

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Men's Discussion Group 8:30 Art Drop In 9:00 Exercise 9:00 Fun With Watercolor 10:00 T'ai Chi Chih 10:00/11:15 Therapeutic Pilates 10:15 Zumba 12:45 Bulls & Bears 1:00 Medicare Counseling 1:00 Rummikub 1:00	<b>2</b> Yoga 9:45/11:00 Poker 10:00 Dementia Friends 12:00 Bingo 12:40 Tale Spinners 1:00 Memory Café 1:30 Strength & Mobility 1:30	<b>3</b> Exercise 9:00 Mahjongg Drop In 10:00 Chorale 10:15 A.A./Al-Anon 10:30 Social Bridge 12:45 T'ai Chi Chih 1:00/2:15 Chair Yoga 5:30 500 Cards 6:30 Yogilates 6:45	<b>4</b> Bike Club Kick Off 9:30 Yoga 9:45/11:00 Cribbage 10:00 Genealogy 10:00 Woodcarvers 10:00 British History 1:00 Dominoes 1:00 Line Dance 1:00/2:00 Duplicate Bridge 6:00	<b>5</b> Happy Feet 8:00 Exercise 9:00 Blood Pressure 9:30 Computer Club 10:00 Bird Club 10:30 Art Drop In 1:00
<b>8</b> Men's Discussion Group 8:30 Art Drop In 9:00 Exercise 9:00 Fun with Watercolor 10:00 Ham Radio 10:00 T'ai Chi Chih 10:00/11:15 Therapeutic Pilates 10:15 Zumba 12:45 Garden Club 1:00 Hand, Foot, & Toe 1:00	<b>9</b> Yoga 9:45/11:00 Advisory Board 10:00 Open Play 10:00 Bingo 12:40 Senior Outreach 1:00 Tale Spinners 1:00 Fall Prevention 1:30	<b>10</b> Exercise 9:00 Blood Pressure 9:30 Mahjongg Class 10:00 Mahjongg Drop In 10:00 Chorale 10:15 A.A./Al-Anon 10:30 Basic First Aid & CPR 10:30 History: Red Cloud's War 10:30 Social Bridge 12:45 T'ai Chi Chih 1:00/2:15 Chair Yoga 5:30 500 Cards 6:30 Yogilates 6:45 Intro to Astronomy 7:30	<b>11</b> Defensive Driving 9:00 Day Trip: MPLS Library 9:45 Yoga 9:45/11:00 Caregiver Conversations 10:00 Cribbage 10:00 Woodcarvers 10:00 British History 1:00 Bunco 1:00 Line Dance 1:00/2:00 Duplicate Bridge 6:00	<b>12</b> Happy Feet 8:00 Crafting for a Cause 9:00 Exercise 9:00 Computer Club 10:00 Volunteer Social 11:30 Art Drop In 1:00
<b>15</b> Men's Discussion Group 8:30 Art Drop In 9:00 Exercise 9:00 Fun With Watercolor 10:00 T'ai Chi Chih 10:00/11:15 Therapeutic Pilates 10:15 Travel Nat.: New Zealand 10:30 Zumba 12:45 Bulls & Bears 1:00 Medicare Counseling 1:00/6:00 Rummikub 1:00	<b>16</b> Yoga 9:45/11:00 Memory Café 10:00 Poker 10:00 Shutterbugs 10:00 Bingo 12:40 Tale Spinners 1:00 Fall Prevention 1:30	<b>17</b> Exercise 9:00 Mahjongg Class 10:00 Mahjongg Drop In 10:00 Chorale 10:15 A.A./Al-Anon 10:30 Social Bridge 12:45 T'ai Chi Chih 1:00/2:15 500 Cards 6:30	<b>18</b> Yoga 9:45/11:00 Aging Redefined 10:00 Cribbage 10:00 Woodcarvers 10:00 Book Club 1:00 British History 1:00 Dominoes 1:00 Line Dance 1:00/2:00 Duplicate Bridge 6:00	<b>19</b> Happy Feet 8:00 Exercise 9:00 Blood Pressure 9:30 Computer Club 10:00 Women's Discussion 10:00 Art Drop In 1:00
<b>22</b> Men's Discussion Group 8:30 Art Drop In 9:00 Exercise 9:00 T'ai Chi Chih 10:00/11:15 Therapeutic Pilates 10:15 Traveling Solo 10:30 Zumba 12:45 Bridge II 1:00 Hand, Foot, & Toe 1:00	<b>23</b> Yoga 9:45/11:00 Open Play 10:00 Virtual Housing Cruise 10:00 Bingo 12:40 Senior Outreach 1:00 Tale Spinners 1:00 Fall Prevention 1:30 Chow with the Chief* 5:00 *meet at Station 2	<b>24</b> Exercise 9:00 Mahjongg Class 10:00 Mahjongg Drop In 10:00 Chorale 10:15 Hands Only CPR 10:15 A.A./Al-Anon 10:30 History: Wounded Knee 10:30 Day Trip: Old Log Theatre 11:30 Social Bridge 12:45 T'ai Chi Chih 1:00/2:15 500 Cards 6:30	<b>25</b> Defensive Driving 9:00 Yoga 9:45/11:00 Cribbage 10:00 Woodcarvers 10:00 Adopt a Highway 1:00 British History 1:00 Bunco 1:00 Line Dance 1:00 Duplicate Bridge 6:00	<b>26</b> Happy Feet 8:00 Exercise 9:00 Computer Club 10:00 Lunch & Movie 12:00 Bucket List Book Club 1:00 Art Drop In 1:00
<b>29</b> Men's Discussion Group 8:30 Art Drop In 9:00 Exercise 9:00 Senior Softball 9:00 Skies in Watercolor 9:00 Community Connections: Gardening 10:15 Zumba 12:45 Bridge II 1:00	<b>30</b> Bingo 12:40 Tale Spinners 1:00 Fall Prevention 1:30	<div style="text-align: center;">  <h1 style="margin: 0;">CITY OF MINNETONKA</h1> <h2 style="margin: 0;">SENIOR SERVICES</h2> <p style="margin: 0;">Programs and services for those 55+   952-939-8393   <a href="http://eminnetonka.com/senior-services">eminnetonka.com/senior-services</a></p> </div>		

