

Monday		Tuesday		Wednesday		Thursday		Friday	
3		4		5		6		7	
Men's Discussion	8:30	Defensive Driving	9:00	Exercise	9:00	Minnehaha Canoe Trip	9:00	Happy Feet	8:00
Art Drop In	9:00	Yoga	9:45/11:00	Mahjongg Drop In	10:00	Yoga	9:45/11:00	Exercise	9:00
Exercise	9:00	Poker	10:00	A.A./Al-Anon	10:30	Cribbage	10:00	Minnehaha Canoe	9:00
Fun With Watercolor	10:00	Dementia Friends	12:00	T'ai Chi Workshop	10:45	Genealogy	10:00	Blood Pressure	9:30
Therapeutic Pilates	10:15	Bingo	12:40	Social Bridge	12:45	Woodcarvers	10:00	Computer Club	10:00
Balance Screenings	10:30	Tale Spinners	1:00	Chair Yoga	5:30	Traveling Naturalist:		Art Drop In	1:00
T'ai Chi Chih	11:15	Memory Café	1:30	500 Cards	6:30	Churchill, Manitoba	10:30		
Bulls & Bears	1:00			Yogilates	6:45	Dominos	1:00		
Medicare Counseling	1:00					Line Dance	1:00/2:00		
Rummikub	1:00					Duplicate Bridge	6:00		
10		11		12		13		14	
Men's Discussion	8:30	Yoga	9:45/11:00	Exercise	9:00	Yoga	9:45/11:00	Happy Feet	8:00
Art Drop In	9:00	Advisory Board	10:00	Blood Pressure	9:30	Caregiver Conversations	10:00	Crafting for a Cause	9:00
Exercise	9:00	Open Play	10:00	Mahjongg Drop In	10:00	Cribbage	10:00	Exercise	9:00
Ham Radio	10:00	Bingo	12:40	A.A./Al-Anon	10:30	Woodcarvers	10:00	Computer Club	10:00
T'ai Chi Chih	11:15	Senior Outreach	1:00	Social Bridge	12:45	Bunco	1:00	Monthly Party	12:00
Therapeutic Pilates	10:15	Tale Spinners	1:00	Chair Yoga	5:30	Line Dance	1:00/2:00	Art Drop In	1:00
Garden Club	1:00			500 Cards	6:30	Duplicate Bridge	6:00		
				Yogilates	6:45				
17		18		19		20		21	
Men's Discussion	8:30	Defensive Driving	9:00	Exercise	9:00	Yoga	9:45/11:00	Happy Feet	8:00
Art Drop In	9:00	Yoga	9:45/11:00	Mahjongg Drop In	10:00	Cribbage	10:00	Exercise	9:00
Exercise	9:00	Memory Cafe	10:00	A.A./Al-Anon	10:30	Woodcarvers	10:00	Blood Pressure	9:30
Hands Only CPR	10:15	Poker	10:00	T'ai Chi Workshop	10:45	Book Club	1:00	Computer Club	10:00
Therapeutic Pilates	10:15	Shutterbugs	10:00	Social Bridge	12:45	Dominos	1:00	Women's Discussion	10:00
Al & Alma's Boat Cruise	11:15	Bingo	12:40	Chair Yoga	5:30	Line Dance	1:00/2:00	Lunch & Movie	12:00
T'ai Chi Chih	11:15	Tale Spinners	1:00	500 Cards	6:30	Duplicate Bridge	6:00	Art Drop In	1:00
Bulls & Bears	1:00			Yogilates	6:45	Intro to Astronomy	6:30		
Medicare	1:00/6:00								
24		25		26		27		28	
Men's Discussion	8:30	Yoga	9:45/11:00	Day Trip: Duluth Vista	7:30	Yoga	9:45/11:00	Happy Feet	8:00
Art Drop In	9:00	Open Play	10:00	Exercise	9:00	Cribbage	10:00	Exercise	9:00
Exercise	9:00	Bingo	12:40	Mahjongg Drop In	10:00	Woodcarvers	10:00	Computer Club	10:00
Community Connections:		Senior Outreach	1:00	A.A./Al-Anon	10:30	Bunco	1:00	Art Drop In	1:00
How to Pay for Housing	10:15	Tale Spinners	1:00	Social Bridge	12:45	Line Dance	1:00/2:00		
Therapeutic Pilates	10:15			Chair Yoga	5:30	Duplicate Bridge	6:00		
T'ai Chi Chih	11:15			500 Cards	6:30				
Hand, Foot, & Toe	1:00			Yogilates	6:45				



Interest Groups

Interest groups are coordinated and led by seniors in the community. All groups meet at the Minnetonka Community Center, unless noted otherwise. There are more than 30 different interest groups.

Advisory Board

2nd Tuesday, 10 a.m.

Advises and recommends goals, policies and objectives to Minnetonka Senior Services and Minnetonka City Council.

A.A./Al-Anon

Wednesdays, 10:30 a.m.

AA supports those who may have alcohol addiction. Al-Anon supports friends and family members of those with alcohol addiction. All ages welcome.

Art Drop In

Mondays, 9 a.m.-noon

Fridays, 1-4 p.m.



Informal drop in and create! This group welcomes artists of all abilities. Participants socialize while working independently. New members welcome!

Bike Club

April- October with various start times



Enjoy the amazing trails of Minnetonka and the Twin Cities! We offer three groups, each with a different ability level. More info at mtkabikers.org

Bingo

Tuesdays, 12:40 p.m.

Enjoy a fun game of Bingo with a friendly social group!

