

minnetonka script

Programs and services for those 55+
October 2014

Moonlight Walk

Monday, October 6, 6:30 p.m.

Enjoy a relaxed walk to Jidana Park from the Minnetonka Community Center. Roast hot dogs by the campfire in the light of the full moon.

Cost: \$4 due Friday, October 3.
(Course #33709)



Do I Stay or Do I Go? Senior Housing

Wednesday, October 8, 1 p.m.

Learn the best housing option for you with Cathy Matrejek, owner of Changing Lifestyle Solutions. Discover how to stay at home through the use of new products, cutting edge services and construction changes. Is moving the best option? Learn the options available and the questions to ask.

Free! (Course #35551)

Cruise the World: Senior Housing Thursday, October 9, 9:45 a.m.

Board the "cruise line" to view five levels of senior housing each featuring food and fun from various ports of call:

- Legacy Homes: delicacies of Japan
- Golden Living Center Hillcrest of Wayzata: food and flavor of Italy
- Meridian Manor Assisted Living: traditional dishes of Spain
- Emerald Crest Memory Care: tempting treats of the Caribbean Islands
- Westridge Independent Senior Living: mouth-watering offerings from Germany

Proceeds go to Minnetonka Senior Services.

Cost: \$5 due Thursday, October 2.
(Course #34190)

The Landing Shop

11280 Wayzata Boulevard

Handmade items crafted by Minnetonka residents 55 and older.

Wednesday – Saturday, 10 a.m. – 4 p.m.,
Sundays until 8 p.m.

**Fall harvest and Halloween crafts
now in stock!**

Shred Event

**Friday, October 17
1 – 3 p.m.**

First Shred will be at the Minnetonka Ice Arena B shredding paper on site.

Details:

- \$5 for up to eight full paper grocery bags. Plastic bags are not accepted.
- Please bring exact cash or checks payable to Minnetonka Senior Services.
- The truck will be on site for two hours only.
- Wait in line in your car at the ice arena, we will take it from there.
- All proceeds benefit Minnetonka Senior Services Scholarship Fund.

**Minnetonka Ice Arena
3401 Williston Road**

(far north end of the city campus)

Lunch and a Movie: North by Northwest

Friday, October 10, 12 p.m.

What if everyone was suddenly convinced that you were a spy? Cary Grant starts as an advertising executive who looks a little too much like a government agent and is forced to go on the lam. Directed by Alfred Hitchcock.

Menu: Pizza, salad and dessert.

Cost: \$5 due Tuesday, October 7.
(Course #35588)

Oktoberfest

Thursday, October 16, 12 p.m.

Friends, fun and keg root beer are the highlights of our Oktoberfest celebration.
Menu: Brats, sauerkraut, German potato salad and dessert.

Cost: \$5 due Monday, October 13.
(Course #33724)

Sandwich Generation: Finding Balance

Wednesday, October 22, 5:30 p.m.

Find balance while providing care for your loved ones.

Senior Community Services Social Worker Mary Ann Lundberg offers resources, tips and more to emphasize the meaningful and rewarding feelings of the sandwich generation. Sandwiches will be served.

Cost: \$4 due Wednesday, October 15.
(Course #34189)



Sips and Songs offers light refreshments and socializing before taking in local entertainment. Live it up, reserve your seat today!

Sips & Songs

Synod Senior Concert Band

Thursday, October 23, 9:45 a.m.

Cost: \$3 (Course #33721)

Senior Chorus

Wednesday, December 10, 10:30 a.m.

Cost: \$3 (Course #33722)

Community Connections: 911 Talk

Monday, October 27, 10:15 a.m.

