# Visit Minnetonka Kids' Fest Sunday, Feb. 8

February 8, at the Minnetonka Civic Center Campus, 14600 Minnetonka Boulevard, Minnetonka.

All activities are free and include dog sled rides, horse drawn trolley rides, bingo, magic and puppet shows, face painting, ice carving demonstrations, s'mores by the bonfire, crafts, entertainment, indoor ice skating and more. Both indoor and outdoor activities – dress accordingly.

Please bring canned goods to help area families in need. Collections will be received at the Minnetonka Community Center. For more information visit **www.eminnetonka.com**, or

*www.eminnetonka.com*, call (952) 939-8203. **⋄** 



Dog sled rides are always a Kids' Fest favorite.

# State of the City is February 11

the City Address by Mayor Terry Schneider Wednesday, February 11, from 7:30-9 a.m. at the Minnetonka Community Center, 14600 Minnetonka Boulevard, Minnetonka. A continental breakfast will be served. Please RSVP by February 3 to Karen Telega at *ktelega@eminnetonka.com* or (952) 939-8211.

# **Burwell House** volunteers needed

H. Burwell House at 13209 E. McGinty Road is a treasured city resource, and tours led by volunteers play a critical role in bringing this site to life for visitors of all ages.

e 2015 tour season starts Saturday, June 6, and continues through August 29. Tours are available Tuesdays, 12-3 p.m. and Saturdays, 12-4 p.m. Additional tour dates and times for the 2015 season are yet to be determined. In September, the house is open on Saturdays, 12-4 p.m. Tours are also available by special appointment, dependent on volunteer availability. Elementary school students visit the house in the spring to learn about Minnetonka's history. Additional volunteers are needed as regular season tour guides and to assist with the school program. Training is provided.

If you are interested in learning more about becoming a tour guide, please attend a spring tour guide open house event Tuesday, April 21, 5:30-6:30 p.m., or Tuesday, April 28, 10:30-11:30 a.m. at the Burwell House. You'll take a tour of the house and learn what it takes to become a tour guide. High school students are welcome to volunteer at the house.

Volunteering at the Burwell House is a great way to connect with the community and to share this special site with others. To RSVP or to volunteer as a tour guide, contact Jacque Larson at (952) 939-8207 or *jlarson@eminnetonka.com.* 

# Kids' Fest Schedule of Events Sunday, Feb. 8

All events are at the Minnetonka Community Center unless otherwise indicated. Activities and performances are subject to change without notice. For more information, visit www.eminnetonka.com.

### 12:30-1:15 p.m.

e Woodland Puppets

#### 12-1:30 p.m.

Dog sled rides

#### 1:30-2:15 p.m.

Amazing Nathan Magic Show

## 2:15-3:30 p.m.

Dog sled rides

### 2:30-3:15 p.m.

Bingo

## 2:30-3:30 p.m.

• Free ice skating & skate rental (Minnetonka Ice Arena)

#### 12-3:30 p.m.

- Horse-drawn trolley rides
- Facepainting
- Ice carving demonstrations
- Bonfire and s'mores
- Caricature artists
- · Kiddance: Dance DJ
- Amazing Nathan strolling magician
- Arts and crafts with KidCreate Studio
- Early childhood sensory activities (Hopkins ECFE)
- Fire extinguisher simulator station
- Great Harvest wheat grass gardens/ bread samples
- Funtime Funktions Spin Zone
- Strolling characters
- Concession sales
- Shady Oak Beach season pass sales

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# Visit the Home Remodeling Fair Saturday, February 22

to the West Metro Home Remodeling Fair Sunday, February 22, from 10:30 a.m. to 3:30 p.m. at the Eisenhower Community Center, 1001 Highway 7, Hopkins. Admission is free.

Sponsored by the cities of Minnetonka, Golden Valley, Hopkins and St. Louis Park, and Hopkins, St. Louis Park and Minnetonka community education, the Home Remodeling Fair is designed to provide residents with ideas, information and resources to promote improvements to housing in each community.

Fairgoers can visit more than 100 exhibitors, including remodeling contractors, architects, landscapers and financial lenders. Get ideas for your kitchen, bathroom, landscaping, windows and siding. Minnetonka planning department sta and city inspectors will also be at the fair.



# **Celebrating 20 Years**

Visit the Idea Center for free, noobligation consultations from volunteer architects, interior designers, landscape designers, arborists, master gardeners and more. Bring your photos, sketches and questions. Attend a free seminar or demonstration to learn about the latest trends in home décor, kitchens and bathrooms, flooring, plumbing, landscaping and much more. Enter to win a \$200 cash prize from the Home Remodeling Fair. Exhibitors will also hold prize drawings. Also, check out the Operation Rescue Room contest, where you could win \$1,000 to use towards remodeling a room if it is voted most in need of a makeover by visitors to the home remodeling fair. A children's activity center is available for parent/child crafts and activities for ages three and up, including face painting.

For more information, visit www.eminnetonka.com or www.homeremodelingfair.com, or call (952) 939-8200.  $\infty$ 

# City o ers online utility billing

T bills from the city? Now you can receive and pay your city utility bills (water and sewer) electronically. You can also choose to pay your bill online, either one time or on a recurring basis, using your credit card or bank account.

It's easy to sign up and it's free! Visit **www.eminnetonka.com** and look for the online utility billing logo. Click on the logo and follow the instructions – be sure to have your latest bill handy. Questions? Call (952) 939-8200.