## Interest Groups

Interest groups are coordinated and led by seniors in the community. All groups meet at the Minnetonka Community Center, unless noted otherwise. There are more than 30 different interest groups.

### A Woman's Voice

**3rd Friday, 10 a.m.**

Discuss different topics each month with other senior women.

>> April: Domestic Violence

### Advisory Board

**2nd Tuesday, 10 a.m.**

Advise and recommends goals, policies and objectives to Minnetonka Senior Services and Minnetonka City Council.

### A.A./Al-Anon

**Wednesdays, 10:30 a.m.**

AA supports those who may have alcohol addiction. Al-Anon supports friends and family members of those with alcohol addiction. All ages welcome.

### Art Drop In

**Mondays, 9 a.m.-noon**

**Fridays, 1-4 p.m.**

Informal drop in and create! This group welcomes artists of all abilities. Participants socialize while working independently. New members welcome!

### Bike Club

**April- October with various start times**

Enjoy the amazing trails of Minnetonka and the Twin Cities! We offer three groups, each with a different ability level. More info at [mtkabikers.org](http://mtkabikers.org)

>> Kickoff meeting is Tuesday, April 4 from 9:30-10:30 a.m.

### Bingo

**Tuesdays, 12:40 p.m.**

Enjoy a fun game of Bingo with a friendly social group! Cards are a nickel each per game.



### Bird Club

**1st Friday, 10:30 a.m.**

Meet once a month Sept. - May and enjoy a variety of bird topics throughout the year. Cost is \$20/calendar year for this group.

>> *The World of the Peregrine Falcon and Its Return to the Skies of Minnesota. Presented by Carrol Henderson with Minnesota DNR*



### Book Club

**3rd Thursday, 1 p.m.**

Each month we read a new book and discuss. March's book:

>> *The Hummingbird by Stephen B. Kiernan*



### Bucket List Book Club

**4th Friday, 1 p.m.**

Start to check off some of your bucket list books. Each month we read a new book and discuss. March's book:

>> *Angela's Ashes by Frank McCourt*



### Bulls and Bears Investment Club

**1st & 3rd Mondays, 1 p.m.**

Do you know the difference between bull and bear markets? Study different investment trends and learn how to navigate the markets.



### Bunco

**2nd & 4th Thursdays, 1 p.m.**

Drop in and play the fun game of bunco. No experience? No problem! We'll teach you.



### Caregiver Conversations

**2nd Thursday, 10 a.m.**

Explore the challenges, rewards and resources in navigating the care giving journey.

### Chorale

**Wednesdays, 10:15 a.m.**

Do you love to sing? No auditions are required. The Chorale sings in a 4 part harmony and performs throughout the year. The Chorale is an ensemble of the Music Association of Minnetonka.

### Computer Club

**Fridays, 10 a.m.**

Join this social group as we discuss trends and learn new skills. Visit [mscig.wordpress.com](http://mscig.wordpress.com) to learn more!



### Crafting for a Cause

**2nd Friday, 9 a.m.**

Craft items for local nonprofit! New members are always welcome.



## Summer Registration is now open!

Registration is for classes and programs that take place May-August.