Learn what to do when making a 911 call and hear experiences from former Hennepin County Ambulance Service EMT Cliff Giese. Provided by Lake Minnetonka Senior Care Providers
Free! (Course #35589)

Chow with the Chief

**Tuesday, October 28,
5:30 – 7 p.m.**

Enjoy an evening at Minnetonka's Fire Station No. 1. Meet Fire Chief John Vance and Minnetonka firefighters. Tour the facility while savoring a grilled hot dog, chips and cider. Event will take place at the fire station within the city campus. Park in the city hall parking lot.
Free! RSVP by Friday, October 24
(Course #33727)



Fitness Programs

Zumba Gold

Jan Gamble

1–2 p.m., \$28

Zumba Gold offers a complete body workout while learning the basic steps to salsa, meringue, cha-cha and other rhythms. No dance experience is necessary. Comfortable clothing and workout shoes are recommended. Bring water; you will sweat!

- Monday, November 3–December 15
(Course #33703)
- Wednesday, November 5–December 17
(Course #33704)

Tai Chi Chih

Susan Sobelson

Mondays, October 20–December 15

(no class Nov 17), \$40

Practice a series of 19 easy-to-learn movements and one pose. Moving meditation can improve balance, flexibility, reduce stress, increase energy and more.

- Beginner** (Course #33695)
10–11 a.m.
- Intermediate** (Course #33697)
11:30 a.m.–12:30 p.m.

Line Dance

Eileen Ronning

Learn to “hitch” and “vine” and dance in a line! No partners needed. No previous dance experience for beginning level course; 50 previous lessons required for intermediate course.

- Beginner** (Course #33692)
\$25, Thursdays, Oct. 30–Dec. 4,
12:30–1:30 p.m. (no class 11/27)
- Intermediate** (Course #33694)
\$25, Thursdays, Oct. 30–Dec. 4,
1:45–2:45 p.m. (no class 11/27)

Over 50 & fit

Mondays, Wednesdays, Fridays, 9 a.m.

Join this social group and enjoy music and fitness three days a week!

- Annual Fee: \$12 (Course #32119)

Beginning & Intermediate Yoga

Nancy Holasek

These gentle classes are geared toward the older adult, with lots of stretching and warm-ups. Yoga postures help increase flexibility. Guided breath-work and visualization help to release, relax and restore the body, and calm the mind.

Please bring a yoga mat or towel to class.

Chair-Supported Yoga

9:45–10:45 a.m.

Most of the class takes place while seated on a chair.

- Tuesday, November 4–December 16
\$36 (Course #33671) (No class 11/11)
- Thursday, November 6–December 18
\$36 (Course #33672) (No class 11/27)

Intermediate Yoga Class

11 a.m.–12 p.m.

This class includes standing and balance postures. Students should have the ability to get down to and up from the floor for postures completed while on the belly or backside of the body.

- Tuesday, November 4–December 16
\$36 (Course #33679) (No class 11/11)
- Thursday, November 6–December 18
\$36 (Course #33680) (No class 11/27)

Evening Yoga

Wednesdays, November 5–December 17

- Chair Yoga, 6:15 p.m.
\$42 (Course #33685)
- Intermediate Yoga, 7:30 p.m.
\$42 (Course #33689)

Barre Fusion

Julie Bice Zoril

Tuesdays, October 28–December 9

(no class Nov. 11), 6 p.m.–6:50 p.m.

Ballet inspired movements, yoga and traditional sculpting exercises to strengthen and tone the body, improve cardiovascular fitness and increase flexibility. Bring a yoga mat and water.

- \$36 (Course #33793)



Tai Chi for Health and Wellness

Ron Erdman-Luntz

Thursdays, November 6–December 11

(no class 11/27), 6–7 p.m.

Tai Chi short form movements have many health benefits and are fun to learn. The slow circular movements of Tai Chi help to improve balance and relaxation. Prerequisite: Able to walk comfortably for an hour. Wear comfortable clothes and athletic shoes.

- \$45 (Course #33700)



New! Chair Flow Yoga

Mary Ann

Mondays, October 6–27

8:15–9:15 a.m.

Gentle yoga using breath connection with yoga poses in a flow format to improve core strength and flexibility. Most of the class will be seated beginning with warm-ups and ending in quiet relaxation. Standing poses with chair assistance are offered to focus on improving balance. Bring water and wear comfortable clothing.