# Summer recreation registration starts March 2

dedition of the recreation services brochure will be mailed to Minnetonka and Hopkins residents in late February.

e brochure can also be viewed online at *www.eminnetonka.com*. Registration starts March 2 for residents and March 16 for non-residents. Non-residents who wish to receive a copy of the brochure will be charged \$3 to cover mailing costs. To request a copy call (952) 939-8203 or email *recservices@eminnetonka.com*.

# Young Artist winner performs Feb. 15

Minnetonka (MAM) is proud to announce Sarrah Bushara as winner of its 33rd Annual Young Artist Competition. Sarrah, 16, is in her junior year of high school as a PSEO student at the University of Minnesota and has performed in several venues in the Twin Cities and in Europe.

is past year, she was a Minnesota Varsity Showcase Artist in the Classical MPRsponsored competition and performed in a live broadcast from the Fitzgerald She was also selected to the National Association for Music Education (NAfME) 2014 All-National Honors Orchestra and performed at the Grand Ole Opry in Nashville, Tenn. As a composer, Sarrah has written several choral, orchestral and chamber works. is year, she continues playing chamber music with Trio Tesoro and the Rustling Winds, as well as with Greater Twin Cities Youth Symphonies, Minnesota Youth Symphonies, and the University of Minnesota Symphonic Band.

She will be featured in the Association's Young People's Concert with the Minnetonka Symphony Orchestra Sunday, Feb. 15 at 3 p.m. at Wayzata Community Church, 125 East Wayzata Boulevard, Wayzata, and Sunday, Feb. 22 at 3 p.m. at Minnetonka United Methodist Church, 17611 Lake Street Extension, Minnetonka. Please join us for an afternoon of extraordinary talent from our younger generation, and for the MSO's



Sarrah Bushara

performance of Stravinsky's " e Fairy's Kiss: Divertimento" under the baton of Roger Satrang Hoel.

Admission to MAM concerts is free, but donations are appreciated. MAM welcomes interested musicians of all capabilities to email *mamoffice@musicassociation.org* regarding auditions and rehearsal times.

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# Adopt a native tree or shrub in Minnetonka

R the trails through Minnetonka's natural areas, especially those in parks that have had successful habitat restoration.

Acres of land previously clogged with buckthorn now have scattered native trees and shrubs. Most of these native plants are remnants of an open woodland of the past that has been recently released from invasive species oppression. Others popped up on their own from seed or dormant roots or have been planted by city sta and volunteers.

Specific high-value trees and shrubs in Big Willow and Lone Lake parks can use some help in order to thrive. Many have su ered from drought, deer browsing, antler rubbing, rodent damage and competition from more aggressive plants. Tender loving care provided by volunteers who are willing to adopt them can help the plants do more than survive – it can help them thrive.

Care includes installation of protective tree guards or fencing, removal of weeds and other competing vegetation, improvements to the root area with mulch, creating soil berms and watering during drought periods. Below are the specific plants and area in need of adoption.

## **Big Willow Park trails**

- Young American plum, choke cherry trees
- ree serviceberry clumps
- A 10 x 20 foot young pin cherry thicket
- · Four young bitternut hickory trees
- An 80 x 80 foot woodland patch with small tree and wildflower plantings



Protective fencing around native plants.

#### **Lone Lake Park**

- Among the upper and lower lake trails:
  - American plum and serviceberry plantings
  - Existing nannyberry, choke cherry and gray dogwood thickets
- Pockets in the small woods east of the basketball court:
  - Uncommon downy arrowwood
  - Gray dogwood and nannyberry thickets
  - Choke cherry and black cherry

Materials and field training will be provided in April. Want to learn more about the Adopt-a-Spot or Adopt-a-Tree program? Call Janet Van Sloun at (952) 988-8423.

# Nominate a teen for Caring Youth award

grades 7 through 12 who shows an ongoing awareness of others through volunteering or other activities, consider nominating him or her for a 2015 Caring Youth Award.

Each year the cities of Minnetonka, Hopkins and Golden Valley, the Hopkins and Minnetonka school districts and the Glen Lake Optimists host a Caring Youth Recognition event to honor the contributions of caring young people. e 2015 event is set for ursday, March 19, at 7 p.m. at the Minnetonka Community Center, 14600 Minnetonka Blvd., Minnetonka.

To qualify for the award, a Caring Youth must meet at least one of the following criteria: live in Minnetonka, Hopkins or Golden Valley; attend school in Hopkins or Minnetonka; and/or volunteer (unpaid and not as a requirement for a class or co-curricular program) in Minnetonka, Hopkins, or Golden Valley.

Young people may only be nominated by the organization they are serving. For more information, including nominations guidelines and forms, visit *www.eminnetonka.com* or call Jacque Larson, community relations manager, at (952) 939-8207. Nominations may also be submitted online at *www.eminnetonka.com*. Nominations for the 2015 Caring Youth awards are due by 4:30 p.m. Monday, February 2.

# Hands only CPR, AED training

Hands-Only CPR and AED class Monday, February 9 at 7 p.m. at the Minnetonka Community Center, 14600 Minnetonka Boulevard, Minnetonka. Hands-Only CPR is the new CPR, which is quick and easy to learn in this short, informative class. Presentation will be followed by a hands-on demonstration of the new CPR technique. No registration required and no charge.

### Walk-in sessions

Can't make it February 9? Attend a walkin session at the Ridgedale Service Center, 12601 Ridgedale Drive, Minnetonka, February 13, 18 or 23, from 10 a.m.-1 p.m.

# Follow us on Twitter for snowplowing info

(@MinnetonkaMN) for snow removal tweets and updates during winter snowstorms. is is the best place to get timely updates on what the city has planned for snow removal and where we are in the snow removal process during large-scale snow events. As an added bonus, you'll receive tweets about city news, events and updates.



