

Wellness Series presented by Minnetonka Medical Center and North Memorial Medical Center

Grief and Loss

Tuesday, Aug. 1, 10–11 a.m.

Learn about the many types of grief and the process of grieving, as well as coping and living with grief.

Presented by Beth Paterson, LICSW (Licensed Independent Clinical Social Worker).

Cost: \$2 (Course #3180801-04)

Osteoarthritis of the Hip and Knee

Monday, Sept. 18, 10:30–11:30 a.m. Nearly 40 million people in the United States currently suffer from the effects of arthritis. As science and research continue to advance, so do many of the treatment options that are now offered to our patients. Come learn about the current advances related to osteoarthritis of the hip and knee–what's old, what's new and what is better than ever. Presented by Dr. Arthur, of Twin Cities Orthopedics.

Cost: \$2 (Course #1180802-01)

ICA Foodshelf Tour

Tuesday, Aug. 15, 10–11 a.m. Ever wanted to learn more about this important local non-profit that serves 800 families per month in our community? Join us for a tour and learn what ICA does to support local families who need food. Transportation not provided, meet at 11588 K-Tel Drive, Minnetonka. **Cost: Free!** (*Course #3110108-01*)

Caregiver Support Tips

Wednesday, Aug. 23, 10:30–11:30 a.m. Learn tips for caring for loved ones as they age so you can support them with dignity and respect. This includes tips for dealing with dementia. Presented by Amy House of Sunrise Senior Living.

Eclipse Patio Social

Monday, Aug. 21, 12:30-1:30 p.m. This will be the first total solar eclipse of the sun visible from the contiguous United States since 1979. The last time it was visible from coast to coast was 1918. Come watch

and enjoy an ice cream sundae! Minnetonka will experience 83 percent coverage of the sun, so those attending who are

83 and older attend for free! **Cost: \$2** (*Course #3180403-01*)

Monthly Programs

Monthly Party: Pork Chop Dinner Thursday, Aug. 17, 5:30 p.m.

Celebrate with us! *Menu:* Pork chops, applesauce, potatoes, broccoli, roll and dessert **Sponsored by: Nothing Bundt Cakes Cost: \$7** due Monday, Aug. 14 (*Course #3100105-01*)

Lunch and a Movie: The Zookeepers Wife Friday, Aug. 25, noon

After the Nazis invade Poland, Warsaw Zoo caretakers Antonina and Jan Zabinski place themselves in grave danger when they begin collaborating with the Resistance in an effort to save Jews from the horrors of the Warsaw Ghetto.

Menu: Brat, beans, fruit and a treat **Sponsored by: The Glenn Minnetonka Cost: \$5** due Tuesday, Aug. 22 (*Course #3100204-01*)

Full Heart Living

Wednesday, Aug. 16, 10:30–11:30 a.m. Psychologist and author Tom Glaser will discuss how he set out to find how nine of the happiest people he knows became so happy. In his book he uncovers what's behind the simple, everyday choices truly happy people make, and breaks them down into easy to follow steps. **Cost: \$2** (*Course #3180404-04*)

Fall Registration Opens Aug. 2

(Programs and classes that run September–December)

Register

- Online: eminnetonka.com/register
- Phone: 952-939-8393
- In person: Monday Friday, 8 a.m. 4:30 p.m.

Limited scholarships are available for Minnetonka residents ages 55 and older

Community Connections: Nutrition

Monday, Aug. 28, 10:15–11:15 a.m. Looking for new ideas for breakfast, quick meals and snacks? Jill Holter from Lakewinds will offer ideas and demonstrate suggestions. Join us for a presentation and try some samples. Provided by Lake Minnetonka Senior Care Providers: Community Connections. **Cost: Free!** (*Course #3180417-01*)



Enjoy light refreshments and socializing before taking in local entertainment. Live it up, reserve your seat today!

The Riverside Trio

Wednesday, Sept. 20, 10:30 a.m. Get ready to swing! The Riverside Trio brings an edge to the sounds of the 1930s and 40s. These cats will swing, jump, shuffle, jive, croon and rock all day.

