

Monday Tuesday Wednesday Thursday Friday



CITY OF
MINNETONKA
SENIOR SERVICES

1	
Happy Feet	8:00
Exercise	9:00
Blood Pressure	9:30
Computer Club	10:00
Bird Club	10:30
Oil Painting Drop In	1:00

4	
Men's Discussion Group	8:30
Art Drop In	9:00
Exercise	9:00
Fun With Watercolor	10:00
T'ai Chi Chih	10:00/11:15
Therapeutic Pilates	10:15
Zumba	12:45
Bulls & Bears	1:00
Online Selling: eBay	1:00
Rummikub	1:00
Defensive Driving	5:30

5	
Yoga	9:45/11:00
Poker	10:00
Dementia Friends	12:00
Bingo	12:40
Tale Spinners	1:00
Memory Café	1:30
Strength & Mobility	1:30

6	
Mahjongg Drop In	10:00
Chorale	10:15
A.A./AI-Anon	10:30
Social Bridge	12:45
T'ai Chi Chih	1:00/2:15
Chair Yoga	5:30
500 Cards	6:30
Yogilates	6:45

7	
Yoga	9:45/11:00
Cribbage	10:00
Genealogy	10:00
Woodcarvers	10:00
British History	1:00
Dominos	1:00
Line Dance	1:00
Duplicate Bridge	6:00
Hands Only CPR	6:30

8	
Happy Feet	8:00
Crafting for a Cause	9:00
Exercise	9:00
Computer Club	10:00
Oil Painting Drop In	1:00

11	
Men's Discussion Group	8:30
Art Drop In	9:00
Exercise	9:00
Fun with Watercolor	10:00
Ham Radio	10:00
T'ai Chi Chih	10:00/11:15
Therapeutic Pilates	10:15
Zumba	12:45
Garden Club	1:00
Hand, Foot, & Toe	1:00
Medicare Counseling	1:00

12	
Defensive Driving	9:00
Yoga	9:45/11:00
Advisory Board	10:00
Open Play	10:00
Bingo	12:40
Senior Outreach	1:00
Tale Spinners	1:00
Strength & Mobility	1:30

13	
Exercise	9:00
Blood Pressure	9:30
Mahjongg Drop In	10:00
Chorale	10:15
A.A./AI-Anon	10:30
History: Dakota War	10:30
Monthly Party	12:00
Social Bridge	12:45
T'ai Chi Chih	1:00/2:15
Chair Yoga	5:30
500 Cards	6:30
Yogilates	6:45

14	
Yoga	9:45/11:00
Caregiver Conversations	10:00
Cribbage	10:00
Woodcarvers	10:00
British History	1:00
Bunco	1:00
Duplicate Bridge	6:00

15	
Happy Feet	8:00
Exercise	9:00
Blood Pressure	9:30
Computer Club	10:00
Women's Discussion	10:00
Traveling Naturalist:	
Wolves of Land	10:30
Oil Painting Drop In	1:00

18

CLOSED

PRESIDENTS DAY

19	
Yoga	9:45/11:00
Memory Cafe	10:00
Poker	10:00
Shutterbugs	10:00
Bingo	12:40
Tale Spinners	1:00
Strength & Mobility	1:30
Full Moon Hike	5:30

20	
Exercise	9:00
Day Trip: Churches	9:30
Mahjongg Drop In	10:00
Chorale	10:15
Hands Only CPR	10:15
A.A./AI-Anon	10:30
History: Sand Creek	10:30
Social Bridge	12:45
T'ai Chi Chih	1:00/2:15
Chair Yoga	5:30
500 Cards	6:30
Yogilates	6:45

21	
Yoga	9:45/11:00
Cribbage	10:00
Woodcarvers	10:00
Book Club	1:00
British History	1:00
Dominos	1:00
Duplicate Bridge	6:00

22	
Happy Feet	8:00
Exercise	9:00
Computer Club	10:00
Lunch & Movie	12:00
Bucket List Book Club	1:00
Oil Painting Drop In	1:00

25	
Men's Discussion Group	8:30
Art Drop In	9:00
Exercise	9:00
Fun with Watercolor	10:00
T'ai Chi Chih	10:00/11:15
Community Connections:	
Gadgets	10:15
Therapeutic Pilates	10:15
Zumba	12:45
Hand, Foot, & Toe	1:00
Medicare Counseling	1:00/6:00

