

DAY TRIPS

Winona & Mississippi River Cruise

This lovely road trip takes you down to Winona. First, we will make a comfort stop in Lake City along the shores of the Lake Pepin. Then head to Signatures Restaurant at The Bridges Golf Club for soup and build your own salad and sandwich. Afterward, it's time to head out with Winona Tour Boats. Your captain will not only entertain, but educate with insights and stories about the famed waterway as well as the wide variety of wildlife that calls the area home. Fee includes coach bus transportation, lunch, boat ride and trip leader for the day. Register by: July 22 (or until full)

Day	Date	Time	Cost	Course
Th	Aug. 22	8:30 a.m.-6 p.m.	\$92	3110111-01

Veterans: Pontoon Ride on Lake Minnetonka

Thank you Veterans for your service! Enjoy a 90-minute pleasure cruise with Veterans only on beautiful Lake Minnetonka. You'll be on a pontoon courtesy of Chaska Area Fishing with Friends; a non-profit providing meaningful and enjoyable fishing opportunities and boat tours. Meet at Howards Point Marina. Transportation to the marina is not provided. Only 10 spots available for each trip.



Date	Time	Cost	Course
M	Aug. 12	10-11:30 a.m.	FREE 3180425-01
Tu	Sept. 10	10-11:30 a.m.	FREE 3180425-02

Trolley Tour of Rochester

Delve into the history and growth of Rochester as you tour the city via trolley. High points include the arts center, library, Mayo Hospital and more. Lunch at Victoria's Ristorante Downtown. Then tour the Plummer House, home of Henry S. Plummer, member of the Mayo Clinic staff starting in 1901. After the tour, walk through the gardens before heading back to Minnetonka. Fee includes coach bus transportation, lunch, and trip leader for the day. Register by: July 12 (or until full)

Lunch (choose at sign up) Baked mostaccioli, walleye sandwich or grilled chicken honey mustard salad.

Day	Date	Time	Cost	Course
W	Aug. 14	8 a.m.-6 p.m.	\$92	3110110-01

Parking Lot Bingo

You keep coming so we keep playing! Play eight games of Bingo from the comfort of your car while you listen to the games called on the radio. If you win, honk your horn and we'll bring you a prize!

Day	Date	Time	Cost	Course
Th	July 25	10:30-11:30 a.m.	FREE	3191113-02

CLASSIC 4th Annual Car Show



Vintage, antique, classic or muscle, come enjoy a wide array of cars in tip top shape in the Ice Arena B Parking Lot. Enjoy live music from The OutCats Band and root beer floats. The fun is all free, but registration is required. Sponsored by: Avidor Minnetonka.

Wednesday, Aug. 21
10 a.m.-noon
Ice Arena B Parking Lot
Course 3180422-01

Do you have
a car you'd like
to show?
Call us at
952-939-8393.

Minnetonka Community Center

CLOSED ✓ **Thursday, July 4**

Snacks & Movie

Movie: Unfrosted

A comedy about the battle to re-invent breakfast between Kellogg's and Post. Written by Jerry Seinfeld; stars Jerry Seinfeld and a host of other familiar faces! Runs: 1hr33m. We'll have snacks and refreshments during the movie. Register by July 10 (or until full) Sponsored by: Amira Choice

Day	Date	Time	Cost	Course
W	July 10	10:30 a.m.	\$5	3100205-01

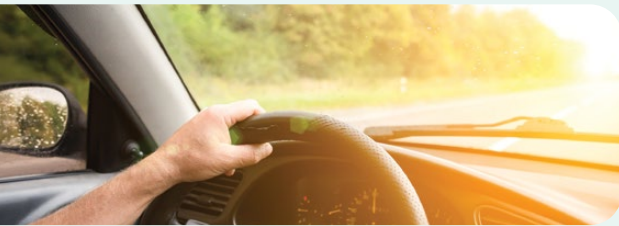
Lunch & Movie

Movie: The Miracle Club

Based on the writer's memories of growing up in Ireland; starring Laura Linney, Maggie Smith and Kathy Bates. The women of Ballygar have one dream; to win a pilgrimage to the sacred French town of Lourdes. Runs: 1hr30m Register by: July 18 (or until full) Sponsored by: RidgePointe

