

| Monday                   |       | Tuesday                 |       | Wednesday  |       | Thursday                |           | Friday                   |       |
|--------------------------|-------|-------------------------|-------|--|-------|-------------------------|-----------|--------------------------|-------|
| <b>3</b>                 |       | <b>4</b>                |       | <b>5</b>   |       | <b>6</b>                |           | <b>7</b>                 |       |
| Men's Discussion         | 8:30  | Pilates Matwork         | 8:10  | Over 50 & Fit  | 9:00  | Woodcarvers             | 9:00      | Open Play                | 8:00  |
| Art Studio               | 9:00  | Defensive Driving       | 9:00  | Mahjongg   | 9:00  | Cribbage                | 10:00     | Brain & Body             | 9:00  |
| Over 50 & Fit            | 9:00  | Poker                   | 9:00  | AA/AI-Anon   | 10:30 | Genealogy               | 10:00     | Happy Feet               | 9:00  |
| Open Play                | 10:45 | Canasta                 | 10:00 | Social Bridge  | 12:00 | Dominos                 | 1:00      | Over 50 & Fit            | 9:00  |
| Medicare Counseling      | 11:30 | Fun with Watercolor     | 10:00 | Veteran's Fishing  | 1:00  | Line Dancing            | 1:00/2:00 | Blood Pressure           | 9:30  |
| Hand, Foot, & Toe        | 1:00  | Wildflowers             | 10:00 | Pilates Matwork  | 2:15  | Yoga & Strength         | 6:00      | Computer Group           | 10:00 |
| SCS Technology           | 1:00  | Memory Cafe             | 11:00 | Slow Flow  | 6:00  |                         |           | Strength & Balance       | 11:00 |
| Dinner & Movie           | 5:30  | Bingo                   | 12:30 | 500 Cards  | 6:30  |                         |           | Art Studio               | 1:00  |
|                          |       | Tale Spinners           | 1:00  |  |       |                         |           |                          |       |
| <b>10</b>                |       | <b>11</b>               |       | <b>12</b>  |       | <b>13</b>               |           | <b>14</b>                |       |
| Black Hills Trip Departs | 7:00  | Open Play               | 8:00  | Drawing Fundamentals   | 9:00  | Woodcarvers             | 9:00      | Brain & Body             | 9:00  |
| Men's Discussion         | 8:30  | Pilates Matwork         | 8:10  | Mahjongg   | 9:00  | Chair Yoga              | 9:45      | Happy Feet               | 9:00  |
| Art Studio               | 9:00  | Most Important Exercise | 9:30  | Over 50 & Fit  | 9:00  | Caregiver Conversations | 10:00     | Over 50 & Fit            | 9:00  |
| Over 50 & Fit            | 9:00  | Chair Yoga              | 9:45  | Blood Pressure   | 9:30  | Cribbage                | 10:00     | Crafting for a Cause     | 9:30  |
| Ham Radio                | 10:00 | Advisory Board          | 10:00 | AA/AI-Anon   | 10:30 | Intermediate Yoga       | 11:00     | Computer Group           | 10:00 |
| T'ai Chi Chih Practice   | 10:00 | Canasta                 | 10:00 | Social Bridge  | 12:00 | Bunco                   | 1:00      | Strength & Balance       | 11:00 |
| Open Play                | 10:45 | Intermediate Yoga       | 11:00 | T'ai Chi Chih Workshop   | 12:30 | Cougars                 | 1:00      | Art Studio               | 1:00  |
| Garden Club              | 1:00  | Bingo                   | 12:30 | SCS Technology   | 1:00  | Line Dancing            | 1:00/2:00 | Pinochle                 | 1:00  |
| Hand, Foot, & Toe        | 1:00  | Bulls & Bears           | 1:00  | Pilates Matwork  | 2:15  |                         |           | Singles Group            | 4:30  |
|                          |       |                         |       | 500 Cards  | 6:30  |                         |           | Black Hills Trip Returns | 7:00  |
| <b>17</b>                |       | <b>18</b>               |       | <b>19</b>  |       | <b>20</b>               |           | <b>21</b>                |       |
| Men's Discussion         | 8:30  | Pilates Matwork         | 8:10  | <b>CLOSED</b><br>8 a.m.—4:30 p.m.  |       | Canoe Minnehaha         | 9:00      | Brain & Body             | 9:00  |
| Art Studio               | 9:00  | Poker                   | 9:00  |  |       | Defensive Driving       | 9:00      | Happy Feet               | 9:00  |
| Over 50 & Fit            | 9:00  | Chair Yoga              | 9:45  |  |       | Woodcarvers             | 9:00      | Over 50 & Fit            | 9:00  |
| T'ai Chi Chih Practice   | 10:00 | Canasta                 | 10:00 |  |       | Chair Yoga              | 9:45      | Blood Pressure           | 9:30  |
| Open Play                | 10:45 | Fun with Watercolor     | 10:00 |  |       | Cribbage                | 10:00     | Computer Group           | 10:00 |
| AI & Alma's              | 11:30 | Shutterbugs             | 10:00 |  |       | Intermediate Yoga       | 11:00     | Strength & Balance       | 11:00 |
| Medicare Counseling      | 11:30 | Intermediate Yoga       | 11:00 |  |       | Book Club               | 1:00      | Art Studio               | 1:00  |
| Hand, Foot, & Toe        | 1:00  | Memory Cafe             | 11:00 |  |       | Dominos                 | 1:00      |                          |       |
| SCS Technology           | 1:00  | Bingo                   | 12:30 |  |       | Line Dancing            | 1:00/2:00 |                          |       |
|                          |       | Coffee & Conversations  | 1:00  | Slow Flow  | 6:00  | Cribbage at Night       | 6:00      |                          |       |
|                          |       | Tale Spinners           | 1:00  | 500 Cards  | 6:30  | Yoga & Strength         | 6:00      |                          |       |
| <b>24</b>                |       | <b>25</b>               |       | <b>26</b>  |       | <b>27</b>               |           | <b>28</b>                |       |
| Men's Discussion         | 8:30  | Open Play               | 8:00  | Day Trip: Brainerd Lakes   | 8:30  | Woodcarvers             | 9:00      | Open Play                | 8:00  |
| Art Studio               | 9:00  | Pilates Matwork         | 8:10  | Mahjongg   | 9:00  | Chair Yoga              | 9:45      | Happy Feet               | 9:00  |
| Over 50 & Fit            | 9:00  | Chair Yoga              | 9:45  | Over 50 & Fit  | 9:00  | Cribbage                | 10:00     | Over 50 & Fit            | 9:00  |
| T'ai Chi Chih Practice   | 10:00 | Fun with Watercolor     | 10:00 | AA/AI-Anon   | 10:30 | Veteran's Fishing       | 10:00     | Computer Group           | 10:00 |
| Fire Safety              | 10:30 | Intermediate Yoga       | 11:00 | Presidential Series  | 10:30 | Intermediate Yoga       | 11:00     | Nibbles & Knowledge      | 11:00 |
| Open Play                | 10:45 | Lunch & Movie           | 12:00 | Social Bridge  | 12:00 | Bomb Pops & Bag Toss    | 1:00      | Strength & Balance       | 11:00 |
| AI & Alma's              | 11:30 | Bingo                   | 12:30 | T'ai Chi Chih Workshop   | 12:30 | Bunco                   | 1:00      | Art Studio               | 1:00  |
| Hand, Foot, & Toe        | 1:00  | Bulls & Bears           | 1:00  | SCS Technology   | 1:00  | Line Dancing            | 1:00/2:00 | Pinochle                 | 1:00  |
|                          |       |                         |       | Pilates Matwork  | 2:15  | Yoga & Strength         | 6:00      |                          |       |
|                          |       |                         |       | Slow Flow  | 6:00  |                         |           |                          |       |
|                          |       |                         |       | 500 Cards  | 6:30  |                         |           |                          |       |



