

Monday

Tuesday

Wednesday

Thursday

Friday



CITY OF MINNETONKA

SENIOR SERVICES

As a Thank You to our Veterans we will be offering FREE Programs to Veterans and Spouses of Veterans during this month.

See them listed in [Blue](#)

Programs and services for those 55+

952-939-8393

Minnetonkamn.gov/seniorservices

1	Open Play	8:00
	Happy Feet	9:00
	Over 50 & Fit	9:00
	Blood Pressure	9:30
	Computer Group	10:00
	Bird Club	10:30
	Strength & Balance	11:00
	Art Studio	1:00
	Pinochle	1:00

Sunday

5	Pilates Matwork	8:10
	Poker	9:00
	Chair Yoga	9:45
	Intermediate Yoga	11:00
	Bingo	12:30
	Beginning T'ai Chi Chih	1:00
	Tale Spinners	1:00
	Memory Cafe	1:30

6	Mahjongg	9:00
	Over 50 & Fit	9:00
	Genealogy	10:00
	AA/Al-Anon	10:30
	Veterans Benefits	10:30
	Social Bridge	12:30
	T'ai Chi Chih Practice	1:00
	Pilates Matwork	2:15
	Slow Flow	6:00
	500 Cards	6:30

7	Defensive Driving	9:00
	Woodcarvers	9:00
	Chair Yoga	9:45
	Cribbage	10:00
	Senior Chorale	10:15
	James Shaw: Ragtime	10:30
	Intermediate Yoga	11:00
	Dominos	1:00
	Single Mingle Group	5:00
	Yoga & Strength	6:00

8	Click & Conquer	9:00
	Crafting for a Cause	9:00
	Happy Feet	9:00
	Over 50 & Fit	9:00
	SCS Tech Series: Security	10:30
	Strength & Balance	11:00
	Art Studio	1:00
	Pinochle	1:00

Monday

4	Art Studio	9:00
	Men's Discussion	9:00
	Over 50 & Fit	9:00
	Tonka Trek	10:15
	Open Play	10:45
	Medicare Counseling	11:30
	Acrylic Painting	1:00
	Cardio Drumming	1:00
	Hand, Foot, & Toe	1:00
	SCS Technology	1:00

12	Open Play	8:00
	Pilates Matwork	8:10
	Defensive Driving	9:00
	Chair Yoga	9:45
	Advisory Board	10:00
	Intermediate Yoga	11:00
	Bingo	12:30
	Beginning T'ai Chi Chih	1:00
	Bulls & Bears	1:00

13	Mahjongg	9:00
	Over 50 & Fit	9:00
	Blood Pressure	9:30
	Senior Chorale	10:15
	AA/Al-Anon	10:30
	Lunch & Movie	12:00
	Social Bridge	12:30
	SCS Technology	1:00
	T'ai Chi Chih Practice	1:00
	Pilates Matwork	2:15
	Slow Flow	6:00
	500 Cards	6:30

14	Woodcarvers	9:00
	Chair Yoga	9:45
	Caregiver Conversations	10:00
	Cribbage	10:00
	History of Birds & Animals	10:30
	Intermediate Yoga	11:00
	Bunco	1:00
	Single Mingle Group	1:00
	Full Moon Hike	4:30
	Yoga & Strength	6:00

15	Happy Feet	9:00
	Over 50 & Fit	9:00
	Blood Pressure	9:30
	Computer Group	10:00
	Women's Discussion	10:15
	Coffee & Conversation	10:30
	Strength & Balance	11:00
	Art Studio	1:00
	Pinochle	1:00



18	Art Studio	9:00
	Men's Discussion	9:00
	Over 50 & Fit	9:00
	Open Play	10:45
	Medicare Counseling	11:30
	Acrylic Painting	1:00
	Cardio Drumming	1:00
	Hand, Foot, & Toe	1:00
	SCS Technology	1:00
	EP Community Band	6:00

19	Pilates Matwork	8:10
	Poker	9:00
	Wood Burning Art	9:00
	Chair Yoga	9:45
	Shutterbugs	10:00
	Intermediate Yoga	11:00
	Bingo	12:30
	Beginning T'ai Chi Chih	1:00
	Tale Spinners	1:00
	Memory Café	1:30
	Beginner Yoga Workshop	6:00
	Single Mingle Group	6:00

