# Farmers' Market returns July 1

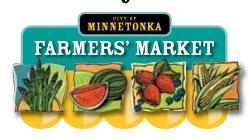
returns for its sixth season starting
July 1 and continuing every Tuesday, 3 – 7
p.m., through September 30. e market
takes place at the Minnetonka Civic Center
Campus, Ice Arena B parking lot, 14600
Minnetonka Boulevard, Minnetonka.

Browse and buy produce, honey, bread, fresh eggs, herbs, pretzels, apples, sauces, salsa, soaps, skin care products and crafts. For a complete list of vendors visit *www.eminnetonka.com*.

Credit cards and EBT/SNAP benefits are accepted at the farmers market. Just stop by the information booth to purchase your tokens to spend with the vendors, or to pick up your frequent shopper card!

We are also excited to welcome the below musicians to this year's market.

- Four Legg Fish: July 1 & Aug.5, 4-6 p.m. www.fourlegg sh.com
- Brian Peterson: July 8, Aug. 12,
   Sept. 9, 3 5 p.m.
   www.brianartpeterson.com
- Paul Imholte: July 15, 3 7 p.m.
   www.paulimholte.com
- David Grams: July 22, Aug. 19, Sept. 2, 3-5 p.m. www.davidgrams.com
- **Tim Fast:** Sept. 23, 3 6 p.m. www.timfast.com



Want to stay up on the latest news from the farmers' market? Follow us on Facebook at www.facebook.com/mtkafarmersmarket.

#### Take the bus to the market

Metro Transit Bus Route 614 provides weekday and Saturday service from southwest Minnetonka to the Ridgedale area, including the Minnetonka Civic Center Campus. Other locations served by this route include Minnetonka Heights apartments, Minnetonka Library, the 7-Hi shopping center, the Minnetonka Boulevard-County Road 101 retail area, Minnetonka City Hall, Minnetonka Mills area, Hennepin County Service Center/ Library and Ridgedale Mall. Service runs from 6:30 a.m. to 6:30 p.m. on weekdays and from 9:30 a.m. - 3:30 p.m. on Saturdays. Route 614 also allows riders to make connections to other bus routes that service downtown Minneapolis.

For more information visit *www. metrotransit.org.*  $\sim$ 

# Join Minnetonka Night for Neighbors

6-9 p.m., residents in Minnetonka and across the nation will lock their doors, turn on their outside lights and spend the evening outside with neighbors. Minnetonka Night for Neighbors has proven to be an e ective and enjoyable program to promote neighborhood spirit and positive police-community partnerships.



In 2013, 177 Night for Neighbors events took place, involving nearly

9,000 residents. Additionally, 106 block parties collected 7,346 pounds of food for ICA Food Shelf.

Don't miss out on this great opportunity to get to know your neighbors. Register your neighborhood party at *www.eminnetonka.com* or call (952) 939-8546.

# Absentee voting now underway

is Tuesday, August 12, and the state general election is Tuesday, November 4. Absentee ballots for the state primary election are now available.

#### **Absentee Voting**

Under a new state law, voters do not have to state a specified reason in order to receive and cast an absentee ballot. Previously, absentee voting was only available for those who were unable to get to the polling place on Election Day.

Voters should note that the absentee ballot process requires additional steps that are di erent from the Election Day voting process. All absentee voters have to complete an application to receive a ballot, as well as a certificate when they cast their absentee ballot. Election judges compare the information on the two documents before the ballot can be accepted. Absentee voting may be done in person or by mail.

#### In Person

Beginning June 27, Minnetonka voters may vote absentee at Minnetonka City Hall, 14600 Minnetonka Blvd., or at the Hennepin County Government Center, 300 S. 6th St., Minneapolis, during regular business hours, 8 a.m. to 4:30 p.m. Extended absentee voting hours will be available at both locations Saturday, Aug. 9, 10 a.m. – 3 p.m. and Monday, Aug. 11, 8 a.m. – 5 p.m.

#### By Mail

Absentee voting may also be done by mail. Remember, the voted ballot must be received at city hall by Election Day for the vote to count. Please allow su cient time for postal service delivery.

e first step to vote absentee by mail is to complete an application. To receive an application, call city hall at (952) 939-8200, visit *www.eminnetonka.com*, or fax a request to (952) 939-8244. Upon receipt of an application, a ballot with instructions will be mailed. If you have any questions about this year's elections please call (952) 939-8200.

eminnetonka.com July 2014

# Enjoy summer with water safety tips

F go hand in hand, but don't forget about safety on or near the water. Whether you have a boat or a backyard pool or are enjoying a beach, the following tips will help keep you safe in and around water.

- Learn to swim, and swim within your ability.
- Always supervise all children near water.
- Wear approved life jackets on boats it's the law for children 10 and under.
- Be aware of the "toos" = too cold, too tired, too much sun, too much to drink.
- · Watch the weather.
- Drink lots of water.
- Use the buddy system.
- Wear sunscreen.
- Learn CPR the new way: hands only.

