


Monday **Tuesday** **Wednesday** **Thursday** **Friday**

 <p>CLOSED HAPPY LABOR DAY</p>	<p>2</p>	<p>3</p> <p>Poker 9:00 Chair Yoga 9:45 Intermediate Yoga 11:00 Bingo 12:30 Tale Spinners 1:00 Memory Café 1:30 Single Mingle Group 5:00</p>	<p>4</p> <p>Mahjongg 9:00 Over 50 & Fit 9:00 Genealogy 10:00 AA/Al-Anon 10:30 Tonka Trek to DQ 10:30 Social Bridge 12:00 Slow Flow 6:00 500 Cards 6:30</p>	<p>5</p> <p>Defensive Driving 9:00 Woodcarvers 9:00 Chair Yoga 9:45 Cribbage 10:00 Intermediate Yoga 11:00 Dominos 1:00 Line Dancing 1:00/2:00 Name That Town 6:00 Yoga & Strength 6:00</p>	<p>6</p> <p>Open Play 8:00 Brain & Body 9:00 Happy Feet 9:00 Over 50 & Fit 9:00 Blood Pressure 9:30 Computer Club 10:00 Bird Club 10:30 Strength & Balance 11:00 Art Studio 1:00 Pinochle 1:00</p>
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<p>9</p> <p>Art Studio 9:00 Men's Discussion 9:00 Over 50 & Fit 9:00 Ham Radio 10:00 T'ai Chi Chih Practice 10:00 Tech Series: Scams 10:30 Open Play 10:45 Cardio Drumming 1:00 Garden Club 1:00 Hand, Foot, & Toe 1:00 Defensive Driving 5:30</p>	<p>10</p> <p>Open Play 8:00 Pilates Matwork 8:10 Chair Yoga 9:45 Advisory Board 10:00 Veteran's Boat Tour 10:00 Intermediate Yoga 11:00 Bingo 12:30 Beginning T'ai Chi Chih 1:00 Bulls & Bears 1:00</p>	<p>11</p> <p>Mahjongg 9:00 Over 50 & Fit 9:00 Blood Pressure 9:30 Indigo Shibori Dyeing 9:30 AA/Al-Anon 10:30 Travelogue: Faroe Islands 10:30 Social Bridge 12:00 SCS Technology 1:00 T'ai Chi Chih Practice 1:00 Pilates Matwork 2:15 Single Mingle Group 6:00 Slow Flow 6:00 500 Cards 6:30</p>	<p>12</p> <p>Woodcarvers 9:00 Chair Yoga 9:45 Caregiver Conversations 10:00 Cribbage 10:00 Intermediate Yoga 11:00 Monthly Party 12:00 Bunco 1:00 Line Dancing 1:00/2:00 Yoga & Strength 6:00</p>	<p>13</p> <p>Brain & Body 9:00 Crafting for a Cause 9:00 Happy Feet 9:00 Over 50 & Fit 9:00 Computer Group 10:00 Landmark Tours 10:30 Strength & Balance 11:00 Art Studio 1:00 Pinochle 1:00</p>
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<p>16</p> <p>Art Studio 9:00 Men's Discussion 9:00 Over 50 & Fit 9:00 Facebook for Computers 10:00 T'ai Chi Chih Practice 10:00 Coffee & Conversations 10:30 Open Play 10:45 Medicare Counseling 11:30 Cardio Drumming 1:00 Hand, Foot, & Toe 1:00 SCS Technology 1:00</p>	<p>17</p> <p>Pilates Matwork 8:10 Poker 9:00 Chair Yoga 9:45 Facebook for Computers 10:00 Shutterbugs 10:00 Day Trip: Vineyard 10:30 Intermediate Yoga 11:00 Bingo 12:30 Beginning T'ai Chi Chih 1:00 Tale Spinners 1:00 Memory Cafe 1:30</p>	<p>18</p> <p>Mahjongg 9:00 Over 50 & Fit 9:00 Sparkling Feet 9:00 Senior Chorale 10:15 AA/Al-Anon 10:30 Medicare 101 10:30 Senior Outreach 10:30 Social Bridge 12:00 Sound of Music 1:00 T'ai Chi Chih Practice 1:00 Pilates Matwork 2:15 Slow Flow 6:00 500 Cards 6:30</p>	<p>19</p> <p>Woodcarvers 9:00 Chair Yoga 9:45 Cribbage 10:00 Intermediate Yoga 11:00 Book Club 1:00 Dominoes 1:00 Parking Lot Bingo 1:00 Line Dancing 1:00/2:00 Dementia Friends 5:30 Cribbage at Night 6:00 Yoga & Strength 6:00</p>	<p>20</p> <p>Brain & Body 9:00 Happy Feet 9:00 Over 50 & Fit 9:00 Blood Pressure 9:30 Computer Group 10:00 Women's Discussion 10:15 Strength & Balance 11:00 Art Studio 1:00 Pinochle 1:00 Single Mingle Group 5:30</p>
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<p>23</p> <p>Door County Departs 7:00 Art Studio 9:00 Men's Discussion 9:00 Over 50 & Fit 9:00 T'ai Chi Chih Practice 10:00 Open Play 10:45 Cardio Drumming 1:00 Facebook for Phones 1:00 Hand, Foot, & Toe 1:00</p>	<p>24</p> <p>Open Play 8:00 Pilates Matwork 8:10 Chair Yoga 9:45 Senior Housing Fair 10:00 Intermediate Yoga 11:00 Bingo 12:30 Beginning T'ai Chi Chih 1:00 Facebook for Phones 1:00 Defensive Driving 5:30 Yoga Beginner Workshop 6:00</p>	<p>25</p> <p>Mahjongg 9:00 Over 50 & Fit 9:00 Senior Chorale 10:15 AA/Al-Anon 10:30 Presidential Series 10:30 Social Bridge 12:00 SCS Technology 1:00 T'ai Chi Chih Practice 1:00 Pilates Matwork 2:15 Art with Ashley: Wood 5:30 Slow Flow 6:00 500 Cards 6:30</p>	<p>26</p> <p>Woodcarvers 9:00 Chair Yoga 9:45 Cribbage 10:00 Fall Nature Hike 10:00 Intermediate Yoga 11:00 Bunco 1:00 Line Dancing 1:00/2:00 Single Mingle Group 4:00 Yoga & Strength 6:00 Door County Returns 7:00</p>	<p>27</p> <p>Open Play 8:00 Happy Feet 9:00 Over 50 & Fit 9:00 Computer Group 10:00 Strength & Balance 11:00 Lunch & Movie 12:00 Art Studio 1:00 Bucket List Book Club 1:00 Pinochle 1:00</p>
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<p>30</p> <p>Art Studio 9:00 Men's Discussion 9:00 Over 50 & Fit 9:00 T'ai Chi Chih Practice 10:00 Open Play 10:45 Adopt A Highway 1:00 Cardio Drumming 1:00 Hand, Foot, & Toe 1:00</p>	 <p>CITY OF MINNETONKA SENIOR SERVICES</p>	<p><i>Programs and services for those 55+</i></p> <p>952-939-8393</p> <p><i>Minnetonkamn.gov/seniorservices</i></p>
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Interest Groups