Lunch: Chicken Caesar salad, baked potato, roll & dessert

Day	Date	Time	Cost	Course
Tu	July 23	Noon-3 p.m.	\$8	3100206-01



Defensive Driving

Drivers 55 and older can save 10% on car insurance after taking a 4-hour defensive driving course at the community center. A new state law now allows first timers to take the 4-hour class. The 8-hour initial class is no longer required. This is a great refresher for your driving skills, topics include roundabouts, gadgets in newer vehicles, plus how bad weather and prescription medications affect driving.

Class dates are below. Registration is through the Minnesota Highway Safety Center. Cost is \$24. Call 1-888-234-1294 or register online at driverdiscountprogram.com

Day classes 9 a.m.-1 p.m.	Night classes 5:30-9:30 p.m.
July 9	July 22
Aug 6	Sept. 9
Aug. 15	Sept. 24
Aug. 27	
Sept. 5	

PRESENTATIONS



Coffee & Conversation

Electric Vehicles

They're becoming more and more popular. Is it the right move for you? So many different types and what about charging those things? How and where? All the details from our city sustainability team.

Day	Date	Time	Cost	Course
Tu	July 9	1-2 p.m.	FREE	3180202-03



Paris

The Summer Olympics are about to begin in Paris. Former history teacher and now traveler, Bill Jepson gives us a tour through his travels.

Day	Date	Time	Cost	Course
M	July 15	1-2 p.m.	\$4	3180203-01

Changing Your Mindset: 3 Good Things

Bad news shouts. Good news whispers. Let's start to shift our mindset to improve our overall health. Sponsored by: Care Builders at Home.



Day	Date	Time	Cost	Course
Tu	July 16	9:30-10:30 a.m.	FREE	3180414-01



Insects

Westwood Hills Nature Center discusses the features that separate different insect groups, such as the differences between bees and wasps or butterflies and moths. Plus, learn some interesting facts about common Minnesota insects.

Day	Date	Time	Cost	Course
F	July 19	10:30-11:30 a.m.	\$4	3181005-01

Traveling Naturalist: Eagles

With nests as big as small bedrooms and acrobatic aerial courtships, our national bird is impressive beyond the white head and large size. As an educator with a National Wildlife Refuge in Alaska and Co-Director of the Audubon Center of the North Woods, Melonie Shipman gained an extensive education and experience in bald eagle behaviors and lifestyles. With a bounty of photos and personal accounts you'll see bald eagles with new eyes.

Day	Date	Time	Cost	Course
Th	Aug. 15	10:30-11:30 a.m.	\$5	3181002-01



Hot Dog Diplomacy

"President Franklin D. Roosevelt" recounts a historic visit by King George VI & Queen Elizabeth in 1939. This presentation explores how crucial the visit was to the world as it helped pave the way for our country's entry into WWII. The overnight stay at FDR's home and a hot dog picnic for the monarchs was the culmination of the visit that changed history. Presenter: Gary Stamm

Day	Date	Time	Cost	Course
W	July 31	1-2 p.m.	\$5	3180408-01

Nibbles & Knowledge

Photographer and storyteller Doug Ohman has been documenting Minnesota's people, places and things for years by traveling across the state. Maybe you've seen his popular LANDMARKS shows on PBS or his Minnesota Byways book series. Now Ohman is presenting at the community center on our state history. Light snacks and refreshments will be provided.

Minnesota's Rich Agricultural Heritage

Day	Date	Time	Cost	Course
Th	Aug. 22	10:30-11:30 a.m.	\$8	3180205-01



Computer Basics I for Windows

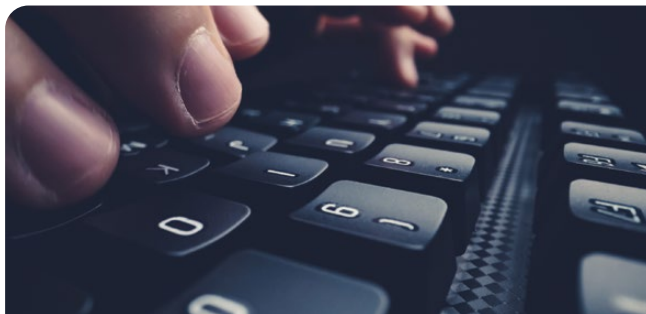
Take this easy and fun introduction into the world of computers with instructor Abbey Key. Over two days, learn how to navigate your windows-based laptop/computer, including creating Word documents, emailing, sending and receiving photos and browsing the web, security and more.