Sponsored by Deephaven Woods **Cost: \$3** (Course #1100301-01)

952-939-8393

Fitness Programs

at the community center	r.					
Program	Instructor	Dates	Day	Times	Fee	Course #
Over 50 and Fit	Jean McSwiggen John Nally Julie Fleischhacker	Jan. 1–Dec. 31	M, W, F	9–10 a.m.	\$12 (annually)	4090702-02
Yogilates (*New)	Elizabeth Kelly	Sept. 20–Nov. 1	W	6:45–7:45 p.m.	\$42	1091201-01
Chair Yoga	Nancy Holasek	Sept. 19–Oct. 31	TU	9:45–10:45 a.m.	\$42	1090101-01
Chair Yoga	Elizabeth Kelly	Sept. 20–Nov. 1	W	5:30-6:30 p.m.	\$42	1090101-03
Chair Yoga	Nancy Holasek	Sept. 21–Oct. 26	TH	9:45–10:45 a.m.	\$36	1090101-02
Dance Series: Ballroom	Tricia Wood	Sept. 16–Oct. 7	S	10–10:50 a.m.	\$56	1091001-01
Dance Series: Latin	Tricia Wood	Sept. 16–Oct. 7	S	11–11:50 a.m.	\$56	1091001-02
Intermediate Yoga	Nancy Holasek	Sept. 19–Oct. 31	TU	11 a.m.–noon	\$42	1090201-01
Intermediate Yoga	Nancy Holasek	Sept. 21–Oct. 26	TH	11 a.m.–noon	\$36	1090201-02
Line Dance: Beginner	Eileen Ronning	Aug. 10–31	TH	12:30–1:30 p.m.	\$32	3090601–06
Line Dance: Beginner	Eileen Ronning	Sept. 14–Oct. 19	TH	12:30–1:30 p.m.	\$48	1090601-01
Line Dance: Intermediate	Eileen Ronning	Aug. 10–31	TH	1:45–2:45 p.m.	\$32	3090602-04
Line Dance: Intermediate	Eileen Ronning	Sept. 14–Oct. 19	TH	1:45–2:45 p.m.	\$48	1090602-01
Mindfulness Meditation (*New)	Dar Kleberg	Sept. 8–Oct. 27 (No Class Oct. 6)	F	9–10 a.m.	\$14	1091101–01
Strength and Mobility (*New)	Dr. Jessica Berglund	Sept. 12–Oct. 3	Т	1–2 p.m.	\$52	1091301-01
T'ai Chi Chih: Workshop	Susan Sobelson	Aug. 7	М	10–11:45 a.m.	\$5	3090301-05
T'ai Chi Chih: Beginning	Susan Sobelson	Sept. 11–Nov. 6 (No class Oct. 16)	М	10–11a.m.	\$40	1090301-01
T'ai Chi Chih: Intermediate	Susan Sobelson	Sept. 11–Nov. 6 (No class Oct. 16)	М	11:30 a.m.–12:30 p.m.	\$40	1090302-01
T'ai Chi for Health and Wellness	Ron Erdman- Luntz	Aug. 3–24	TH	6–7 p.m.	\$36	3090401-02
T'ai Chi for Health and Wellness	Ron Erdman- Luntz	Sept. 7–Oct. 12	TH	6–7 p.m.	\$54	1090401-01
Therapeutic Pilates	Dr. Sarah Petrich	Sept. 11–Oct. 16	М	8:30–9:30 a.m.	\$66	1090902-01
Zumba Gold	Renee Rahimi	Sept. 11–Oct. 30	М	12:45–1:45 p.m.	\$48	1090501-01

For a complete listing and program descriptions please visit eminnetonka.com/register or pick up a fitness flyer at the community center.

Fitness Descriptions

Dance Series: Ballroom and Latin-Tricia Wood

Learn waltz, rumba and salsa, a variety of social dances for different musical styles.

(NEW!) Mindfulness Meditation-Dar Kleberg

Focus on beginning meditation. Learn importance of meditation, why and how to meditate. (NEW!) Strength and Mobility–*Dr. Jessica Berglund*

Exercises that will help to improve your arm and leg strength, balance, flexibiliity and walking. (NEW!) Yogilates–*Elizabeth Kelly*

Integrates the yogic focus on enhanced mind/body awareness, and incorporates Pilates core strengthening techniques.



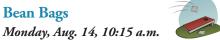
Outdoor Pickleball Mondays–Fridays, May–October

- Monday-Fridays, 7:30-11 a.m.
- Mondays, Wednesdays, Fridays, 4 p.m.–dusk
- Saturdays, 9 a.m.–noon

Plays at Meadow Park on Oakland Road. All ability levels welcome. **Cost:** *Free!*

Athletic Activities

Bean Bags



Socialize with your peers and join in a game of bean bags after the monthly party! Free! No reservation needed.