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# Buckthorn removal volunteers needed

Mis looking for help with the removal and on-site recycling of second-growth buckthorn on a Jidana Park island adjacent to Minnehaha Creek Saturday, February 28 from 10 a.m. to 12:30 p.m. Meet at the Jidana parking lot, 3333 Jidana Lane.

Activities include cutting young buckthorn with loppers or bow saws (some may be pre-cut), gathering slash for neat reuse, cutting and removing pre-flagged grape vines, installing plant protection spirals, and treating stumps if temperature and snow depth permits.

Volunteers should dress in winter layers; wear winter boots, snow pants or long underwear; and bring winter work gloves.

e city will provide tools, direction, snacks and warm drinks.

Work date will be re-scheduled in March if weather conditions are unfavorable, so RSVP is required at (952) 988-8423. •

# Pancakes with the Police Explorers

Post 884 will host its annual Pancake Breakfast Sunday, February 15, 8 a.m. to 1 p.m. at the Minnetonka Community Center, 14600 Minnetonka Boulevard.

e Police Explorers is an exciting program for young adults ages 14-20 who have an interest in law enforcement. Funds raised will be used for trips to competitions throughout the year. For more information about the program contact Minnetonka Police O cer Larissa Johnson at (952) 939-8500.

# Just a minute...for our email newsletter

was recently redesigned with a new quick-to-read format that works well on mobile devices. Learn what's new and important each week: subscribe to the *Minnetonka Minute* at *www.eminnetonka.com*.

# Summer day program o ered at Williston

Asummer day program for your child or children in grades 1-5? Look no further than Kid's Corner! Based at the Williston Fitness Center, this program was created to meet the needs of local families during the summer months. Children will participate in swimming, field trips, sporting activities and arts and crafts using the swimming pool, splash pad, Treehouse and gymnasium. Children will take a school bus for one o -site field trip per week and will walk to surrounding locations such as the Minnetonka Ice Arena and neighborhood parks several times a week. Children are required to bring their own cold lunch and snacks daily.

**Dates:** June 8-August 28 (Monday-Friday)

**Time:** 7 a.m. – 5:30 p.m. (Drop o between 7–9 a.m. & pick up between 3–5:30 p.m.)

**Cost:** \$150 per week (10-, 11- and 12-week registration options)

# Registration

e program o ers 33 places with early registration granted to returning families. Registration for the remaining openings will take place via lottery. Registration for the lottery begins Monday, February 23, and



ends at 4:30 p.m. Friday, March 6. Lottery registration is NOT on a first-come, firstserve basis. All registrations received during this period will have an equal opportunity to be selected. e lottery is only open to Hopkins and Minnetonka residents. Lottery selection will take place Monday, March 9, at 10 a.m. in the Minnehaha Room at Minnetonka City Hall. Attendance is not ose registered for the lottery required. will be notified of their status following the selection. Registration for the lottery is free. If chosen for a spot in the program, you will be charged the \$150 registration fee. Call Recreation Services at (952) 939-8203 starting February 23 to register for the lottery or for more information. •

# Intro to shrub, small tree pruning Feb. 18

participants! As a result of the tree sale programs, more than 13,000 new trees and shrubs have been planted in private yards throughout Minnetonka.

Do you know there are better options than using a hedge trimmer on your shrubs? Do you know how to properly prune your flowering shrubs to ensure they will actually flower? Have you ever thought you wanted to rip out a shrub because it looks too leggy? Would you like to save time and money and try renewal pruning instead? Do you know why it's so important to prune your tree when it is still young? Are you interested in ensuring your young trees will grow to be a valued investment in your landscape?

If so, plan to attend Introduction to Shrub and Small Tree Pruning Wednesday, February 18, 6:30-8:30 p.m. in the Shady Oak Room, Minnetonka Community Center, 14600 Minnetonka Boulevard, Minnetonka. Learn the basics of shrub and young tree pruning: why it's done and what happens if it isn't, some helpful techniques, how to make the proper cut, which tools are necessary, when this work can be done, and who can be called if you can't do the work. For those of you who have attended previous tree pruning talks, this year the first hour will cover shrub pruning and the second hour will review small tree pruning.

e class will be led by Rebecca Koetter, a consultant and landscaper who has several years of experience pruning young trees and shrubs. Rebecca has an undergraduate degree from the Department of Forest Resources and a Master of Agriculture Degree, both from the University of Minnesota. She worked with the Department of Forest Resources for five years.

Registration is required and limited to 35. Please RSVP by calling Public Works at (952) 988-8400. ◆



# **Income Tax Assistance**

This free tax program is designed to help moderate and low income individuals with basic taxes. Please call senior services at (952) 939-8393 to schedule an appointment.

- Mondays & Thursdays, February 9 – April 13
- Appointment times available include: 12:30, 1:45 & 3 p.m.
- Bring a photo I.D. last years taxes and social security card

## Become a Dementia Friend

Monday, February 9, 10:30 a.m.

Dementia Friends is an ACT on Alzheimer's initiative to help Minnesota prepare for the growing number of people living with dementia. Trained Dementia Champion Scott Burglechner will teach participants how to be Dementia Friends. Learn about dementia and how to take action in the community by helping a friend with dementia or making the neighborhood more welcoming for someone with dementia.

Cost: \$2 Please RSVP by Friday, Feb. 6 (Course#36114)

# The Great Composers

Thursday, February 12, 10:30 a.m. Enjoy the musical talents of pianist James Shaw as he plays and discusses the great composers, from Gershwin to the Beatles.

Cost: \$3 Please RSVP by Wed., Feb. 11 (Course#35681)

### Valentine's Day

Friday, February 13, 12 p.m.

