

Special events and programs

A Day in the Life of a Civil War Soldier

Tuesday, April 1, 10:30 a.m.

This presentation addresses what an average soldier did during the Civil War. Learn about uniforms, food rations, daily drill and duties, how to load and fire a musket and other aspects of camp life including medicine, punishment, past times. Presenter is Dr. Stephen Johnson, a local Civil War re-enactor and Civil War enthusiast who volunteers his time to speak with groups.

Cost: \$2 (Call for availability)

Course #33064

Downsizing: Don't Let Your Treasures Become Trash!

ursday, April 3, 1 p.m.

Learn ways to approach the sometimes daunting task of downsizing a lifetime of belongings. Jan Lehman, owner of Can the Clutter®, is a professional specializing in helping individuals downsize.

Cost: \$2 due Tuesday, April 1.

Course #33066

Traveling Naturalist: Killer Whales

Monday, April 7, 1 p.m.

Melanie Shipman presents facts and stories about killer whales.

Cost: \$2 due ursday, April 3.

Course #33067

Lunch and a Movie: "Gravity"

Friday, April 11, 12 p.m.

Dr. Ryan Stone is a brilliant medical engineer on her first shuttle mission with veteran astronaut Matt Kowalsky. But on a routine spacewalk, disaster strikes. The shuttle is destroyed, leaving Stone and Kowalsky completely alone. The deafening silence tells them they have lost any link to Earth and any chance for rescue. But the only way home may be to go further out into the terrifying expanse of space.

Cost: \$5 due Wednesday, April 9.

Course #33378

Volunteer Recognition

ursday, April 17, 1:30 – 3 p.m.

(brief program at 2 p.m.)

Minnetonka Senior Services would like to thank volunteers for their dedication that allows our center to excel. Enjoy socializing with other volunteers at this year's social. Assorted appetizers and dessert catered by Nelson's. Call senior services at (952) 939-8393 to RSVP by Monday, April 14.

- Free (Course #33379)

Recovery for 60+

Monday, April 21, 10:30 a.m.

Drug addiction is growing right along with the elderly population. What kind of drugs are older adults addicted to? What are some myths and misconceptions about addiction and seniors? How many drinks a day can a senior have before it really starts to affect his or her health and well-being? Do people over 60 abuse drugs like heroin and meth? Will the Boomers see and approach alcohol and drug use any differently than their parents? Learn the answers to these questions and leave with an understanding of the current issues surrounding aging and addiction.

Cost: \$2 due Wednesday, April 16.

Course #33380

Prevent Caregiver Stress, Burnout

Tuesday, April 22, 6:30 p.m.

Learn to identify signs and symptoms of caregiver burnout, how to recognize the difference between stress and burnout, ways to evaluate your stress level and associated risks, specific steps caregivers can take to better manage stress and tools caregivers can use to prevent burnout. Presenter is Jim Tift, a community services coordinator at Tubman Elder Care and Rights Center.

Cost: \$2 due Wednesday, April 16

Course #33381

Life-Saving Training with Minnetonka Firefighters

ursday, April 24, 10:00 a.m.

A simple, easy-to-learn action has the power to save lives, perhaps that of your spouse or friend. The Minnetonka Fire department presents a free life-saving bystander CPR/AED class, which teaches CPR skills and AED use to greatly increase rates of survival for cardiac arrest victims. Leave the class with both knowledge and a wallet reminder card of the steps to take in an emergency.

- Free (Course #33382)

Community Connections

Monday, April 28, 10:30 a.m.

In partnership with the Lake Minnetonka Senior Care Providers, Minnetonka Senior Services offers Community Connections. April's topic is uncommon facts about common birds presented by wildlife photographer and writer Stan Tekiela.

Cost: \$2 due Friday, April 25.

Course #33383

Cub Foods Bratwurst Stand

ursday April 17 – Saturday April 19, 11 a.m. – 7 p.m.