Bike Club

Tuesdays, Wednesdays, Thursdays,

April–October, 9 a.m. Visit mtkabikers.org for more information. Cost: \$10 (annually) (Course #4120103-01)



Softball 70+

Mondays and Wednesdays, April-October, 9 a.m.–noon Slow pitch softball is played at Big Willow Park,



11522 Minnetonka Blvd. Registrations are accepted throughout the season at the field. Cash or check accepted. Cost: \$25 (Course #3120201-01)

Art Programs

Art Series: Color Enrichment and Watercolor

Gin Weidenfeller

Wednesdays, Aug. 16 and 23, 1-3 p.m.

Discuss the role of color in creating impact, mood, space and dimensionality in painting. Learn how to use color wheel to apply color integration and schemes. Explore the summer color palette. Supplies provided, but you may bring your own.

Cost: \$40 (Course #3130103-01)

Vikings Stadium Tour



Thursday, Sept. 28, 9:15 a.m.-2:45 p.m. A guided behind-the-scenes look at the US Bank Stadium. The 90-minute tour features clubs and suites, the press box and the Minnesota Vikings Locker Room. Lunch at Jax Cafe.

Menu: Choice of polish sausage and Sauerkraut with potato cheese pierogis, oven roasted chicken with mashed potatos, gravy and vegetables, or swedish meatballs with potatoes and vegetables, chocolate mousse, coffee, tea or milk.

Register or cancel by: Monday, Aug. 28 Cost: \$77 (Course# 1110101-09) 952-939-8393

Education Programs

Defensive Driving

Register through MN Highway Safety Center, 1-888-234-1294, or visit mnsafetycenter.org for all classes.

4-hour renewal sessions:

• Aug. 3, 15, 24, 9 a.m.-1 p.m., \$22

History Programs

British History: Terry Kubista Filthy Old City of London

Thursday, Aug. 17, 1–3 p.m.

The sanitation problems of a city the size of London today are immense, but what about the 14th century? Find out how the problem was attacked and made safe for inhabitants. **Cost: \$7** (Course #3180101-03)

The Great Fire of London

Thursday, Sept. 7-28, 1–3 p.m. In 1666, Charles II suffered his first major challenge as the new King of England. The burning of his capital city of London became his breaking point. If he handled the situation poorly he would not only lose his city, but his life.

Cost: \$28 (Course #1180101-01)

History: Dan Hartman

Immigration in America Wednesday, Aug. 16, 10:30 a.m.-12:30 p.m.

Immigration to the United States is a demographic phenomenon that has been a major source of population growth and cultural change throughout much of the history of the United States. Cost: \$5 (Course #3180201-06)

Washington at Valley Forge Wednesday, Aug. 30, 10:30 a.m.-12:30 p.m.

Valley Forge was the military camp 18 miles northwest of Philadelphia where the American Continental Army spent the winter of 1777-78 during the American Revolutionary War. Starvation, disease, malnutrition and exposure killed more than 2,500 American soldiers. Cost: \$5 (Course #3180201-07)

History: Tom Troy **Cold War Spies**

Tuesdays, Sept. 5-26, 1–2:30 p.m. Discuss real-life Cold War spies who worked for the United States or the United Kingdom, or betrayed those countries. Learn about the "Cambridge Five."

Cost: \$12 (Course #1180201-01)

Day Trips*



Taylors Falls Boat Cruise

Thursday, Sept. 7

Board the authentic paddlewheel boat where visitors have enjoyed the beauty of the Dalles of the St. Croix river since 1906 (accessibility is determined by water level). Depart on the luncheon cruise aboard the Taylors Falls Scenic Boat Tours. Lunch is served buffet style. Enjoy views of unique rock formations the river carved through volcanic rock.

Menu: Boneless chicken breast, coleslaw, garlic mashed potatoes, baked beans, coffee and cookies

Cost: \$67 includes tours, meal, transportation and guide (Course #3110107-01)

Estimated trip time: 9 a.m.-3 p.m.

Register or cancel by: Monday, Aug. 14.