Cards are a nickel each per game.



Bird Club

1st Friday, 10:30 a.m.

Meet once a month Sept. - May and enjoy a variety of bird topics throughout the year. Cost is \$20/calendar year for this group.



>> Will meet again in September!

Book Club

3rd Thursday, 1 p.m.

Each month we read a new book and discuss.

This month's book:

>> The Story of Arthur Truluv by Elizabeth Berg



Bucket List Book Club

4th Friday, 1 p.m.

Start to check off some of your bucket list books. Each month we read a new book and discuss. This month's book:

>> Will meet again in September!



Bulls and Bears Investment Club

1st & 3rd Mondays, 1 p.m.

Do you know the difference between bull and bear markets? Study different investment trends and learn how to navigate the markets.



Bunco

2nd & 4th Thursdays, 1 p.m.

Drop in and play the fun game of bunco. No experience? No problem! We'll teach you.



Caregiver Conversations

2nd Thursday, 10 a.m.

Explore the challenges, rewards and resources in navigating the care giving journey.

Computer Club

Fridays, 10 a.m.

Join this social group as we discuss trends and learn new skills. Visit mscig.wordpress.com to learn more!



Crafting for a Cause

2nd Friday, 9 a.m.

Craft items for local nonprofits! New members are always welcome.



Cribbage

Thursdays, 10 a.m.

Come join us! Bring a cribbage board and a deck of cards.



Dominos

1st & 3rd Thursdays, 1 p.m.

Never played? We'll teach you. Please join us



Duplicate Bridge

Thursdays, 6 p.m.

Partners are needed for this group and new members welcome. If you need help finding a partner, we can assist you! Play as your schedule allows.



Summer Registration is now open!

Registration is for classes and programs that take place May-August.

Registration Options:



eminnetonka.com/register



952-939-8393



In person 8 a.m.-4:30 p.m.

The Senior Script highlights upcoming monthly programs. Refer to the Recreation Services brochure for a complete listing of senior services offerings. The brochure can be picked up at the community center, viewed online or mailed to your home.

Garden Club

2nd Monday, 1 p.m.

Do you love to garden? Join us for monthly gardening topics and field trips.



Genealogy Club

1st Thursday, 10 a.m.

Exciting topics each month. Speakers present throughout the year. Join fellow enthusiasts at any point of your genealogical journey.



Ham Radio

2nd Monday, 10 a.m.

Join us for some amateur radio discussion, share of knowledge and practice.



Hand, Foot, and Toe

2nd and 4th Monday, 1 p.m.

Players must have a basic knowledge of Hand & Foot—we'll teach the Toe!



Mahjongg

Wednesdays, 10 a.m.

Join in the fun with fellow players of mahjongg. Please bring your own set.



Men's Discussion Group

Mondays, 8:30 a.m.

Join us for coffee and conversations in this new weekly men's discussion group. Meet and connect with new people while discussing a variety of informal topics.



Open Play

2nd & 4th Tuesday, 10 a.m.

Come play any game of your choice! Enjoy a game of 500, Scrabble, Canasta, or any small group games that you bring.

Pickleball Open Play

Outdoor at Meadow Park and indoor at the Williston Fitness Center. For playing times call: 952-939-8341.



Poker

1st & 3rd Tuesday, 10 a.m.

Join us for a good game of poker! Play a variety of games.



Rummikub

1st & 3rd Monday, 1 p.m.

Combining elements from rummy and mahjongg, join us for a game! We'll teach you how to play!



Shutterbugs

3rd Tuesday, 10 a.m.

This group focuses on a different topic each month and is open for the novice photographer and professionals. Photos taken by members that are Minnetonka residents can be purchased at The Landing Shop.



Social Bridge

Wednesdays, 12:45 p.m.

1st, 2nd and 3rd place prizes are awarded. No partners are needed and new members are always welcome. Join in the fun as your schedule allows.



Tale Spinners

Tuesdays, 1 p.m.

This is a casual group of writers who work together to improve their skills, provide motivation and ideas, critique and offer feedback; all to achieve individual writing goals. Whether you are a poet, short story writer, essayist, novelist, or recording family anecdote and histories; please come by and bring your words to life!



Women's Discussion Group

3rd Friday, 10 a.m.

Discuss different topics each month with other senior women. This month's topic:

> Equal Rights Amendment



Woodcarvers

Thursdays, 10 a.m.

Socialize, share ideas and work independently. All abilities are welcome, including beginners! The first of the month is show and tell. Come join the fun!



500 Card Club

Wednesdays, 6:30 p.m.

Join in the fun, new members are always welcome!





Shutterbugs

3rd Tuesday, 10 a.m.

This group focuses on a different topic each month and is open for the novice photographer and professionals. Photos taken by members that are Minnetonka residents can be purchased at The Landing Shop.

Senior Services



Blood Pressure Screenings: First and third Friday and second Wednesday of the month, 9:30–11:30 a.m.

Foot Care Clinic: Fridays – for appointments and fees please call Happy Feet at 763-560-5136.

Household and Outside Maintenance for Elderly (H.O.M.E.): Help with household chores. Call Senior Community Services at 952-746-4046 for more information.

Senior Outreach: Housing, community resources, and one-on-one counseling. By appointment only on the second and fourth Tuesday of the month, 1–3 p.m. Please call 952-939-8393 for an appointment.

Transit Link: Transportation from your home to events. Call 651-602-5465 for fees and schedule.

To learn more, call Minnetonka Senior Services at 952.939.8393 or visit eminnetonka.com/seniorservices