If you are interested in volunteering, please contact the Senior Center office for more information. Please stop by the stand to support our center!

Tunisia in the Mid-60's

Wednesday, April 30, 10:30 a.m.

Minnetonka resident Fred Leverentz shares a slide presentation of his Peace Corps experiences in Tunisia during the mid-60's. See cultural treasures that have since been destroyed by modernization.

Cost: \$2 due ursday, April 24

Course #33387

Classes

Beginning & Intermediate Yoga *Nancy Holasek*

These gentle yoga classes are geared toward the older adult, with lots of stretching and warm-ups. The yoga postures help increase flexibility. Guided breath-work and visualization help to release, relax, and restore the body, and calm the mind. **Please bring a yoga mat or towel to class.**

Chair-Supported Yoga ★★

9:45 – 10:45 a.m.

Most of the class takes place while seated on a chair.

- Tuesday, April 1 – 22 \$25
(Course #32237)
- Thursday, April 3 – 24 \$25
(Course #32239)

Intermediate Yoga Class ★★★

11 a.m. – 12 p.m.

This class includes standing and balance postures. Students should have the ability to get down to and up from the floor for postures completed while on the belly or backside of the body.

- Tuesday, April 1 – 22 \$25
(Course #32240)
- Thursday, April 3 – 24 \$25
(Course #32242)

Evening Yoga *Nancy Holasek*

Wednesdays, April 2 – 23, \$25

Evening yoga classes have the same descriptions as the daytime classes.

- Chair Yoga, 6:15 p.m. ★★
(Course #32238)
- Intermediate Yoga, 7:30 p.m. ★★★
(Course #32241)

Mah Jongg *Carole Harris*

**Wednesdays, April 9 – May 21,
10 a.m. – 12 p.m.**

Learn to play the intriguing game of Mah Jongg, a game of chance and skill. The Chinese ruling class developed this game of tiles back in the time of Confucius, but it has been modernized, simplified and Westernized for all to enjoy. Played previously? Refresh your skills.

- \$55 (Course #32279)

Zumba Gold ★★★ *Jan Gamble*

1 – 2 p.m.

Zumba Gold is a dance fitness class which uses the exciting Latin and international dance rhythms of the original Zumba class and modifies them for beginner participants and others who may desire a less intense, low-impact workout. Using dance and fitness moves, experience a complete body workout while learning the basic steps to salsa, meringue, cha-cha and other rhythms. No dance experience is necessary. This class is open to both men and women but partners are not necessary. Comfortable clothing and workout shoes are recommended. Bring water — you will sweat!

Mondays

- April 7 – May 5 (Course #32272) \$25

Wednesdays

- April 2 – May 7 (Course #32273) \$30

Line Dance *Eileen Ronning*

Wednesdays, April 3 – May 15

Continuing Beginner: 12:30 – 1:30 p.m.
Must have completed 8 previous lessons.

- \$35 (Course #32261)

Intermediate: 1:45 – 2:45 p.m.

Must have completed 50+ previous classes.

- \$35 (Course #32262)

Sketch and Paint Studies *Gin Weidenfeller*

**Wednesdays April 30 – May 14,
1 – 2:45 p.m.**

Learn some drawing methods and explore a variety of materials. Draw with pen and ink, graphite pencil and wash with watercolor. Explore conte crayons, charcoal and colored pencils to blend shapes and color on toned paper. Draw with a brush to make monochromatic, expressive paintings. Draw or paint plant, flora, nature, city scapes and other subject matter. Be inspired by examples from major artists' work. Supplies available for classroom use; however, please bring your own supplies if you have them.

- \$60 (Course #32281)

British History *Terry Kubista*

Wednesdays, April 3 – 24 1 – 3 p.m.

Topics include: Victoria's Children — what happened to Victoria's children? One became King of England but what about the other eight? Royal children of Britain: Past & Present; the coronation of 1953; and Royal Weddings: Pomp & Circumstance Illustrated.

