

minnetonka memo

*A Newsletter from the City of Minnetonka
February 2017*

Blaze a new trail as a Minnetonka firefighter

Are you looking for a part-time job that challenges you physically and mentally, involves lots of teamwork and gives you the incredible opportunity to save lives? If so, you should consider an on-call firefighter position with the Minnetonka Fire Department.

When there's a fire, car accident, medical emergency or other life-threatening situation in our community, the Minnetonka Fire Department is called in to help. Staffed by five full-time firefighters and 80 paid on-call firefighters, the fire department relies on local citizens to maintain this important service. The department is looking to add additional on-call firefighters to serve alongside a duty crew that staffs the main fire station 24-hours a day.

Men and women of all walks of life who are 18 and older and meet the requirements are encouraged to apply.

"It doesn't matter if you're a lawyer, stay-at-home parent, construction worker, or you aspire to be a full-time firefighter — if you're interested in firefighting, we want to hear from you," said John Vance, Minnetonka fire chief.

The department offers a variety of shifts with hourly pay, deferred compensation and state pension after 10 years of service. Firefighters receive all of the training, education and equipment they need to be safe on the job. "We are fortunate here in Minnetonka to have some of the finest equipment, facilities, and training opportunities around," said Vance.

Vance says being a firefighter offers unique physical and mental challenges, plus ample opportunities for teamwork, camaraderie and fun. "There's no doubt about it — firefighting is challenging work, but it's also very exciting," said Vance. "Strong bonds of friendship and loyalty are developed among firefighters and our crew spends a lot of time with each other outside of the station."

The Minnetonka Fire Department will be holding an open house in the near future for individuals interested in becoming an on-call firefighter. To express your interest in the position and to receive further details on the open house, please apply for the Firefighter On-Call position at eminnetonka.com/employment. Contact John Vance at 952-939-8333 with questions.

Requirements

- A high school diploma or equivalent
- Valid State of Minnesota driver's license
- Residence within 10 minutes of a Minnetonka fire station
- Ability to carry out the responsibilities of the position
- Successful passing of a background check and various physical and psychological exams.



State of the City is February 8

You're invited to the 2017 State of the City Address by Mayor Terry Schneider Wednesday, Feb. 8, from 7:30–9 a.m. at the Minnetonka Community Center, 14600 Minnetonka Blvd. A continental breakfast will be served. Please RSVP by Jan. 31 to Pat Schutrop at pschutrop@eminnetonka.com or 952-939-8211.

City seeks members for Comprehensive Guide Plan Update steering committee

The City of Minnetonka is making plans to update its Comprehensive Guide Plan and is seeking interest from residents and business owners wishing to serve on a steering committee that will oversee the update process.

The Comprehensive Guide Plan is a policy document that establishes direction for development and redevelopment in Minnetonka for the next 20 years. The document is used to guide city decision-making in areas such as land use, housing, transportation, parks, trails and natural resources. The Metropolitan Council requires every city in the seven-county metro area to have such a plan and State law requires that it be updated every 10 years. The last update to the plan was adopted by the city council in August 2008.

Ideal steering committee members will have a communitywide perspective, are involved in the community, can contribute to group discussions, and can commit to meeting 12 to 15 times over the course of a year or more.

Find out more about the city's comprehensive guide plan at eminnetonka.com/compplan.

If you are interested in serving, visit eminnetonka.com to learn more and find an application, or contact Pat Schutrop at pshutrop@eminnetonka.com or 952-939-8211. Applications will be accepted through Friday, Feb. 24.

Visit the 25th Annual Home Remodeling Fair Feb. 12

Minnetonka residents are invited to the West Metro Home Remodeling Fair Sunday, Feb. 12, from 10:30 a.m. to 3 p.m. at the Eisenhower Community Center, 1001 Highway 7, Hopkins. Admission is free.

Sponsored by the cities of Minnetonka, Golden Valley, Hopkins and St. Louis Park, and Hopkins, St. Louis Park and Minnetonka community education, the Home Remodeling Fair is designed to provide residents with ideas, information and resources to promote improvements to housing in each community.

Fairgoers can visit more than 75 exhibitors, including remodeling contractors, architects, landscapers and financial lenders. Get ideas for your kitchen, bathroom, landscaping, windows and siding. Minnetonka planning department staff and city inspectors will also be at the fair.

Visit the Idea Center or "Ask the Pro" booth for free, no-obligation consultations from volunteer architects, interior designers, landscape designers, arborists, master gardeners and more. Bring your photos, sketches and questions. Attend a free seminar or demonstration to learn about the latest trends in home décor, kitchens and bathrooms, flooring, plumbing, landscaping and more.

Plus, check out the Operation Rescue Room contest, where you could win \$1,000 to use toward remodeling a room if it is voted most in need of a makeover. Please note, the contest application deadline is Monday, Feb. 6 – get the details at homeremodelingfair.com.