Interest groups are coordinated and led by seniors in the community. All groups meet at the Minnetonka Community Center, unless noted otherwise. There are more than 30 different interest groups. **Annual Registration Required.**

Advisory Board

2nd Tuesday, 10 a.m.

Advises and recommends goals, policies and objectives to Minnetonka Senior Services and Minnetonka City Council.

A.A./Al-Anon

Wednesdays, 10:30 a.m.

AA supports those who may have alcohol addiction. Al-Anon supports friends and family members of those with alcohol addiction. All ages welcome.

Art Studio

Mondays, 9 a.m.-noon

Fridays, 1-4 p.m.

Informal drop in and create! This group

welcomes artists of all abilities. Participants socialize while working independently. New members welcome!



Bike Club

April- October with various start times. Visit us on our blog to see what rides we have been up to! mtkabikerphotos.blogspot.com

Bingo

Tuesdays, 12:30 p.m.

Enjoy a fun game of Bingo with a friendly social group! Cards are a nickel each per game.



Bird Club

1st Friday, 10:30 a.m.

(Sept. - May)

Meet once a month and enjoy a variety of bird topics throughout the year. Cost is \$20/year.

>>Topic: **Ben Douglas presents Shorebirds: When, Where, and How**



Book Club

3rd Thursday, 1 p.m.

Each month we read a new book and discuss. This month's book:

>>**Dinners with Ruth**
by **Nina Totenberg**

Bucket List Book Club

4th Friday, 1 p.m. (Sept. - May)

Start to check off some of your bucket list books. Each month we read a new book and discuss.

>>**Captain Corelli's Mandolin**
by **Louis de Bernieres**

Bulls and Bears Investment Club

2nd Tuesday, 1 p.m.

Do you know the difference between bull and bear markets? Study different investment trends and learn how to navigate the markets.

Bunco

2nd & 4th Thursdays, 1 p.m.

Drop in and play the fun game of bunco.

No experience? No problem!

We'll teach you.

Caregiver Conversations

2nd Thursday, 10 a.m.

