

## EVENTS

### Sips & Songs: Cactus Willie

Enjoy light refreshments and socializing before taking in the delightful music of Cactus Willie.

Day	Date	Time	Cost	Course
W	Oct. 9	10:30 a.m.–noon	\$3	1100301-02

### Lunch & Movie: The Upside

An ex-convict and quadriplegic billionaire form an unlikely bond. **Register by Oct. 15. Sponsored by Nothing Bundt Cakes.**

Meal: Beef chili, cornbread, salad, dessert.

Day	Date	Time	Cost	Course
F	Oct. 18	Noon	\$6	1100202-01

### Monthly Party: Oktoberfest

It's one of our favorite parties of the year – Oktoberfest!

**Register by Oct. 25. Sponsored by The Glenn Minnetonka.**

Meal: Brats, sauerkraut, roasted potatoes, green beans, keg root beer.

Day	Date	Time	Cost	Course
W	Oct. 30	Noon	\$7	1100102-01



## DAY TRIPS



### Tundra Swan Migration

**Register by Oct. 4.**

Day	Date	Time	Cost	Course
Tu	Nov. 12	8 a.m.–6:15 p.m.	\$75	1110103-01

### SIX at the Ordway

**Register by Oct. 15.**

Day	Date	Time	Cost	Course
Tu	Dec. 3	6:15–11 p.m.	\$100	1110108-01

### Superior, WI

**Register by Oct. 18.**

Day	Date	Time	Cost	Course
F	Nov. 22	7:45 a.m.–5:30 p.m.	\$83	1110104-01

Check out upcoming excursions and day trip menus in the recreation brochure, available at the Community Center and online: [eminnetonka.com/recbrochure](http://eminnetonka.com/recbrochure)

## CLASSES

### Technology

#### Devices for the Beginner

Learn how to use your new device! Topics include emailing, texting, photos, GPS and more. Bring your device and your questions. Instructor: Abbey Key.

##### Android

Day	Date	Time	Cost	Course
Tu	Oct. 1	10 a.m.-noon	\$9	1180601-03

##### Apple

Day	Date	Time	Cost	Course
Tu	Oct. 1	1-3 p.m.	\$9	1180601-04



#### One-on-One Cell Phone Help

Hopkins High School ProPEL students provide free one-on-one help with your phone or tablet. **Register by Oct. 18.**

Day	Date	Time	Cost	Course
Tu	Oct. 22	1:30-2:30 p.m.	Free	1180408-01



### History

#### British History: Britain's Great Cathedrals

Learn how Britain's ancient cathedrals and abbeys reflect her turbulent history in their architectural grandeur. Instructor: Terry Kubista.

Day	Date	Time	Cost	Course
Th	Oct. 3-24	1-3 p.m.	\$28	1180101-02

#### Kennedy's Advisers & the Cuban Missile Crisis

We'll examine the proposals President John F. Kennedy's advisers offered him during the Cuban Missile Crisis. Instructor: Tom Troy.

Day	Date	Time	Cost	Course
Tu	Oct. 8-29	1-2:30 p.m.	\$12	1180203-01

#### Historic Diseases Series with Dan Hartman

##### Measles: What is it Really?

Day	Date	Time	Cost	Course
W	Oct. 16	10:30 a.m.-12:30 p.m.	\$6	1180202-02

##### Chickenpox & Shingles

Day	Date	Time	Cost	Course
W	Oct. 30	10:30 a.m.-12:30 p.m.	\$6	1180202-03

### Art & Games

#### Fun with Watercolor: Celebrating the Fall Season

Our art will focus on close-up leaves and/or flowers, seasonal fruits and vegetables and a variety of fall landscapes. Supply list provided at registration. Instructor: Vera Kovacovic.