20	Mahjongg	9:00
	Over 50 & Fit	9:00
	Sparkling Feet	9:00
	Senior Outreach	10:00
	Senior Chorale	10:15
	AA/Al-Anon	10:30
	The Vietnam War	10:30
	Social Bridge	12:30
	T'ai Chi Chih Practice	1:00
	Pilates Matwork	2:15
	Slow Flow	6:00
	500 Cards	6:30

21	Woodcarvers	9:00
	Chair Yoga	9:45
	Cribbage	10:00
	Intermediate Yoga	11:00
	Monthly Party	12:00
	Book Club	1:00
	Dominos	1:00
	Line Dancing	1:00/2:00
	Cribbage at Night	6:00
	Yoga & Strength	6:00

22	Open Play	8:00
	Happy Feet	9:00
	Over 50 & Fit	9:00
	Computer Group	10:00
	Strength & Balance	11:00
	Art Studio	1:00
	Bucket List Book Club	1:00
	Pinochle	1:00

25	Art Studio	9:00
	Men's Discussion	9:00
	Over 50 & Fit	9:00
	Open Play	10:45
	Acrylic Painting	1:00
	Cardio Drumming	1:00
	Hand, Foot, & Toe	1:00

26	Open Play	8:00
	Pilates Matwork	8:10
	Chair Yoga	9:45
	Senior Chorale	10:15
	Intermediate Yoga	11:00
	Bingo	12:30
	Beginning T'ai Chi Chih	1:00

27	Mahjongg	9:00
	Over 50 & Fit	9:00
	AA/Al-Anon	10:30
	Social Bridge	12:30
	Pilates Matwork	2:15
	Slow Flow	6:00
	500 Cards	6:30



Interest Groups

Interest groups are coordinated and led by seniors in the community. All groups meet at the Minnetonka Community Center, unless noted otherwise. There are more than 30 different interest groups. **Annual Registration Required.**

Advisory Board

2nd Tuesday, 10 a.m.

Advises and recommends goals, policies and objectives to Minnetonka Senior Services and Minnetonka City Council.

A.A./Al-Anon

Wednesdays, 10:30 a.m.

AA supports those who may have alcohol addiction. Al-Anon supports friends and family members of those with alcohol addiction. All ages welcome.

Art Studio

Mondays, 9 a.m.-noon

Fridays, 1-4 p.m.

Informal drop in and create! This group

welcomes artists of all abilities. Participants socialize while working independently. New members welcome!



Bike Club

April- October with various start times. Visit us on our blog to see what rides we have been up to! mtkabikerphotos.blogspot.com

Bingo

Tuesdays, 12:30 p.m.

Enjoy a fun game of Bingo with a friendly social group! Cards are a nickel each per game.



Bird Club

1st Friday, 10:30 a.m.

(Sept. - May)

Meet once a month and enjoy a variety of bird topics throughout the year. Cost is \$20/year.

>>Topic: *Nature's Yucky*

by Lee Ann Landstrom & Karen I. Shragg



Book Club

3rd Thursday, 1 p.m.

Each month we read a new book and discuss. This month's book:

>>*The White Lady*

by Jacqueline Winspear

Bucket List Book Club

4th Friday, 1 p.m. (Sept. - May)

Start to check off some of your bucket list books. Each month we read a new book and discuss.

>>*Ragtime*

by E.L. Doctorow

Bulls and Bears Investment Club

2nd Tuesday, 1 p.m.

Do you know the difference between bull and bear markets? Study different investment trends and learn how to navigate the markets.

Bunco

2nd & 4th Thursdays, 1 p.m.

Drop in and play the fun game of bunco.

No experience? No problem!

We'll teach you.

Caregiver Conversations

2nd Thursday, 10 a.m.

Explore the challenges, rewards and resources in navigating the care giving journey.

Chorale

Wednesdays, 10:15 a.m. (Sept. - May)

Do you love to sing? The Chorale sings in a 4 part harmony and performs throughout the year. The Chorale is an ensemble of the Music Association of Minnetonka.

Computer Group

Fridays, 10 a.m.

Join this social group as we discuss trends and learn new skills. Visit mscig.wordpress.com to learn more!