A children's activity center is available for parent/child crafts and activities for ages three and up, including face painting.

Join the fun and use the hashtag #westmetrohrfprojects to share pictures of your home remodeling projects via social media.



For more information, visit homeremodelingfair.com.

Help make Minnetonka a dementia-friendly community

In an effort to better understand how to be respectful, welcoming and supportive of those suffering from Alzheimer's, the City of Minnetonka is working with community members to make Minnetonka a dementia-friendly community.

According to the Alzheimer's Association, a dementia-friendly community is defined as one that is informed, safe and respectful of individuals with dementia and their families, provides supportive options and fosters quality of life.



Staff at Elder Homestead Minnetonka pose after participating in a training session

Register for a free one-hour training

The city is offering free one-hour "dementia friends" training sessions to residents, businesses or organizations interested in learning more about the disease.

Register to participate in one of the following:

- Tuesday, Feb. 7: Noon–1 p.m.
Minnetonka Community Center, 14600 Minnetonka Blvd.
- Thursday, Feb. 9: 6:30–7:30 p.m.
Ridgedale YMCA, 12301 Ridgedale Dr.
- Tuesday, March 7: Noon–1 p.m.
Minnetonka Community Center, 14600 Minnetonka Blvd.
- Thursday, March 9: 6:30–7:30 p.m.
Ridgedale YMCA, 12301 Ridgedale Dr.

If you are interested in hosting a training at your business or would like to register for one of the scheduled sessions, please contact Steve Pieh at 952-939-8366 or spieh@eminnetonka.com.

To learn more about this effort, visit eminnetonka.com/dementiafriendly.

Apply online for homestead classification

Hennepin County residents who own and occupy their home as a primary residence are now able to apply for the homestead classification online.

Properties that are homesteaded may be eligible to receive a market exclusion, which may reduce property taxes the following year.



Qualifying for homestead

Your property may qualify for the homestead classification if you own and occupy the home as your primary residence and if you moved into the home prior to Dec. 1. Qualified relatives of the owner may also be approved for the homestead classification if they live in the owner's house.

Visit hennepin.us/homestead to learn more and get started. For questions about the homestead classification, call 952-939-8225.

Hennepin County plans work on Minnetonka Boulevard

Hennepin County is planning to resurface Minnetonka Boulevard this summer from I-494 west to Larchwood Drive, including lane restriping in some areas. Join county representatives for an informational meeting and a chance to learn more Wednesday, Feb. 8 at 5:30 p.m. at the Minnetonka Community Center (14600 Minnetonka Blvd.) Visit hennepin.us/mtkablvd for project details.

Apply now to be part of the 2017 Minnetonka Farmers Market

Plans are already underway for the 2017 Minnetonka Farmers Market. Based on feedback many of you shared at the end of last season, the city is working to expand the selection of food items, crafts and unique gifts available in 2017.



Plus, the market is opening two weeks earlier. Mark your calendar – the first market of the season is set for Tuesday, June 13, 2017!

In the 2016 Minnetonka Farmers Market survey that was distributed last fall, vendors told us the main reasons they participate is because of the community feel and the enjoyment of seeing so many returning customers each week. Community members shared that they choose the Minnetonka Farmers Market because they want to support local growers, the convenience of locally grown vegetables close to home, the selection of products and for the community atmosphere.

Join Us!

Do you make jewelry, blow glass, bake delicious sweet treats, make cheese or know someone who does these things or anything else that would be a good fit at the market? If so, we want to hear from you.

If you are interested in being part of the market in 2017, please visit eminnetonka.com/farmersmarket to complete an application or to get answers to commonly asked questions. Participation can range from one week to the full season – whatever works best for you and your product.

To subscribe to receive email and/or text updates about the farmers market, visit eminnetonka.com/subscribe or text “mtka market” to 468-311.

Attend the 2017 Young People's Concerts

The Music Association of Minnetonka presents the 2017 Young People's Concerts featuring Clara Schubilske, winner of the 35th Annual Young Artist Competition, performing the Violin Concerto in E Minor by Julius Conus with the Minnetonka Symphony Orchestra. Free and open to all ages!

Sunday, Feb. 19 at 3 p.m.

Minnetonka United Methodist Church
17611 Lake St. Ext., Minnetonka

Sunday, Feb. 26 at 3 p.m.

Wayzata Community Church
125 Wayzata Blvd., Wayzata

Attend the Pancake Breakfast Feb. 11

Stop by the Minnetonka Community Center (14600 Minnetonka Blvd.) Saturday, Feb. 11 from 8–11 a.m. and enjoy live entertainment by the youth choirs, a delicious breakfast, and a silent auction in support of the music association's scholarship fund.

Visit musicassociation.org to learn more.



