

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Men's Discussion Group 8:30 Art Drop In 9:00 Exercise 9:00 Fun with Watercolor 10:00 Tai Chi Chih 10/11:30 Balance Screenings 10:30 Zumba 12:45 Bulls & Bears 1:00 Medicare Counseling 1:00 Rummikub 1:00	<b>4</b> Yoga 9:45/11:00 Poker 10:00 Dementia Friends 12:00 Bingo 12:40 Tale Spinners 1:00 Memory Café 1:30 Strength & Mobility 1:30  <b>**First day of Winter/Spring Registration! **</b>	<b>5</b> Exercise 9:00 Mahjongg Drop In 10:00 Chorale 10:15 A.A./Al-Anon 10:30 Sips & Songs: BandanAhhh! 10:30 Social Bridge 12:45 Tai Chi Chih 1:00 Tai Chi Practice 2:15 Chair Yoga 5:30 500 Cards 6:30 Yogilates 6:45	<b>6</b> Yoga 9:45/11:00 Cribbage 10:00 Genealogy 10:00 Woodcarvers 10:00 British History 1:00 Dominos 1:00 Journeying into the Big Questions 1:00 Duplicate Bridge 6:00	<b>7</b> Happy Feet 8:00 Exercise 9:00 Blood Pressure 9:30 Computer Club 10:00 Bird Club 10:30 Oil Painting Drop In 1:00 Day Trip: Kiwanis Lights 2:30
<b>10</b> Men's Discussion Group 8:30 Art Drop In 9:00 Exercise 9:00 Fun with Watercolor 10:00 Ham Radio 10:00 Tai Chi Chih 10/11:30 Wellness Series: Arthritis 10:30 Zumba 12:45 Garden Club 1:00 Hand, Foot, & Toe 1:00	<b>11</b> Defensive Driving 9:00 Yoga 9:45/11:00 500 Cards 10:00 Advisory Board 10:00 Electronic Devices: Android/iPhone 10/1:00 Bingo 12:40 Tale Spinners 1:00 Senior Outreach 1:00 Strength & Mobility 1:30	<b>12</b> Exercise 9:00 Blood Pressure 9:30 Mahjongg Drop In 10:00 Chorale 10:15 A.A./Al-Anon 10:30 History: Reconstruction 10:30 Social Bridge 12:45 Tai Chi Chih 1:00 Tai Chi Practice 2:15 Chair Yoga 5:30 500 Cards 6:30 Yogilates 6:45	<b>13</b> Yoga 9:45/11:00 Caregiver Conversations 10:00 Cribbage 10:00 Traveling Naturalist: Polar Bear Possibilities 10:00 Woodcarvers 10:00 British History 1:00 Bunco 1:00 Duplicate Bridge 6:00	<b>14</b> Happy Feet 8:00 Crafting for a Cause 9:00 Exercise 9:00 Computer Club 10:00 Lunch & Movie 12:00 Oil Painting Drop In 1:00
<b>17</b> Men's Discussion Group 8:30 Art Drop In 9:00 Exercise 9:00 Fun with Watercolor 10:00 Tai Chi Chih 10/11:30 Bulls & Bears 1:00 Medicare Counseling 1:00 Rummikub 1:00 Medicare Counseling 6:00	<b>18</b> Defensive Driving 9:00 Yoga 9:45/11:00 Memory Café 10:00 Poker 10:00 Shutterbugs 10:00 Bingo 12:40 Tale Spinners 1:00 Strength & Mobility 1:00	<b>19</b> Day Trip: A Grand Christmas 8:45 Exercise 9:00 Mahjongg Drop In 10:00 Chorale 10:15 A.A./Al-Anon 10:30 Social Bridge 12:45 Tai Chi Chih 1:00 Tai Chi Practice 2:15 Chair Yoga 5:30 500 Cards 6:30 Yogilates 6:45	<b>20</b> Yoga 9:45/11:00 Cribbage 10:00 Woodcarvers 10:00 Monthly Party 12:00 Book Club 1:00 British History 1:00 Dominos 1:00 Duplicate Bridge 6:00	<b>21</b> Happy Feet 8:00 Exercise 9:00 Computer Club 10:00 Bucket List Book Club 10:00 Oil Painting Drop In 1:00
<b>24</b> Men's Discussion Group 8:30 Art Drop In 9:00	<b>25</b> <b>CLOSED</b> 	<b>26</b> Exercise 9:00 Mahjongg Drop In 10:00 A.A./Al-Anon 10:30 Social Bridge 12:45 500 Cards 6:30	<b>27</b> Cribbage 10:00 Woodcarvers 10:00 Bunco 1:00 Duplicate Bridge 6:00	<b>28</b> Happy Feet 8:00 Exercise 9:00 Computer Club 10:00 Oil Painting Drop In 1:00
<b>31</b> Men's Discussion Group 8:30 Art Drop In 9:00 Exercise 9:00	 <div style="text-align: right;"> <p>CITY OF  <b>MINNETONKA</b>                      SENIOR SERVICES</p> </div>			

