



SENIOR SCRIPT

Programs and services for those 55+

EVENTS

Name That Town!

It's like Name that tune – but different. You know Minnesota and Doug Ohman knows Minnesota – so let's have some fun learning about the more than 850 towns that make up this great state. Like any good game show, there are prizes. Dessert will be served.

Day	Date	Time	Cost	Course
Th	Sept. 5	6-7:30p.m.	\$10	1100303-01

Veterans: Boat Ride on Lake Minnetonka

Enjoy a 90-minute joy ride on the water with fellow Veterans courtesy of Chaska Area Fishing with Friends. Departs from Howards Point Marina. Transportation not provided.

Day	Date	Time	Cost	Course
Tu	Sept. 10	10-11:30 a.m.	FREE	3180425-02

The Sound of Music Sing Along

Join us for a magical afternoon filled with all your favorite songs like "My Favorite Things", "Climb Every Mountain" and more. Experience the timeless melodies and captivating lyrics performed live by *Tara Brueske*. Sing along, share your memories and feel like you're part of the show.

Day	Date	Time	Cost	Course
W	Sept. 18	1-2 p.m.	\$5	1180702-01

Parking Lot Bingo

It's free, it's fun and we have a blast. Listen to the games called on your radio. Get a good bingo, honk your horn, we ring the cow bells and you get a prize. Sponsored by Joyful Companions.

Day	Date	Time	Cost	Course
Th	Sept. 19	1-2 p.m.	FREE	1191113-01

SENIOR HOUSING FAIR

Minnetonka Senior Services, in coordination with the Senior Advisory Board, is hosting a Senior Housing Fair. Meet representatives from many different senior housing facilities and services in Minnetonka and surrounding communities. Stop by to learn all about the different options to live in the Minnetonka area.

Tuesday, Sept. 24
10 a.m.-noon
Minnetonka Community Center
Banquet Room

Monthly Party

This monthly lunch returns for the fall. We'll serve taco bowls, with your choice of beef or chicken and all the toppings. Sponsored by Bren Road Station. **Register by: Sept. 9 (or until full).**

Day	Date	Time	Cost	Course
Th	Sept. 12	Noon-1:30pm	\$8	1100101-01

Lunch & Movie: Kelce

Kick off football season with an all access look into the life of former NFL player Jason Kelce. A journey that goes beyond the game, as he prepares to welcome his third daughter into the world, face off against his brother in the super bowl and try to make one of the hardest decisions of his life. Documentary. Runs: 1hr43min **Register by Sept. 24 (or until full).**

Menu: Pork chops, broccoli, potatoes, applesauce and dessert.

Day	Date	Time	Cost	Course
F	Sept. 27	Noon-3p.m.	\$8	1100201-01

Minnetonka Community Center



✓ Labor Day: Monday, Sept. 2

We will be honoring Veterans in November with a photo wall. Please send in a picture of a Veteran. See the fall brochure for complete details or call the main office. Deadline for photos is Oct. 1!

Adopt a Highway

Help pick up trash along Minnetonka Blvd. between the community center and Hopkins Crossroad. Each volunteer gets a ½ mile section. We provide equipment and snacks afterward.



Day	Date	Time	Cost	Course
M	Sept. 30	1-3 p.m.	FREE	1190601-01

PRESENTATIONS



Coffee & Conversation

The Jewish Community Relations Council of Minnesota and the Dakotas presents this thought-provoking series at a time in our history when it is of utmost importance to truly live out what it means to be a community.

All presentations are from 10:30-11:45 a.m. Registration is required. Cost: \$5 each

Sept. 16: *Understanding Judaism*

Oct. 8: *The Oct. 7 Massacre*

Nov. 15: *Antisemitism*

Dec. 16: *A Living Testimony from the Holocaust*

If You Didn't Buy a Ticket, Then You Haven't Won the Lottery

Scammers take advantage of people of all ages every day and many specifically target older adults. We'll share the most common and current scams being reported to authorities and how to keep you from becoming a victim.

Day	Date	Time	Cost	Course
M	Sept. 9	10:30-11:30a.m.	FREE	1180401-01

Travelogue with the Piehs: The Faroe Islands

Submerge yourself in the pictures, videos and education of traveling the world in a way that only Barb Kern-Pieh and Steve Pieh can do. Their most recent journey is a place that has the first and only underwater roundabout in the world!