Drowning is a top cause of cardiac arrest. You may save a life by learning to do handsonly CPR, a simple but vital technique. Call the Minnetonka Fire Department public educators at (952) 939-8331 to schedule a class or to learn about a session near you. Have a safe and fun Fourth of July! •

# **Burwell House open** for regular tours

located at 13209 E. McGinty
Road, Minnetonka, is open for the
2014 tour season. Until August 30,
tours are available Tuesdays, 12 – 3 p.m.;
Wednesdays, 6 – 8 p.m.; and Saturdays,
12 – 4 p.m. No reservations required.
Special tours may be arranged by calling
(952) 939-8219 or by emailing *Ironbeck@*eminnetonka.com. Tours are free, but
donations are accepted.

**Special note:** On Saturday, July 5, the Burwell House will be open from 12-2 p.m. **only** due to the holiday weekend.  $\infty$ 

# Enjoy music and movies in the park

Minnetonka Civic Center's outdoor amphitheater, 14600 Minnetonka Boulevard, Minnetonka.

#### Music in the Park

Concerts are Tuesdays at 7 p.m. and feature area performers playing a wide variety of music. Bring a blanket or lawn chair and enjoy an evening of free entertainment for the whole family. For more information visit www.eminnetonka.com.

- **July 1:** Flyin' A's Trio (country/southern blues)
- July 8: Castaways (1950s to today, 4-piece band)
- **July 15:** Dan Perry and Ice Cream (13-piece band & vocal harmonies)
- **July 21:** Maple Grove Jazz Ensemble (18-piece jazz band)
- **July 29:** Eden Prairie Community Band (45-piece concert band)



- **August 5:** Tim Patrick and Blue Eyes Band (11-piece band, Frank Sinatra style)
- **August 12:** Dirty Shorts Band (8-piece, New Orleans style)

#### Movie in the Park

Bring family, friends, blankets, lawn chairs and bug spray for 8:30 p.m. Movies in the Park Fridays, August 15, "Cirque du Soleil: Worlds Away," and August 22, "Gravity." •

### **Audition now for the Chamber Choir**

around the area are encouraged to audition for the Minnetonka Chamber Choir, which o ers a variety of advantages:

- Community. Choir members come from a variety of schools, backgrounds, and levels of musical experience. ey sing for the love of music and each other, forming close friendships in a fun, accepting and tradition-filled environment.
- Exceptional training. Rehearse and perform great choral music at the highest level of proficiency. e choir is internationally recognized and stands out for its "purity of sound and clear blend and intonation." (The Washington Post, July 2012)
- Be a part of something greater than yourself. Abundant leadership opportunities, traveling on tour, becoming a unit, and creating beauty together bring about tremendous personal growth. Choir alumnae continue to express gratitude for this lifechanging experience.

Auditions are currently being held by appointment at a mutually agreeable time. Presence of a parent is requested, as the artistic director will discuss the experience



Minnetonka Chamber Choir

and commitment of participants in the choir. Please email the o ce or call Roger Hoel at (952) 401-5956 to schedule an audition. Scholarships are available for demonstrated need.

e Music Association of Minnetonka has two other youth choirs, one for boys and girls in grades 2 – 5 and one for girls in grades 6 – 8, open for auditions, and ensembles for adults. We welcome interested musicians of all capabilities to contact us at *mamo ce@ musicassociation.org* regarding auditions and rehearsal times. For more information, please visit *www.musicassociation.org* and "Like" us on Facebook! •

## **Events and programs**

# **Lunch and a Movie:** *Philomena*

Friday, July 18, 12 p.m.

When former journalist Martin Sixsmith is dismissed from the Labour Party in disgrace, he is at a loss as to what do. en a young Irish woman approaches him about her mother, whose son was taken away when she was a teenage inmate of a Catholic convent.

**Menu:** Assorted appetizers and dessert. **Cost:** \$5 due Wednesday, July 16

Course #33544

#### **Hawaiian Luau**

*ursday, July 24, 12 p.m.*Enjoy a summer day with friends at a Hawaiian luau.

**Menu:** Pineapple chicken teriyaki meatballs, rice, vegetables, volcano punch and upside-down pineapple cake.

Cost: \$5 due Tuesday, July 22

Course #33545

### **Community Connections**

*Monday, July 28, 10:15 a.m.*In partnership with the Lake Minnetonka Senior Care Providers, Minnetonka Senior Services o ers Community Connections. July's topic is advance directives.

• Free (Course #33589)

# **Nutrition: Foods to Reduce Pain and In ammation**

ursday, July 24, 10 a.m.

Food choices a ect pain and inflammation levels. During this two-hour session learn how to heal your body with real food. Topics include sugar, processed carbohydrates, omega-3 fats and minerals. Take home recipes and begin your anti-inflammation eating plan.

Cost: \$22 due ursday, July 17

Course #33573

#### **Armchair Travel to China**

Tuesday, August 5, 10:30 a.m.

Xuefen Yu (AKA: Phoenix) has returned from her visit to China and will be highlighting the breathtaking sceneries of China including: the Himalaya and Tianshan mountains, vast grasslands of Mongolia, Liyuan Lakes and gardens in Southeast China, Terracotta Warriors in Xi'an and the cityscapes of Beijing, Hong Kong, Shanghai and more!

Cost: \$2 due ursday, July 31 Course #33590

#### **Nature, Novels & Non-Fiction**

2nd and 3rd Mondays at 2 p.m.