Registration Options:



[eminnetonka.com/register](http://eminnetonka.com/register)



952-939-8393



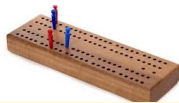
In person 8 a.m.-4:30 p.m.

The Senior Script highlights upcoming monthly programs. Refer to the Recreation Services brochure for a complete listing of senior services offerings. The brochure can be picked up at the community center, viewed online or mailed to your home.

## Cribbage

**Thursdays, 10 a.m.**

Come join us! Bring a cribbage board and a deck of cards.



## Dominos

**1st & 3rd Thursdays, 1 p.m.**

Never played? We'll teach you. Please join us



## Duplicate Bridge

**Thursdays, 6 p.m.**

Partners are needed for this group and new members welcome. If you need help finding a partner, we can assist you! Play as your schedule allows.



## Garden Club

**2nd Monday, 1 p.m.**

Do you love to garden? Join us for monthly gardening topics and field trips.



## Genealogy Club

**1st Thursday, 10 a.m.**

Exciting topics each month. Speakers present throughout the year. Join fellow enthusiasts at any point of your genealogical journey.



## Ham Radio

**2nd Monday, 10 a.m.**

Join us for some amateur radio discussion, share of knowledge and practice.



## Hand, Foot, and Toe

**2nd and 4th Monday, 1 p.m.**

Learn a new game, we'll teach you how to play!



## Mahjongg

**Wednesdays, 10 a.m.**

Join in the fun with fellow players mahjongg. Please bring your own set.



## Men's Discussion Group

**Mondays, 8:30 a.m.**

Join us for coffee and conversations in this new weekly men's discussion group. Meet and connect with new people while discussing a variety of informal topics.



## Open Play

**2nd & 4th Tuesday, 10 a.m.**

Come play any game of your choice! Enjoy a game of 500, Scrabble, Canasta, or any small group games that you bring.

## Pickleball Open Play

Outdoor at Meadow Park and indoor at the Williston Fitness Center. For playing times call: 952-939-8370.



## Poker

**1st & 3rd Tuesday, 10 a.m.**

Join us for a good game of poker! Play a variety of games.



## Rummikub

**1st & 3rd Monday, 1 p.m.**

Combining elements from rummy and mahjongg, join us for a game! We'll teach you how to play!



## Shutterbugs

**3rd Tuesday, 10 a.m.**

This group focuses on a different topic each month and is open for the novice photographer and professionals. Photos taken by members that are Minnetonka residents can be purchased at The Landing Shop.



## Social Bridge

**Wednesdays, 12:45 p.m.**

1st, 2nd and 3rd place prizes are awarded. No partners are needed and new members are always welcome. Join in the fun as your schedule allows.



## Tale Spinners

**Tuesdays, 1 p.m.**

This is a casual group of writers who work together to improve their skills, provide motivation and ideas, critique and offer feedback; all to achieve individual writing goals. Whether you are a poet, short story writer, essayist, novelist, or recording family anecdote and histories; please come by and bring your words to life!



## Woodcarvers

**Thursdays, 10 a.m.**

Socialize, share ideas and work independently. All abilities are welcome, including beginners! The first Thursday of the month is show and tell. Come join the fun!



## 500 Card Club

**Wednesdays, 6:30 p.m.**

Join in the fun, new members are always welcome!







## Cribbage

Are you interested in playing cribbage? Come join us each week! Bring a cribbage board and a deck of cards.

Thursdays  
10 a.m.  
Glen Lake Activity Room



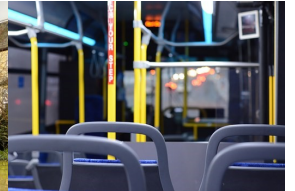
## Dominoes

Never played dominoes but want to learn? We'll teach you how to play this fun game!

1st & 3rd Thursdays  
1 p.m.  
Glen Lake Activity Room



# Senior Services



**Blood Pressure Screenings:** First and third Friday and second Wednesday of the month, 9:30–11:30 a.m.

**Foot Care Clinic:** Fridays – for appointments and fees please call Happy Feet at 763-560-5136.

**Household and Outside Maintenance for Elderly (H.O.M.E.):** Help with household chores. Call Senior Community Services at 952-746-4046 for more information.

**Senior Outreach:** Housing, community resources, and one-on-one counseling. By appointment only on the second and fourth Tuesday of the month, 1–3 p.m. Please call 952-939-8393 for an appointment.

**Transit Link:** Transportation from your home to events. Call 651-602-5465 for fees and schedule.

To learn more, call Minnetonka Senior Services at 952.939.8393 or visit [eminnetonka.com/seniorservices](http://eminnetonka.com/seniorservices)