- \$24 (Course #35590)

Athletic Activities

55+ Softball

Tuesdays & Thursdays, Sept.–Oct.
9:30 a.m.–12 p.m. at Big Willow Park.

Slow-pitch softball is played with modified rules allow for competitive play without the risk of serious injury. Registration will be accepted throughout the season.

- \$10 (Course #33705)

Minnetonka Bike Club

The goal of the club is to provide moderate exercise under safe conditions and to encourage social interaction and friendship. Three groups accommodate different levels of ability. More than 50 trail rides are scheduled, with a majority on designated bike trails. More information at www.mtkabikers.org. To register call (952) 939-8393.

- \$11 (Course #32283)

Indoor Pickleball

October–May

Try the fun and social game of Pickleball. Limited racquets and balls are available.

- Tuesdays & Fridays, 7–10 a.m.
- Thursdays, 7–9:30 a.m.
- Free for Williston & Silver Sneaker members. \$4 per day for non-members.

Williston Fitness Center
14509 Minnetonka Drive

Art Programs

Oil Painting

Marcella Nordseth

Fridays, October 3 – November 21

1 – 3:30 p.m.

Learn about composition, how to look at objects and mixing colors. Bring personal supplies to the first class. Supply list will be provided in class.

- \$56 (Course #33712)

Creating Color: Watercolor

Gin Weidenfeller

Wednesdays, October 15 & 22

1 – 3 p.m.

Paint autumn vignettes, nature subjects or abstract floral forms. Capture fall colors by mixing three primary hues. Learn about composition, color and value contrast, and dry brush detailing

- \$40 (Course #33710)

Watercolor Basics

Sandra Muzzy

Tuesdays, November 4 – December 16

9 – 11:30 a.m.

Learn watercolor techniques such as: washes, wet in wet, wet on dry. Experiment with pen and ink, play with textures and discuss color, composition and values. Pack your watercolor supplies or purchase after the first class. Open to beginners and experienced artists. Prerequisites: open to experimentation and ready to have fun!

- \$90 (Course #33713)

New! Holiday Treat Plates

Thursday, November 6

9:30 – 11 a.m.

Using clay slabs create a set of food safe holiday serving treat plates! Your masterpiece will be available for pick up at the Minnetonka Community Center two weeks after the program. Program held at the Eden Prairie Art Center, 7650 Equitable Drive, Eden Prairie.

- \$12 (Course #35179)

Education Programs

Navigating Medicare:

Learn to navigate Medicare Parts A, B & D. Offered in cooperation with Senior Community Services and is open to those considering retirement and to current Medicare users.

- \$10 due one week prior to program.
- Wednesday, October 1, 6:30 p.m.
(Course #33738)
- Monday, October 27, 1p.m.
(Course #33739)

Nutrition:

Avoiding Type II Diabetes

Learn a new approach to managing blood sugar with real food. Nutritional Weight and Wellness explains the biochemistry of blood sugar and identifies nutrients that control insulin levels.

- \$22 due one week prior to program.
- Wednesday, October 8, 6 – 8 p.m.
(Course #33736)
- Wednesday, October 29, 1 – 3 p.m.
(Course #33737)

Defensive Driving

Attend and save 10% on car insurance! Pay the instructor at class with a check or exact cash. Register through MN Highway Safety Center, 1-888-234-1294, or visit www.mnsafetycenter.org for all classes.

Four hour renewal sessions:

- \$20, Tuesday, October 14,
9 a.m. – 1 p.m.
- \$20, Thursday, October 23,
5:30 – 9:30 p.m.

Leisure Programs

Mah Jongg

Carole Harris

Wednesdays, October 8 – November 19

10 a.m. – 12 p.m.

Learn to play the intriguing game of Mah Jongg, a game of chance and skill.

- \$49 (Course #33715)

Essential Oil Creations:

Stress Relief

Wednesday, November 19, 1 p.m.