Day	Date	Time	Cost	Course
M	Oct. 7- Nov. 4	10 a.m.-noon	\$50	1130101-03

#### Mahjongg for Beginners

Learn to play the ancient Chinese game of Mahjongg, a tile game of chance and skill. This is also a great class for refreshing your skills. Please bring a folder for handouts. Instructor: Carole Harris.

Day	Date	Time	Cost	Course
W	Oct. 16-Nov. 27	10 a.m.-noon	\$63	1190201-01

## Nature

### Full Moon Hike to Jidana

Take a two-mile, round trip hike from the Minnetonka Community Center to Jidana Park and back. Enjoy the full moon and brats over the campfire, coffee and dessert.

Day	Date	Time	Cost	Course
Th	Oct. 10	6:15-8:15 p.m.	\$4	1190802-02



### Introduction to Amateur Astronomy: Fall Night Sky Observing

Learn about and observe fall constellations. After a brief lesson, we'll head outside for a high tech stargazing session. Instructor: Patrick Drigans.

Day	Date	Time	Cost	Course
W	Oct. 23	6:30-8 p.m.	\$10	1180301-02



## Fitness

For a complete listing and program descriptions, visit [eminnetonka.com/register](http://eminnetonka.com/register) or pick up a brochure at the community center.

### SERVICES



**Free Medicare Counseling:** Appointment needed. Call 800-333-2433.

**Free Social Worker Consultations:** Appointment needed. Call 952-939-8393.

**Free Blood Pressure Checks:** October 4, 9, 18 from 9:30-11:30 a.m. Walk-ins only.

**Foot Care Services:** Appointment needed. Call 763-560-5136. Every Friday, 9 a.m.-4 p.m.

For more information, call Minnetonka Senior Services at 952-939-8393



## PRESENTATIONS

### Five Factors of Health

Discover simple lifestyle changes that can immediately improve your health. Topics include diet, exercise, sleep and emotional well-being. Presenter: Dr. Kyle LeDuc from Health Connection Family Chiropractic.

Day	Date	Time	Cost	Course
M	Oct. 7	1-2 p.m.	Free	1180802-02

### Community Healthcare Services

Explore the benefits of Community Healthcare Services including preventative care and treatment consultations. Presenter: Damon Kenton.

Day	Date	Time	Cost	Course
F	Oct. 11	10:30-11:30 a.m.	Free	1180803-01



### The Different Cultures of America: Living & Working Together

America is a melting pot of fascinating cultures. Understand our role in bridging cultural divides. Presenter: Steven R. Yussen.

Day	Date	Time	Cost	Course
Tu	Oct. 15	10-11:30 a.m.	\$3	1180412-01

### Community Connections

Author of "Alzheimer's Gifts," Rick Naymark, shares his fun and touching "attitude adjustment" for those caring for someone with Alzheimer's.

Day	Date	Time	Cost	Course
M	Oct. 28	10:15-11:30 a.m.	Free	1180416-01

Join us at The Landing Shop's  
**OUTDOOR CRAFT FAIR!**  
Saturday, Oct. 5 10 a.m.-4 p.m.



**11280 Wayzata Blvd. | 763-591-4868**

*between BLVD Restaurant & Dick's Sporting Goods*

#### Hours

Wednesday-Saturday, 10 a.m.-4 p.m.

Sundays, 11 a.m.-4 p.m.

### Registration required for all programs.\*



14600 Minnetonka Blvd.  
Minnetonka, MN 55345



[eminnetonka.com/register](http://eminnetonka.com/register)



952-939-8393

#### Office Hours

Monday-Friday  
8 a.m.-4:30 p.m.

#### Program Locations

Meet at Minnetonka Senior Services at the Minnetonka Community Center, unless otherwise noted.

#### Program Cancellation

Participants wishing to withdraw from a program must do so at least one week prior to the start of the program or by the stated registration deadline.

#### Trip Cancellation

Refunds only granted prior to the registration deadline or in the event that a replacement is found.

\* Programs with low enrollment will be canceled.