Day	Date	Time	Cost	Course
Th & F	July 11 & 12	9:30-11:30 a.m.	\$20	3180603-01

Computer Basics II for Windows

Ready to move on? Abbey takes you into the Cloud, how to navigate online banking, transferring, filing and sharing photos, getting digital books from the library and more!

Day	Date	Time	Cost	Course
Th & F	July 18 & 19	9:30-11:30 a.m.	\$20	3180604-01



SERVICES

Blood Pressure Checks: Retired nurses volunteer to do these free checks on the 1st & 3rd Fridays of the month and 2nd Wednesday from 9:30-10:30 a.m.

Medicare Counseling: Retiring soon? Questions about current plan



coverage? The Senior Linkage Line has trained counselors who aren't affiliated with any insurance company and will help find answers, along with the best plan for you. Call 1-800-333-2433 to schedule a free, 1 on 1 appointment.



What is Senior Community Services (SCS)? SCS exists to empower older adults as they age. We work closely with this longtime, Minnetonka non-profit. SCS programs are designed to keep you in the home you love as long as possible. Through SCS' Household & Outdoor Maintenance Program, Outreach and Caregiver Services, & Technology Education, Connection & Help Program, SCS brings the help to you.

Senior Outreach and Caregiver Services:

Talk with a licensed social worker about age related concerns & learn about trusted resources in the areas of home help, transportation, legal, medical, housing, etc. Call Sara Roberts at 612-868-6720 or email s.roberts@seniorcommunity.org and she can help get you connected.



SENIOR
COMMUNITY
SERVICES

Starting in July, Sara will be at the community center on the third Wednesday of every month from 10 a.m.-Noon. Stop in with your questions and say hello to Sara!

Technology Education, Connection & Help (TECH) One on One Appointments: Free, 50-minute appointment at the community center to help with smart phones, laptops or tablets. Registration required. Call 952-939-8393 to schedule. This free service is offered through a grant from Hennepin County.

HOME (Household & Outdoor Maintenance) Program: If you are 60+ and want to stay in your home, but need help with some things you used to be able to do yourself; call the HOME Program. These include handyman tasks like repairing or replacing outlets, faucet & toilet repair, small painting projects, help with housekeeping such as laundry, dishes & vacuuming, and outside jobs such as lawn mowing and snow removal. 952-746-4046.

SCS is also in need of volunteers and donations to help keep all these programs running! Learn more at seniorcommunity.org or call 952-541-1019

SPECIAL INTEREST GROUPS



Bulls & Bears Investment

Have questions about the market? What to invest in? 2nd & 4th Tuesday 1-3 p.m.



Ham Radio Club

Follow Facebook group "Minnetonka MN Radio Club". 2nd Monday of the month 10 a.m.-noon. Meet at Meadow Park during the summer.



Poker

1st & 3rd Tuesday from 9:30 a.m.-noon



Single Mingle Group

Several fun activities scheduled for July & August. Pick up a flyer or call to have one emailed to you.

Registration required for all programs.*



14600 Minnetonka Blvd.
Minnetonka, MN 55345



minnetonkamn.gov/register



952-939-8393

Office Hours

Monday-Friday
8 a.m.-4:30 p.m.

Mission

To develop and promote programs and services in our community to meet the diverse needs of those 55 and older.

Program Locations

Meet at Minnetonka Senior Services at the Minnetonka Community Center, unless otherwise noted.

Program Cancellation

Participants wishing to withdraw from a program must do so at least seven days before the start or by the advertised registration deadline to receive a refund.

Trip Cancellation

Refunds only granted prior to the registration deadline or in the event that a replacement is found.

* Programs with low enrollment will be canceled.