Exercise your mind and body! Discuss an adventure-related book at the Minnetonka Community Center on the second Monday of the month. en, gather at a park for a book related adventure on the third Monday of the month.

is program is o ered in partnership with ree Rivers Park District and Ridgedale Library. Register online at *www.hclib.org* or by phone (612) 543-8840. Check out a copy of the book at the Ridgedale Library Information Desk three weeks before the book discussion. Sign up for the monthly adventure at the book club meeting.

- **July:** Swimming to Antarctica by Lynne Cox and Stand-Up Paddleboarding at Bryant Lake Park
- August: Eternal on the Water by Joseph Monninger and Kayaking at French Park
- **September:** *Wild* by Cheryl Strayed and Hiking at Hyland Lake Park

#### **Meet the Police Chief**

Wednesday, August 6, 10 a.m. Meet Minnetonka Police Chief Je Sebenaler. Refreshments provided. RSVP for this free event by Monday, August 4.

Course #33591

#### Essential Oil Creations: Personal Air Mister

Wednesday, August 13, 1 p.m.

Enhance your home or car the natural way! Create a personal air mister with Wyndmere Natural Aromatherapy Oils. Essential oils are concentrated extracts of herbs, flowers, trees and grasses and have been used for thousands of years to positively influence the mind and body. All supplies will be provided to create a blend of your choosing

Cost: \$6 due Wednesday, August 6 Course #33586

# **Lunch and a Movie:** *Frozen*

Friday, August 15, 12 p.m.

Winner of two Academy Awards and a Golden Globe, *Frozen* tells the story of a fearless princess who sets o on an epic journey alongside a rugged mountain man, his loyal pet reindeer, and a hapless snowman to find her estranged sister, whose icy powers have inadvertently trapped the kingdom in eternal winter. Inspired by Hans Christian Andersen's fairy tale *The Snow Queen*.

**Menu:** Chicken tenders, sweet corn, fruit and dessert.

Cost: \$5 due Wednesday, August 13 Course #33592

#### **Pork Chop Dinner**

Monday, August 18, 5:30 p.m.
Enjoy an evening of good food,
conversation and entertainment by Dick
Macko. Dessert provided by Texas Terrace.
Menu: Pork chops, coleslaw, dinner roll,

**Menu:** Pork chops, coleslaw, dinner roll applesauce and dessert.

Cost: \$7 due Monday, August 11

**Course #33593** 

Programs meet at Minnetonka Senior Services, 14600 Minnetonka Blvd., unless otherwise noted.

### **Programs**

# **Beginning & Intermediate Yoga** *Nancy Holasek*

ese gentle classes are geared toward the older adult, with lots of stretching and warm-ups. e yoga postures help increase flexibility. Guided breath-work and visualization help to release, relax and restore the body, and calm the mind. **Please bring a yoga mat or towel to class.** 

#### Chair-Supported Yoga ★★

9:45 - 10:45 a.m.

Most of the class takes place while seated on a chair.

- Tuesday, August 5 26, \$25 (Course #33596)
- ursday, August 7 28, \$25 (Course #33598)

### Intermediate Yoga Class \*\*\*

11 a.m. – 12 p.m.

is class includes standing and balance postures. Students should have the ability to get down to and up from the floor for postures completed while on the belly or backside of the body.

- Tuesday, August 5 26, \$25 (Course #33599)
- ursday, August 7 28, \$25 (Course #33601)

#### **Evening Yoga**

Evening yoga classes have the same descriptions as the daytime classes.

#### Wednesdays, July 9 - 30, \$25

- Chair Yoga, 6:15 p.m. ★★ (Course #32256
- Intermediate Yoga, 7:30 p.m. ★★★
  (Course #32259

#### Wednesdays, August 6 – 27, \$25

- Chair Yoga, 6:15 p.m. ★★ (Course #33597)
- Intermediate Yoga, 7:30 p.m. ★ ★ ★ (Course #33600)

#### Share your ideas....

Please share any of your favorite topics, instructors, presenters or entertainers you'd like for us to o er. Email *jcross eld@eminnetonka.com* or call (952) 939-8393.

#### **Let's Go Fishing!**

#### Monday, July 14, 9:30 a.m.

Spend the morning fishing! Meet at Riley Lake in Eden Prairie for a fully accessible boat ride and opportunity for fishing. Equipment and life jackets included.

e boat ride is two hours. Fishing is a catch-and-release sport on this trip. Wear appropriate outdoor gear including a hat and sunscreen. Participants from a care facility or residence, or over age 90, do not require a fishing license. All other participants should obtain a fishing license. 24 hour fishing licenses are available for \$10. Space is limited to 10 participants.

• \$5 (Course #33594)

# **Line Dance Eileen Ronning**

#### Continuing Beginner: 12:30 - 1:30 p.m.

Must have completed 8 previous lessons.

- ursday, July 10 August 7, \$20 (Course #32265)
- ursday, August 14 September 11, \$20 (Course #32274)

#### Intermediate: 1:45 – 2:45 p.m.

Must have completed 50+ previous classes.

- ursday, July 10 August 7, \$20 (Course #32266)
- ursday, August 14 September 11, \$20 (Course #32275)

#### Pickleball \* \* \* \*

Monday – Friday, 7:30 – 11 a.m. Meadow Park is located on Oakland Road just north of Stone Road

Pickleball is played on the tennis courts and on the pickleball courts within the hockey rinks during league time. Four permanent pickleball courts were installed within the hockey rinks that can be used at anytime outside of this designated league time.