- \$30 (Course #32276)

Canadian History and Life 101: Economy, Foreign Affairs and Future

Dick Sadler

**Wednesdays, April 2 – May 28,
10 a.m. – 12 p.m.**

This is a beginner's class: historical and biographical perspective will be gained from the Canadian Broadcasting Corp's DVD series, *Canada, A People's History*; the pursuits and culture of the people will be explored through various texts. The course facilitator, himself a fledgling among things Canadian, welcomes all interested in learning together about Maple Leaf country over coffee and exchange. This class meets every other Wednesday.

- \$30 (Course #32278)

Bridge II *Lee Solee*

Mondays, April 21 – May 19, 1 – 3 p.m.

For those who want to continue learning the challenging game of bridge. Please bring a deck of cards, as they are required for this class.

- \$30 (Course #33376)

Monday Morning Golf League

Mondays, May 5 – August 25.

New longer season! This is an informal 16-week co-ed Monday morning league plays at four area golf courses: Glen Lake, Fred Richards, Braemar and Eagle Lake. Participants are rotated with different players each week.

This is a great opportunity to meet new people. Registration deadline is April 11. Space is limited to 36 golfers.

- \$230 (Course #32285)

Events & Trips

Upcoming Events

Minnetonka Bike Club: Information/Kick-Off meeting

Thursday, April 3, 9:30 a.m.

The Minnetonka Bike Club is entering its sixth season. The goal of the club is to provide moderate exercise under safe conditions and to encourage social interaction and friendship. The club has three groups to accommodate different levels of riding ability. Over 50 trails are scheduled with a majority on designated bike trails. There is an \$11 annual registration fee to belong to this club. For more information visit www.mtkabikers.org. New members are welcome!

Community Dance

Friday, April 25, 7-9:30 p.m.

with dance lessons from 6:15-7 p.m.

Come move your feet to Tim Patrick and his Blue Eyes six-piece combo at the community ballroom dance.

Cost: \$13 per person and pre-registration is required. Cost will be \$15 at the door.

Location: Eisenhower Community Center.

To Register: Call (952)401-6800 or visit www.minnetonkacommunityed.org

Cinco de Mayo

Monday, May 5, 12 p.m.

Enjoy a traditional Mexican cuisine catered by Nelson's.

Cost: \$5 due Monday, April 28.

Course #33388

Minnetonka Tech Fair

Thursday, May 8, 1-3 p.m.

If you are thinking about purchasing a new computer, want to know how to set up a new computer, or if you need help with an existing computer or tablet come to this special event. Members from the Minnetonka Seniors Computer Interest Group will present. Coffee and treats will be provided. RSVP by Tuesday, May 6.

Course #33389

Community Shred Event

Friday, May 9, 1-3 p.m.

A shredding truck will be here for all your shredding needs.

Cost: \$5 for up to five grocery bags, max of 10 bags. Payment is due at event.

Defensive Driving Classes

Please call the MN Highway Safety Center toll free at 1-888-234-1294, Monday - Friday from 8 a.m. to 4 p.m. to register, or visit www.mnsafetycenter.org for all defensive driving classes. Four-hour renewal courses cost \$20. Eight-hour courses cost \$24 and are offered two times per year. Pay the instructor at the time of the class with a check or exact cash. Checks payable to MN Highway Safety Center. Save 10% on your car insurance by taking these classes!

Day course (four-hour renewal)

- Tuesday, April 8, 9 a.m. - 1 p.m.
- Tuesday, April 22, 9 a.m. - 1 p.m.

Evening course (four-hour renewal)

- No evening courses offered in April.

Evening course (eight-hour renewal)

- See website for upcoming May dates.

Income Tax Help Available

Complicated and time-consuming tax returns will not be completed at this site. The purpose of this income tax site is for simple, basic returns. Call to see if appointments are still available.

Mondays, April 7, 14

Appointment times: 12:30, 1:45 & 3 p.m.