Love is in the air! Join us for a Valentine's Day party.

Menu: Stuffed chicken, wild rice, beans, dessert. **Sponsored by:** *Legacy* 

Home Care

Cost: \$7 due Tuesday,

Feb. 10

(Course #35629)

## Lunch and a Movie: When the Game Stands Tall

Friday, February 20, 12 p.m.

Follow the journey of football coach Bob Ladouceur as he takes the De La Salle High School Spartans on a 151-game winning streak.

**Menu:** Football party favorites Cost: \$5 due Tuesday, Feb. 17 (Course #36174)

## Act Happy

Monday, February 23, 10:15 a.m.

Dr. Dale Anderson presents: Never act your age! Knock the EL out of \_derly and become WELLderly. Be an age-less, youth-full, WELLderly star! Provided by Lake Minnetonka Senior Care Providers: Community Connections.

Cost: \$2 Please RSVP by Friday, Feb. 20 (Course #36149)



Sips and Songs offers light refreshments and socializing before taking in local entertainment. Live it up, reserve your seat today!

## **Roe Family Singers**

Wednesday, February 25, 10:30 a.m **Cost:** \$3 (Course #35602)

Sponsored by: Minnetonka Assisted Living

Steven Marking: Sinatra **Tribute** 

Wednesday, April 29, 10:30 a.m **Cost:** \$3 (Course #35603) Sponsored by: Avinity Senior Living

## Lunch and a Movie: And So It Goes

Friday, March 6, 12 p.m.

Michael Douglas and Diane Keaton star in a story of wealthy and self-absorbed Oren who suddenly becomes the caretaker of his previously unknown granddaughter. Luckily, neighbor Leah comes to the rescue. Menu: Pizza, salad, garlic bread and dessert Cost: \$5 due Tuesday, March 3 (Course #36272)

## Senior Health Check

Thursday, March 5 8 a.m. - 12 p.m.\*

Get a free health check at the semiannual Senior Health Check event. Make an appointment today for educational presentations, health screenings and refreshments.

### **Health Screenings:**

Appointments recommended **Balance Screening** 

No appointment needed for:

Computerized Nerve Scans (neck region), Blood Pressure, Hearing, Hand Massage & Skin Checks

#### **Presentations:**

- Home Health Care Services, 9 a.m.
- Nutrition to Boost Brain Function, 11 a.m.

#### Supported by:

Brookdale Living, Maximized Living Health Center, Live Your Life, & Hearing Solutions Group.

Appointments can be made by phone or in person.

### Online Selling: The Basics

Monday, March 30, 10:30 a.m.

Looking to clear the clutter or sell your handmade crafts? Learn the basics of various online venues for selling. Discover the pros and cons of each site and things to consider before entering the world of online sales from Abigail Key, professional organizer and online selling specialist.

Cost: \$2 Please RSVP by Friday., March 27

# A Farewell Message from Kathy Kline...

I would like to inform you that I have recently accepted a new position with the city of Minnetonka as the Hopkins-Minnetonka Recreation Secretary. Thank you everyone for the fond memories and friendships I have made while working as the Secretary for Senior Services.

eminnetonka.com 952.939.8393

February 2015

# **Fitness Programs**

### Over 50 & fit

Mondays, Wednesdays, Fridays, 9 a.m. Join this social group and enjoy music and fitness three days a week!

• Annual Fee: \$12 (Course #35680)

# Tai Chi Chih Susan Sobelson

Mondays, March 30-April 27 \$25 Practice a series of 19 easy-to-learn movements and one pose. Moving meditation can improve balance, flexibility, reduce stress, increase energy and more.

- **Beginner** (*Course #35650*) 10-11 a.m.
- Intermediate (Course #35651) 11:30 a.m. – 12:30 p.m.

# **Continuing Line Dance** Annette Fragale

Learn to "hitch" and "vine" and dance in a line! No partners needed. Six previous lessons needed for continuing beginning level course; 50 previous lessons required for intermediate course.

- Continuing Beginner (Course #35654) \$20, Thursdays, Feb. 5 - 26, 12:30-1:30 p.m.
- Intermediate (Course #35655) \$20, Thursdays, Feb. 5–26, 1:45-2:45 p.m.

# Tai Chi for Health and Wellness Ron Erdman-Luntz

Thursdays, February 19-April 2 (no class 3/26), 6-7 p.m.

Tai Chi short-form movements have many

health benefits and are fun to learn. The slow circular movements of Tai Chi help to improve balance and relaxation. Must be able to **Program** walk comfortably for an hour.

Wear comfortable clothes and athletic shoes.

• \$54 (Course #35652)

# E-mail Updates

Stay up-to-date on the latest events! Receive weekly e-mail updates on senior happenings! Send your e-mail address to spieh@eminnetonka.com.

# Beginning & Intermediate Yoga Nancy Holasek

These gentle classes are geared toward the older adult, with lots of stretching and warm-ups. Yoga postures help increase flexibility. Guided breath work and visualization help to release, relax and restore the body and calm the mind. Please bring a yoga mat or towel to class.

# Chair-Supported Yoga

9:45 - 10:45 a.m.

Most of the class takes place while seated on

- Tuesday, February 24 March 31 \$36 (Course #35635)
- Thursday, February 26 April 2 \$36 (Course #35636)

## **Intermediate Yoga Class**

11 a.m. - 12 p.m.

This class includes standing and balance postures. Students should have the ability to get down to and up from the floor for postures completed while on the belly or backside of the body.

