

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CLOSED 	2 Exercise 9:00 Mahjongg Drop In 10:00 Chorale 10:15 A.A./AI-Anon 10:30 Social Bridge 12:45 500 Cards 6:30	3 Cribbage 10:00 Genealogy 10:00 Woodcarvers 10:00 Dominos 1:00 Duplicate Bridge 6:00	4 Happy Feet 8:00 Exercise 9:00 Blood Pressure 9:30 Computer Club 10:00 Bird Club 10:30 Oil Painting Drop In 1:00
7 Men's Discussion Group 8:30 Art Drop In 9:00 Exercise 9:00 T'ai Chi Chih 10:00/11:15 Online Selling: Craigslist 10:15 Therapeutic Pilates 10:15 Bulls & Bears 1:00 Rummikub 1:00	8 Yoga 9:45/11:00 500 Cards 10:00 Advisory Board 10:00 Dementia Friends 12:00 Bingo 12:40 History: Soviet Leaders 1:00 Tale Spinners 1:00 Senior Outreach 1:00 Memory Café* 1:30 *At Ridgedale Library	9 Exercise 9:00 Blood Pressure 9:30 Mahjongg Drop In 10:00 Chorale 10:15 A.A./AI-Anon 10:30 Social Bridge 12:45 T'ai Chi Chih 1:00/2:15 Chair Yoga 5:30 500 Cards 6:30 Yogilates 6:45	10 Yoga 9:45/11:00 Caregiver Conversations 10:00 Cribbage 10:00 Woodcarvers 10:00 British History 1:00 Bunco 1:00 Duplicate Bridge 6:00	11 Happy Feet 8:00 Crafting for a Cause 9:00 Exercise 9:00 Computer Club 10:00 Oil Painting Drop In 1:00
14 Men's Discussion Group 8:30 Art Drop In 9:00 Exercise 9:00 Ham Radio 10:00 T'ai Chi Chih 10:00/11:15 Online Selling: Craigslist 10:15 Hands Only CPR 10:15 Therapeutic Pilates 10:15 Garden Club 1:00 Hand, Foot, & Toe 1:00 Medicare Counseling 1:00	15 Yoga 9:45/11:00 Memory Café 10:00 Poker 10:00 Shutterbugs 10:00 Bingo 12:40 History: Soviet Leaders 1:00 Strength & Mobility 1:00 Tale Spinners 1:00 Traveling Naturalist: It's a Sled Dogs Life 1:00	16 Exercise 9:00 Mahjongg Drop In 10:00 Chorale 10:15 A.A./AI-Anon 10:30 History: Seminole War 10:30 Social Bridge 12:45 T'ai Chi Chih 1:00/2:15 Chair Yoga 5:30 500 Cards 6:30 Yogilates 6:45	17 Defensive Driving 9:00 Yoga 9:45/11:00 Cribbage 10:00 Woodcarvers 12:00 Book Club 1:00 British History 1:00 Dominos 1:00 Line Dance 1:00/2:00 Duplicate Bridge 6:00	18 Happy Feet 8:00 Exercise 9:00 Blood Pressure 9:30 Computer Club 10:00 Oil Painting Drop In 1:00
21 CLOSED 	22 Yoga 9:45/11:00 500 Cards 10:00 Bingo 12:40 History: Soviet Leaders 1:00 Tale Spinners 1:00 Senior Outreach 1:00 Strength & Mobility 1:00 Defensive Driving 5:30	23 Exercise 9:00 Mahjongg Drop In 10:00 Chorale 10:15 A.A./AI-Anon 10:30 History: Apache War 10:30 Social Bridge 12:45 T'ai Chi Chih 1:00/2:15 Chair Yoga 5:30 500 Cards 6:30 Yogilates 6:45	24 Yoga 9:45/11:00 Cribbage 10:00 Woodcarvers 10:00 British History 1:00 Bunco 1:00 Line Dance 1:00/2:00 Duplicate Bridge 6:00	25 Happy Feet 8:00 Exercise 9:00 Computer Club 10:00 Lunch & Movie 12:00 Bucket List Book Club 1:00 Oil Painting Drop In 1:00
28 Men's Discussion Group 8:30 Art Drop In 9:00 Exercise 9:00 Fun with Watercolor 10:00 T'ai Chi Chih 10:00/11:15 Community Connections: Fall & Balance 10:15 Therapeutic Pilates 10:15 Hand, Foot, & Toe 1:00 Medicare Counseling 1:00 Online Selling: eBay 1:00	29 Yoga 9:45/11:00 Bingo 12:40 History: Soviet Leaders 1:00 Tale Spinners 1:00 Strength & Mobility 1:00	30 Exercise 9:00 Chorale 10:00 Mahjongg Drop In 10:15 A.A./AI-Anon 10:30 Sips & Songs 10:30 Day Trip: Lend Me a Tenor 11:30 Social Bridge 12:45 T'ai Chi Chih 1:00/2:15 Chair Yoga 5:30 500 Cards 6:30 Yogilates 6:45	31 Yoga 9:45/11:00 Cribbage 10:00 Woodcarvers 10:00 British History 1:00 Line Dance 1:00/2:00 Duplicate Bridge 6:00	 CITY OF MINNETONKA SENIOR SERVICES

