



Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED 	3 Poker 10:00 Dementia Friends 12:00 Bingo 12:40 Tale Spinners 1:00 Memory Café 1:30 Fall Prevention 1:30	4 Exercise 9:00 Mahjongg Drop In 10:00 Chorale 10:15 A.A./Al-Anon 10:30 History: Avignon 10:30 Social Bridge 12:45 Aging with Gusto 1:00 500 Cards 6:30	5 Defensive Driving 9:00 Apollo 50th Anniversary 10:00 Cribbage 10:15 Genealogy 10:30 Woodcarvers 10:30 British History 12:45 Dominos 1:00 Line Dance 1:00/2:00 Duplicate Bridge 6:00	6 Exercise 9:00 Happy Feet 9:00 Blood Pressure 9:30 Computer Group 10:00 Bird Club 10:30 Art Drop In 1:00
9 Men's Discussion Group 8:30 Art Drop In 9:00 Exercise 9:00 Ham Radio 10:00 T'ai Chi Chih 10:00 Therapeutic Pilates 10:15 Lifetime of Luck & Pluck 10:30 Balance Presentation 10:30 Balance Screenings 11:30 Garden Club 1:00 Hand, Foot, & Toe 1:00 Medicare Counseling 1:00 Defensive Driving 5:30	10 Advisory Board 10:00 Open Play 10:00 Bingo 12:40 Senior Outreach 1:00 Tale Spinners 1:00 Fall Prevention 1:30	11 Exercise 9:00 Blood Pressure 9:30 Mahjongg Drop In 10:00 Chorale 10:15 A.A./Al-Anon 10:30 Sips & Songs 10:30 Social Bridge 12:45 Aging with Gusto 1:00 T'ai Chi Chih 1:00/2:30 500 Cards 6:30	12 Day Trip: Granite Falls 7:30 Caregiver Conversations 10:00 Cribbage 10:00 Woodcarvers 10:00 British History 1:00 Bunco 1:00 Line Dance 1:00/2:00 Duplicate Bridge 6:00	13 Crafting for a Cause 9:00 Exercise 9:00 Happy Feet 9:00 Computer Group 10:00 Art Drop In 1:00
16 Men's Discussion Group 8:30 Art Drop In 9:00 Exercise 9:00 T'ai Chi Chih 10:00 Therapeutic Pilates 10:15 Fall Hike to Jidana 11:00 Beginning Bridge 1:00 Bulls & Bears 1:00 Rummikub 1:00 Top Spine Exercises 1:00	17 Yoga 9:45/11:00 Memory Cafe 10:00 Poker 10:00 Shutterbugs 10:00 Monthly Party 12:00 Bingo 12:40 Tale Spinners 1:00 Fall Prevention 1:30	18 Exercise 9:00 Mahjongg Drop In 10:00 Chorale 10:15 A.A./Al-Anon 10:30 Social Bridge 12:45 Aging with Gusto 1:00 T'ai Chi Chih 1:00/2:30 Chair Yoga 5:30 500 Cards 6:30 Yogilates 6:45	19 Yoga 9:45/11:00 Cribbage 10:00 Woodcarvers 10:00 Planning for Families with Memory Loss 10:30 Adopt a Highway 1:00 Book Club 1:00 British History 1:00 Dominos 1:00 Line Dance 1:00/2:00 Defensive Driving 5:30 Duplicate Bridge 6:00	20 Book Drop Off 9:00 Exercise 9:00 Happy Feet 9:00 Blood Pressure 9:30 Computer Group 10:00 Women's Discussion 10:00 Art Drop In 1:00
23 Men's Discussion Group 8:30 Art Drop In 9:00 Book Drop Off 9:00 Exercise 9:00 T'ai Chi Chih 10:00 Working with the Cloud 10:00/1:00 <i>Android/Apple</i> Community Connections: <i>Investing in Retirement</i> 10:15 Therapeutic Pilates 10:15 Beginning Bridge 1:00 Medicare Counseling 1/6:00	24 Yoga 9:45/11:00 Open Play 10:00 Book & Pie Sale 11:00 Bingo 12:40 Senior Outreach 1:00 Tale Spinners 1:00 Astronomy 7:30	25 Exercise 9:00 Mahjongg Drop In 10:00 Chorale 10:15 A.A./Al-Anon 10:30 History: Polio 10:30 Social Bridge 12:45 T'ai Chi Chih 1:00/2:30 Chair Yoga 5:30 500 Cards 6:30 Yogilates 6:45	26 Yoga 9:45/11:00 Cribbage 10:00 Woodcarvers 10:00 British History 1:00 Bunco 1:00 Line Dance 1:00/2:00 Defensive Driving 5:30 Duplicate Bridge 6:00	27 Exercise 9:00 Happy Feet 9:00 Day Trip: St. Croix 9:15 Computer Group 10:00 Lunch & Movie 12:00 Bucket List Book Club 1:00 Art Drop In 1:00
30 Men's Discussion Group 8:30 Art Drop In 9:00 Exercise 9:00 T'ai Chi Chih 10:00 Therapeutic Pilates 10:15 Beginning Bridge 1:00	 <h1>CITY OF MINNETONKA</h1> <h2>SENIOR SERVICES</h2>			