Old Spicer Castle Mystery Lunch Wednesday, Sept. 20

Arrive at Old Spicer Castle and receive your part in the murder mystery play written for the group. As you remove suspicion from yourself, you'll question or point to others with motive and opportunity. Enjoy lunch as the story unfolds. After the mystery is solved, take a few minutes to look around the property. Menu: Herb roasted pork loin, harvest greens salad, rolls with butter, roasted garlic mashed potatoes, seasonal vegetable, dessert, coffee and tea.

Cost: \$78 includes tours, meal, transportation and guide (Course #1110101-02)

Estimated trip time: 9 a.m.-4:15 p.m.

Register or cancel by: Monday, Aug. 28 **Upcoming:**

Oct. 5 Winona Fall Color Tour Oct. 17 Cranberry Country Nov. 1 Old Log Theatre: Life Could Be a Dream Musical

*For a complete listing of day trips search trips on our website or pick up a flyer at the community center. Trips meet in the community center lobby. Accessablity needs, please contact senior services for accomodations.





Purchase items handcrafted by Minnetonka residents ages 55 and older.

11280 Wayzata Blvd. 7**63-591-4868 Hours:** Wednesday–Saturday 10 a.m. – 4 p.m. Thursdays until 8 p.m.

Interest Groups

Interest groups are coordinated and led by seniors in the community. All groups meet at the Minnetonka Community Center, unless noted otherwise. For a complete list of groups, visit eminnetonka.com/interestgroups.

AA/Al-Anon Wednesdays, 10:30 a.m.

Art Drop–In Mondays, 9 a.m.–noon

Billiards Every afternoon, time varies

Bingo Tuesdays, 12:40 p.m.

Bulls and Bears Ist and 3rd Monday, 1 p.m.

Social Bridge Wednesdays, 12:45 p.m.

Bunco 2nd and 4th Thursdays, 1 p.m.

Cargiver Conversations 2nd Thursday, 10 a.m.



Contact and Registration Information

Register in person, over the phone, online or by mail.

14600 Minnetonka Blvd., Minnetonka, MN 55345

Office Hours Monday – Friday, 8 a.m. – 4:30 p.m.

Administrative Staff

Kate Egert, kegert@eminnetonka.com

Sue Svec, ssvec@eminnetonka.com

Senior Services and Activities Manager

Steve Pieh, 952-939-8366 spieh@eminnetonka.com

Senior and General Programs Manager Alicia Watts, 952-939-8369

awatts@eminnetonka.com

Mission

To develop and promote programs and services in our community to meet the diverse needs of those 55 and older. eminnetonka.com/register



Program Locations

Meet at Minnetonka Senior Services at the Minnetonka Community Center, unless otherwise noted.

Cancelation Information

Program Cancelations

Refunds will only be made if registration is withdrawn before the advertised deadline. If no deadline is given, registration must be withdrawn at least two business days prior to the start date of the program. Partial credit will be considered if injury or serious illness occurs. In such case, a physician's verification may be required.

Trip Cancelations

Refunds are assessed a \$5 administrative fee and only granted prior to the registration deadline or in the event that a replacement is found. Computer Club Fridays, 10 a.m.

Garden Club 2nd Monday, 1 p.m. Tour Maple Grove garden

Crafting for a Cause 2nd Friday, 9 a.m.

Woodcarvers Thursdays, 10 a.m.

Services

Blood Pressure Screenings

1st and 3rd Fridays; 2nd Wednesdays 9:30–11:30 a.m., Free! Provided by volunteer nurses.

Happy Feet

1st, 2nd, 3rd and 4th Friday, 9 a.m. – 3 p.m., \$37 Provided by nurses specializing in foot care. For appointment call 763-560-5136.

Senior Community Services

Senior Outreach Social Worker Lisa Engdahl

2nd and 4th Tuesdays, Free!

Discuss finances, transportation, personal care, medical care, home maintenance and more. Call 952-939-8393 for an appointment.

Medicare Counseling

1st and 3rd Mondays, Free!

Discuss Medicare, supplemental insurance, Part D coverage, billing issues, resources and more. Call 952-939-8393 to schedule an appointment.