Explore the challenges, rewards and resources in navigating the care giving journey.

Chorale

Wednesdays, 10:15 a.m. (Sept. - May)

Do you love to sing? The Chorale sings in a 4 part harmony and performs throughout the year. The Chorale is an ensemble of the Music Association of Minnetonka.

Computer Group

Fridays, 10 a.m.

Join this social group as we discuss trends and learn new skills. Visit mscig.wordpress.com to learn more!

Crafting for a Cause

2nd Friday, 9:30 a.m.

Craft items for local nonprofits! New members are always welcome.

Cribbage

Thursdays, 10 a.m.

Come join us! Bring a cribbage board and a deck of cards.

Cribbage At Night

3rd Thursdays, 6:00 p.m.

Come join us once a month for a game of cribbage in the evening!

Dominos

1st & 3rd Thursdays, 1 p.m. Never played?

We'll teach you. Please join us.

Program Spotlight

Event

Senior Housing Fair



Wednesday, August 21
10:00 a.m. - 12:00 p.m.
FREE | No Registration

Education

Name That Town!

>> W/ Doug Ohman



Thursday, Sept. 5
6:00 p.m. - 7:30 p.m.
\$10.00

Fitness

Beginning T'ai Chi Chih

>> W/ Cindy Nelson



Tuesday, Sept. 10-Oct. 29
1:00 p.m. - 2:00 p.m.
\$40.00

Art

Indigo Shibori Dyeing

>> W/ Connie Ortberg



Wednesday, Sept. 11
9:30 a.m. - 3:30 p.m.
\$15.00

Garden Club

2nd Monday, 1 p.m.

Do you love to garden? Join us for monthly gardening topics and field trips.

>>Topic: **Plant Exchange & Fall Gardening**



Genealogy Club

1st Wednesday, 10 a.m.

Exciting topics each month. Speakers present throughout the year. Join fellow enthusiasts at any point of your genealogical journey.



Ham Radio

2nd Monday, 10 a.m.

Join us for some amateur radio discussion, share of knowledge and practice. Look to "Minnetonka MN Radio Club" Facebook Page for Updates!

Hand, Foot, and Toe

Mondays, 1 p.m.

Players must have a basic knowledge of Hand & Foot- we'll teach the Toe!

Mahjongg

Wednesdays, 9 a.m.

Join in the fun with fellow players of mahjongg.

Please bring your own set.



Men's Discussion Group

Mondays, 9:00 a.m.

Join us for coffee and conversations in this new weekly men's discussion group. Meet and connect with new people while discussing a variety of informal topics.

Open Play

2nd and 4th Tuesdays, 10 a.m.

Come play any game of your choice! Enjoy a game of 500, Scrabble, Canasta, or any small group games that you bring.

Pickleball Open Play

Indoor at Williston. For more information call: 952-939-8341. To join the email list, email Boris at Bgonikman@minnetonkamn.gov

Pinochle

1st & 3rd Fridays, 1 p.m.

Join us for a good game of pinochle. One game takes three hours to play.

Poker

1st & 3rd Tuesday, 9 a.m.

Join us for a good game of poker! Play a variety of games.



Single Mingle Group

Looking for new friends and fun? Join us for outings or other fun activities in this group for singles.

September Meetings: 9/3 at 5pm- Taco Tuesday & Trivia at Wayzata Legion, 9/11 at 6pm - Open Jam at Excelsior Brewery, 9/20 at 5:30pm - Prime Rib and Steak Night at American Legion Hopkins, 9/26 at 4pm -Horse Racing at Canterbury Park

Shutterbugs

3rd Tuesday, 10 a.m.

This group focuses on a different topic each month and is open for the novice photographer and professionals. Photos taken by members that are Minnetonka residents can be purchased at The Landing Shop.

Social Bridge

Wednesdays, 12:00 p.m.

1st, 2nd and 3rd place prizes are awarded. No partners are needed and new members are always welcome. Join in the fun as your schedule allows.

Tale Spinners

1st & 3rd Tuesdays, 1 p.m.

This is a casual group of writers who work together to improve their skills, provide motivation and ideas, critique and offer feedback; all to achieve individual writing goals. Whether you are a poet, short story writer, essayist, novelist, or recording family anecdote and histories; please come by and bring your words to life!



Women's Discussion Group

3rd Friday, 10:15 a.m.

Discuss different topics each month with other senior women.

>>Topic: **"Herself Health"**

Woodcarvers

Thursdays, 9 a.m.

Socialize, share ideas and work independently. All abilities are welcome, including beginners! The first Thursday of the month is show and tell. Come join the fun!

500 Cards

Wednesdays, 6:30 p.m.