Interest Groups

Interest groups are coordinated and led by seniors in the community. All groups meet at the Minnetonka Community Center, unless noted otherwise. There are more than 30 different interest groups.

Advisory Board

2nd Tuesday, 10 a.m.

Advises and recommends goals, policies and objectives to Minnetonka Senior Services and Minnetonka City Council.

A.A./Al-Anon

Wednesdays, 10:30 a.m.

AA supports those who may have alcohol addiction. Al-Anon supports friends and family members of those with alcohol addiction. All ages welcome.

Art Drop In

Mondays, 9 a.m.-noon

Fridays, 1-4 p.m.

Informal drop in and create! This group welcomes artists of all abilities. Participants socialize while working independently. New members welcome!



Bike Club

April- October with various start times

Enjoy the amazing trails of Minnetonka and the Twin Cities! We offer three groups, each with a different ability level. More info at mtkabikers.org



Bingo

Tuesdays, 12:40 p.m.

Enjoy a fun game of Bingo with a friendly social group! Cards are a nickel each per game.



Bird Club

1st Friday, 10:30 a.m.

Meet once a month Sept. - May and enjoy a variety of bird topics throughout the year. Cost is \$20/year. This month's topic:



>> A Field Guide to the Natural World of the Twin Cities by Siah St. Clair

Book Club

3rd Thursday, 1 p.m.

Each month we read a new book and discuss.

This month's book:

>>The Rent Collector by Camron Wright



Bucket List Book Club

4th Friday, 1 p.m.

Start to check off some of your bucket list books.

Each month we read a new book and discuss. This month's book:

>> David Copperfield by Charles Dickens



Bulls and Bears Investment Club

1st & 3rd Mondays, 1 p.m.

Do you know the difference between bull and bear markets? Study different investment trends and learn how to navigate the markets.



Bunco

2nd & 4th Thursdays, 1 p.m.

Drop in and play the fun game of bunco. No experience? No problem! We'll teach you.



Caregiver Conversations

2nd Thursday, 10 a.m.

Explore the challenges, rewards and resources in navigating the care giving journey.

Chorale

Wednesdays, 10:15 a.m.

Do you love to sing?

No auditions are required. The Chorale sings in a 4 part harmony and performs throughout the year. The Chorale is an ensemble of the Music Association of Minnetonka.



Computer Group

Fridays, 10 a.m.

Join this social group as we discuss trends and learn new skills. Visit mscig.wordpress.com to learn more!



Crafting for a Cause

2nd Friday, 9 a.m.

Craft items for local nonprofits! New members are always welcome.



Cribbage

Thursdays, 10 a.m.

Come join us! Bring a cribbage board and a deck of cards.



Dominos

1st & 3rd Thursdays, 1 p.m.

Never played? We'll teach you. Please join us



Fall Registration is Open!

Registration is for classes and programs that take place September-December.

Registration Options:



eminnetonka.com/register



952-939-8393



In person 8 a.m.-4:30 p.m.

The Senior Script highlights upcoming monthly programs. Refer to the Recreation Services brochure for a complete listing of senior services offerings. The brochure can be picked up at the community center, viewed online or mailed to your home.

Duplicate Bridge

Thursdays, 6 p.m.

Partners are needed for this group and new members welcome. If you need help finding a partner, we can assist you! Play as your schedule allows.



Garden Club

2nd Monday, 1 p.m.

Do you love to garden? Join us for monthly gardening topics and field trips.



Genealogy Club

1st Thursday, 10 a.m.

Exciting topics each month. Speakers present throughout the year. Join fellow enthusiasts at any point of your genealogical journey.



Ham Radio

2nd Monday, 10 a.m.