## Interest Groups

Interest groups are coordinated and led by seniors in the community. All groups meet at the Minnetonka Community Center, unless noted otherwise. There are more than 30 different interest groups.

### Advisory Board

**2nd Tuesday, 10 a.m.**

Advises and recommends goals, policies and objectives to Minnetonka Senior Services and Minnetonka City Council.

### AA/Al-Anon

**Wednesdays, 10:30 a.m.**

AA supports those who may have alcohol addiction. Al-Anon supports friends and family members of those with alcohol addiction. All ages welcome.

### Art Drop In

**Mondays, 9 a.m.-noon**

Informal drop in and create! This group welcomes artists of all abilities. Participants socialize while working independently. New members welcome!



### Bingo

**Tuesdays, 12:40 p.m.**

Enjoy a fun game of Bingo with a friendly social group! Cards are a nickel each per game. Socialize and meet some new people!



### Bird Club

**1st Friday, 10:30 a.m.**

Meet once a month Sept. - May and enjoy a variety of bird topics throughout the year. Cost is \$20/ calendar year for this group. >> Intriguing Owls- Stan Tekiela. Naturalist, Author, and Photographer.



### Book Club

**3rd Thursday, 1 p.m.**

Each month we read a new book and discuss. This month's book: *Another Brooklyn* by Jacquelin Woodson



### Bucket List Book Club

**4th Friday, 1 p.m.**

Start to check off some of your bucket list books. Each month we read a new book and discuss. This month's book: *Cricket on the Hearth* by Charles Dickens



### Bulls and Bears Investment Club

**1st & 3rd Mondays, 1 p.m.**

Do you know the difference between bull and bear markets? Study different investment trends and learn how to navigate the markets.



### Bunco

**2nd & 4th Thursdays, 1 p.m.**

Drop in and play the fun game of bunco. No experience? No problem! We'll teach you.



### Caregiver Conversations

**2nd Thursday, 10 a.m.**

Explore the challenges, rewards and resources in navigating the care giving journey.

### Chorale

**Wednesdays, 10:15 a.m.**

Do you love to sing? No auditions are required. The Chorale sings in a 4 part harmony and performs throughout the year. The Chorale is an ensemble of the Music Association of Minnetonka.



### Computer Club

**Fridays, 10 a.m.**

Join this social group as we discuss trends and learn new skills. Visit [mscig.wordpress.com](http://mscig.wordpress.com) to learn more!



### Crafting for a Cause

**2nd Friday, 9 a.m.**

Craft items for local nonprofit! New members are always welcome.



## Winter/Spring Registration Opens Dec. 4

Registration is for classes and programs that take place Jan. - April.

Registration Options:



[eminnetonka.com/register](http://eminnetonka.com/register)



952-939-8393



In person 8 a.m.-4:30 p.m.

The Senior Script highlights upcoming monthly programs. Refer to the Recreation Services brochure for a complete listing of senior services offerings. The brochure can be picked up at the community center, viewed online or mailed to your home.

## Cribbage

**Thursdays, 10 a.m.**

Come join us! Bring a cribbage board and a deck of cards.