Plant trees and shrubs for pollinators

In Minnesota and around the world, a surprising variety of trees and shrubs depend on pollinators (insects and other animals that feed on pollen and nectar) to reproduce. Do you have an apple, pear, cherry, or plum tree in your home landscape? You can thank insect pollinators for their luscious fruit.

According to the Department of Natural Resources, Minnesota has about 400 native wild bee species. Our state is also home to a variety of other insect pollinators, including butterflies, beetles and flies.

At least eight of the 20 trees and shrubs offered in this year’s tree sale are insect-pollinated. (See the table below.) Choosing to plant one of these species will provide the pollen and/or nectar these insects need, which in turn encourages pollinator diversity and abundance, and can help to put food on our tables.

Tree Species	Pollinators				
	Bees	Wasps	Butterflies/Moths	Beetles	Flies
Eastern Redbud	✓	✓	Butterflies	✓	✓
Serviceberry	✓			✓	✓
Crabapple	✓				✓
Pagoda Dogwood	✓	✓		✓	✓
Thornless Hawthorn	✓	✓	Butterflies	✓	✓
Nannyberry (in woodland trio)	✓	✓	Butterflies		✓
Black Chokeberry (in wetland buffer trio)	✓		Both		✓
Gray Dogwood (in wetland buffer trio)	✓	✓	Butterflies	✓	✓

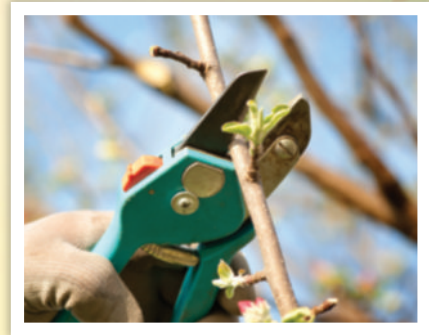
(For more information, see pollinatorsnativeplants.com)

Natural Resources Happenings

Intro to Shrub and Small Tree Pruning

Tuesday, Feb., 7, 6:30–8:30 p.m.
Minnetonka City Hall, Minnehaha Room (14600 Minnetonka Blvd.)

Learn the basics of pruning: why it’s done and what happens if it isn’t, how to make the proper cut, which tools are necessary, when this work can be done, and who can be called if you can’t do it yourself. RSVP is required. Call 952-988-8400 or register online at eminnetonka.com/NRevents.



Volunteer Buckthorn Cutting at Hilloway Park

Saturday, Feb. 18, 10 a.m.–12:30 p.m.
12415 Hilloway Rd. (meet at north trail entrance on Hilloway Rd.)

Help cut second-growth buckthorn near the park’s main entrance. RSVP is required by Feb. 16. Register by phone at 952-988-8400 or online at eminnetonka.com/NRevents.

Visit eminnetonka.com/subscribe to receive email and/or text updates about natural resources news and events or text “mtka nature” to 468-311.

Local fifth graders help to protect surface waters

Last spring, city staff visited fifth graders at Groveland Elementary School to teach about pet waste as a form of water pollution. Afterward students undertook a service-learning project, making art to remind Minnetonka park users to pick up pet waste. Six of the designs were printed as aluminum signs and are now mounted alongside MuttMitt stations in several city parks (see an example to the right).

Keep an eye out for the signs and remember to pick up after your pets!





minnetonka script

Programs and services for those 55+
February 2017 Newsletter

Income Tax Assistance

This free tax program is designed to help moderate to low income individuals with basic taxes.

Appointments can be made at Senior Services or by calling 952-939-8393. Appointments are required and no walk-ins are allowed.

- Mondays and Thursdays, Feb. 6–April 13
- Appointment times: 12:30 p.m., 1:45 p.m. and 3 p.m.

Dementia Friendly Training

Tuesday, Feb. 7, noon-1 p.m.

Learn what dementia is, how it affects people and how we each can make a difference in the lives of those affected.

Free! (Course #4180701-02)

Community Connections: Funeral Planning

Monday, Feb. 27, 10:15 a.m.

Learn why planning ahead matters. Provided by Lake Minnetonka Senior Care Providers: Community Connections.

Free! (Course #2180408-01)

Winter Hike to Jidana:

Steve Pieh

Tuesday, Feb. 28, 11 a.m.-1 p.m.

Hike along Minnehaha Creek to Deer Island. Enjoy roasting brats and sipping coffee by the campfire. This 2-mile round trip walk will begin at the Minnetonka Community Center.

Cost: \$4 (Course #2190802-01)

Full Moon Hike to Jidana Park:

Steve Pieh

Thursday, March 9, 5:30-7:30 p.m.

Start the night with a relaxed walk to Jidana Park. Enjoy refreshments and roasting hot dogs by campfire underneath the full moon. Meet at the main entrance of the Minnetonka Community Center.