Join in the fun, new members are always welcome!



Senior Services

Blood Pressure Screenings:

2nd Wednesday and 1st & 3rd Friday of the month, 9:30-11:30 a.m.

Foot Care Services:

NEW! Wednesdays - for appointments and fees please call Sparkling Feet Foot Care at **952-204-9406**
Fridays - for appointments and fees please call Happy Feet **763-346-3390**.

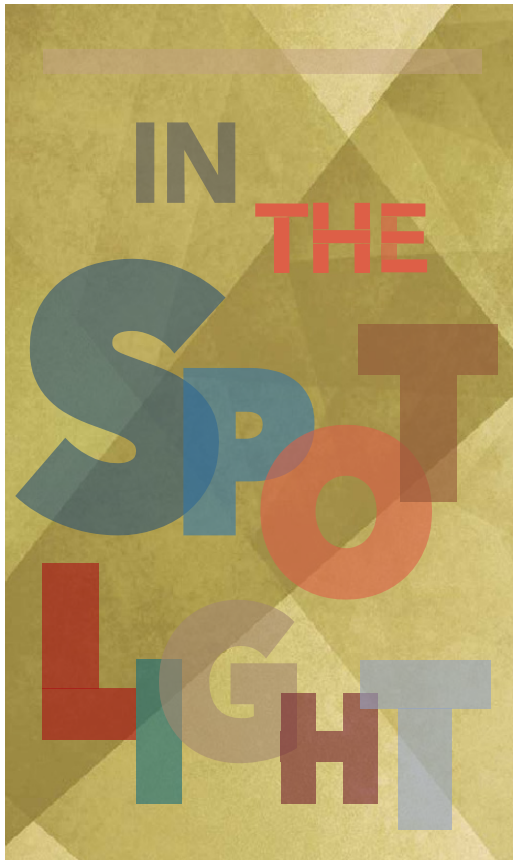
Household and Outside Maintenance for Elderly (H.O.M.E.):

Get help with household chores. Call 952-746-4046 for more information.

Medicare Counseling: We provide Medicare Counseling to those who currently have medicare, are new to Medicare, or are planning for the future. Call the Senior Linkage Line at 1-800-333-2433 for an appointment.

Senior Outreach: Get help with learn about trusted resources for housing, transportation, legal, medical, etc. Contact Sara Roberts with Senior Community Services at 612-868-6720 or stop by the community center the 3rd Wed. of every month 10 a.m. - Noon.

Transit Link: Transportation from your home to events. Call 651-602-5465.



Special Interest Group: Bucket List Bookclub

4th Fridays, 1 p.m. (Sept - May)



September Pick:
Captain Corelli's Mandolin
by Louis de Bernières

It is 1941 and Captain Antonio Corelli, a young Italian officer, is posted to an island of Greece as part of the occupying forces. At first he is ostracised by the locals but over time he proves himself to be civilised, humorous, and a consummate musician. Not only that he may even find himself in a bit of a love-affair!

Welcome Back Bucket List Bookclub!

This group is a good way to check off some of the books that we have missed during our busy lives! We read all types of literature - novels, non-fiction, short stories, and more and then enjoy a lively discussion.

Farmers Market

Ridgedale Commons, 12590 Ridgedale Drive

Every Tuesday, 2:00 p.m. - 6:00 p.m.

Find locally produced groceries, farm products and handmade crafts!
Plus live music, community booths and activities.



Entertainment In The Park

Civic Center Park, 14600 Minnetonka Blvd.

Movie in the Park, Thursday Nights

9/6 - 7:55-10:10 **Little Mermaid** | the live-action version of the tale of a mermaid who desperately wanted to experience the world of humans
9/13 - 7:40-9:05 **Migration** | a family of ducks decide to leave the safety of home for an adventurous trip to Jamaica!



Fall Special Community Drop-off Day

Public Works Facility, 11522 Minnetonka Blvd.

Saturday, September 7th, 8:00 a.m. - 3:00 p.m.

For a small fee, dispose of unwanted household junk, including scrap metal, appliances, mattresses and more. Prices and details are available on:
minnetonkamn.gov/services/recycling-garbage/special-drop-off-day



The Landing Shop

11280 Wayzata Blvd. | 763-591-4868 | Open Thurs.-Sat. Noon-5:00 p.m.

Browse and buy handmade items crafted by Minnetonka residents ages 55 and older. A great location to find all the perfect and unique holiday gifts for your loved ones!
9/28 - Stop by to get ahead on all your Holiday shopping from 10:00-5:00 for the Annual Outdoor Craft Fair and see all the amazing handcrafted items.



AROUND TOWN