- Tuesday, February 24 March 31 \$36 (Course #35641)
- Thursday, February 26 April 2 \$36 (Course #35642)

# **Athletic Activities**

#### Indoor Pickleball

October - May

Try the fun and social game of pickleball. Limited racquets and balls are available.

- Tuesdays & Fridays, 8 10 a.m.
- Thursdays, 8-9:30 a.m.
- Saturdays, 1-3 p.m.
- Free for Williston Silver Sneaker and Silver & Fit members. \$4 per day for non-members.

Williston Fitness Center 14509 Minnetonka Drive



# Leisure Programs

# Winter Hike to Jidana

Tuesday, February 17 11 a.m. – 1:30 p.m.

Hike along Minnehaha Creek to Deer Island. Enjoy roasting brats and sipping coffee by the campfire. This twomile round-trip walk will begin at the Minnetonka Community Center.

• \$4 (Course #36143)

# **Essential Oil Creations:** Citrus Body Scrub

Wednesday, March 4 1-2 p.m.

Spring fever? Put some spring in the air using fresh lemon scents! Learn about the benefits of essential oils and how single notes and synergistic blends can enrich our health and well being.

• \$6 due Monday, March 2 (Course #36104)

# **Education Programs**

# **Defensive Driving**

Attend and save 10% on car insurance! Pay the instructor at class with a check or exact cash. Register through MN Highway Safety Center, 1-888-234-1294, or visit www. mnsafetycenter.org for all classes.

Four hour renewal sessions:

\$20, Tuesday, February 17, 9 a.m. - 1 p.m.

#### **Nutrition:**

# **Gut Reaction: Restore Digestive** Health through Nutrition

Do you suffer from heartburn, gas, bloating, indigestion, constipation or diarrhea? Do you have an autoimmune disorder, depression or out-of-control sugar or bread cravings? Put an end to these uncomfortable health issues by healing your digestive tract with real food, selected vitamins and amino acids. Discover the connection between what you eat and how you feel.

- \$22 due the Monday prior to program.
- Thursday, March 5, 6–8 p.m. (Course #35676)
- Wednesday, March 11, 1-3 p.m. (Course #35677)

# **Art Programs**

# Space and Dimension Gin Weidenfeller

Wednesdays, March 18 & 25 1-3 p.m.

Explore and apply basic methods in linear perspective, overlap, size, value and contrast change to create three-dimensional space in your drawings and paintings. Use graphite, charcoal and watercolor to depict the depths of interior spaces (i.e., bird nests, broken egg shells, etc.) or bold scenes from the exterior world of nature, still life, and land/city scapes.

• \$40 (Course #35664)

# Negative Painting Sandra Muzzy

Tuesdays, March 3 & 10 9-11:30 a.m.

Learn the technique to define a shape or object by painting around it instead of painting the shape or object itself. Using traditional watercolor techniques, start with light washes, gradually getting darker as we define the subject by painting the negative space around it. Bring regular watercolor paints and a sheet of 140lb Arches cold press watercolor paper to the first class. Some previous watercolor experience is preferred.

• \$50 (Course #35667)

# Volunteer

There are several ways to volunteer at Minnetonka Senior Services! From special events, adopt-a-highway, reminder phone calls and more, we've got something for you! Visit the front desk at the Minnetonka Community Center to sign up.



# **History Programs**

# British History: Rule Britannia Terry Kubista

Thursdays, February 5-26 1-3 p.m.

William and Mary usher in the beginnings of the modern United Kingdom. The apparent madness of George III forces a rethinking of colonial policy and the British Empire is on the build.

• \$28 (Course #35670)

# British History: Royal Kingdoms I *Terry Kubista*

Thursdays, March 5-26 1-3 p.m.

Trace the unique relationship between the British monarchy and the country, from the ancient kingdoms of Sussex, East Anglia, Kent, and Wessex over a thousand years of turbulent history.

• \$28 (Course #35671)

# The War of 1812, the Second American Revolution Dan Hartman

Wednesday, Febuary 11, 10:30 a.m.

Americans declared war in 1812 because of trade restrictions brought about by Britain's ongoing war with France, impressments of American merchant sailors into the Royal Navy, American desire to annex Canada and more. Examine all aspects of the war which ended in a draw and look at its implications on the expansion of America into the Northwest Territory.

• \$3 Please RSVP by Monday, Feb. 9 (Course #35675)

# World War I in Europe Dan Hartman

Wednesday, March 11, 10:30 a.m.

The war will be viewed as if in the trenches in France on the western front. More than 70 million military personnel were mobilized in one of the largest and deadliest wars in history. Examine the Western front, the Christmas truce and day-to-day life in the trenches and technological advances.

• \$3 Please RSVP by Monday, Mar. 9 (Course #36138)

# Interest groups

For more information on these groups and a calendar of events, please visit *www.eminnetonka.com* or stop by the community center.

## **Bird Club**

1st Friday, 10 a.m.

Dave Stephens, UMN Ecology, Evolution and Behavior Professor, *Bird Brains:* Decision-Making, Experimental Games and Evolution of Learning in Blue Jays.

### **Book Club**

3rd Thursday, 1 p.m.
Burgess Boys by Elizabeth Strout.

## Computer Club

*Fridays, 10 a.m.* All levels of computer users invited.

#### New! Dominos

1st and 3rd Thursdays, 1 p.m. New members welcome!

### Ham Radio

**2nd Monday, 10 a.m.**New members welcome!

## **Literary Book Club**

4th Tuesday, 7:15 p.m.
Slaughterhouse-Five by Kurt Vonnegut.

# Single Mingle

*3rd Tuesday, 3:30 p.m.* at Tuttle's in Hopkins for a monthly planning meeting. Monthy flyers are available at the Senior Center regarding additional outings

## **Tale Spinners**

*Thursdays, 1 p.m.*New members welcome!