Create a travel friendly, roll-on oil with a personalized custom blend.

- \$6 (Course #34161)

History Programs

British History: Romans to Danes

Terry Kubista

Thursdays, October 2 – 30

1 – 3 p.m.

Romans, Angles, Saxons, Jutes and Danes all left their mark on the developing British Culture. Briefly explore each peoples and effects they had on the developing culture.

- \$35 (Course #33730)

Cuban Missile Crisis

Dan Hartman

Wednesday, October 15,

10:30 a.m.

is 13-day confrontation in October 1962 is regarded as the moment the Cold War came closest to turning into a nuclear conflict.

- \$2 (Course #33733)

Interest groups

For more information on these groups and a calendar of events, please visit www.eminnetonka.com or stop by.

Bird Club

1st Friday, 10 a.m.

Bryan Wood, co-director of the Audubon Center of the North Woods.

Computer Club

Fridays, 10 a.m.

All levels of computer users invited.

Cribbage

Thursdays, 10 a.m.

New members welcome!

Duplicate Bridge

Thursdays, 6 p.m.

New members welcome!

Rummikub

1st & 3rd Monday, 10 a.m.

New members welcome!

New! Shutterbugs

3rd Tuesday, 10 a.m.

All levels of photographers welcome!

Woodcarvers

Thursdays, 10 a.m.

New members welcome!

Senior Day Trips

Robert Robinson Concert

Friday, November 7

Enjoy lunch followed by entertainment at the Medina Entertainment Center. e Star Tribune named Robert Robinson "Minnesota's Master Male Vocalist." With powerful vocals, his music speaks to the human spirit and soothes the soul. Robert Robinson has performed with Aretha Franklin, Andrae Crouch, Bobby McFerrin and Barry Manilow.

Menu: Meatloaf served on nine-grain bread with a marsala mushroom demi, garlic mashed potatoes, vegetable, coffee, water, tea and a cookie dessert.

Course #35375

- **Cost:** \$54 includes concert, lunch, transportation & escort.
- **Estimated trip time:** 11:15 a.m. - 3 p.m.
- **Registration deadline:** Friday, Oct. 3

Our mission: To develop and promote programs and services in our community to meet the diverse needs of those 55+.

Contact & Registration Information

Register in person, over the phone, online or mail-in.

Minnetonka Senior Services

(952) 939-8393

14600 Minnetonka Blvd.
Minnetonka, MN 55345

www.eminnetonka.com

Office hours:

Monday – Friday, 8 a.m. – 4:30 p.m.

Administrative Staff

Kate Egert and Kathy Kline

kegert@eminnetonka.com

kkline@eminnetonka.com

Senior Services & Activities Manager

Steve Pieh

(952) 939-8366

spieh@eminnetonka.com

Senior & General Programs Manager

Janelle Crossfield

(952) 939-8369

jcross_eld@eminnetonka.com

Christmas in Duluth

* **ursday, December 4**

Enjoy a guided tour of three floors of the Glensheen Mansion decorated trimmed for the holiday season. A video tour's provided for guests unable to climb stairs. Visit the gift shop while waiting for all group members to finish. Enjoy a meal provided by Savories in the carriage house. Arrive at the Bayfront Festival Park to experience "Bentleyville Tour of Lights." Stroll through remarkable displays with millions of lights, trees and music. Enjoy complimentary refreshments and don't miss the open air market and indoor gift shop.

Menu: Ham, salad, au gratin potatoes, vegetable, dinner roll, coffee or tea.

Course #35376

- **Cost:** \$70 includes tours, one meal, transportation & escort.
- **Estimated trip time:** 10:15 a.m. – 9:30 p.m.
- **Registration deadline:** Friday, Nov. 7
- ***Alternate date:** Save Dec. 11 in case of extreme weather conditions.

Come Dance with Me

Friday, October 10, 7–9:30 p.m.