Interest Groups

Interest groups are coordinated and led by seniors in the community. All groups meet at the Minnetonka Community Center, unless noted otherwise. There are more than 30 different interest groups.

Advisory Board

2nd Tuesday, 10 a.m.

Advises and recommends goals, policies and objectives to Minnetonka Senior Services and Minnetonka City Council.

AA/Al-Anon

Wednesdays, 10:30 a.m.

AA supports those who may have alcohol addiction. Al-Anon supports friends and family members of those with alcohol addiction. All ages welcome.

Art Drop In

Mondays, 9 a.m.-noon

Informal drop in and create! This group welcomes artists of all abilities. Participants socialize while working independently. New members welcome!



Bingo

Tuesdays, 12:40 p.m.

Enjoy a fun game of Bingo with a friendly social group! Cards are a nickel each per game. Socialize and meet some new people!



Bird Club

1st Friday, 10:30 a.m.

Meet once a month Sept. - May and enjoy a variety of bird topics throughout the year. Cost is \$20/calendar year for this group.

>> January 4, 2019

Dennis Yockers, Professor Emeritus of Natural Resources, presents *Birds in My Life*



Book Club

3rd Thursday, 1 p.m.

Each month we read a new book and discuss. This month's book: *Same Kind of Different as Me* by Ron Hall



Bucket List Book Club

4th Friday, 1 p.m.

Start to check off some of your bucket list books. Each month we read a new book and discuss. This month's book: *Pere Goriot* by Honore de Balzac



Bulls and Bears Investment Club

1st & 3rd Mondays, 1 p.m.

Do you know the difference between bull and bear markets? Study different investment trends and learn how to navigate the markets.



Bunco

2nd & 4th Thursdays, 1 p.m.

Drop in and play the fun game of bunco. No experience? No problem! We'll teach you.



Caregiver Conversations

2nd Thursday, 10 a.m.

Explore the challenges, rewards and resources in navigating the care giving journey.



Chorale

Wednesdays, 10:15 a.m.

Do you love to sing? No auditions are required. The Chorale sings in a 4 part harmony and performs throughout the year. The Chorale is an ensemble of the Music Association of Minnetonka.

Computer Club

Fridays, 10 a.m.

Join this social group as we discuss trends and learn new skills. Visit mscig.wordpress.com to learn more!



Crafting for a Cause

2nd Friday, 9 a.m.

Craft items for local nonprofit! New members are always welcome.



Winter/Spring Registration is Now Open

Registration is for classes and programs that take place Jan. - April.

Registration Options:



eminnetonka.com/register



952-939-8393



In person 8 a.m.-4:30 p.m.