# **Senior Day Trips**



# Sheldon Theater: The Diamonds, A Tribute to American Bandstand

### Friday, March 27

Enjoy lunch and shopping at the St. James Hotel in Red Wing before taking in a matinee performance of "The Diamonds: A Tribute to American Bandstand." Doo-wop to "Why Do Fools Fall in Love" and "The Church Bells May Ring" in the dazzling Sheldon Theatre founded in 1904.

**Menu:** Soup and sandwich buffet, cookies, coffee, tea and milk.

#### Course# 36056

- **Cost:** \$66 includes play, lunch, transportation & escort
- Estimated trip time: 9:45 a.m. 4:30 p.m.
- **Registration deadline:** Friday, Feb. 27.

# **Summer Registration**

(April-July)

Residents: Monday, March 2 Non-Residents: Tuesday, March 3

- Registration is available online, over the phone, via mail or in person.
- Online: *www.eminnetonka.com*, first-time users should call for a PIN number.
- Phone: (952)939-8393, payments can be made with Visa, MasterCard or Discover.
- Mail: 14600 Minnetonka Blvd Minnetonka, MN 55345
- In person: Monday Friday 8:00 a.m. -4:30 p.m.

# **Scholarships**

- Limited scholarships are available for Minnetonka residents age 55+.
- Scholarships will be kept confidential.
- No questions will be asked regarding details of finances.
- Up to three scholarships per brochure totalling nine per year.
- Up to 50% for programs, classes and events.
- Up to 50% on one day trip per year.

# **Services**

## **Blood Pressure Screenings**

1st & 3rd Fridays; 2nd Wednesdays 9:30–11:30 a.m. Free! Provided by volunteer nurses.

# **Happy Feet**

1st, 2nd, 3rd & 4th Fridays, 9 a.m. – 3 p.m., \$35

Provided by nurses specializing in foot care. For appointment call (763) 560-5136.

# Senior Community Services

## Senior Outreach Social Worker

2nd & 4th Tuesdays, Free!

Discuss finances, transportation, personal care, medical care, home maintenance, and more with Mary Ann, *m.lundberg@seniorcommunity.org.* For appointment call (952) 939-8393.

# **Health Insurance Counseling**

1st & 3rd Mondays, Free!

Discuss Medicare, Social Security, long-term care, resources and more! For appointment call (952)939-8393.

#### **HOME**

Household and Outside Maintenance for Elderly (HOME) is available for Minnetonka residents 60+. For more information call (952) 746-4046.

## CareNextion

### www.carenextion.org.

This online communication tool brings together the support needed to help live a vital and engaging life.

#### **Extended Trips**

For information call Senior Community Services at (952) 767-7899 or visit *www. seniorcommunity.org*.

- Washington D.C. (April 9 18) Cost: \$1460 per person, double occupancy.
- Music Cities (April 22 29)
   Cost: \$1225 per person, double occupancy.

**Our mission:** To develop and promote programs and services in our community to meet the diverse needs of those 55+.

# **Contact & Registration Information**

Register in person, over the phone, online or mail-in.

## Minnetonka Senior Services

(952) 939-8393

14600 Minnetonka Blvd. Minnetonka, MN 55345

www.eminnetonka.com

### Office hours:

Monday - Friday, 8 a.m. - 4:30 p.m.

#### **Administrative Staff**

Kate Egert

kegert@eminnetonka.com

#### Senior Services & Activities Manager

Steve Pieh

(952) 939-8366

spieh@eminnetonka.com

### Senior & General Programs Manager

Janelle Crossfield

(952) 939-8369

jcrossfield@eminnetonka.com

# **Program locations**

Meet at Minnetonka Senior Services unless otherwise noted.

# **Registration information**

• Program cancellations

Refunds will only be made if registration is withdrawn before the advertised deadline. If no deadline is given registration must be withdrawn at least two business days prior to the start date of the program. Partial credit will be considered if injury or serious illness occurs. In such case a physician's verification may be required.

Trip cancellations

Full refund requires cancelling prior advertised deadline. Cancellations after deadline are refunded after a \$5 fee per registration, only in the event a participant is found to fill the space.

February 2015 eminnetonka.com

# **Recognizing Japanese hedge parsley**

quickly spreading invasive species found in more than 21 states and three Canadian provinces. Japanese hedge parsley (*Torilis japonica*) is a Queen Ann's lace lookalike, meaning it can be easily confused with several species in the carrot family (and other species with compound, feathery and fern-like leaves). It was found in Victoria-Evergreen Park in 2011 where it grows in both shady and sunny areas. Its home range spans northern Africa, Europe, the Middle East and Asia.

Japanese hedge parsley can complete its life cycle in one (annual) or two years (biennial). When young, it forms a rosette of parsley-like leaves at the ground. e



**Flowers** 



Adult leaves

flowering stalk can emerge in the first or second year. Stem leaves are 2" to 5" long, pinnately compound in a triangular shape and slightly hairy. Small white flowers bloom in a flat-topped, loose umbel in summer, after garlic mustard. Each flower can produce a pair of small, oval, bristle-covered fruits containing one seed each.

e 1/8' fruits ripen from green to brown and easily attach to fur or clothing in late summer.

Like garlic mustard, Japanese hedge parsley invades woodlands, fencerows, roadsides and disturbed areas. It can displace native vegetation and disrupt ecosystems. Volunteers are especially needed in Victoria-Evergreen Park to pull garlic mustard and Japanese hedge parsley from May through July. To volunteer, call Janet Van Sloun at (952) 988-8423.