Enjoy a community ballroom dance featuring a dynamic Sinatra-style singer, Tim Patrick & His Blue Eyes Band. Free dance lesson at 6:15 p.m.

- Call for tickets: 952-988-4070
- \$13 in advance, \$15 at the door.

**Eisenhower Community Center,
1001 Highway 7, Hopkins.**

Services

Blood Pressure Screenings

1st & 3rd Fridays; 2nd Wednesdays

9:30–11:30 a.m. Free!

Provided by volunteer nurses.

Happy Feet

1st, 2nd, 3rd & 4th Fridays,

9 a.m. – 3 p.m., \$35

Provided by nurses specializing in foot care. For appointment call (763) 560-5136.

Senior Community Services

Senior Outreach Social Worker

2nd & 4th Tuesdays, Free!

Discuss finances, transportation, personal care, medical care, home maintenance, and more with Mary Ann, m.lundberg@seniorcommunity.org. For appointment call (952) 939-8393.

Health Insurance Counseling

1st & 3rd Mondays, Free!

Discuss Medicare, Social Security, long-term care, resources and more! For appointment call (952)939-8393.

HOME

Household and Outside Maintenance for Elderly (HOME) is available for Minnetonka residents 60+. For more information call (952) 746-4046.

CareNextion

www.carenexion.org

is online communication tool enables you to bring together the support needed to help live a vital and engaging life.

Extended Trips

For information call Senior Community Services at (952) 767-7899 or visit www.seniorcommunity.org

- **Branson Christmas** (November 19–23)
Cost: \$799 per person, double occupancy.