# CITY OF MINNETONKA

## SENIOR SERVICES

## Interest Groups

Interest groups are coordinated and led by seniors in the community. All groups meet at the Minnetonka Community Center, unless noted otherwise. There are more than 30 different interest groups. **Annual Registration Required.**

### Advisory Board

2nd Tuesday, 10 a.m.

Advises and recommends goals, policies and objectives to Minnetonka Senior Services and Minnetonka City Council.

### A.A./Al-Anon

Wednesdays, 10:30 a.m.

AA supports those who may have alcohol addiction. Al-Anon supports friends and family members of those with alcohol addiction. All ages welcome.

### Art Studio

Mondays, 9 a.m.-noon

Fridays, 1-4 p.m.

Informal drop in and create! This group

welcomes artists of all abilities. Participants socialize while working independently. New members welcome!



### Bike Club

April- October with various start times. Visit us on our blog to see what rides we have been up to! [mtkabikerphotos.blogspot.com](http://mtkabikerphotos.blogspot.com)

### Bingo

Tuesdays, 12:30 p.m.

Enjoy a fun game of Bingo with a friendly social group! Cards are a nickel each per game.



### Bird Club

1st Friday, 10:30 a.m.

(Sept. - May)

Meet once a month and enjoy a variety of bird topics throughout the year. Cost is \$20/year.



### Book Club

3rd Thursday, 1 p.m.