Thursdays, April 3, 10

Appointment times: 12:30, 1:45 & 3 p.m.

Day Trips

Shell Lake, Wisconsin ★★

Friday, May 23

Tour the Museum of Woodcarvings created by Joseph T. Barta, the Railroad Memories Museum in Spooner, Crystal Lake Cheese Factory and enjoy lunch at the Dinner Bell Restaurant.

Course #33390

- **Cost:** \$58 includes tours, lunch, transportation & escort.
- **Pick-up time:** 8:00 a.m.
- **Estimated return time:** 5:30 p.m.
- **Registration deadline:** Friday, May 2

Extended trips

For a further information and a full list of extended trip offerings and brochures, call Senior Community Services at (952) 541-1019 or visit www.seniorcommunity.org and click on programs and go to senior tours.

Pella, Iowa, Tulip Time Festival (May 2-5)

Cost: \$525 per person, double occupancy.

Shipshewana, Indiana (May 19-23)

Cost: \$700 per person, double occupancy.

The Landing Shop

Browse and buy handmade items crafted by Minnetonka residents 55 and older. Items available for sale include wooden toys, doll clothes and furniture, baby items, clothing, aprons, paintings, cards, books and more.



The Landing Shop is located at 11280 Wayzata Boulevard, at the northwest corner of I-394 and Hopkins Crossroad/Cty. Rd. 73 in Westridge Market. Shop is open Wednesday-Saturday 10 a.m. to 4 p.m., with extended hours on Thursdays, 10 a.m. to 8 p.m.

Interested in selling your handmade items at the shop? Shop consignors must be at least 55 years old and reside in Minnetonka. Consignors may volunteer at the shop. Questions, call Kathy at (952) 939-8391.

Activity level scale

The following scale is an approximate guide of the activity level and physical ability required for a class or trip.

Activity scale

- ★ — Passive
- ★★ — Moderate
- ★★★ — Active
- ★★★★ — Brisk
- ★★★★★ — Vigorous

Registration

Ways to register

- **Walk-in**
Pay with cash, check or credit card (Visa, Discover & MasterCard)
- **Mail-in**
Send registrations to Minnetonka Senior Services, 14600 Minnetonka Boulevard, Minnetonka, MN 55345. Include your name, address, phone number and the name of the program, class or trip.
- **By phone**
Registrations are accepted at (952) 939-8393, with a credit card.
- **Online**
For more information, call the center at (952) 939-8393.

Cancellation information

- **Class cancellations**
Requires at least two business days prior to the start date of the class. Some classes may be cancelled due to insufficient enrollment.
- **Trip cancellations**
Requires cancelling prior to the registration deadline. If a cancellation is made after the payment deadline, the participant is refunded/credited everything but \$5 (administration fee) only if a replacement is found.

Trip registration

Participant can register up to four spaces on a trip. Trips are subject to change. If change occurs, participants will be notified.

Contact us...

Minnetonka Senior Services

(952) 939-8393

14600 Minnetonka Blvd.

Minnetonka, MN 55345

Monday – Friday, 8 a.m. – 4:30 p.m.

Senior Services & Activities Manager

Steve Pieh

(952) 939-8366

spieh@eminnetonka.com

Secretary

Kathy Kline

(952) 939-8393

kkline@eminnetonka.com

Interest groups

For more information on these groups and a calendar of events, please visit www.eminnetonka.com or stop by the center.

Bird Club

Friday, April 4, 10 a.m.

Featured Speaker: Kevin Smythe

Topic: Birding Optics and Viewing Nature.

Bulls & Bears Investment Club

Monday, April 7 & 21, 1 p.m.

Garden Club

Monday, April 14, 1 p.m.

Featured Speaker: Bob from Tonkadale

Greenhouse. Topic: Gardening in containers and small spaces.

Tonka Tale Tellers

Monday, April 14, 10 a.m.

Book Club

ursday, April 17, 1 p.m.