#### **Defensive Driving Classes**

Please call the MN Highway Safety Center toll free at 1-888-234-1294, Monday – Friday from 8 a.m. to 4 p.m. to register, or visit *www.mnsafetycenter.org* for all defensive driving classes. Four-hour renewal courses cost \$20. Eight-hour courses cost \$24 and are o ered two times per year. Pay the instructor at the time of the class with a check or exact cash. Checks payable to MN Highway Safety Center. Save 10% on your car insurance by taking these classes! Classes below are available at the Minnetonka Community Center.

#### Day course (four-hour renewal)

- Tuesday, July 22, 9 a.m. 1 p.m.
- ursday, August 14, 9 a.m. 1 p.m.
- ursday, September 11, 9 a.m. 1 p.m.

#### **Evening course** (four-hour renewal)

- ursday, July 10, 5:30 9:30 p.m.
- Tuesday, September 23, 5:30 9:30 p.m.

#### Minnetonka Bike Club ★ ★ ★

e Minnetonka Bike Club is entering its sixth season. e goal of the club is to provide moderate exercise under safe conditions and to encourage social interaction and friendship. e club has three groups to accommodate di erent levels of riding ability. Over 50 trail rides are scheduled, with a majority on designated bike trails. For more information see www.mtkabikers.org or to register call the Senior Center. New members are welcome!

• \$11 (Course #32283)

#### 70+ Softball ★ ★ ★ ★

# Monday and Wednesdays, 9 a.m. –12 p.m. at Big Willow Park.

Slow-pitch softball is played every Monday and Wednesday mornings at Big Willow Park. Modified rules allow for competitive play without the risk of serious injury. e season runs through October. Registration will be accepted throughout the season.

• \$15 (Course #32284)

## **Events & Trips**

#### **Day Trips**

Minnetonka collaborates with other organizations in an e ort to o er an a ordable price. is can cause a slight adjustment to start and end times of the trip. Once registration has closed participants will be notified if the trip itinerary has changed.

#### Victorian Hudson Experience★★★

#### Wednesday, August 20

Take a behind-the-scenes tour and enjoy the Art Gallery of the Whipps Center in Hudson, Wisc. After the tour, meet in the Atrium for a self-service Victorian Cream Tea. Following the tea, visit the Octagon House in Hudson for a docent-led tour.

#### Course #33547

- Cost: \$60 includes tours, lunch, transportation & escort.
- **Pick-up time:** 9:30 a.m.
- Estimated return time: 4 p.m.
- Registration deadline: Friday, July 25

# Old Castle Murder Mystery Lunch

#### Tuesday, September 16

Spend the day at Old Spicer Castle located on 600 feet of Green Lake's shore in Spicer, Minn. Participants will enjoy a day of merriment and suspense as they help to catch a murderer. Each participant begins as a suspect and works to point out motive and opportunity to one another. Sta provide roles and direction during a two-hour luncheon service.

**Menu:** Herb roasted pork loin, harvest greens salad, dinner roll, red skin and roasted garlic mashed potatoes, vegetable, dessert, co ee and tea.

#### Course #33595

- **Cost:** \$58 includes tours, lunch, transportation & escort.
- Pick-up time: 9 a.m.
- Estimated return time: 4:15 p.m.

**Registration deadline:** Wednesday, Aug. 6

#### **Extended Trips**

For further information and a full list of extended trip o erings and brochures, call Senior Community Services at (952) 541-1019 or visit *www.seniorcommunity.org* click on programs, then senior tours.

#### Folklorama (August 6 – 9)

Cost: \$769 per person, double occupancy.

**Oregon & California** (August 13 – 24) Cost: \$1950 per person, double occupancy.

#### **Yellowstone** (August 15 – 21)

Cost: \$1375 per person, double occupancy.

#### **Special Interest Group Highlights**

For a detailed list of Special Interest Groups view the *Script* online or receive a copy from the Senior Center o ce.

- **500 Cards,** 2nd & 4th Tuesdays, 10 a.m., 2nd & 4th Wednesdays, 6:30 p.m.
- AA/Alanon, Wednesdays, 10:30 a.m.
- Art Drop-In, Mondays, 9 a.m.
- Billiards, time varies, contact the Senior Center for details.
- **Bingo**, Tuesdays, 12:45 p.m..
- Bulls & Bears Investment Club, 1st & 3rd Mondays, 1 p.m.
- **Bunco**, 2nd & 4th ursdays, 1 p.m.
- **Duplicate Bridge**, ursdays, 6 p.m.
- Chess, ursdays, 12 p.m.
- Craft Committee, 1st Tuesday, 10 a.m.
- Garden Club, 2nd Monday, 1 p.m.
- Ham Radio, 2nd Monday, 10 a.m.
- Mah Jongg, Wednesdays, 10 a.m.
- Poker, 1st & 3rd Tuesdays, 10 a.m.
- **Social Bridge,** Wednesday, 1 p.m.
- Tonka Tale Tellers, 2nd Monday, 10 a.m.

#### e Landing Shop

Browse and buy handmade items crafted by Minnetonka residents 55 and older. Items available for sale include: wooden toys, doll clothes, baby items, art, cards, and more. Location: 11280 Wayzata Boulevard Hours: Wednesday-Saturday 10 a.m. to 4 p.m., open ursdays until 8 p.m.