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>Exercise 9:00 Mah Jongg Group 10:00 Chorale 10:15 A.A./Al-Anon 10:30 Social Bridge 12:45 Zumba Gold 1:00 Billiards 3:00</p>	<p>2</p> <p>Carvers 10:00 Cribbage 10:00 Scribblers 10:00 Chess 12:00 Beg. Line Dance 12:30 Int. Line Dance 1:45 Billiards 3:00 Duplicate Bridge 6:00 Tai Chi 6:00</p>	<p>3</p> <p>Exercise 9:00 Happy Feet 9:00 Blood Pressure 9:30 Bird Club 10:00 Computer 10:00 Billiards 1:00 Oil Painting 1:00</p>
<p>6</p> <p>Exercise 9:00 Art Drop In 9:00 Health Insurance 1:00 Rummikub 1:00 Beginning Bridge 1:00 Zumba Gold 1:00 Investment Club 1:00 Billiards 3:00 Moonlight Walk 6:30</p>	<p>7</p> <p>Chair Yoga 9:45 Craft Committee 10:00 Poker Club 10:00 Int. Yoga 11:00 Bingo 12:45 Billiards 1:00 Tale Spinners 1:00 City Open House 5:00</p>	<p>8</p> <p>Exercise 9:00 Blood Pressure 9:30 Mah Jongg Group 10:00 Mah Jongg Program 10:00 Chorale 10:15 A.A./Al-Anon 10:30 Social Bridge 12:45 Do I Stay or Do I Go? 1:00 Zumba Gold 1:00 Billiards 3:00 Nutrition 6:00 Evening Yoga 6:15/7:30 500 Cards 6:30</p>	<p>9</p> <p>Sr. Housing Cruise 9:45 Carvers 10:00 Cribbage 10:00 Scribblers 10:00 Chess 12:00 Beg. Line Dance 12:30 Bunco 1:00 British History 1:00 Int. Line Dance 1:45 Billiards 3:00 Duplicate Bridge 6:00 Tai Chi 6:00</p>	<p>10</p> <p>Exercise 9:00 Happy Feet 9:00 Computer 10:00 Lunch & Movie 12:00 Billiards 1:00 Community Dance 7:00</p>
<p>13</p> <p>Exercise 9:00 Art Drop In 9:00 Ham Radio 10:00 Tonka Tale Tellers 10:00 Garden Club 1:00 Hand and Foot 1:00 Billiards 3:00 Beginning Bridge 1:00 Zumba Gold 1:00</p>	<p>14</p> <p>Defensive Driving 9:00 Chair Yoga 9:45 500 Cards 10:00 Advisory Board 10:00 Int. Yoga 11:00 Bingo 12:45 Billiards 1:00 Senior Outreach 1:00 Tale Spinners 1:00 <i>New!</i> Barre Fusion 6:00</p>	<p>15</p> <p>Exercise 9:00 Mah Jongg Group 10:00 Mah Jongg Program 10:00 Chorale 10:15 Cuban Missile Crisis 10:30 A.A./Al-Anon 10:30 Social Bridge 12:45 Creating Color 1:00 Zumba Gold 1:00 Billiards 3:00 Evening Yoga 6:15/7:30</p>	<p>16</p> <p>Carvers 10:00 Cribbage 10:00 Scribblers 10:00 Chess 12:00 Oktoberfest 12:00 Beg. Line Dance 12:30 Book Club 1:00 British History 1:00 Billiards 3:00 Int. Line Dance 1:45 Duplicate Bridge 6:00 Tai Chi 6:00</p>	<p>17</p> <p>Exercise 9:00 Happy Feet 9:00 Blood Pressure 9:30 Computer 10:00 Oil Painting 1:00 Billiards 1:00 Shred Event 1:00</p>
<p>20</p> <p>Exercise 9:00 Art Drop In 9:00 Tai Chi Chih 10:00 Rummikub 1:00 Health Insurance 1:00 Beginning Bridge 1:00 Zumba Gold 1:00 Billiards 3:00 Health Insurance 6:00</p>	<p>21</p> <p>Chair Yoga 9:45 <i>New!</i> Shutterbugs 10:00 Poker 10:00 Int. Yoga 11:00 Bingo 12:45 Billiards 1:00 Tale Spinners 1:00 Single Mingle Club Mtg @ Tuttle's 3:30 <i>New!</i> Barre Fusion 6:00</p>	<p>22</p> <p>Exercise 9:00 Mah Jongg Group 10:00 Mah Jongg Program 10:00 Chorale 10:15 A.A./Al-Anon 10:30 Social Bridge 12:45 Creating Color 1:00 Zumba Gold 1:00 Billiards 3:00 Sandwich Generation 5:30 Evening Yoga 6:15/7:30 500 Cards 6:30</p>	<p>23</p> <p>Sips & Songs 9:45 Carvers 10:00 Cribbage 10:00 Scribblers 10:00 Chess 12:00 Beg. Line Dance 12:30 Bunco 1:00 British History 1:00 Int. Line Dance 1:45 Billiards 3:00 Defensive Driving 5:30 Duplicate Bridge 6:00 Tai Chi 6:00</p>	<p>24</p> <p>Exercise 9:00 Happy Feet 9:00 Computer 10:00 Billiards 1:00 Oil Painting 1:00 Navigating Medicare 1:00</p>
<p>27</p> <p>Exercise 9:00 Art Drop In 9:00 Tai Chi Chih 10:00 911 Talk 10:15 Hand & Foot 1:00 Zumba Gold 1:00 Billiards 3:00</p>	<p>28</p> <p>Chair Yoga 9:45 500 Cards 10:00 Int. Yoga 11:00 Bingo 12:45 Billiards 1:00 Senior Outreach 1:00 Tale Spinners 1:00 Chow w/Chief 5:30 <i>New!</i> Barre Fusion 6:00 Literary Book Club 7:15</p>	<p>29</p> <p>Exercise 9:00 Mah Jongg Group 10:00 Mah Jongg Program 10:00 Chorale 10:15 A.A./Al-Anon 10:30 Social Bridge 12:45 Nutrition 1:00 Zumba Gold 1:00 Billiards 3:00 Evening Yoga 6:15/7:30</p>	<p>30</p> <p>Carvers 10:00 Cribbage 10:00 Scribblers 10:00 Chess 12:00 Beg. Line Dance 12:30 British History 1:00 Int. Line Dance 1:45 Billiards 3:00 Duplicate Bridge 6:00</p>	<p>31</p> <p>Exercise 9:00 Computer 10:00 Billiards 1:00 Oil Painting 1:00</p>