## Dominos

**1st & 3rd Thursdays, 1 p.m.**

Come join us! Never played? We'll teach you.



## Duplicate Bridge

**Thursdays, 6 p.m.**

Partners are needed for this group and new members welcome. If you need help finding a partner, we can assist you! Play as your schedule allows.



## 500 Card Club

**2nd & 4th Tuesdays, 10 a.m.**  
**Wednesdays, 6:30 p.m.**

Join in the fun, new members are always welcome!



## Garden Club

**2nd Monday, 1 p.m.**

Do you love to garden? Join us for monthly gardening topics and field trips. Each month is a new topic.



## Genealogy Club

**1st Thursday, 10 a.m.**

Exciting topics each month. Speakers present throughout the year. Join fellow enthusiasts at any point of your genealogical journey.



## Ham Radio

**2nd Monday, 10 a.m.**

Join us for some amateur radio discussion, share of knowledge and practice.



## Hand, Foot, and Toe

**2nd and 4th Monday, 1 p.m.**

Learn a new game, we'll teach you how to play!



## Mahjongg

**Wednesdays, 10 a.m.**

Join in the fun with fellow players of mahjongg. Please bring your own set.



## Men's Discussion Group

**Mondays, 8:30 a.m.**

Join us for coffee and conversations in this new weekly men's discussion group. Meet and connect with new people while discussing a variety of informal topics.



## Oil Painting Drop In

**Fridays, 1 p.m.**

This group welcomes artists of all abilities as well as other painting mediums you may use. Participants work independently but will help and critique one another when requested. Socialize in a relaxed atmosphere while honing your craft.



## Pickleball Open Play

**Indoor at the Williston Fitness Center. For playing times call: 952-939-8370.**



## Poker

**1st & 3rd Tuesday, 10 a.m.**

Join us for a good game of poker! Play a variety of games.



## Rummikub

**1st & 3rd Monday, 1 p.m.**

Combining elements from rummy and mahjongg, join us for a game! We'll teach you how to play!



## Shutterbugs

**3rd Tuesday, 10 a.m.**

This group focuses on a different topic each month and is open for the novice photographer and professionals. Photos taken by members that are Minnetonka residents can be purchased at The Landing Shop.



## Social Bridge

**Wednesdays, 12:45 p.m.**

1st, 2nd and 3rd place prizes are awarded. No partners are needed and new members are always welcome. Join in the fun as your schedule allows.



## Tale Spinners

**Tuesdays, 1 p.m.**

This is a casual group of writers who work together to improve their skills, provide motivation and ideas, critique and offer feedback; all to achieve individual writing goals. Whether you are a poet, short story writer, essayist, novelist, or recording family anecdote and histories; please come by and bring your words to life!



## Woodcarvers

**Thursdays, 10 a.m.**

Socialize, share ideas and work independently. All abilities are welcome, including beginners! The first Thursday of the month is show and tell. Come join the fun!



# In the Spotlight:

## *Oil Painting Drop In*

(All art mediums welcome)



**Where:** Minnetonka Mills Room

**When:** Fridays from 1-4 p.m. *Come as often as your schedule permits!*

**Cost:** FREE!

**Open to all – bring your own supplies and create with others!**

**\*Odor-free mineral spirits only\***

**There is no instructor but participants share tips.**



# Senior Services



**Blood Pressure Screenings:** First and third Friday and second Wednesday of the month, 9:30–11:30 a.m.



**Foot Care Clinic:** Fridays – for appointments and fees please call Happy Feet at 763-560-5136.



**Household and Outside Maintenance for Elderly (H.O.M.E.):** Help with household chores. Call 952-746-4046 for more information.



**Senior Outreach:** Housing, community resources and one-on-one counseling. By appointment only on the second and fourth Tuesday of the month, 1–3 p.m. Please call 952-939-8393 for an appointment.



**Transit Link:** Transportation from your home to events. Call 651-602-5465 for fees and schedule.

\*To learn more, call Minnetonka Senior Services at 952.939.8393 or visit [eminnetonka.com/seniorservices](http://eminnetonka.com/seniorservices)