#### **Fall Registration**

- e fall recreation brochure is available online. Black-and-white hard copies can be picked up a Minnetonka City Hall.
- Fall registration begins August 4 for Minnetonka residents. Non-residents can register for fall programs beginning August 5. Registration is available online, over the phone, via mail or in person.
  - **Online**: www.eminnetonka.com, first time uses should call for a PIN number.
  - Phone: (952) 939-8393, payments can be made with Visa, MasterCard or Discover.
  - Mail: 14600 Minnetonka Blvd, Minnetonka, MN 55345
  - In person: Visit us Monday Friday 8:00 a.m. 4:30 p.m.
- Scholarships: limited scholarships are available for Minnetonka residents age 55 and over.
  - Up to 50% on day trips (one per year).
  - Up to 50% for programs, classes and events.
  - Up to three scholarships per brochure totalling nine per year.
  - Scholarships will be kept confidential.
  - No questions will be asked regarding details of participant's finances.
- Course cancellations: if minimum registration requirements are not met programs may be cancelled. You will be contacted with refund options if a program is cancelled.

# **Activity level scale**

e following scale is an approximate guide of the activity level and physical ability required for a class or trip.

#### **Activity scale**

- ★ Passive
- \* \* Moderate
- ★★★ Active
- \* \* \* \* Brisk
- ★ ★ ★ ★ Vigorous

## Registration

#### Ways to register

Walk-in

Pay with cash, check or credit card (Visa, Discover & MasterCard)

• Mail-in

Send registrations to Minnetonka Senior Services, 14600 Minnetonka Boulevard, Minnetonka, MN 55345. Include your name, address, phone number and the name of the program, class or trip.

By phone

Registrations are accepted at (952) 939-8393, with a credit card.

• Online

For more information, call the center at (952) 939-8393.

#### **Cancellation information**

Class cancellations

Requires at least two business days prior to the start date of the class. Some classes may be cancelled due to insucient enrollment.

Trip cancellations

Requires cancelling prior to the registration deadline. If a cancellation is made after the payment deadline, the participant is refunded/credited everything but \$5 (administration fee) only if a replacement is found.

#### **Trip registration**

Participant can register up to four spaces on a trip. Trips are subject to change. If change occurs, participants will be notified.

### Contact us...

#### **Minnetonka Senior Services**

(952) 939-8393 14600 Minnetonka Blvd. Minnetonka, MN 55345

Monday - Friday, 8 a.m. - 4:30 p.m.

#### **Senior Services & Activities Manager**

**Steve Pieh** 

(952) 939-8366 spieh@eminnetonka.com

**Senior & General Programs Manager** 

Janelle Cross eld

(952) 939-8369

jcross eld@eminnetonka.com

#### **Administrative Sta**

Kate Egert and Kathy Kline (952) 939-8393

kegert@eminnetonka.com kkline@eminnetonka.com

### **Interest groups**

For more information on these groups and a calendar of events, please visit *www. eminnetonka.com* or stop by the center.

#### **Computer Group**

Fridays, 10 a.m.

For more detailed information about meetings visit *mscig.wordpress.com*.

#### **Games and Cards**

Mondays, 1 p.m.

1st & 3rd is Rummikub. 2nd & 4th is Hand and Foot. If there is a 5th Monday, train dominoes is played.

#### **Garden Club**

2nd Monday, 1 p.m.

Member grown plants will be sold at the Minnetonka Farmer's Market July 22 and July 29.

#### Ham Radio

**2nd Monday, 10 a.m.**New members welcome!

#### **Single Mingle**

*3rd Tuesday, 3:30 p.m.* at Tuttle's in Hopkins for a monthly planning meeting. Monthy flyers are available at the Senior Center regarding additional outings..

### **Services**

#### Over 50 & t

*Mondays, Wednesdays, Fridays, 9 a.m.*Annual Fee: \$12 (Course #32119)

#### **Blood Pressure Screenings**

1<sup>st</sup> & 3<sup>rd</sup> Fridays; 2<sup>nd</sup> Wednesdays 9:30 – 11:30 a.m.

#### **Happy Feet**

1st, 2nd, 3rd & 4th Fridays, 9 a.m. – 3 p.m. To schedule or cancel an appointment, call (763) 560-5136. Cost: \$35.

#### **Weekly E-mail Updates**

To receive weekly e-mail updates on center happenings, send your e-mail address to **spieh@eminnetonka.com**.

### **Volunteer Opportunities**

Please call Senior Services at (952)939-8393 for more information.

 Adopt-A-Highway — Friday, August 1, 9 a.m. Supplies provided. Meet at the Minnetonka Community Center. **Our mission:** To develop and promote programs and services in our community to meet the diverse needs of those 55+.

#### **Senior Community Services**

Services listed below are provided by Senior Community Services, a local non-profit.

#### CareNextion

Free, easy-to-use online tool and complimentary phone service for caregivers and their families. For more information visit *www.carenextion.org* or call (612) 770-7005.

#### Senior outreach

Available by appointment on the 2nd & 4th Tuesdays of the month. Contact Mary Ann Lundberg at (952) 939-8393 or *m.lundberg@seniorcommunity.org* 

### Health insurance counseling

Available by appointment on the 1st & 3rd Mondays of the month.