The Senior Script highlights upcoming monthly programs. Refer to the Recreation Services brochure for a complete listing of senior services offerings. The brochure can be picked up at the community center, viewed online or mailed to your home.

Cribbage

Thursdays, 10 a.m.

Come join us! Bring a cribbage board and a deck of cards.



Dominos

1st & 3rd Thursdays, 1 p.m.

Never played? We'll teach you. Please join us



Duplicate Bridge

Thursdays, 6 p.m.

Partners are needed for this group and new members welcome. If you need help finding a partner, we can assist you! Play as your schedule allows.



500 Card Club

2nd & 4th Tuesdays, 10 a.m.
Wednesdays, 6:30 p.m.

Join in the fun, new members are always welcome!



Garden Club

2nd Monday, 1 p.m.

Do you love to garden? Join us for monthly gardening topics and field trips. Each month is a new topic.



Genealogy Club

1st Thursday, 10 a.m.

Exciting topics each month. Speakers present throughout the year. Join fellow enthusiasts at any point of your genealogical journey.



Ham Radio

2nd Monday, 10 a.m.

Join us for some amateur radio discussion, share of knowledge and practice.



Hand, Foot, and Toe

2nd and 4th Monday, 1 p.m.

Learn a new game, we'll teach you how to play!



Mahjongg

Wednesdays, 10 a.m.

Join in the fun with fellow players of mahjongg. Please bring your own set.



Men's Discussion Group

Mondays, 8:30 a.m.

Join us for coffee and conversations in this new weekly men's discussion group. Meet and connect with new people while discussing a variety of informal topics.



Oil Painting Drop In

Fridays, 1 p.m.

This group welcomes artists of all abilities as well as other painting mediums you may use. Participants work independently but will help and critique one another when requested. Socialize in a relaxed atmosphere while honing your craft.



Pickleball Open Play

Indoor at the Williston Fitness Center. For playing times call: 952-939-8370.



Poker

1st & 3rd Tuesday, 10 a.m.

Join us for a good game of poker! Play a variety of games.



Rummikub

1st & 3rd Monday, 1 p.m.

Combining elements from rummy and mahjongg, join us for a game! We'll teach you how to play!



Shutterbugs

3rd Tuesday, 10 a.m.

This group focuses on a different topic each month and is open for the novice photographer and professionals. Photos taken by members that are Minnetonka residents can be purchased at The Landing Shop.



Social Bridge

Wednesdays, 12:45 p.m.

1st, 2nd and 3rd place prizes are awarded. No partners are needed and new members are always welcome. Join in the fun as your schedule allows.



Tale Spinners

Tuesdays, 1 p.m.

This is a casual group of writers who work together to improve their skills, provide motivation and ideas, critique and offer feedback; all to achieve individual writing goals. Whether you are a poet, short story writer, essayist, novelist, or recording family anecdote and histories; please come by and bring your words to life!



Woodcarvers

Thursdays, 10 a.m.

Socialize, share ideas and work independently. All abilities are welcome, including beginners! The first Thursday of the month is show and tell. Come join the fun!





Men's Discussion Group

Please join us for discussion with the guys! Enjoy visiting and making new friends during these informal weekly discussion times. Come as often as your schedule allows.

Coffee will be available.

Mondays

8:30 a.m.

Glen Lake Activity Room

Senior Services



Blood Pressure Screenings: First and third Friday and second Wednesday of the month, 9:30–11:30 a.m.

Foot Care Clinic: Fridays – for appointments and fees please call Happy Feet at 763-560-5136.

Household and Outside Maintenance for Elderly (H.O.M.E.): Help with household chores. Call 952-746-4046 for more information.

Senior Outreach: Housing, community resources, and one-on-one counseling. By appointment only on the second and fourth Tuesday of the month, 1–3 p.m. Please call 952-939-8393 for an appointment.

Transit Link: Transportation from your home to events. Call 651-602-5465 for fees and schedule.

*To learn more, call Minnetonka Senior Services at 952.939.8393 or visit eminnetonka.com/seniorservices