HOME

Household and Outside Maintenance for Elderly (HOME) is available for Minnetonka residents 60 and older. For information call 952-746-4046 or visit the Community Center on Fridays, 9 a.m. – noon. Some of the chores HOME can help with include the following:

- Yard mowing and clean up
- Painting
- Housekeeping
- · Household repairs

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August Calendar

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Monday	Tuesday	Wednesday	Thursday	Friday
Minnetonka Senior Services Connections. Activities. Lifelong Learning.	I Lawn Bowling 9:45 Yoga 9:45/11:00 Grief and Loss 10:00 Poker 10:00 Bingo 12:40 Billiards 1:00 Tale Spinners 1:00	2 FALL PROGRAM REGISTRATION BEGINS Exercise 9:00 Mahjongg 10:00 A.A./Al-Anon 10:30 Social Bridge 12:45 Billiards 1:00 Evening Yoga 5:00/7:30 Mat Pilates 6:15 500 Cards 6:30	<i>3</i> Defensive Driving 9:00 Yoga 9:45/11:00 Cribbage 10:00 Genealogy 10:00 Woodcarvers 10:00 Dominos 1:00 Billiards 1:00 Duplicate Bridge 6:00 Tai Chi 6:00	4Exercise9:00Happy Feet9:00HOME Office Hours9:00Blood Pressure9:30Computer Club10:00Billiards1:00Oil Painting Drop In1:00
7Therapeutic Pilates8:30Art Drop In9:00Exercise9:00Tai Chi Chih Workshop10:00Zumba Gold12:45Bulls & Bears1:00Medicare Counseling1:00Rummikub1:00Billiards2:00	8 Yoga 9:45/11:00 500 Cards 10:00 Advisory Board 10:00 Bingo 12:40 Billiards 1:00 Tale Spinners 1:00 Senior Outreach 1:00	9 Day Trip: New Prague 8:45 Exercise 9:00 Blood Pressure 9:30 Mahjongg 10:00 A.A./Al-Anon 10:30 Social Bridge 12:45 Billiards 1:00 Evening Yoga 5:00/7:30 Mat Pilates 6:15 500 Cards 6:30	10Yoga9:45/11:00Caregiver Conversations 10:00Cribbage10:00Woodcarvers10:00Bunco1:00Line Dance12:30/1:45Billiards3:00Duplicate Bridge6:00Tai Chi6:00	11Crafting for a Cause9:00Exercise9:00Happy Feet9:00HOME Office Hours9:00Computer Club10:00Billiards1:00Oil Painting Drop In1:00
14 Therapeutic Pilates 8:30 Art Drop In 9:00 Exercise 9:00 Ham Radio 10:00 Bean Bags 10:15 Al and Alma's Boat Trip11:15 Zumba Gold Zie45 Garden Club 1:00 Hand, Foot, & Toe 1:00 Billiards 2:00	15 Defensive Driving 9:00 Yoga 9:45/11:00 ICA Foodshelf Tour 10:00 Poker 10:00 Shutterbugs 10:00 Bingo 12:40 Billiards 1:00 Tale Spinners 1:00	LetExercise9:00Mahjongg10:00A.A./Al-Anon10:30Full Heart Living10:30History: Immigration10:30Social Bridge12:45Art Series1:00Billiards1:00Evening Yoga5:00/7:30Mat Pilates6:15500 Cards6:30	17 Yoga 9:45/11:00 Cribbage 10:00 Woodcarvers 10:00 British History 1:00 Dominos 1:00 Line Dance 12:30/1:45 Billiards 3:00 Monthly Party 5:30 Duplicate Bridge 6:00 Tai Chi 6:00	18Exercise9:00Happy Feet9:00HOME Office Hours9:00Blood Pressure9:30Computer Club10:00Billiards1:00Oil Painting Drop In1:00
21Therapeutic Pilates8:30Art Drop In9:00Exercise9:00Eclipse Patio Social12:30Billiards1:00Bulls & Bears1:00Medicare Counseling1:00Medicare Counseling6:00	22 Yoga 9:45/11:00 500 Cards 10:00 Bingo 12:40 Billiards 1:00 Tale Spinners 1:00 Senior Outreach 1:00	23 Exercise 9:00 Mahjongg 10:00 A.A./Al-Anon 10:30 Caregiver Support Tips 10:30 Social Bridge Social Bridge 12:45 Art Series 1:00 Billiards 1:00 Evening Yoga 5:00/7:30 Mat Pilates 6:15 500 Cards 6:30	24 Defensive Driving 9:00 Yoga 9:45/11:00 Cribbage 10:00 Woodcarvers 10:00 Bunco 1:00 Line Dance 12:30/1:45 Billiards 3:00 Duplicate Bridge 6:00 Tai Chi 6:00	25 Exercise 9:00 Happy Feet 9:00 HOME Office Hours 9:00 Computer Club 10:00 Lunch and a Movie 12:00 Billiards 1:00 Oil Painting Drop In 1:00
28 Therapeutic Pilates 8:30 Art Drop In 9:00 Ipads & Iphones 9:00 Exercise 9:00 Community Connections 10:15 Hand, Foot, & Toe 1:00 Billiards 1:00	29 One on One Electronics 8:30 Yoga 9:45/11:00 Hands Only CPR 10:00 Bingo 12:40 Billiards 1:00 Tale Spinners 1:00	30 Exercise 9:00 Mahjongg 10:00 A.A./Al-Anon 10:30 History: Valley Forge 10:30 Social Bridge 12:45 Billiards 1:00 Evening Yoga 5:00/7:30 Mat Pilates 6:15 500 Cards 6:30	31 Yoga 9:45/11:00 Cribbage 10:00 Woodcarvers 10:00 Line Dance 12:30/1:45 Duplicate Bridge 6:00	