Crafting for a Cause

2nd Friday, 9:30 a.m.

Craft items for local nonprofits! New members are always welcome.

Cribbage

Thursdays, 10 a.m.

Come join us! Bring a cribbage board and a deck of cards.

Cribbage At Night

3rd Thursdays, 6:00 p.m.

Come join us once a month for a game of cribbage in the evening!

Dominos

1st & 3rd Thursdays, 1 p.m. Never played?

We'll teach you. Please join us.

Program Spotlight

VETERANS MONTH

Honoring Our Veterans With Free Programs for Vets & Their Spouse.

Veterans Benefits - 11.6

James Shaw: Ragtime - 11.7

Lunch & Movie - 11.13

EP Community Band - 11.18

The Vietnam War - 11.20

Non-Veterans welcome, but pay a fee. All require Registration.

Education

Thwarting Porch Pirates

>> W/ SCS



Friday, Nov. 8

10:30 a.m. - 11:30 a.m.

FREE

Fitness

Intermediate Pilates Matwork

>> W/ Lesley Koehnen



Tuesdays, Nov. 5-26

8:10 a.m. - 9:10 a.m.

\$36.00

Art

Pyrography Wood Burning

>> W/ Artistic Moments



Tuesday, Nov. 19

9:00 a.m. - 12:00 p.m.

\$25.00

Garden Club

2nd Monday, 1 p.m.

Do you love to garden? Join us for monthly gardening topics and field trips.

>>Topic: **OFF-SITE MEETING - Visit Fairbault Indoor Gardening**



Genealogy Club

1st Wednesday, 10 a.m.

Exciting topics each month. Speakers present throughout the year. Join fellow enthusiasts at any point of your genealogical journey.



Ham Radio

2nd Monday, 10 a.m.

Join us for some amateur radio discussion, share of knowledge and practice. Look to "Minnetonka MN Radio Club" Facebook Page for Updates!

Hand, Foot, and Toe

Mondays, 1 p.m.

Players must have a basic knowledge of Hand & Foot- we'll teach the Toe!

Mahjongg

Wednesdays, 9 a.m.

Join in the fun with fellow players of mahjongg.

Please bring your own set.



Men's Discussion Group

Mondays, 9:00 a.m.

Join us for coffee and conversations in this new weekly men's discussion group. Meet and connect with new people while discussing a variety of informal topics.

Open Play

2nd and 4th Tuesdays, 10 a.m.

Come play any game of your choice! Enjoy a game of 500, Scrabble, Canasta, or any small group games that you bring.

Pickleball Open Play

Indoor at Williston. For more information call: 952-939-8341. To join the email list, email Boris at Bgonikman@minnetonkamn.gov

Pinochle

1st & 3rd Fridays, 1 p.m.

Join us for a good game of pinochle. One game takes three hours to play.

Poker

1st & 3rd Tuesday, 9 a.m.

Join us for a good game of poker! Play a variety of games.



Single Mingle Group

Looking for new friends and fun? Join us for outings or other fun activities in this group for singles. **November Meetings:**
11/7 at 5 p.m. - Bear Cave Brewing,
11/14 at 1 p.m. - Minnetonka Center for the Arts Holidays Show & Sale,
11/19 at 6 p.m. - LTD Brewing Co. Bingo!

Shutterbugs

3rd Tuesday, 10 a.m.

This group focuses on a different topic each month and is open for the novice photographer and professionals. Photos taken by members that are Minnetonka residents can be purchased at The Landing Shop.

Social Bridge

Wednesdays, 12:30 p.m.

1st, 2nd and 3rd place prizes are awarded. No partners are needed and new members are always welcome. Join in the fun as your schedule allows.

Tale Spinners

1st & 3rd Tuesdays, 1 p.m.

This is a casual group of writers who work together to improve their skills, provide motivation and ideas, critique and offer feedback; all to achieve individual writing goals. Whether you are a poet, short story writer, essayist, novelist, or recording family anecdote and histories; please come by and bring your words to life!



Women's Discussion Group

3rd Friday, 10:15 a.m.

Discuss different topics each month with other senior women.

>>Topic: **Holiday Food & Decor w/ Hattie**

Woodcarvers

Thursdays, 9 a.m.