Plainsong by Kent Haruf

Literary Book Club

Tuesday, April 22 7:15 p.m.

Things Fall Apart by Chinua Achebe

Services

Over 50 & fit

Mondays, Wednesdays, Fridays, 9 a.m.

Annual Fee: \$12 (Course #32119)

Blood Pressure Screenings

1st & 3rd Fridays; 2nd Wednesdays

9:30 – 11:30 a.m.

Happy Feet

1st, 2nd, 3rd & 4th Fridays, 9 a.m. – 3 p.m.

To schedule or cancel an appointment, call (763) 560-5136. Cost: \$35.

Weekly E-mail Updates

To receive weekly e-mail updates on center happenings, send your e-mail address to spieh@eminnetonka.com.

Volunteer Opportunities

Please call senior services at (952) 939-8393 for more information or to volunteer.

Our mission: To develop and promote programs and services in our community to meet the diverse needs of those 55+.

Senior Community Services

Services listed below are provided by Senior Community Services, a local non-profit.

- **CareNextion**
Free, easy-to-use online tool and complimentary phone service for caregivers and their families. For more information visit www.carenextion.org or call (612) 770-7005.
- **Senior outreach**
Available by appointment on the 2nd & 4th Tuesdays of the month. Contact Mary Ann Lundberg at (952) 939-8393 or m.lundberg@seniorcommunity.org
- **Health insurance counseling**
Available by appointment on the 1st & 3rd Mondays of the month.
- **H.O.M.E.**
Household and Outside Maintenance for Elderly (H.O.M.E.) is available for Minnetonka residents 60+. For more information call (952) 939-8363.

Group	Meeting day	Information
Advisory Board	2 nd Tuesday at 10 a.m.	
AA/AI-Anon	Wednesdays at 10:30 a.m.	All ages welcome. New members welcome.
Billiards	Every afternoon - time varies	See calendar page for times.
Bingo	Tuesdays at 12:45 p.m.	
Bird Club	1 st Friday of the month at 10 a.m.	April 4–Kevin Smythe, Birding Optics and Viewing Nature.
Book Club	3 rd Thursday of the month at 1 p.m.	April 17– <i>Plainsong</i> by Kent Haruf
Bulls & Bears Investment Club	1st & 3rd Monday of the month at 1 p.m.	
Social Bridge	Wednesdays at 12:45 p.m.	1 st , 2 nd & 3 rd place and grand slam prizes awarded.
Bunco	2 nd & 4 th Thursdays at 1 p.m.	Don't know how to play? They will teach you.
Duplicate Bridge	Thursdays at 6 p.m.	Partners needed.
Card Games	Mondays at 1 p.m.	Rummikub & Hand and Foot, alternating Mondays. See calendar page for game dates.
Chess	Thursdays at 12 p.m.	If you have general knowledge of chess, join us.
Chorale	Wednesdays at 10:15 a.m.	New members welcome.
Computer Interests	Fridays at 10 a.m. Website: mscig.wordpress.com	This group examines topics of interest. Experience ranges from beginner to expert.
Craft Committee	1 st Tuesday at 10 a.m.	
Cribbage	Thursdays at 10 a.m.	Bring your cribbage boards and a deck of cards.
500 Card Club	2 nd & 4 th Tuesday at 10 a.m.	2 nd & 4 th Wednesday at 6:30 p.m.
Mtka Community Garden Club	2 nd Monday at 1 p.m.	April 14–Speaker: Bob from Tonkadale Greenhouse. New members welcome!
Literary Book Club (Formerly Great Books)	4 th Tuesday at 7:15 p.m.	April 22– <i>Things Fall Apart</i> by Chinua Achebe
Ham Radio	2 nd Monday at 10 a.m.	New members welcome.
The Landing Shop	Wednesday-Saturday, 10 a.m. to 4 p.m. with extended hours on Thursdays, 10 a.m. to 8 p.m.	The Landing Shop is located at 11280 Wayzata Blvd. Phone (763) 591-4868. The Landing shop sells handmade items crafted by Minnetonka residents 55+.
Mah Jongg	Wednesdays at 10 a.m.	New members welcome.
Pickleball	Monday-Friday, times vary.	Courts at Meadow Park will be available for outdoor play contingent on weather. For more information call 952-939-8393.
Poker	1 st & 3 rd Tuesday at 10 a.m.	Join us for a good game of poker.
Scribblers	Thursdays at 10 a.m.	Attention all writers (amateur to professional), if you enjoy writing poems, storytelling, fiction or short stories come join us and share your work with fellow writers. New members welcome!
Single Mingle Club	3 rd Tuesday at 1:30 p.m. at The Depot	Various events scheduled monthly. Stop by the center to pick up a listing of events. New members welcome.
Tonka Tale Tellers	2 nd Monday at 10 a.m.	This group travels to elementary schools within the area to tell and animate stories.
Tale Spinners	Tuesdays at 1 p.m.	This group offers rapport and support for seniors interested in writing memoirs, fiction, etc.
Wood Carvers	Thursdays at 10 a.m.	Group members work independently but also share ideas with one another.