Flower umbel



Seed heads

# March tree pruning drop-o available

November through March as the ideal time to prune oak trees, when they are least susceptible to oak wilt. is is also a great time to prune other trees, since insects and diseases are not active.

To assist residents who conduct winter pruning, the brush drop-o site at Minnetonka Public Works, 11522 Minnetonka Boulevard, will be open Saturdays, March 7, 14, 21 and 28, from 7 a.m. to 3 p.m.

Enter the brush drop-o at the northwest corner of the Public Works facility (Big Willow ball field side).

Branches up to 12" in diameter will be accepted. Christmas trees (without plastic bags, stands or any decorations) will also be accepted. Proof of Minnetonka residency

- driver's license or Minnetonka utility bill
- is required to drop o brush.

Please note: trash, grass, leaves, dirt, sod, lumber, fencing or wood scraps are not accepted.

No brush or trimmings will be accepted from commercial tree or lawn services.

e site is not open weekdays in March. e regular brush drop-o program starts Saturday, April 4.

For more information call Minnetonka Public Works at (952) 988-8400. ❖

# Staying informed about city projects

applications for projects that require planning commission and/or city council approval. Information on these, as well as many other city projects, is regularly updated on the city's website at www. eminnetonka.com. You can learn about new projects in the city; provide online feedback on projects during the approval process; and receive email updates on projects. Planning commission meeting agendas are posted the Monday prior to the meeting. Visit www. eminnetonka.com for information.

eminnetonka.com February 2015

# 2015 city tree sale orders due Friday, Feb. 27

T two new options this year: online ordering and woodland trios.

e city is partnering with TreeTrust, a local nonprofit organization, to host online orders via credit card. Visit *www.eminnetonka.com* and you will be redirected to the TreeTrust website for online orders. In order to protect your data privacy, absolutely no credit card orders will be accepted over the phone. Paper orders are still accepted for those who prefer to pay by check. No need to fill out postcards this year.

is year's new product, the woodland trios, is a combo of trees and shrubs that are smaller in size but o er more native plants to help reforest areas where buckthorn has been removed.

Quantities are limited and trees can sell out before the Feb. 27 due date, so place your tree order as soon as possible. Note: Due to rising tree costs and nursery availability as well as the addition of the online ordering option, tree prices have risen slightly this year.

# Tree pick-up

Friday, May 1, 9 a.m. – 2 p.m. Saturday, May 2, 9 a.m. – 12 p.m.

Public Works, East Driveway 11522 Minnetonka Blvd. Minnetonka, MN 55305

(952) 988-8400

Species	Initial Height	Fall color	Sun or shade?	Significant features	Mature Height	Mature Spread	
Large shade trees							
American Basswood	4′	Yellow	0 •	Fragrant pale yellow flowers, attracts pollinators, needs pruning regularly for first 15 years		40 – 50′	
Ginkgo 'Autumn Gold'	6-8	Yellow	0	Unique leaf shape, fruitless, can tolerate compacted soil and drought once established	50´	30′	
Hackberry	6-8	Yellow	0 1	Berries for birds, can tolerate seasonally wet areas and drought once established		50´	
<b>Heritage Oak</b> (Bur oak x English oak)	6-8	Yellow/Brown	0	Glossy leaves, vigorous growing oak attracts butterflies, has acorns for wildlife	60 – 80´	40 – 50´	
Kentucky Coffeetree	6-8	Yellow	0	Pods provide winter interest, architectural bark, leaves produce dappled shade, a unique tree	50 – 60´	40 – 50´	
Swamp White Oak	6-8	Yellow/Brown	$\circ$	Glossy leaves, can tolerate wet areas and drought once established, long-living, resistant to oak wilt	50 – 60´	40 – 50´	
Gray Birch 'Whitespire' (clump)	4-6'	Yellow	0	Gray-white bark, can tolerate wet areas and drought once established, resistant to bronze birch borer	30 – 40 ′	20 – 35′	
Yellowwood	6-8	Yellow/Copper	0	Fragrant white flowers, pods in fall, attracts pollinators	30 – 40′	30 – 40′	
Small ornamental or unders	tory woo	lland trees					
Blue Beech	6-8	Yellow/ Orange/Red	0 •	Best planted in woods or edges, excellent replacement for buckthorn in woods, slower growing	20-30	20′	
Crabapple 'Prairifire'	4-6	Orange/Gold	0	Dark pink spring flowers, fruit persistent, food for birds, tolerant of most soil and moisture conditions, suitable for planting near power lines	15 – 20´	20´	
Ironwood	6-8	Golden yellow	000	Best planted in woods or edges, excellent replacement for buckthorn in woods, retains leaves after autumn, hop like fruit offers winter interest, slower growing	30 – 50′	25´	
Serviceberry 'Autumn Brilliance'	6-8	Orange/Red	0	Small tree with white flowers and purple berries that attract birds and butterflies, tolerant of most soil and moisture conditions	20 – 25´	15´	
Conifers							
Tamarack	4-5	Yellow	0	Tolerates saturated soils, unique foliage, only conifer to show fall color and to drop needles	40 – 80´	15 – 30´	
Woodland Trios							
Woodland Trio – #1	1-4	A mix of three #2 gallon or #5 gallon trees/shrubs consisting of an American plum, pin cherry, black cherry and/or chokecherry. Note, staff will select three plants for you based on nursery availability and what looks the best in the spring, and there will be no substitutions. This is an ideal package for buckthorn replacement in a woodland with canopy openings providing sun, or on a woodland edge. You must protect young plants with welded wire caging to avoid animal damage until they are established.					
Woodland Trio – #2	1-4	A mix of three #2 gallon or #5 gallon trees/shrubs. Each package will contain one pagoda dogwood, one hickory (either bitternut or shagbark-staff will select for you), and a chokecherry. This is an ideal package for buckthorn replacement in a woodland with canopy openings providing sun, or on a woodland edge. You must protect young plants with welded wire caging to avoid animal damage until they are established.					