26	
Online Selling: Etsy	9:30
Yoga	9:45/11:00
Open Play	10:00
Bingo	12:40
Senior Outreach	1:00
Tale Spinners	1:00
Strength & Mobility	1:30
Defensive Driving	5:30

27	
Exercise	9:00
Mahjongg Drop In	10:00
Chorale	10:15
A.A./AI-Anon	10:30
Avoiding Scams	10:30
Social Bridge	12:45
T'ai Chi Chih	1:00/2:15
Chair Yoga	5:30
500 Cards	6:30
Yogilates	6:45

28	
Yoga	9:45/11:00
Cribbage	10:00
Woodcarvers	10:00
Working with the Cloud:	
Android/Apple	10:00/1:00
British History	1:00
Bunco	1:00
Line Dance	1:00/2:00
Defensive Driving	5:30
Duplicate Bridge	6:00

Programs and services for those 55+

952-939-8393

Eminnetonka.com

Interest Groups

Interest groups are coordinated and led by seniors in the community. All groups meet at the Minnetonka Community Center, unless noted otherwise. There are more than 30 different interest groups.

Advisory Board

2nd Tuesday, 10 a.m.

Advises and recommends goals, policies and objectives to Minnetonka Senior Services and Minnetonka City Council.

A.A./Al-Anon

Wednesdays, 10:30 a.m.

AA supports those who may have alcohol addiction. Al-Anon supports friends and family members of those with alcohol addiction. All ages welcome.

Art Drop In

Mondays, 9 a.m.-noon

Informal drop in and create! This group welcomes artists of all abilities. Participants socialize while working independently. New members welcome!



Bingo

Tuesdays, 12:40 p.m.

Enjoy a fun game of Bingo with a friendly social group! Cards are a nickel each per game. Socialize and meet some new people!



Bird Club

1st Friday, 10:30 a.m.

Meet once a month Sept. - May and enjoy a variety of bird topics throughout the year. Cost is \$20/calendar year for this group.
>> February 1st- Northern Saw-whet Owl Studies presented by Jennifer Vieth- Executive Director at Carpenter Nature Center



Book Club

3rd Thursday, 1 p.m.

Each month we read a new book and discuss. February's book: *The Women in the Castle* by Jessica Shatuck



Bucket List Book Club

4th Friday, 1 p.m.

Start to check off some of your bucket list books. Each month we read a new book and discuss. February's book: *Guns, Germs, and Steel: The Fates of Human Societies* by Jared Diamond



Bulls and Bears Investment Club

1st & 3rd Mondays, 1 p.m.

Do you know the difference between bull and bear markets? Study different investment trends and learn how to navigate the markets.



Bunco

2nd & 4th Thursdays, 1 p.m.

Drop in and play the fun game of bunco. No experience? No problem! We'll teach you.



Caregiver Conversations

2nd Thursday, 10 a.m.

Explore the challenges, rewards and resources in navigating the care giving journey.



Chorale

Wednesdays, 10:15 a.m.

Do you love to sing? No auditions are required. The Chorale sings in a 4 part harmony and performs throughout the year. The Chorale is an ensemble of the Music Association of Minnetonka.

Computer Club

Fridays, 10 a.m.

Join this social group as we discuss trends and learn new skills. Visit mscig.wordpress.com to learn more!



Crafting for a Cause

2nd Friday, 9 a.m.

Craft items for local nonprofit! New members are always welcome.



Winter/Spring Registration is Now Open

Registration is for classes and programs that take place Jan. - April.

Registration Options:



eminnetonka.com/register



952-939-8393



In person 8 a.m.-4:30 p.m.

The Senior Script highlights upcoming monthly programs. Refer to the Recreation Services brochure for a complete listing of senior services offerings. The brochure can be picked up at the community center, viewed online or mailed to your home.

Cribbage

Thursdays, 10 a.m.

Come join us! Bring a cribbage board and a deck of cards.



Dominos

1st & 3rd Thursdays, 1 p.m.