Each month we read a new book and discuss. This month's book:

>>*Olga Dies Dreaming*

by Xochitl Gonzalez

### Bucket List Book Club

4th Friday, 1 p.m. (Sept. - May)

Start to check off some of your bucket list books. Each month we read a new book and discuss.

### Bulls and Bears Investment Club

2nd & 4th Tuesdays, 1 p.m.

Do you know the difference between bull and bear markets? Study different investment trends and learn how to navigate the markets.

### Bunco

2nd & 4th Thursdays, 1 p.m.

Drop in and play the fun game of bunco.

No experience? No problem!

We'll teach you.

### Caregiver Conversations

2nd Thursday, 10 a.m.

Explore the challenges, rewards and resources in navigating the care giving journey.

### Chorale

Wednesdays, 10:15 a.m. (Sept. - May)

Do you love to sing? The Chorale sings in a 4 part harmony and performs throughout the year. The Chorale is an ensemble of the Music Association of Minnetonka.

### Computer Group

Fridays, 10 a.m.

Join this social group as we discuss trends and learn new skills. Visit [mscig.wordpress.com](http://mscig.wordpress.com) to learn more!

### Crafting for a Cause

2nd Friday, 9:30 a.m.

Craft items for local nonprofits! New members are always welcome.

### Cribbage

Thursdays, 10 a.m.

Come join us! Bring a cribbage board and a deck of cards.

### Cribbage At Night

3rd Thursdays, 6:00 p.m.

Come join us once a month for a game of cribbage in the evening!

### Dominos

1st & 3rd Thursdays, 1 p.m. Never played?

We'll teach you. Please join us.

## Program Spotlight

### Presentation

#### Going to Work: The New Deal in Minnesota

>> W/ Doug Ohman



Friday, June 28

11:00 a.m. - 12:00 p.m.

\$8.00

### Education

#### Fire Safety For Grandparents & Grandchildren

>> W/ Minnetonka Fire



Monday, June 24

10:30 a.m. - 11:30 a.m.

FREE

### Fitness

#### Line Dancing I & II

>> W/ Kerry Maus



Thursdays, June 6-27

1:00 for II or 2:00 for I

\$36.00

### Event

#### Bomb Pops & Bag Toss!



Thursday, June 27

1:00 -2:00 p.m.

\$2.00

## Garden Club

2nd Monday, 1 p.m.

Do you love to garden? Join us for monthly gardening topics and field trips.

>>Topic: **Adding Art & Whimsy in the Garden**



## Genealogy Club

1st Thursday, 10 a.m.

Exciting topics each month. Speakers present throughout the year. Join fellow enthusiasts at any point of your genealogical journey.



## Ham Radio

2nd Monday, 10 a.m.

Join us for some amateur radio discussion, share of knowledge and practice. Look to "Minnetonka MN Radio Club" Facebook Page for Updates!

## Hand, Foot, and Toe

Mondays, 1 p.m.

Players must have a basic knowledge of Hand & Foot- we'll teach the Toe!

## Mahjongg

Wednesdays, 9 a.m.

Join in the fun with fellow players of mahjongg. Please bring your own set.



## Men's Discussion Group

Mondays, 8:30 a.m.

Join us for coffee and conversations in this new weekly men's discussion group. Meet and connect with new people while discussing a variety of informal topics.

## Open Play

2nd and 4th Tuesdays, 10 a.m.

Come play any game of your choice! Enjoy a game of 500, Scrabble, Canasta, or any small group games that you bring.

## Pickleball Open Play

Indoor at Williston. For more information call: 952-939-8341. To join the email list, email Boris at Bgonikman@minnetonkamn.gov

## Pinochle

1st & 3rd Fridays, 1 p.m.

Join us for a good game of pinochle. One game takes three hours to play.

## Poker

1st & 3rd Tuesday, 10 a.m.

Join us for a good game of poker! Play a variety of games.



## Single Mingle Group

Looking for new friends and fun? Join us for outings or other fun activities in this group for singles. **June Meetings: See the spotlight on the back!**

## Shutterbugs

3rd Tuesday, 10 a.m.

This group focuses on a different topic each month and is open for the novice photographer and professionals. Photos taken by members that are Minnetonka residents can be purchased at The Landing Shop.

## Social Bridge

Wednesdays, 12:00 p.m.

1st, 2nd and 3rd place prizes are awarded. No partners are needed and new members are always welcome. Join in the fun as your schedule allows.



## Tale Spinners

1st & 3rd Tuesdays, 1 p.m.

This is a casual group of writers who work together to improve their skills, provide motivation and ideas, critique and offer feedback; all to achieve individual writing goals.



Whether you are a poet, short story writer, essayist, novelist, or recording family anecdote and histories; please come by and bring your words to life!

## Women's Discussion Group

3rd Friday, 10 a.m.

Discuss different topics each month with other senior women.

## Woodcarvers

Thursdays, 9 a.m.