Cost: \$4 (Course #2190801-01)

The Lincoln Assassination: A Fragile Time

Wednesday, Feb. 22, 10:30 a.m.-noon

When John Wilkes Booth assassinated Abraham Lincoln, the Civil War was ending and emotions were high. Killing the President was just part of Booth's plan. Join us to explore this fragile time in our history and the plot that very nearly succeeded in toppling the government.

Cost: \$2 (Course #2180206-01)

Your Life, Your Story, Your Legacy

Wednesday, March 8, 10:30 a.m.-noon

Your life story and those of your ancestors shape the lives of your children and future generations. Learn practical ways to collect, prioritize, organize and preserve the life stories, photographs, family history and unique heirloom documents.

Cost: \$2 (Course #2180402-01)

Wellness Series presented by Minnetonka Medical Center and North Memorial Medical Center

Chronic Back Pain

Thursday, Feb. 23, 10-11 a.m.

The burden, causes, and non-surgical treatment options will be presented by Dr. Adekola, pain management specialist.

Cost: \$2 (Course #2180801-01)

Total Wellness: Session 1

Friday, March 3, 10-11 a.m.

Focusing on Total Wellness and March's Colorectal Cancer Awareness month.

Presented by Dr. Cherkasky

Cost: \$2 (Course #2180801-02)

Reminder:

Senior Services will be closed **Monday, Feb. 20** in observance of Presidents Day.

Fitness for the Mind and Heart:

Jackie Mielke

Color Me Healthy!

Tuesday, March 7, 9:30-11:30 a.m.

This program identifies the vibrations of each color in the rainbow spectrum and how we can apply that information to improve our health and wellness in body, mind and spirit.

Cost: \$12 (Course #2180403-02)

Monthly Party: Valentine's Day

Tuesday, Feb. 14, noon

Celebrate with us!

Menu: Swedish meatballs, rice or potato, salad, bread, and dessert.

Sponsored by: WestRidge of Minnetonka

Cost: \$7 due Thursday, Feb. 9

(Course #2100102-01)

Lunch and a Movie: Sully

Friday, Feb. 24, noon

The story of Chesley Sullenberger, an American pilot who became a hero after landing his damaged plane on the Hudson River in order to save the flight's passengers and crew.

Menu: Lasagna, Caesar salad, garlic bread & dessert.

Cost: \$5 due Tuesday, Feb. 21

(Course #2100202-01)



Enjoy light refreshments and socializing before taking in local entertainment. Live it up, reserve your seat today!

Roe Family Singers

Wednesday, March 22, 10:30 a.m.

Join the Roe Family Singers and tap away to this good-time, old time hillbilly band from the Mississippi-headwaters community of Kirkwood Hollow, MN. Performances feature banjo, autoharp, guitar and washboard!

Sponsored by Brookdale Minnetonka Carlson Parkway.

Cost: \$3 (Course #2100301-02)

Fitness Programs

For a complete listing and program descriptions please visit eminnetonka.com/register or pick up a fitness flyer at the community center.

Program	Instructor	Dates	Day	Times	Fee	Course #
Over 50 and Fit	Jean McSwiggen John Nally Julie Fleischhacker	Jan. 1–Dec. 31	M, W, F	9–10 a.m.	\$12 <i>(annually)</i>	4090702-02
Basic Mat Pilates	Elizabeth Kelly	March 8–April 26	W	6:15–7:15 p.m.	\$48	2090904-02
Chair Yoga	Elizabeth Kelly	March 8–April 26	W	5–6 p.m.	\$48	2090101-06
Intermediate Yoga	Elizabeth Kelly	March 8–April 26	W	7:30–8:30 p.m.	\$48	2090201-06
Line Dance: Beginner	Tricia Wood	Feb. 2–23	TH	12:30–1:30 p.m.	\$32	2090601-01
Line Dance: Beginner	Tricia Wood	March 2–30	TH	12:30–1:30 p.m.	\$40	2090601-02
Line Dance: Intermediate	Tricia Wood	Feb. 2–23	TH	1:45–2:45 p.m.	\$32	2090602-01
Line Dance: Intermediate	Tricia Wood	March 2–30	TH	1:45–2:45 p.m.	\$40	2090602-02
T'ai Chi Chih: Beginning	Susan Sobelson	March 20–May 8	M	10–11 a.m.	\$40	2090301-02
T'ai Chi Chih: Intermediate	Susan Sobelson	March 20–May 8	M	11:30 a.m.–12:30 p.m.	\$40	2090302-02
T'ai Chi for Health and Wellness	Ron Erdman-Luntz	Feb. 16–March 23	TH	6–7 p.m.	\$54	2090401-02
Therapeutic Pilates	Dr. Sarah Petrich	March 13–April 24	M	8:30–9:30 a.m.	\$54	2090901-02
Zumba Gold	Renee Rahimi	April 3–May 8	M	12:45–1:45 p.m.	\$36	2090501-02
Zumba Gold Toning	Renee Rahimi	April 3–May 8	W	12:30–1:30 p.m.	\$36	2090501-04

Fitness Highlights

Line Dance

New Instructor: Tricia Wood

Line dancing is not just your Boot Scootin' Boogie anymore. Participants will do the samba, twist, tango, Charleston and more! Taught by Tricia Wood of Dance and Entertainment Studios.