Minnetonka Script

Special Interest Groups

Group	Meeting day	Information
Advisory Board	2 nd Tuesday at 10 a.m.	
AA/Al-Anon	Wednesdays at 10:30 a.m	All ages welcome. New members welcome.
Art Drop In	Mondays from 9 a.m. to Noon	Informal, drop in and create!
Billiards	Every afternoon - time varies	See calendar page for times.
Bingo	Tuesdays at 12:40 p.m.	Join the fun!
Bird Club	1 st Friday of the month at 10 a.m.	On a break for summer, meets again in Sept.
Book Club	3 rd Thursday of the month at 1 p.m.	On a break for summer, meets again in Sept.
Bucket List Book Club	4 th Tuesday at 7:15 p.m.	On a break for summer, meets again in Sept.
Bulls & Bears Investment Club	1st & 3rd Monday of the month at 1 p.m.	Learn about investing!
Social Bridge	Wednesdays at 12:45 p.m.	1^{st} , 2^{nd} , 3^{rd} place and grand slam prizes awarded.
Bunco	2 nd & 4 th Thursdays at 1 p.m.	Don't know how to play? They will teach you.
Caregiver Conversations	2 nd Thursday at 10 a.m.	New members welcome!
Chorale	Wednesdays at 10 a.m.	On a break for summer, meets again in Sept.
Computer Club	Fridays at 10 a.m. Website: <i>mscig.wordpress.com</i>	This group examines topics of interest. Experience ranges from beginner to expert.
Crafting for a Cause	2 nd Friday at 9 a.m.	New members welcome!
Cribbage	Thursdays at 10 a.m.	Bring cribbage board and a deck of cards.
Dominos	1 st & 3 rd Thursdays at 1 p.m.	New members welcome!
Duplicate Bridge	Thursdays at 6 p.m.	Partners needed.
500 Card Club	2 nd & 4 th Tuesday at 10 a.m.	Wednesdays at 6:30 p.m.
Garden Club	2 nd Monday at 1 p.m.	Tour Maple Grove Garden
Genealogy Club	1 st Thursday at 10 a.m.	New members welcome!
Ham Radio	2 nd Monday at 10 a.m.	New members welcome!
Hand, Foot, & Toe	2 nd & 4 th Monday 1 p.m.	We'll teach you how to play!
Mahjongg	Wednesdays at 10 a.m.	New members welcome!
Oil Painting Drop In	Fridays at 1 p.m.	New members welcome!
Pickleball Open Play	Monday-Friday, 7:30-11 a.m. Monday, Wednesday, Fridays, 4 p.m.–dusk	<i>Meadow Park on Oakland Road</i> Saturdays 9 a.m.–noon
Poker	1 st & 3 rd Tuesday at 10 a.m.	Join us for a good game of poker.
Rummikub	1 st & 3 rd Monday at 1 p.m.	We'll teach you how to play!
Shutterbugs	3rd Tuesday at 10 a.m.	New members welcome!
Tonka Tale Tellers	2 nd Monday at 10 a.m.	Tells tales at elementary schools.
Tale Spinners	Tuesdays at 1 p.m.	Story writing group. New members welcome!
Woodcarvers	Thursdays at 10 a.m.	Group members share ideas and work independently.