Socialize, share ideas and work independently. All abilities are welcome, including beginners! The first Thursday of the month is show and tell. Come join the fun!



## 500 Cards

Wednesdays, 6:30 p.m.

Join in the fun, new members are always welcome!



## Senior Services

### Blood Pressure Screenings:

2nd Wednesday and 1st & 3rd Friday of the month, 9:30-11:30 a.m.

### Foot Care Clinic:

Fridays - for appointments and fees please call Happy Feet at their **NEW Phone Number: 763-346-3390.**

### Household and Outside Maintenance for Elderly (H.O.M.E.):

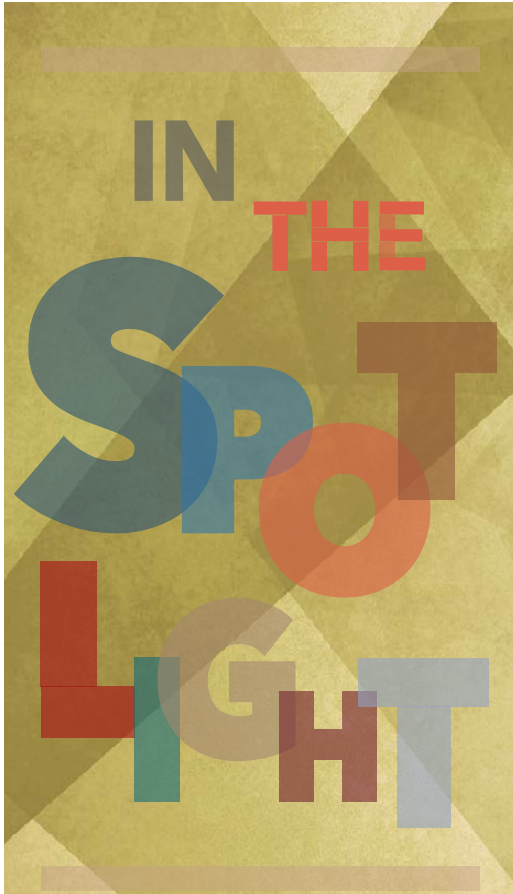
Get help with household chores. Call Senior Community Services at 952-746-4046 for more information.

### Medicare Counseling:

Do you have questions about Medicare, Supplement/Medigap, and Advantage plans? We provide Medicare Counseling to those who currently have medicare, are new to Medicare, or are planning for the future. Call the Senior Linkage Line at 1-800-333-2433 for an appointment.

**Senior Outreach:** Get help with age related concerns and learn about trusted resources in the areas of housing, transportation, legal, medical, etc. Contact Sara Roberts with Senior Community Services at 612-868-6720.

**Transit Link:** Transportation from your home to events. Call 651-602-5465 for fees and schedule.



## Special Interest Group: Single Mingle Group

Various Dates & Times (Posted Monthly)



Want to get out and have some fun with others? Join us for regular monthly outings and activities in this lively group for singles!

### June Schedule:

- Tues, June 4, 10 a.m., Big Stone Mini Golfing
- Fri, June 14, 4:30 p.m., American Legion Hopkins
- Mon, June 17, 4 p.m., Pot Luck Picnic at Lone Lake
- Thurs, June 27, 4 p.m. Happy Hour at Thirsty Bales

\*Also, be sure to register and join us on the Al & Alma's Boat Cruise on August 5th!

AROUND TOWN

### Special Community Drop-off Day

**Public Works Facility, 11522 Minnetonka Blvd.**

Saturday, June 1st, 8:00 a.m. - 3:00 p.m.

For a small fee, dispose of unwanted household junk including scrap metal, appliances, mattresses and more.

### Summer Sing-A-Long

**Minnetonka Community Center, 14600 Minnetonka Blvd.**

Wednesday, June 5th, 11:00 a.m. - 12:00 p.m.

Free and Open to all who love to sing! Lyrics will be projected on screen and be directed by Michelle Gehrz from Music Association of Minnetonka.

### Farmers Market

**Ridgedale Commons, 12590 Ridgedale Drive**

Every Tuesday, 2:00 p.m. - 6:00 p.m.

Find locally produced groceries, farm products and handmade crafts! Plus live music, community booths and activities.

### Entertainment In The Park

**Civic Center Park, 14600 Minnetonka Blvd.**

Tuesday, June 25th, 6:30 p.m. - 8:00 p.m.

Enjoy Music by Brio Brass (pop, funky rock, show tunes) Bring a blanket or chair!

### SummerFest

**Civic Center Park, 14600 Minnetonka Blvd.**

Saturday, June 22nd, 4:00 p.m. - 10:30 p.m.

Fun for all at the Annual SummerFest! With activities, entertainment and fireworks!

