alma's Boat Cruises

Mondays, 11:30 a.m. - 1:00 p.m.

June 17		July 29
June 24		Aug. 5
July 22		Aug. 12

Registration Opens May 1st at 8 a.m.

\$25 Each

Garden Club

2nd Monday, 1 p.m.

Do you love to garden? Join us for monthly gardening topics and field trips.

>>Topic: **Bee Lawns with Russ Henry from Minnehaha Falls Landscaping**



Genealogy Club

1st Thursday, 10 a.m.

Exciting topics each month. Speakers present throughout the year. Join fellow enthusiasts at any point of your genealogical journey.



Ham Radio

2nd Monday, 10 a.m.

Join us for some amateur radio discussion, share of knowledge and practice.



Hand, Foot, and Toe

Mondays, 1 p.m.

Players must have a basic knowledge of Hand & Foot- we'll teach the Toe!

Mahjongg

Wednesdays, 10 a.m.

Join in the fun with fellow players of mahjongg. Please bring your own set.



Men's Discussion Group

Mondays, 8:30 a.m.

Join us for coffee and conversations in this new weekly men's discussion group. Meet and connect with new people while discussing a variety of informal topics.

Open Play

2nd and 4th Tuesdays, 10 a.m.

Come play any game of your choice! Enjoy a game of 500, Scrabble, Canasta, or any small group games that you bring.

Pickleball Open Play

Indoor at Williston. For more information call: 952-939-8341. To join the email list, email Boris at Bgonikman@minnetonkamn.gov

Pinochle (NEW!)

2nd & 4th Fridays, 1 p.m.

Join us for a good game of double deck pinochle. One game takes three hours to play. Find rules and scoring guides on worldofcardgames.com

Poker

1st & 3rd Tuesday, 10 a.m.

Join us for a good game of poker! Play a variety of games.



Single Mingle Group

Looking for new friends and fun? Join us for outings or other fun activities in this group for singles. **May Meetings: May 8th at 10 a.m. -Cafe Anna Lisa at the Marsh, May 14th at 4 p.m. - Happy Hour at Spasso, and May 23rd at 6 p.m. - Beach Bonfire and Concert at East Medicine Lake Park**

Shutterbugs

3rd Tuesday, 10 a.m.

This group focuses on a different topic each month and is open for the novice photographer and professionals. Photos taken by members that are Minnetonka residents can be purchased at The Landing Shop.

Social Bridge

Wednesdays, 12:45 p.m.

1st, 2nd and 3rd place prizes are awarded. No partners are needed and new members are always welcome. Join in the fun as your schedule allows.



Tale Spinners

1st & 3rd Tuesdays, 1 p.m.

This is a casual group of writers who work together to improve their skills, provide motivation and ideas, critique and offer feedback; all to achieve individual writing goals. Whether you are a poet, short story writer, essayist, novelist, or recording family anecdote and histories; please come by and bring your words to life!



Women's Discussion Group

3rd Friday, 10 a.m.

Discuss different topics each month with other senior women.

Woodcarvers

Thursdays, 10 a.m.

Socialize, share ideas and work independently. All abilities are welcome, including beginners! The first Thursday of the month is show and tell. Come join the fun!



500 Cards

Wednesdays, 6:30 p.m.

Join in the fun, new members are always welcome!



Senior Services

Blood Pressure Screenings:

2nd Wednesday and 3rd Friday of the month, 9:30-11:30 a.m.

Foot Care Clinic:

Fridays - for appointments and fees please call Happy Feet at their **NEW Phone Number: 763-346-3390.**

Household and Outside Maintenance for Elderly (H.O.M.E.):

Get help with household chores. Call Senior Community Services at 952-746-4046 for more information.

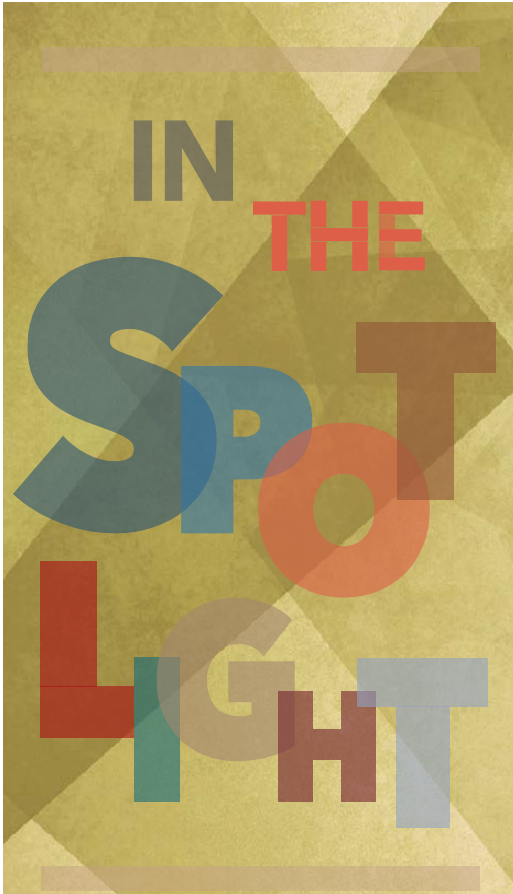
Medicare Counseling:

Discuss Medicare, supplemental insurance, Part D coverage, billing issues, resources and more. Call the Senior Linkage Line at 1-800-333-2433 for an appointment.

Senior Outreach:

Housing, community resources, and one-on-one counseling. By appointment only on the second and fourth Tuesday of the month, 1-3 p.m. Please call 952-939-8393 for an appointment.

Transit Link: Transportation from your home to events. Call 651-602-5465 for fees and schedule.



**Special Interest Group:
Garden Club**

2nd Monday, 1 p.m.



April Showers bring May Flowers! Join this fun group for monthly gardening topics and field trips. This month, we will be joined by Russ Henry, from Minnehaha Falls Landscaping. He will talk about “Bee Lawns” - why they are important and how transitioning to one isn’t as hard as you might think!

AROUND TOWN

Silver Skates Ice Revue

Minnetonka Ice Arena - 3401 Williston Road

Thursday, May 2nd or Friday, May 3rd at 6:30 p.m., or Saturday, May 4th at 2 p.m.
Join us for the 49th annual Silver Skates Ice Revue! Advanced Tickets are \$7 or \$10 at the door. Seniors can attend the Saturday performance for FREE - Call 952-939-8310



The Marsh Anniversary Celebration

The Marsh - 15000 Minnetonka Blvd.

Saturday, May 4th, 9 a.m. - 1 p.m.
Join us to celebrate the one-year anniversary of the city’s operation of The Marsh! We will have a Pop Up Market, Cafe Ana Lisa, Self-Guided Tours and More!



Reuse Swap Event

Minnetonka Community Center - 14600 Minnetonka Blvd.

Saturday, May 11th, 10 a.m. - 1 p.m.
Exchange gently used clothing and shoes! If you have items you’d like to donate, visit minnetonkamn.gov/swapsignup

Mountain Bike Opener

Lone Lake Community Park Reserve - 5624 Shady Oak Rd.

Saturday, May 18th, 10 a.m. - 1 p.m.
Join the City of Minnetonka and the Minnesota Off-Road Cyclists for a day of bike fun! Event includes vendors, mount bike demos, group rides and clinics.



The Landing Shop

11280 Wayzata Blvd. | 763-591-4868 | Open Thurs.-Sat. Noon-5:00 p.m.

Browse and buy handmade items crafted by Minnetonka residents ages 55 and older.