Group	Meeting day	Information
New! Minnetonka Shutterbugs	3rd Tuesday at 10 a.m.	All camera skill levels welcome.
Advisory Board	2nd Tuesday at 10 a.m.	Meets October 14.
AA/AI-Anon	Wednesdays at 10:30 a.m.	All ages welcome. New members welcome.
Art Drop In	Mondays from 9 a.m. to Noon	Informal, drop in and create!
Billiards	Every afternoon - time varies	See calendar page for times.
Bingo	Tuesdays at 12:45 p.m.	
Bird Club	1st Friday of the month at 10 a.m.	Speaker: Bryan Wood, Autoban Center of the North Woods.
Book Club	3rd Thursday of the month at 1 p.m.	<i>The Husbands Secret</i> by Liane Moriarty.
Bulls & Bears Investment Club	1st & 3rd Monday of the month at 1 p.m.	Learn about investing!
Social Bridge	Wednesdays at 12:45 p.m.	1st, 2nd & 3rd place and grand slam prizes awarded.
Bunco	2nd & 4th Thursdays at 1 p.m.	Don't know how to play? They will teach you.
Duplicate Bridge	Thursdays at 6 p.m.	Partners needed.
Chess	Thursdays at 12 p.m.	If you have general knowledge of chess, join us.
Chorale	Wednesdays at 10:15 a.m.	<i>New singers welcome!</i>
Computer Interests	Fridays at 10 a.m. Website: mscig.wordpress.com	This group examines topics of interest. Experience ranges from beginner to expert.
Craft Committee	1st Tuesday at 10 a.m.	Create decor for monthly parties.
Cribbage	Thursdays at 10 a.m.	Bring your cribbage boards and a deck of cards.
500 Card Club	2nd & 4th Tuesday at 10 a.m.	2nd & 4th Wednesday at 6:30 p.m.
Games and Cards	Mondays at 1 p.m.	1st & 3rd: Rummikub, 2nd & 4th: Hand and Food, 5th (if applicable): Train Dominoes
Mtka Community Garden Club	2nd Monday at 1 p.m.	<i>New members welcome!</i>
Literary Book Club	4th Tuesday at 7:15 p.m.	<i>The Phantom Tollbooth</i> by Norton Juster.
Ham Radio	2nd Monday at 10 a.m.	<i>New members welcome!</i>
The Landing Shop	Wednesday-Saturday, 10 a.m. to 4 p.m. Extended hours on Thursdays, 10 a.m. to 8 p.m.	<i>Find a perfect new handbag at The Landing Shop!</i> Located at 11280 Wayzata Blvd. (763) 591-4868. Handmade items crafted by Minnetonka residents 55+.
Mah Jongg	Wednesdays at 10 a.m.	<i>New members welcome!</i>
Pickleball	Tuesday, 7 – 10 a.m. Thursday, 7 – 9:30 a.m. Friday, 7 – 10 a.m. Friday, 7 – 10 a.m.	Designated Pickleball Courts at Williston Fitness Center.
Poker	1st & 3rd Tuesday at 10 a.m.	Join us for a good game of poker.
Scribblers	Thursdays at 10 a.m.	<i>New members welcome!</i>
Single Mingle Club	3rd Tuesday at 3:30 p.m. at Tuttle's	Various events scheduled monthly. Stop by the center to pick up a listing of events. <i>New members welcome!</i>
Tonka Tale Tellers	2nd Monday at 10 a.m.	This group travels to elementary schools within the area to tell and animate stories.
Tale Spinners	Tuesdays at 1 p.m.	<i>New members welcome!</i>
Wood Carvers	Thursdays at 10 a.m.	Group members work independently but also share ideas with one another.