Never played? We'll teach you. Please join us



Duplicate Bridge

Thursdays, 6 p.m.

Partners are needed for this group and new members welcome. If you need help finding a partner, we can assist you! Play as your schedule allows.



500 Card Club

Wednesdays, 6:30 p.m.

Join in the fun, new members are always welcome!



Garden Club

2nd Monday, 1 p.m.

Do you love to garden? Join us for monthly gardening topics and field trips. February- Pollinators! Bees! Butterflies!



Genealogy Club

1st Thursday, 10 a.m.

Exciting topics each month. Speakers present throughout the year. Join fellow enthusiasts at any point of your genealogical journey.



Ham Radio

2nd Monday, 10 a.m.

Join us for some amateur radio discussion, share of knowledge and practice.



Hand, Foot, and Toe

2nd and 4th Monday, 1 p.m.

Learn a new game, we'll teach you how to play!



Mahjongg

Wednesdays, 10 a.m.

Join in the fun with fellow players of mahjongg. Please bring your own set.



Men's Discussion Group

Mondays, 8:30 a.m.

Join us for coffee and conversations in this new weekly men's discussion group. Meet and connect with new people while discussing a variety of informal topics.



Oil Painting Drop In

Fridays, 1 p.m.

This group welcomes artists of all abilities as well as other painting mediums you may use. Participants work independently but will help and critique one another when requested. Socialize in a relaxed atmosphere while honing your craft.



Open Play

2nd & 4th Tuesday, 10 a.m.

Come play any game of your choice! Enjoy a game of 500, Scrabble, Canasta, or any small group games that you bring.

Pickleball Open Play

Indoor at the Williston Fitness Center. For playing times call: 952-939-8370.



Poker

1st & 3rd Tuesday, 10 a.m.

Join us for a good game of poker! Play a variety of games.



Rummikub

1st & 3rd Monday, 1 p.m.

Combining elements from rummy and mahjongg, join us for a game! We'll teach you how to play!



Shutterbugs

3rd Tuesday, 10 a.m.

This group focuses on a different topic each month and is open for the novice photographer and professionals. Photos taken by members that are Minnetonka residents can be purchased at The Landing Shop.



Social Bridge

Wednesdays, 12:45 p.m.

1st, 2nd and 3rd place prizes are awarded. No partners are needed and new members are always welcome. Join in the fun as your schedule allows.



Tale Spinners

Tuesdays, 1 p.m.

This is a casual group of writers who work together to improve their skills, provide motivation and ideas, critique and offer feedback; all to achieve individual writing goals. Whether you are a poet, short story writer, essayist, novelist, or recording family anecdote and histories; please come by and bring your words to life!



Woodcarvers

Thursdays, 10 a.m.

Socialize, share ideas and work independently. All abilities are welcome, including beginners! The first Thursday of the month is show and tell. Come join the fun!





Open Play

Enjoy playing 500, Scrabble, Canasta, board games or any small group games that you bring!

The room is not reserved for any one group, but is open for informal small groups to use the space.

Invite a friend and bring your favorite game!

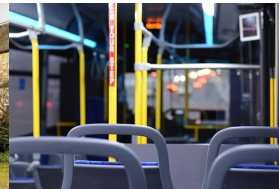
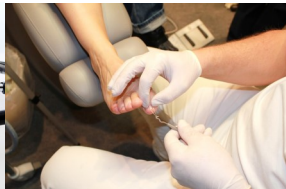
2nd & 4th Tuesday

10:00 a.m.

Glen Lake Activity Room



Senior Services



Blood Pressure Screenings: First and third Friday and second Wednesday of the month, 9:30–11:30 a.m.

Foot Care Clinic: Fridays – for appointments and fees please call Happy Feet at 763-560-5136.

Household and Outside Maintenance for Elderly (H.O.M.E.): Help with household chores. Call 952-746-4046 for more information.

Senior Outreach: Housing, community resources, and one-on-one counseling. By appointment only on the second and fourth Tuesday of the month, 1–3 p.m. Please call 952-939-8393 for an appointment.

Transit Link: Transportation from your home to events. Call 651-602-5465 for fees and schedule.

*To learn more, call Minnetonka Senior Services at 952.939.8393 or visit eminnetonka.com/seniorservices