T'ai Chi for Health and Wellness

Ron Erdman-Luntz

Tai Chi short-form movements have many health benefits and are fun to learn. The slow, circular movements help to improve balance and relaxation. Must be able to walk comfortably for an hour.

Basic Mat Pilates

Elizabeth Kelly

Pilates is a method of exercise that consists of low-impact flexibility, muscular strength and endurance movements. Pilates emphasizes the core with the use of the abdominals, lower back, hips and thighs. By practicing Pilates regularly, you can achieve a number of health benefits, including improved core strength and stability, posture, balance and flexibility.

Bean Bags

Friday, Feb. 10,

10:15 a.m.–noon

Socialize with your peers and join in a game of bean bags.

Free! No reservation needed.



Athletic Activities

Indoor Pickleball

October - May

Try the fun and social game of pickleball. Limited racquets and balls are available.

- Tuesdays and Wednesdays, 7:30–10 a.m.
- Thursdays and Fridays, 7:30–9:30 a.m.
- Saturdays, 1–3 p.m.
- Free for Williston, Silver Sneakers and Silver and Fit members. \$4 per day for non-members.

Williston Fitness Center
14509 Minnetonka Drive

History Programs

British History: The Tudor Dynasty

Terry Kubista

Thursdays, Feb. 2–23, 1–3 p.m.

The Tudor Dynasty is known as history's bloodiest British dynasty. Has the title been justly earned or are they not the reputed demonic influence?

Cost: \$28 (Course #2180101-02)

British History: British Authors

Terry Kubista

Thursdays, March 2–23, 1–3 p.m.

Join an interesting and lively discussion around these British author's works and lives: Jane Austen, Agatha Christy, Sir Walter Scott and Robert Burns.

Cost: \$28 (Course #2180101-03)

The Middle East

Dan Hartman

Wednesday, Feb. 8, 10:30 a.m.–12:30 p.m.

Explore the history of the Middle East. Review events from the defeat of the Ottoman Empire in 1918 to present day conflicts in the Arab world. Identify different terrorist organizations that developed and their impact on the world today.

Cost: \$5 (Course # 2180202-01)

Persian Gulf War

Dan Hartman

Wednesday, March 8

10:30 a.m.–12:30 p.m.

Dive into components of the Persian Gulf War, Aug. 2, 1990 – Feb. 28, 1991. The Gulf War was code named Operation Desert Shield for operations leading to the buildup of troops and defense of Saudi Arabia. Operation Desert Storm was war waged by coalition forces from 34 nations led by the United States against Iraq in response to Iraq's invasion of Kuwait.

Cost: \$5 (Course # 2180203-01)

War Planes

Al Pike

Tuesdays, March 7-28, 10 a.m.–noon

View the PBS documentary on warplanes covering a century of flight from a crude instrument of wood and wires into a decisive weapon of modern combat. This is a four-week class, with the first three classes meeting at the Minnetonka Community Center. The last session participants will meet in Eden Prairie for a tour of the Wings of the North Museum.

Cost: \$12 (Course #2180205-01)

Education Programs

Defensive Driving

Register through MN Highway Safety Center, 1-888-234-1294, or visit mnsafetycenter.org for all classes.

4-hour renewal sessions:

- \$22, Thursday, Feb. 16, 9 a.m.–1 p.m.
- \$22, Tuesday, March 7, 9 a.m.–1 p.m.

Computer Basics I:

Abbey Key

Tuesdays, Feb. 7 and 14, 10 a.m.

This easy and fun introduction to the world of computers will cover basic computer parts and functions and browsing the web.

Cost: \$16 (Course #2180501-01)

Computer Basics II:

Abbey Key

Tuesdays, March 14 and 21, 10 a.m.

This easy and fun introduction to the world of computers will cover electronic devices, navigating basic programs and include ample time for questions and practicing.

Cost: \$16 (Course #2180501-02)

Day Trips*



Progressive Irish Tasting Tour

Thursday, March 9

This progressive tasting tour begins at O'Gara's Irish Grill in St. Paul, established by James O'Gara in 1941 and features unique Irish décor. Next, venture to O'Malley's Irish Pub in Woodbury where furnishings were handcrafted in memory of Tim O'Malley. The tour concludes at the Lake Elmo Inn, offering a tradition of elegance for over three decades.

Menu: Soup prepared by O'Gara's chef, choice of shepherd's pie or fish and chips, and bread pudding with Irish whiskey.