Day	Date	Time	Cost	Course
W	Sept. 11	10:30-11:30a.m.	FREE	1180205-01

Landmark Tours

Minnesota-based Landmark Tours talks about four incredible extended trips planned for 2025 and they're holding spots for Minnetonka residents.

Washington D.C. Cherry Blossoms: March 25-29

Yellowstone and the Grand Tetons: June 21-27

Historic Trains of Colorado: Sept. 9-16

Nashville Country Christmas: Dec. 10-14

Day	Date	Time	Cost	Course
F	Sept. 13	10:30-11:30 a.m.	FREE	1180201-01

JUST Facebook

How to create a Facebook account, navigate, post and search for friends. Windows laptops only; No Macs. Instructor: Abbey Key

For computers

Day	Date	Time	Cost	Course
M,Tu	Sept. 16-17	10 a.m.-noon	\$35	1180601-01

For cell phones

Day	Date	Time	Cost	Course
M,Tu	Sept. 23-24	1-3 p.m.	\$35	1180601-02

Medicare 101

Turning 65 soon? This presentation takes the mess out of Medicare.



Learn about Parts A, B, C and D, as well as supplemental plans. How to enroll, costs, eligibility, plus extra help with prescription costs. This presentation is put on by the Senior Linkage Line - the only independent agency to help you understand insurance as we age.

Day	Date	Time	Cost	Course
W	Sept. 18	10:30 a.m.-noon	FREE	1180408-01

Dementia Friends

What is normal aging and when is it time to be concerned? Plus tools to help communicate with a loved one journeying through dementia.

Day	Date	Time	Cost	Course
Th	Sept. 19	5:30-6:45 p.m.	FREE	4180705-04

Who Will Inherit the Mess?

This workshop is filled with valuable strategies on how to address critical family estate planning, taxation and probate avoidance. Learn how to appoint a guardian/conservator for any minor children, how to protect your property and why having a current will, trust, power of attorney and a health care directive is so important. Offered by Generations Legal Services.

Day	Date	Time	Cost	Course
Tu	Oct. 1	1-2:30 p.m.	\$2	1180416-01

Prohibition: A Grand Misadventure

The U.S. banned the manufacture, sale and transportation of alcohol in 1920. The country entered a period of lawlessness and corruption, unequalled in its history. As David Jones presents, instead of curing the ills of society, Prohibition is remembered for creating some of the worst possible results.

Day	Date	Time	Cost	Course
Th	Oct. 17	10:30 a.m.-noon	\$5	1180204-01

Presidential Series by Phil Kibort

Founding Fathers

Who were the other great men of our founding fathers and what you should know about them.

Day	Date	Time	Cost	Course
W	Sept. 25	10:30-11:45 a.m.	\$3	1180202-01

Presidential Trivia

Just as the name says a trivia bowl on our Presidents.

Day	Date	Time	Cost	Course
W	Oct. 23	10:30 - 11:45 a.m.	\$3	1180203-01

ART

ART GRANT FUNDED PROGRAMS

These classes are made possible by the voters of Minnesota through a grant from the Minnesota State Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund. Thank you! What does this mean? We don't have to charge as much as we normally would.



Indigo Shibori Dyeing Workshop

Learn the fascinating art of Shibori dyeing! In this workshop, explore three different Shibori resistance dyeing techniques. Kumo, Arashi Itajime. Make and take three beautiful Indigo-dyed cotton pieces. Shibori is an amazing art and science, as no two pieces are ever the same.



It is a pleasure to have Minnetonka artist and resident Connie Ortberg share her incredible talent with us for the day.

Day	Date	Time	Cost	Course
W	Sept. 11	9:30 a.m.-3:30 p.m.	\$15	1130201-01

Art with Ashley: Wood Sign Décor

Customize a 14-inch round board in a variety of ways including a paint-stain, choices of sayings and florals. A perfect piece to add to your home décor. Instructor: Ashley Clemensen



Day	Date	Time	Cost	Course
W	Sept. 25	5:30-7:30 p.m.	\$15	1130305-01

Acrylic Painting

All Levels

Create a painting you never thought you could! Each week builds on the next. Instructor Terri Berg inspires you one step at a time as you create a masterpiece. All supplies included.

Ocean View

Day	Date	Time	Cost	Course
M	Oct. 7-28	1-3 p.m.	\$25	1130301-01

Woodcarving for the Holidays

Carving instructor Tom Deveny is back to help you create two works of art over four weeks that would make great holiday gifts. Participants must have previous carving experience or have taken one of Tom's previous classes.