Socialize, share ideas and work independently. All abilities are welcome, including beginners! The first Thursday of the month is show and tell. Come join the fun!

500 Cards

Wednesdays, 6:30 p.m.

Join in the fun, new members are always welcome!



Senior Services

Blood Pressure Screenings:

2nd Wednesday and 1st & 3rd Friday of the month, 9:30-11:30 a.m.

Foot Care Services:

NEW! Wednesdays - for appointments and fees please call Sparkling Feet Foot Care at **952-204-9406**
 Fridays - for appointments and fees please call Happy Feet **763-346-3390**.

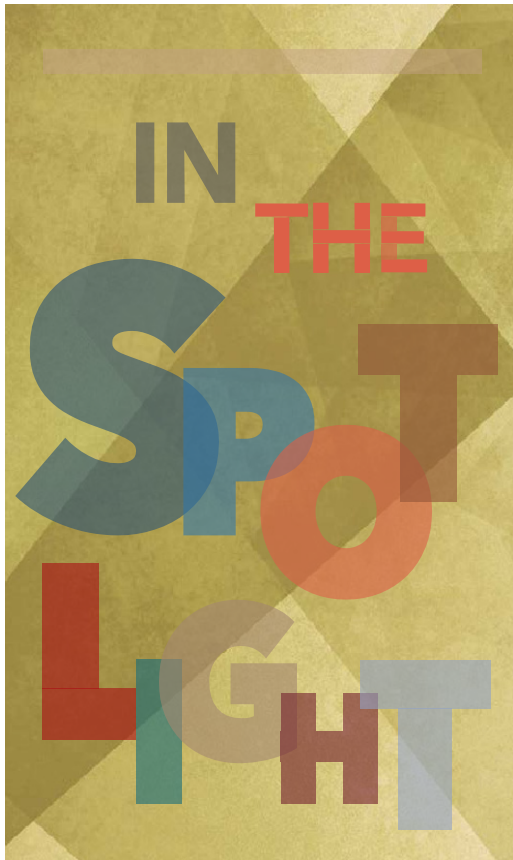
Household and Outside Maintenance for Elderly (H.O.M.E.):

Get help with household chores. Call 952-746-4046 for more information.

Medicare Counseling: We provide Medicare Counseling to those who currently have medicare, are new to Medicare, or are planning for the future. Call the Senior Linkage Line at 1-800-333-2433 for an appointment.

Senior Outreach: Contact Senior Community Services for a variety of different services including housing, medical, caregiving, transportation, and other resources and even support groups! Call 952-541-1019.

Transit Link: Transportation from your home to events. Call 651-602-5465.



**Special Interest Group:
Shutterbugs**

3rd Tuesday, 10 a.m.



This group focuses on different topics each month and is open for the novice photographer and professionals! Photos taken by members that are Minnetonka residents can be purchased at The Landing Shop.

AROUND TOWN

Volunteer at Parks

Learn to control buckthorn and meet fellow Minnetonka residents working to protect the natural environment.

Woodgate Park, 5090 Highland Rd.

Saturday, November 2nd, 9 a.m. - 12 p.m.

Purgatory Park, 17315 Excelsior Blvd.

Sunday, November 17th, 1 p.m. - 3 p.m.



General Election Day

Find your polling place at pollfinder.sos.state.mn.us

Tuesday, November 5th, 7 a.m. - 8 p.m.

Extended Hours for Absentee Voting will be available on Saturday, Nov. 2 and Sunday, Nov. 3 from 9 a.m. - 3 p.m. The deadline to return absentee ballots to City Hall is 8 p.m. On election day if you're in line at 8 p.m., you're allowed to vote. Questions? Call the Elections line at 952-939-8205.



Winter Market

Minnetonka Community Center, 14600 Minnetonka Blvd.

Saturday, November 9th, 10:00 a.m. - 2:00 p.m.

The indoor winter market returns! Enjoy live music while you shop for locally-made food, handmade gifts, soaps, crafts, and so much more!



The Landing Shop

11280 Wayzata Blvd. | 763-591-4868 | Open Thurs.-Sat. Noon-5:00 p.m.

Browse and buy handmade items crafted by Minnetonka residents ages 55 and older. A great location to find all the perfect and unique holiday gifts for your loved ones!