Cost: \$73, includes tours, meal, transportation and guide

(Course# 2110102-01)

Estimated trip time: 10:30 a.m.–3:45 p.m.

Register or cancel by: Tuesday, Feb. 14

Uff Dah! A Scandinavian History Tour

Tuesday, April 4

Ole and Lena guide a riding tour to discover how and why immigrants from Norway, Sweden, Denmark and Finland came as pioneers to St. Paul and Minneapolis. Learn about many famous sites including the Mindekirken Church and the Norway House. Say goodbye to Ole and Lena before enjoying lunch and shopping at the Bokhandel Gift Shop. End the trip with a guided tour of the Turnblad Mansion and the American Swedish Institute.

Menu: Smorgasbord of traditional Swedish dishes including meatballs, gravlax, potatoes, cucumber salad and more.

Cost: \$73 includes tours, meal, transportation and guide (Course# 2110103-01)

Estimated trip time: 9 a.m.–3:45 p.m.

Register or cancel by: Friday, March 3

*For a complete listing of day trips search for trips at eminnetonka.com/register. Flyers for day trips and extended trips through Landmark Tours are also available at the community center. Trips meet in the lobby of the community center.

11280 Wayzata Blvd.
763-591-4868
Purchase items handcrafted by Minnetonka residents ages 55 and older. Seasonal crafts and gifts have arrived!

- Winter hats, gloves and scarves
- Baby clothes and toys
- Jewelry and accessories
- Handbags and wallets
- Doll furniture and clothes
- Household items and more!

Hours: Wednesday–Saturday, 10 a.m.–4 p.m.,
 Thursdays until 8 p.m.

Interest Groups

Interest groups are coordinated and led by seniors in the community. All groups meet at the Minnetonka Community Center, unless noted otherwise. For a complete list of groups go to eminnetonka.com/interestgroups.

Bird Club

1st Friday, 10 a.m.

Penguins of the Antarctic, with Katy Shannon, naturalist and retired science teacher.

Book Club

3rd Thursday, 1 p.m.

Being Mortal by Atul Gawande

Literary Book Club

4th Tuesday, 7:15 p.m.

The Innocents Abroad by Mark Twain

Billiards

Monday - Friday, Various times

New members welcome!

Garden Club

2nd Monday, 1 p.m.

Speaker to talk about Lake Minnetonka Conservation. What they do, future projects, and how they are done.

Genealogy Club

1st Thursday, 10 a.m.

New members welcome!

AA/Al-Anon

Wednesdays at 10:30 a.m.

All ages welcome. New members welcome!

Crafting for a Cause

2nd Friday, 9 a.m.

New members welcome!

Caregiver Conversations

2nd Thursday, 10 a.m.

New members welcome!

Art Drop-In

Mondays, 9 a.m.-noon

Informal drop in and create!

Email Updates

Stay up-to-date on the latest events! Receive weekly email updates on senior happenings! Send your email address to spieh@eminnetonka.com.

Receive the script and calendar via email by subscribing to email alerts at eminnetonka.com/seniorservices.

Services

Blood Pressure Screenings

1st and 3rd Fridays; 2nd Wednesdays

9:30–11:30 a.m., Free!

Provided by volunteer nurses.

Happy Feet

1st, 2nd, 3rd and 4th Friday,

9 a.m. – 3 p.m., \$37

Provided by nurses specializing in foot care. For appointment call 763-560-5136.

Senior Community Services

Senior Outreach Social Worker

Lisa Engdahl

2nd and 4th Tuesdays, Free!

Discuss finances, transportation, personal care, medical care, home maintenance and more. Call 952-939-8393 for an appointment.

Medicare Counseling

1st and 3rd Mondays, Free!

Discuss Medicare, supplemental insurance, Part D coverage, billing issues, resources and more! Call 952-939-8393.

HOME

Household and Outside Maintenance for Elderly (HOME) is available for Minnetonka residents 60 and older. For information call 952-746-4046 or visit the Community Center on Fridays, 9 a.m. – noon. Some of the chores HOME can help with include the following:

- Snow removal
- Changing light bulbs
- Housekeeping
- Changing furnace filters




Minnetonka Senior Services

Connections. Activities. Lifelong Learning.

Contact and Registration Information

Register in person, over the phone, online or by mail.

 14600 Minnetonka Blvd.,
Minnetonka, MN 55345



eminnetonka.com/register



952-939-8393

Office Hours

Monday–Friday, 8 a.m. – 4:30 p.m.

Administrative Staff

Kate Egert, kegert@eminnetonka.com

Sue Svec, ssvec@eminnetonka.com

Senior Services and Activities Manager

Steve Pieh, 952-939-8366

spieh@eminnetonka.com

Senior and General Programs Manager

Alicia Watts, 952-939-8369

awatts@eminnetonka.com

Mission

To develop and promote programs and services in our community to meet the diverse needs of those 55+.