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# **Tree Order Form**

You may also order online at www.eminnetonka.com

Due Feb. 27

This offer available only to **Minnetonka residents**. You may order **two** trees per property.

Name:				
	First		Last	
Address:				
	House number	Street	Zip code	
Daytime phone number: ( )			Last name on check:	
Check # _			Amount enclosed:	

# Order form, check, and postcard must be *received* by Feb. 27, 2015, at:

Minnetonka Public Works (7 a.m. – 3:30 p.m.) Attn: City Forester 11522 Minnetonka Blvd., Minnetonka, MN 55305 Orders will also be accepted at city hall, but will be

processed at public works within two business days.

### Save time by ordering online at www.eminnetonka.com.

# Before you mail the order, please confirm:

- ☐ Filled out order form completely?
- ☐ Checked **www.eminnetonka.com** to see if selections are sold out?
- ☐ Enclosed check payable to City of Minnetonka for exact amount?
- ☐ Checked your calendar to make sure someone can pick up your trees on May 1 or 2?
- ☐ I will plant the trees in Minnetonka. I will water and care for the trees I purchase.

Species	Price	Quantity	Subtotal		
Large shade trees					
American Basswood	\$39				
Ginkgo 'Autumn Gold'	\$39				
Hackberry	\$39				
Heritage Oak (Bur oak x English oak)	\$39				
Kentucky Coffeetree	\$39				
Swamp White Oak	\$39				
Gray Birch 'Whitespire' (clump)	\$39				
Yellowwood	\$39				
Small ornamental/understory woodla	nd trees				
Blue Beech	\$39				
Crabapple 'Prairifire'	\$39				
Ironwood	\$39				
Serviceberry 'Autumn Brilliance'	\$39				
Conifers					
Tamarack	\$39				
Woodland Trios (Three small trees/shrubs included)					
Woodland Trio – #1	\$39				
Woodland Trio – #2	\$39				
Supplies					
Plastic Tree Guard Will protect trunk from deer, rodent, and lawn mower damage- not suitable for conifers or clump (multi-stem) trees.	\$2				
Total (Limit two trees per property; un	\$				

#### **Ordering Trees**

- Offer open to Minnetonka residents only. The city is offsetting the cost of the trees for residents in order to reforest Minnetonka. Please don't buy trees for cabins or others who don't live in the city.
- You may order up to two trees per property or one tree and one trio per property. A trio is considered one tree "unit," and will be limited to one per property owner due to limited availability.
- Orders will be processed for single family homeowners. Townhome or condo associations: contact the city forester prior to placing your order. Orders will not be accepted from apartment buildings. The city reserves the right to limit tree species selections and quantities for associations and residents with multiple properties.
- Unlike a retail nursery, these trees do not have a warranty

Some species offered are in limited supply, and others are very popular. Complete one of the options below in case your selections are sold out:

If one or both of your selections is sold out, what species should we substitute to fill your order?

☐ If my first choice(s) are not available, please mail my order & check back to me.



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# Calendar

# City of Minnetonka

# February 2015

Call (952) 939-8200 for meeting locations.

S	M	Т	W	T	F	S
1	2	3	4	5	6	7
8	9	10	1	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

## Call (952) 939-8200 for meeting locations.

- 4 Park Board, 7 p.m.
- 5 Planning Commission, 6:30 p.m.
- 8 Kids' Fest (see page 1)
- 9 City Council, 6:30 p.m.
- 10 Senior Advisory Board, 10 a.m.
- 11 State of the City, 7:30 a.m.

- 16 Presidents Day, city offices closed
- 19 Planning Commission, 6:30 p.m
- 23 City Council study session, 6:30 p.m.
- 26 Economic Development Advisory Commission, 6 p.m.

All meetings listed above are open to the public. Meeting dates and times are subject to change – please check **www.eminnetonka.com** for the latest information.

Minnetonka City Council and Planning Commission meetings are broadcast live on cable channel 16 and via live videostreaming on *www.eminnetonka.com*. Cable channel replays are available Mondays and Wednesdays at 6:30 p.m.; Fridays and Saturdays at noon, or any time at *www.eminnetonka.com*. Agendas for council meetings are available on the city's website by the Friday afternoon prior to the meeting, and planning commission agendas are available by the Monday prior to the meeting.

# Protect Minnetonka's natural resources by picking up after pets

households owns a dog. With more than two million households in the state, that adds up to a lot of pooches and a lot of pet waste. According to the Environmental Protection Agency, on average one dog produces about 274 pounds of waste each year. Now multiply that by hundreds of thousands of dogs. You can see why it's so important for people to responsibly clean up after their pets.

Pet waste left in the environment does not simply disappear. Rainfall and spring snowmelt washes dog waste o lawns, sidewalks and other surfaces where it's then carried directly into the nearest body of water. Waste left atop the ice sinks into lakes, creeks and wetlands. Bacteria and parasites found in pet waste pose a threat to the health of people and wildlife. Decaying pet waste also adds nutrients to the water, feeding bacteria that consume oxygen needed by aquatic plants and animals. at's why pet waste contributes significantly to water pollution, especially in urban watersheds like ours.

You can help by bagging pet waste and depositing it in a proper trash receptacle. Picking up after your pet protects our environment—but it is also about being a good neighbor. Please, pick up after your pet!