Join us for some amateur radio discussion, share of knowledge and practice.



Hand, Foot, and Toe

2nd and 4th Monday, 1 p.m.

Players must have a basic knowledge of Hand & Foot- we'll teach the Toe!



Mahjongg

Wednesdays, 10 a.m.

Join in the fun with fellow players of mahjongg. Please bring your own set.



Men's Discussion Group

Mondays, 8:30 a.m.

Join us for coffee and conversations in this new weekly men's discussion group. Meet and connect with new people while discussing a variety of informal topics.



Open Play

2nd & 4th Tuesday, 10 a.m.

Come play any game of your choice! Enjoy a game of 500, Scrabble, Canasta, or any small group games that you bring.

Pickleball Open Play

Outdoor at Lone Lake Park. For more information call: 952-939-8341. To join the email list, email Boris at Bgonikman@eminnetonka.com



Poker

1st & 3rd Tuesday, 10 a.m.

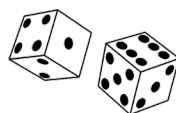
Join us for a good game of poker! Play a variety of games.



Rummikub

1st & 3rd Monday, 1 p.m.

Combining elements from rummy and mahjongg, join us for a game! We'll teach you how to play!



Shutterbugs

3rd Tuesday, 10 a.m.

This group focuses on a different topic each month and is open for the novice photographer and professionals. Photos taken by members that are Minnetonka residents can be purchased at The Landing Shop.



Social Bridge

Wednesdays, 12:45 p.m.

1st, 2nd and 3rd place prizes are awarded. No partners are needed and new members are always welcome. Join in the fun as your schedule allows.



Tale Spinners

Tuesdays, 1 p.m.

This is a casual group of writers who work together to improve their skills, provide motivation and ideas, critique and offer feedback; all to achieve individual writing goals. Whether you are a poet, short story writer, essayist, novelist, or recording family anecdote and histories; please come by and bring your words to life!



Women's Discussion Group

3rd Friday, 10 a.m.

Discuss different topics each month with other senior women. This month's topic: >>Climate Change



Woodcarvers

Thursdays, 10 a.m.

Socialize, share ideas and work independently. All abilities are welcome, including beginners! The first Thursday of the month is show and tell. Come join the fun!

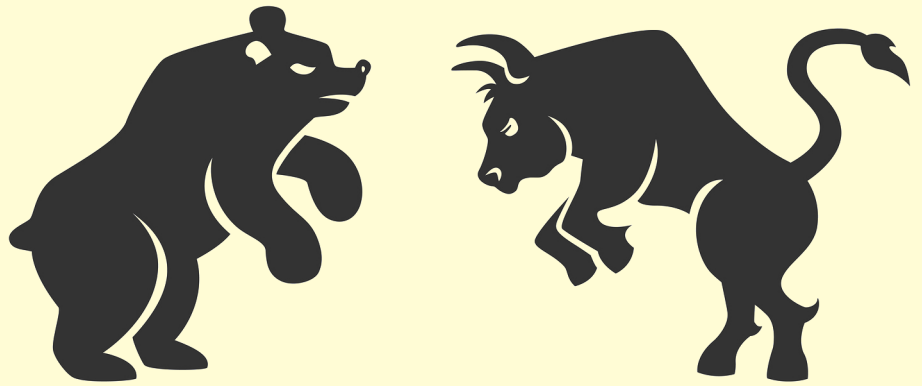


500 Card Club

Wednesdays, 6:30 p.m.

Join in the fun, new members are always welcome!





Bulls & Bears Investment Club

1st & 3rd Mondays, 1 p.m.

Do you know the difference between bull and bear markets? Study different investment trends and learn how to navigate the markets.

Senior Services



Blood Pressure Screenings: 1st and 3rd Friday and second Wednesday of the month, 9:30–11:30 a.m.

Foot Care Clinic: Fridays – for appointments and fees please call Happy Feet at 763-560-5136.

Household and Outside Maintenance for Elderly (H.O.M.E.): Help with household chores. Call Senior Community Services at 952-746-4046 for more information.

Senior Outreach: Housing, community resources, and one-on-one counseling. By appointment only on the second and fourth Tuesday of the month, 1–3 p.m. Please call 952-939-8393 for an appointment.

Transit Link: Transportation from your home to events. Call 651-602-5465 for fees and schedule.

To learn more, call Minnetonka Senior Services at 952.939.8393 or visit eminnetonka.com/seniorservices