Program Locations

Meet at Minnetonka Senior Services unless otherwise noted.

Cancellation Information

Program Cancellations

Refunds will only be made if registration is withdrawn before the advertised deadline. If no deadline is given, registration must be withdrawn at least two business days prior to the start date of the program. Partial credit will be considered if injury or serious illness occurs. In such case, a physician's verification may be required.

Trip Cancellations

Refunds are assessed a \$5 administrative fee and only granted prior to the registration deadline or in the event that a replacement is found.

An update on Lake Rose habitat restoration project

Lake Rose area neighbors, led by experienced restoration volunteer Heather Holm, committed over 200 hours of their time in 2016 to begin habitat restoration on city land that ultimately drains to Lake Rose. After completion, the project will receive a reimbursement grant of \$5,470 from Nine Mile Creek Watershed District.

The city and volunteers have partnered to carry out the project, with volunteers contributing the labor for invasive species removal, re-planting, and more. The city is assisting with brush pickup, delivery of wood mulch, plant orders, pre-payments and grant oversight.

The purpose of the project is to stabilize a slope above the pond, reduce erosion, improve water quality, and replace invasive species with a diversity of native plants that improve neighborhood aesthetics while benefitting insect pollinators, songbirds and wildlife.

A cost-share agreement between the city and watershed district outlines all specifications for the project.

Tasks completed in 2016:

- Native woody species identified and protected
- Invasive woody buckthorn and honeysuckle removed
- Maintenance paths created and mulched
- Wood re-used to edge paths and stabilize slopes
- Native wildflowers and cover crop seeded

Goals for 2017:

- Control garlic mustard and other weeds
- Mulch garlic mustard areas
- Plant pond shoreline with native perennials
- Plant native trees and shrubs
- Maintain plantings

To volunteer on habitat restoration projects in city parks, call Janet at 952-988-8423.

Learn more about the Nine Mile Creek Watershed District at ninemilecreek.org.

City receives Hennepin Youth Sports Program grants

In late 2016, the City of Minnetonka Recreation Services department applied for and received two grants from The Hennepin Youth Sports Program. Funded by the Twins ballpark sales tax, this program awards capital grants to build, repair, renovate or expand youth sports facilities in Hennepin County.

A \$90,000 grant will help fund the installation of lighting at the Civic Center Campus athletic fields in April. The lighting project has been included in the city's Capital Improvements Program for the past two years and was recommended for completion by the park board late last fall.

Field lights will allow youth sports teams to have longer seasons and later games, while creating more field time for other youth organizations in the community, including

soccer associations and football, lacrosse and rugby teams. In addition to saving taxpayer dollars, the grant helps the city meet the growing demand for youth sports and maximize existing field space.

The city also sponsored a \$94,000 grant for Lionsgate Academy to install a new wheelchair-friendly gymnasium floor this summer. The charter school and the city will develop an agreement to ensure public access to the facility, per grant requirements. Gymnasium space is in high demand across the community and this agreement will give the city an additional indoor recreation space for youth activities and adapted sports.

Since 2009, the city has received three additional grants from The Hennepin County Youth Sports Program, including \$112,000 to build a new gymnasium at Eagle Ridge Academy, \$45,000 to install softball field lights at Glen Lake Park, and \$187,500 to develop the Shady Oak Beach Community Play Area.



Smoke alarms save lives

Did you know? Three of every five home fire deaths happen in homes without working smoke alarms. Though small and inconspicuous, a functioning smoke alarm is often the difference between life and death.



Minnetonka Fire recommends that every household has a working smoke alarm in every bedroom and on every level. Alarms should be tested monthly, and the batteries should be replaced annually. The entire alarm should be replaced every 10 years. Combination carbon monoxide and smoke alarms should be replaced every five to seven years, as the sensors wear out after that time. If smoke alarms have turned yellow with age, it is time to replace them.

Alarms available for those in need

Minnetonka Fire has partnered with the Minneapolis chapter of the America Red Cross to provide battery powered smoke alarms and installation free of charge to Minnetonka homes in need. Call the fire department at 952-939-8331 to schedule a free in-home fire safety assessment and find out if you qualify.

2017 city tree sale opens online Feb. 6 at 8 a.m.

Once again, the city is partnering with the local nonprofit Tree Trust to offer exclusive online ordering for the annual tree sale. Check out the table on page 11 for this year's list of trees and their characteristics.

**The sale begins at 8 a.m.
Monday, Feb. 6 and closes
Monday, March 6 at 5 p.m.**



Ordering Trees

To place your order, visit eminnetonka.com. After adding trees to your online shopping cart, you will be prompted to set up an account with Tree Trust. (If you purchased trees through the city's online sale in 2015 or 2016, you may log in using your existing account.) A credit card or PayPal account is required to complete the purchase.