Day	Date	Time	Cost	Course
W	Oct. 2-23	9:30-11:30 a.m.	\$25	1130305-01

FITNESS

Tonka Trek to DQ

You scream, I scream, we all scream for a walk to Dairy Queen. We'll start at the community center, walk east on Minnetonka Blvd., stop at DQ for a treat and head back. 2.6 miles round trip. Fee covers ice cream.

Day	Date	Time	Cost	Course
W	Sept. 4	10:30am-12:30 p.m.	\$5	1190804-01

Book & Pie SALE

Tuesday, Oct. 22
11 a.m.-4 p.m.

Minnetonka Community Center Banquet Room



Donate books for the sale*
Monday, Oct. 21
9 a.m.-3 p.m.

Donations accepted one day only

Fall Nature Hike to Jidana Park

Natural Resource Expert Janet Van Sloun leads you on a two mile round-trip hike through one of Minnetonka's most beautiful areas.

Day	Date	Time	Cost	Course
Th	Sept. 26	10-11:30 a.m.	\$3	1190802-01

Tai Chi Chih

Tai Chi Chih is a series of 19 slow, gentle movements and one pose. It is a form of moving meditation with benefits for body, mind and spirit. A recent Journal of the American Medical Association study showed Tai Chi can be more effective in reducing blood pressure than other aerobic exercise. Our three fabulous instructors are all accredited in Tai Chi Chih.

Tai Chi Chih for Beginners

Participants should be able to stand and move comfortably for 45 minutes and follow group class. Instructor: Cindy Nelson

Day	Date	Time	Cost	Course
Tu	Sept. 10-Oct. 29	1-2 p.m.	\$40	1090301-01

Tai Chi Chih Practice for Advanced

For participants who have completed at least one full beginning course in Tai Chi Chih and have a basic understanding of all the movements. Instructors: Monica Campbell (Mon) Susan Sobelson (Wed)

Day	Date	Time	Cost	Course
M	Sept. 9-Oct. 21	10-11:15 a.m.	\$35	1090303-01
W	Sept. 11-Oct. 30	1-2 p.m.	\$40	1090303-03

DAY TRIPS

We have so many day trips going, we don't have nearly enough room to list them all here! Find the full list in our fall recreation brochure or call the community center main desk for details.

Mille Lacs Indian Museum	Oct. 1
Cranberry Country	Oct. 10
The Ordway: Disney's The Little Mermaid	Dec. 20

Poe: A Rock Musical

Once upon a midnight dreary comes a musical five years in the making. What makes "Poe: A Rock Musical" at the Ames Center in Bloomington amazing, is that the music is all the work of Minnetonka resident and musician, Todd Ortberg. What could be more apropos than a musical about Edgar Allan Poe leading into Halloween?

Register by: Sept. 13 (or until full).

Dinner: broasted chicken breast with lemon and garlic butter, baby red potatoes, tri-color carrots, salad and dessert.

Day	Date	Time	Cost	Course
F	Oct. 25	5:45-10:30 p.m.	\$116	1100103-01

Mystery Trip

The name of this town was pulled out of a hat; two rivers north and south. Spirits of multiple kinds on this day; as the motor coach takes you on your way. Butternut wood, 1860s, oldest in Minnesota.

Adventure awaits as you take this trip that we have planned all for ya.

Lunch: chicken salad croissant sandwich, fruit salad, vegetable, dessert, beverage. **Register by: Sept. 30 (or until full).**

Day	Date	Time	Cost	Course
W	Oct. 30	9:30 a.m.-4:30 p.m.	\$90	1110104-01

Outdoor Craft Fair!

Come see the variety of amazing things Minnetonka residents are making and ready to sell!

Saturday, Sept. 28
10 a.m.-5 p.m.

Cash, check and credit cards excepted.



11280 Wayzata Blvd.
763-591-4868

Registration required for all programs.*



14600 Minnetonka Blvd.
Minnetonka, MN 55345



minnetonkamn.gov/register



952-939-8393

Office Hours

Monday-Friday
8 a.m.-4:30 p.m.

Mission

To develop and promote programs and services in our community to meet the diverse needs of those 55 and older.

Program Locations

Meet at Minnetonka Senior Services at the Minnetonka Community Center, unless otherwise noted.

Program Cancellation

Participants wishing to withdraw from a program must do so at least seven days before the start or by the advertised registration deadline to receive a refund.

Trip Cancellation

Refunds only granted prior to the registration deadline or in the event that a replacement is found.

* Programs with low enrollment will be canceled.