#### • H.O.M.E.

Household and Outside Maintenance for Elderly (H.O.M.E.) is available for Minnetonka residents 60+. For more information call (952) 746-4046.

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Craft Committee10:00Poker Club10:00Bingo12:45Billiards1:00	Exercise         9:00           Mah Jongg Group         10:00           A.A./Al-Anon         10:30           Social Bridge         12:45           Billiards         1:00	Carvers         10:00           Cribbage         10:00           Chess         12:00           Billiards         1:00           Duplicate Bridge         6:00           Tai Chi w/Ron         6:00	Center closed in observance of July 4th.
7	8	9	10	11
Exercise 9:00 Art Drop In 9:00 Rummikub 1:00 Billiards 1:00 B&B Investment Club 1:00 Health Insurance 1:00	Chair Yoga       9:45         500 Cards       10:00         Advisory Board       10:00         Int. Yoga       11:00         Bingo       12:45         Billiards       1:00         Senior Outreach       1:00	Exercise       9:00         Blood Pressure       9:30         Mah Jongg Group       10:00         A.A./Al-Anon       10:30         Social Bridge       12:45         Billiards       1:00         Chair Yoga       6:15         500 Cards       6:30         Int. Yoga       7:30	Chair Yoga         9:45           Carvers         10:00           Cribbage         10:00           Int. Yoga         11:00           Chess         12:00           Beg. Line Dance         12:30           Bunco         1:00           Int. Line Dance         1:45           Billiards         3:00           Defensive Driving         5:30           Duplicate Bridge         6:00           Tai Chi w/Ron         6:00	Exercise 9:00 Happy Feet 9:00 Computer 10:00 Billiards 1:00
14	15	16	17	18
Exercise 9:00 Art Drop In 9:00 Let's Go Fishing 9:30 Ham Radio 10:00 Tonka Tale Tellers 10:00 Garden Club 1:00 Hand and Foot 1:00 Billiards 1:00 Nature & Novels 2:00	Chair Yoga 9:45 Poker Club 10:00 Int. Yoga 11:00 Bingo 12:45 Billiards 1:00 Single Mingle Club Mtg @ Tuttle's 3:30	Exercise         9:00           Mah Jongg Group         10:00           A.A./Al-Anon         10:30           Social Bridge         12:45           Billiards         1:00           Chair Yoga         6:15           Int. Yoga         7:30	Chair Yoga         9:45           Carvers         10:00           Cribbage         10:00           Int. Yoga         11:00           Chess         12:00           Beg. Line Dance         12:30           Billiards         3:00           Int. Line Dance         1:45           Duplicate Bridge         6:00           Tai Chi w/Ron         6:00	Exercise 9:00 Happy Feet 9:00 Blood Pressure 9:30 Computer 10:00 Lunch & Movie 12:00 Billiards 1:00
21	22	23	24	25
Exercise 9:00 Art Drop In 9:00 Rummikub 1:00 Health Insurance 1:00 Billiards 1:00 B&B Investment Club 1:00 Health Insurance 6:00	Defensive Driving         9:00           Chair Yoga         9:45           500 Cards         10:00           Int. Yoga         11:00           Bingo         12:45           Billiards         1:00           Senior Outreach         1:00	Exercise       9:00         Mah Jongg Group       10:00         A.A./Al-Anon       10:30         Social Bridge       12:45         Billiards       1:00         Chair Yoga       6:15         500 Cards       6:30         Int. Yoga       7:30	Chair Yoga         9:45           Carvers         10:00           Cribbage         10:00           Nutrition         10:00           Int. Yoga         11:00           Chess         12:00           Hawaiian Luau         12:00           Beg. Line Dance         12:30           Bulards         3:00           Bunco         1:00           Int. Line Dance         1:45           Duplicate Bridge         6:00           Tai Chi w/Ron         6:00	Exercise 9:00 Happy Feet 9:00 Computer 10:00 Billiards 1:00
28	29	30	31	
Exercise 9:00 Art Drop In 9:00 Community Connections 10:15 Hand & Foot 1:00 Billiards 1:00	Chair Yoga         9:45           Int. Yoga         11:00           Bingo         12:45           Billiards         1:00	Exercise       9:00         Mah Jongg Group       10:00         A.A./Al-Anon       10:30         Social Bridge       12:45         Billiards       1:00         Chair Yoga       6:15         Int. Yoga       7:30	Chair Yoga         9:45           Carvers         10:00           Cribbage         10:00           Int. Yoga         11:00           Chess         12:00           Beg. Line Dance         12:30           Billards         3:00           Int. Line Dance         1:45           Duplicate Bridge         6:00	