Tree prices will be listed on the website when the sale opens.

Please note:

- This offer is only open to Minnetonka residents. The city offsets the cost of the trees for residents, and the intent of the sale is to reforest Minnetonka. Please refrain from buying trees for cabins or others who do not live in the city.
- You may order up to two individual trees per property, or one tree and one duo, or one tree and one trio. There is no limit on the purchase of tree guards and tree gator bags.
- The city reserves the right to limit tree species and quantities for associations, apartments and residents who own multiple properties.
 - If you own multiple properties and will be buying trees for more than one parcel, please contact forestry staff at 952-988-8407 before placing your order.
 - If you represent an apartment complex or townhome/condo association, please contact forestry staff prior to placing your order.
- Not all trees are suitable for planting under power lines. Plan for the mature height of the tree(s) you purchase.
- In order to protect data privacy, absolutely no orders will be accepted over the phone or on city computers.
- These trees do not have a warranty.
- Quantities are limited – order early!

Tree Pick-Up

**Friday, April 28
9 a.m. – noon**

**Saturday, April 29
9 a.m. – noon**

**Public Works, East Driveway
11522 Minnetonka Blvd**

If you buy a Magnolia tree...

Magnolia trees will be available for pick-up at Public Works on Tuesday, May 23 and Thursday, May 25 from 4:30–6 p.m.
Only Magnolia trees will be distributed on this date.

Trees that are not collected on the designated dates will be planted in Minnetonka parks. No refunds will be given.

Additional Items

Plastic Tree Guard

Protect young tree stems from deer and more! Use on trees up to 3" in diameter. On larger trees and those with thin bark, you can attach several guards using white duct tape or zip ties. (Not suitable for conifers or clump/multi-stem trees.)

Tree Watering Bag (Gator Bag)

Zip this heavy-duty plastic bag around your young tree and fill it once every 5-7 days to ensure your new tree gets property watered. The bag holds about 20 gallons of water, which is slowly released into the soil over a period of 5-9 hours. Zip two bags together to water your larger, more established trees.

2017 Tree Sale Options

Species	Approximate Height at Purchase	Height at Maturity	Mature Spread (width)	Sun or Shade?	Flowers and Fruit	Wildlife Value	Fall Color
LARGE SHADE TREES							
Maple 'Autumn Blaze'	6-8'	50'	40'	full sun to part shade	red flowers; "helicopter" seeds	birds, squirrels	brilliant red
Maple 'Sienna Glen'	6-8'	50'	30'	full sun to part shade	red flowers; no seeds		yellow to red
River Birch	6' (clump)	60'	45'	full sun to part shade	catkins (like pussy willow)	birds and other wildlife	bright yellow
Quaking Aspen	6-8'	30-50'	10-30'	full sun to part shade	catkins	deer, small game, birds	yellow-gold
Swamp White Oak	6-8'	50-60'	40-50'	full sun	acorns	birds, deer, squirrels	orange-gold
SMALL ORNAMENTAL OR UNDERSTORY WOODLAND TREES/SHRUBS							
Blue Beech	6-8'	30'	20'	full sun to shade	catkins	songbirds	orange
Eastern Redbud	5-6' (clump)	20-30'	25-35'	full sun to part shade	pink flowers	butterflies	yellow
Magnolia 'Merrill'	6'	20-30'	20-30'	full sun to part shade	large white flowers	beetles, birds	yellow to rust
Serviceberry 'Autumn Brilliance'	5-6' (clump)	20-25'	15'	full sun	white flowers; purple berries	songbirds	red-orange
White Fringetree	6' (clump)	12-20'	12-20'	full sun to part shade	greenish-white flowers; summer fruits	birds and other wildlife	yellowish
Crabapple 'Prairifire'	5-6'	15-20'	20'	full sun	dark-pink flowers; persistent fruit	songbirds	orange-gold
Pagoda Dogwood	5'	15-20'	20-25'	full sun to shade	cream-colored flowers; dark blue fruit	butterflies, songbirds	red
Hawthorn (Thornless)	5'	15-20'	15-20'	full sun	white flowers; reddish mini-apples	birds, deer, small mammals	orange to purple
Wetland Buffer Trio	1-2'	One each of Glossy Black Chokeberry, Red Twig Dogwood, and Wentworth Cranberrybush. Plant along streams, lakeshores, and wetlands (but not in standing water). Best in full to part sun with minimal competition.					
Woodland Trio	1-2'	One each of American Hazelnut, Nannyberry, and Gray Dogwood. Plant along a wooded edge, in a woodland, or wherever buckthorn has been removed. Best in full to part sun.					
CONIFERS							
Norway Spruce Duo	Includes two - 2' trees	40-60'	25-30'	full sun to part shade	cones	songbirds, squirrels	evergreen