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>Yoga 9:45 Poker Club 10:00 Craft Committee 10:00 Civil War Soldier 10:30 Int. Yoga 11:00 Bingo 12:45 Tale Spinners 1:00 Billiards 1:00</p>	<p>2</p> <p>Exercise 9:00 Mah Jongg Group 10:00 Canadian History 10:00 Chorale 10:15 A.A./Al-Anon 10:30 Social Bridge 12:45 Zumba Gold 1:00 Billiards 2:00 Yoga 6:15 Int. Yoga 7:30</p>	<p>3</p> <p>Bike Club Kick-Off Mtg 9:30 Yoga 9:45 Carvers 10:00 Cribbage 10:00 Scribblers 10:00 Int. Yoga 11:00 Chess 12:00 British History 1:00 Downsizing Presentation 1:00 Int. Line Dance 1:45 Billiards 3:00 Duplicate Bridge 6:00 Tai Chi w/Ron 6:00</p>	<p>4</p> <p>Exercise 9:00 Happy Feet 9:00 Blood Pressure 9:30 Bird Club 10:00 Computer 10:00 Billiards 1:00 Oil Painting 1:00</p>
<p>7</p> <p>Exercise 9:00 Art Drop In 9:00 Tai Chi Chih 10:00/11:30 B&B Investment Club 1:00 Traveling Naturalist 1:00 Zumba Gold 1:00 Hand & Foot 1:00 Health Insurance 1:00 Billiards 2:00</p>	<p>8</p> <p>Defensive Driving 9:00 Yoga 9:45 500 Cards 10:00 Advisory Board 10:00 Int. Yoga 11:00 Bingo 12:45 Tale Spinners 1:00 Billiards 1:00 Senior Outreach 1:00</p>	<p>9</p> <p>Exercise 9:00 Blood Pressure 9:30 Mah Jongg Group 10:00 Mah Jongg Class 10:00 Chorale 10:15 A.A./Al-Anon 10:30 Social Bridge 12:45 Zumba Gold 1:00 Billiards 2:00 Yoga 6:15 500 Cards 6:30 Int. Yoga 7:30</p>	<p>10</p> <p>Tapestry Tour 9:30 Yoga 9:45 Carvers 10:00 Cribbage 10:00 Scribblers 10:00 Legal Assistance 10:00 Int. Yoga 11:00 Chess 12:00 British History 1:00 Bunco 1:00 Int. Line Dance 1:45 Billiards 3:00 Duplicate Bridge 6:00 Tai Chi w/Ron 6:00</p>	<p>11</p> <p>Exercise 9:00 Happy Feet 9:00 Computer 10:00 Lunch & Movie 12:00 Billiards 1:00 Oil Painting 1:00</p>
<p>14</p> <p>Exercise 9:00 Art Drop In 9:00 Ham Radio 10:00 Tonka Tale Tellers 10:00 Tai Chi Chih 10:00/11:30 Garden Club 1:00 Zumba Gold 1:00 Rummikub 1:00 Billiards 2:00</p>	<p>15</p> <p>Yoga 9:45 Poker Club 10:00 Int. Yoga 11:00 Bingo 12:45 Tale Spinners 1:00 Billiards 1:00 Single Mingle Club Mtg @ The Depot in Hopkins 1:30</p>	<p>16</p> <p>Exercise 9:00 Mah Jongg