Group	Meeting day	Information		
Advisory Board	2 <sup>nd</sup> Tuesday at 10 a.m.			
AA/AI-Anon	Wednesdays at 10:30 a.m.	All ages welcome. New members welcome.		
Billiards	Every afternoon - time varies	See calendar page for times.		
Bingo	Tuesdays at 12:45 p.m.			
Bird Club	1st Friday of the month at 10 a.m.	Meets again in September.		
Book Club	3 <sup>rd</sup> Thursday of the month at 1 p.m.	Meets again in September.		
Bulls & Bears Investment Club	1st & 3rd Monday of the month at 1 p.m.			
Social Bridge	Wednesdays at 12:45 p.m.	$1^{st},2^{nd}\&3^{rd}$ place and grand slam prizes awarded.		
Bunco	2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays at 1 p.m.	Don't know how to play? They will teach you.		
Duplicate Bridge	Thursdays at 6 p.m.	Partners needed.		
Chess	Thursdays at 12 p.m.	If you have general knowledge of chess, join us.		
Chorale	Wednesdays at 10:15 a.m.	Meets again in September.		
Computer Interests	Fridays at 10 a.m. Website: <i>mscig.wordpress.com</i>	This group examines topics of interest. Experience ranges from beginner to expert.		
Craft Committee	1st Tuesday at 10 a.m.			
Cribbage	Thursdays at 10 a.m.	Bring your cribbage boards and a deck of cards.		
500 Card Club	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday at 10 a.m.	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday at 6:30 p.m.		
Games and Cards	Mondays at 1 p.m.	1 <sup>st</sup> & 3 <sup>rd</sup> : Rummikub, 2 <sup>nd</sup> & 4 <sup>th</sup> : Hand and Food, 5 <sup>th</sup> (if applicable): Train Dominoes		
Mtka Community Garden Club	2 <sup>nd</sup> Monday at 1 p.m.	New members welcome!		
Literary Book Club (Formerly Great Books)	4 <sup>th</sup> Tuesday at 7:15 p.m.	Meets again in September.		
Ham Radio	2 <sup>nd</sup> Monday at 10 a.m.	New members welcome.		
The Landing Shop	Wednesday-Saturday, 10 a.m. to 4 p.m. with extended hours on Thursdays, 10 a.m. to 8 p.m.	The Landing Shop is located at 11280 Wayzata Blvd. Phone (763) 591-4868. The Landing shop sells handmade items crafted by Minnetonka residents 55+.		
Mah Jongg	Wednesdays at 10 a.m.	New members welcome.		
Pickleball	League Play: Monday-Friday, 7:30 a.m 10 a.m.	Designated Pickleball Courts at Meadow Park will be available anytime for outdoor play, first come, first served.		
Poker	1st & 3rd Tuesday at 10 a.m.	Join us for a good game of poker.		
Scribblers	Thursdays at 10 a.m.	Meets again in September.		
Single Mingle Club	3 <sup>rd</sup> Tuesday at 3:30 p.m. at Tuttle's	Various events scheduled monthly. Stop by the center to pick up a listing of events. New members welcome.		
Tonka Tale Tellers	2 <sup>nd</sup> Monday at 10 a.m.	This group travels to elementary schools within the area to tell and animate stories.		
Tale Spinners	Tuesdays at 1 p.m.	Meets again in September.		
Wood Carvers	Thursdays at 10 a.m.	Group members work independently but also share ideas with one another.		

July 2014 eminnetonka.com

## **Protecting our lakes for the future**

Pinto the future means keeping a few guidelines in mind whether you live on a lake, live near a lake, or just enjoy visiting local lakes for some summer enjoyment.

#### Natural bu ers

Existing trees and vegetation around the lake help reduce runo and erosion as well as provide habitat for wildlife and screen buildings, driveways, and other uses. Although some pruning and selected removals are permitted around lakes within your property lines, it's not legal or beneficial to the lake to clear cut trees or other vegetation surrounding the lake.

#### **Shoreline alteration**

Rip-rap and sand beaches/blankets remove the natural bu er of vegetation along the lakeshore but may be allowed if no wetland is present and the proposed work meets all local and state regulations. Please note that any work along the shoreline likely may require permits. Contact the city, state, local watershed and any other applicable agencies and obtain any needed permits before starting any work adjacent to the shoreline of a lake.

#### **Aquatic vegetation**

A healthy lake ecosystem needs aquatic plants along the shoreline as well as within the lake itself. Plants provide needed habitat within and around the lake for wildlife, minimize wave action to help prevent shoreline erosion, stabilize the lake bottom, absorb nutrients from the water and generate oxygen for fish populations Aquatic vegetation generally cannot be removed from lakes. Some removal/control of aquatic vegetation may be allowed for recreational uses such as docks and boat access, but check with the Minnesota Department of Natural Resources as well as local agencies before attempting to remove or control any aquatics in or around a lake.

#### **Aquatic Invaders**

Invasive species such as zebra mussels and Eurasian milfoil harm lakes by competing with native plant and animal species, negatively a ect recreational uses such as boating and swimming and can be costly and di cult to control once established. Remember the simple tips below whenever you are leaving a lake or other water body. Visit www.mndnr:gov/invasives and www.protectyourwaters.net to learn more about protecting lakes from aquatic invasive species.

- Remove any visible mud, plants or animals before transporting boats and equipment.
- Drain and eliminate any water from equipment (including live wells and buckets).
- Clean and dry anything that came in contact with lake water.
- Never release plants or animals (including fish and bait) into the water unless they came from the same lake.