Group 10:00 Mah Jongg Class 10:00 Canadian History 10:00 Chorale 10:15 A.A./Al-Anon 10:30 Social Bridge 12:45 Zumba Gold 1:00 Billiards 2:00 Yoga 6:15 Int. Yoga 7:30</p>	<p>17</p> <p>Yoga 9:45 Carvers 10:00 Cribbage 10:00 Scribblers 10:00 Int. Yoga 11:00 Chess 12:00 Book Club 1:00 British History 1:00 Billiards 3:00 Volunteer Recognition 1:30 Int. Line Dance 1:45 Duplicate Bridge 6:00 Tai Chi w/Ron 6:00</p>	<p>18</p> <p>Exercise 9:00 Happy Feet 9:00 Blood Pressure 9:30 Computer 10:00 Billiards 1:00 Oil Painting 1:00</p> <p><i>*Cub Foods event runs April 17 - 19 from 11 a.m.-7 p.m.</i></p>
<p>21</p> <p>Exercise 9:00 Art Drop In 9:00 Tai Chi Chih 10:00/11:30 Recovery for 60+ 10:30 B&B Investment Club 1:00 Bridge II 1:00 Zumba Gold 1:00 Hand & Foot 1:00 Health Insurance 1:00 Billiards 2:00 Health Insurance 6:00</p>	<p>22</p> <p>Defensive Driving 9:00 Yoga 9:45 500 Cards 10:00 Int. Yoga 11:00 Bingo 12:45 Tale Spinners 1:00 Billiards 1:00 Senior Outreach 1:00 Prevent Caregiver Stress 6:30 Literary Book Club 7:15</p>	<p>23</p> <p>Exercise 9:00 Mah Jongg Group 10:00 Mah Jongg Class 10:00 Chorale 10:15 A.A./Al-Anon 10:30 Social Bridge 12:45 Zumba Gold 1:00 Billiards 2:00 Yoga 6:15 500 Cards 6:30 Int. Yoga 7:30</p>	<p>24</p> <p>Yoga 9:45 Carvers 10:00 Cribbage 10:00 Scribblers 10:00 Legal Assistance 10:00 Life-Saving Training 10:00 Int. Yoga 11:00 Chess 12:00 Billiards 3:00 Bunco 1:00 British History 1:00 Int. Line Dance 1:45 Duplicate Bridge 6:00</p>	<p>25</p> <p>Exercise 9:00 Happy Feet 9:00 Computer 10:00 Billiards 1:00 Oil Painting 1:00 Community Dance @ Eisenhower in Hopkins 6:15</p>
<p>28</p> <p>Exercise 9:00 Art Drop In 9:00 Tai Chi Chih 10:00/11:30 Community Connections 10:30 Bridge II 1:00 Zumba Gold 1:00 Rummikub 1:00 Billiards 2:00</p>	<p>29</p> <p>Bingo 12:45 Tale Spinners 1:00 Billiards 1:00</p>	<p>30</p> <p>Exercise 9:00 Mah Jongg Group 10:00 Mah Jongg Class 10:00 Canadian History 10:00 Chorale 10:15 A.A./Al-Anon 10:30 Tunisia in the Mid-60's 10:30 Social Bridge 12:45 Zumba Gold 1:00 Sketch and Paint Studies 1:00 Billiards 2:00</p>		