#### A note about zebra mussels

Zebra mussels can improve water clarity by filtering about one gallon of lake water per day per mussel. However, this filtering removes the small animal and plant life that are an important part of the food chain for fish populations and also may promote the growth of deep aquatic vegetation by allowing sunlight to penetrate deeper into the water. eir ability to secure their fingernail-sized shells to hard surfaces can cause a maintenance issue for boats, docks, outlet pipes, and other similar objects, and can pose a walking nuisance for people and pets. See the tips above to help prevent the spread of this aquatic invasive, which has been found in both Lake Minnetonka and Minnehaha Creek. \infty

# **Arbor Day planting at Spring Hill Park**

G fourth-grade students celebrated Arbor Day at Spring Hill Park, where they learned about trees and proper tree planting from city of Minnetonka natural resources sta . e students then planted, mulched and watered nine trees. anks to these students for helping improve Minnetonka's community forest!



### What about BOB?

know about BOB — bur oak blight, a relatively new disease caused by a fungus a ecting only bur oaks. e disease is slowly but steadily advancing throughout the metro area and was easily found in Minnetonka last summer.

Although BOB doesn't kill infected trees outright, successive years of severely infected leaves weaken the tree's defenses allowing for secondary pests and diseases, to kill the tree. From late July to August, look for:

- Wedge-shaped areas of discoloration and dead leaf tissue.
- Leaves that are wilted or appear scorched.
- Discoloration starting in the lower canopy and progressing into the crown.
- Black pimple-like dots at the leaf base.
- Veins on underside of infected leaves turning from green to purplishbrown, while the veins on the upper side of infected leaves appear darker than normal.
- Dead leaves remain attached throughout the winter, common on red oak trees but not on bur oak trees unless they are su ering from BOB.
- Extensive branch dieback with recurring severe infections.

Watering trees regularly will help maintain the vitality of the tree and prevent secondary pests. Provide your tree with su cient water when less than one inch of rain per week is received.

e spring after a moderate to severe infection of BOB, consider having a certified arborist inject bur oaks with fungicide. Treatment should take place after the leaves have fully expanded but before BOB symptoms develop. After the initial injection, treatment should take place every other year.

To determine if your bur oak tree has BOB send a sample to the University of Minnesota's Plant Disease Clinic for a lab test or hire a private certified arborist. If you are unsure if the symptoms you see are observing are oak wilt or BOB, a city tree inspector to will be able to help you identify which disease your tree has during the months of June – September. Call (952) 988-8400 for assistance.

For additional information, visit *http://bit.ly/1hElxKx, http://bit.ly/1o9yleU* or *http://bit.ly/1q01nNI.* ••

**PRESORTED STANDARD** U.S. POSTAGE **PAID** CITY OF MINNETONKA

A publication of the city of Minnetonka mbo MN 55245 a (059) 020 9200

8 a.m. to 4:30 p.m. Monday – Friday						
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### Calendar

POLICE-FIRE: Emergency . . . . . .

Non-emergency . . . . (952) 939-8500 or 9-1-1

### **City of** Minnetonka

# July

Call (952) 939-8200 for meeting locations.

S	M	Т	W	Т	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	1	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

#### Call (952) 939-8200 for meeting locations.

1, 8, 15, 22, 29

tbergstedt@eminnetonka.com

Farmers' Market, 3 – 7 p.m. (see page 1)

- 2 Park Board, 7 p.m.
- 4 Independence Day, city offices closed
- 7 City Council, 6:30 p.m.

- 10 Economic Development Advisory Commission, 6 p.m.
- 17 Planning Commission, 6:30 p.m.
- 21 City Council, 6:30 p.m.
- 31 Planning Commission, 6:30 p.m.

All meetings listed above are open to the public. Meeting dates and times are subject to change — please check www.eminnetonka.com for the latest information.

Minnetonka City Council and Planning Commission meetings are broadcast live on cable channel 16, and replays are available Mondays and Wednesdays at 6:30 p.m.; Fridays and Saturdays at noon, or anytime via videostream at www.eminnetonka.com. Agendas for council meetings are available on the city's website by the Friday afternoon prior to the meeting, and planning commission agendas are available by the Monday prior to the meeting.

## Fall rec brochure available July 25

brochure will be posted online July 25 at www.eminnetonka.com. It won't be mailed to homes.

After July 25, residents who wish to receive a printed copy of the brochure may email *recservices@eminnetonka.com* or call (952) 939-8203. A black-and-white copy of the brochure will be printed out by sta and mailed to your household. Non-residents requesting a copy of the brochure will be charged \$3 to cover mailing costs.

Only the 2014 fall brochure will be o ered exclusively online.

e online-only publishing of the fall brochure, now in its fourth year, saves tax dollars and environmental resources.

# Save money with the ip of a switch

conditioning? If you are an Xcel Energy electric customer and you have central air, earn a 15% rebate on electric energy charges from June through September by joining Saver's Switch!

After you've signed up, a licensed electrician visits your home to install a remote-control switch on your central air conditioning unit. During a limited number of very hot summer days, usually in the afternoon or early evening when energy use is at its peak, Xcel Energy can cycle o your air conditioner for 10 – 15 minute periods during the day. Most customers

don't notice the di erence since the fan stays on to circulate cool air throughout the home. Typically, the program isn't activated on weekends or holidays. Xcel uses the program 6 – 8 times per year.

In Minnesota, more than 400,000 residents and small businesses are currently enrolled in Saver's Switch. Join them and start saving money on your electricity bill this summer! Learn more at www.responsiblebynature.com or call (800) 895-4999.

This message provided by Xcel Energy as a service to Minnetonka residents.

