



# minnetonka script

Programs and services for those 55+  
January 2018 Newsletter

## Reminders

The Minnetonka Community Center will be closed due to the holidays on Mondays, Jan. 1 and 15.

Annual fees programs:

- Bird Club, \$20  
(Course #4190502-02)
- Over 50 and Fit, \$12  
(Course #4090702-02)

## Fearless Aging

Mary O'Brien

Tuesday, Jan. 23, 10 a.m.

This class explores the normal, natural processes of aging—physical and lifestyle—and what you can do to improve the quality of your life. Discover what to expect and learn lifestyle choices that will help you make the most of life.

Cost: \$5 (Course #2180413-01)

## Memory Café

Third Tuesday of every month, Jan. 16, 10-11:30 a.m.

A memory café is a welcoming place for people living with dementia and their caregivers to socialize and share experiences. This café experience is facilitated by a licensed social worker from Senior Community Services. Participants stay in the moment by participating in an art activity led by an instructor experienced working with seniors and dementia from the Minnetonka Center for the Arts.

This activity is made possible through the Minnesota Arts and Cultural Heritage Fund.

Cost: Free, call 952-939-8393 to sign up



Enjoy light refreshments and socializing before taking in local entertainment. Live it up, reserve your seat today!

## The Lone Arranger

Wednesday, Jan. 17, 10:30 a.m.

Come hear a variety of music from country, big band, '50s and '60s. Sponsored by Elder Homestead.

Cost: \$3 (Course #2100301-01)

## Tax Review and Update

Steven Benjamin

Friday, Jan. 19, 10:30 a.m.

Attend this seminar to review tax basics and get an update on recent changes made to federal and state tax rules.

Cost: \$2 (Course #2180416-01)

## Shared Stories: Arts Experiences for Individuals with Dementia

Tuesdays, Jan. 23-Feb. 13, 10-11:30 a.m.

Work on a "book" of shared stories and create a keepsake. This poetry and visual arts class led by an artist experienced in arts and aging has a focus on the process of art-making. Fail-proof projects will explore media and techniques such as watercolor, drawing, printing, weaving, clay and collage. Caregivers will not be "doing the art" for the person with dementia, but will be working alongside co-creating their book of shared stories.

Minnetonka Center for the Arts is pleased to bring you this program in partnership with the City of Minnetonka's dementia-friendly city initiative. Learn more about the city's efforts at [eminnetonka.com/dementiafriendly](http://eminnetonka.com/dementiafriendly).

This activity is made possible through the Minnesota Arts and Cultural Heritage Fund.

Cost: \$60, (Course #2180702-01)

## Lunch and a Movie:

Dunkirk

Friday, Jan. 26, noon

This historical drama chronicles the epic battle to evacuate more than 300,000 Allied soldiers who find themselves trapped on the beaches of Northern France during the 1940 invasion by Adolf Hitler's Nazi forces. Rated PG-13 for intense war experience and some language.

Menu: Soup, breadstick and dessert

Sponsored by: The Glenn—Minnetonka

Cost: \$6 due Tuesday, Jan. 23

(Course #2100201-01)

## One-on-One Electronics Workshop: Click and Conquer

Abbey Key

Tuesday, Feb. 6, 8:30 a.m.—4:30 p.m.

Sign up for a private 30-minute session. Ask questions about a laptop, camera, iPhone, iPad, Kindle or cell phone. By appointment only.

Cost: \$13 (Course #3180601-01)

## Income Tax Assistance

This free tax program is designed to help moderate to low income individuals with basic taxes.

Starting Jan. 2, appointments can be made at Senior Services or by calling 952-939-8393. Appointments are required and no walk-ins are allowed.

- Mondays and Thursdays, Feb. 5–April 16
- Appointment times: 12:30 p.m., 1:45 p.m. and 3 p.m.

## Community Connections: Strength and Balance

Monday, Jan. 29, 10:15–11:15 a.m.

Aegis Therapies will provide information on ways to minimize the risk of falls in your home and demonstrate several simple exercises that will improve the balance. In addition, a free balance screen will be available for those that wish to know if they are a high/moderate/low level risk of falls.

Cost: Free! (Course #2180407-01)



Purchase items handcrafted by Minnetonka residents.

11280 Wayzata Blvd.

763-591-4868

Hours: Wednesday–Saturday,

10 a.m. – 4 p.m.,

Thursdays until 8 p.m.

# Fitness Programs

For a complete listing and program descriptions please visit [eminnetonka.com/register](http://eminnetonka.com/register) or pick up a fitness flyer at the community center.

Program	Instructor	Dates	Day	Times	Fee	Course #
Over 50 and Fit	Jean McSwiggen John Nally Julie Fleischhacker	Jan. 3–Dec. 31	M, W, F	9–10 a.m.	\$12 <i>(annually)</i>	4090702-03
Yogilates (*New)	Elizabeth Kelly	Jan. 3–Feb. 21	W	6:45–7:45 p.m.	\$48	2091201-01
Chair Yoga	Elizabeth Kelly	Jan. 3–Feb. 21	W	5:30–6:30 p.m.	\$48	2090101–03
Dance Series: Wedding	Tricia Wood	Jan. 13–Feb. 3	S	11–11:55 a.m.	\$56	2091002–01
Dance Series: Latin	Tricia Wood	Jan. 13–Feb. 3	S	10–10:55 a.m.	\$56	2091001–01
Line Dance: Beginner	Tricia Wood	Jan. 4–25	TH	2–3 p.m.	\$38	2090601–01
Line Dance: Beginner	Tricia Wood	Feb. 1–March 1 <i>(No class Feb. 19)</i>	TH	2–3 p.m.	\$38	2090601–02
Line Dance: Intermediate	Tricia Wood	Jan. 4–25	TH	1–2 p.m.	\$38	2090602–01
Line Dance: Intermediate	Tricia Wood	Feb. 1–March 1 <i>(No class Feb. 19)</i>	TH	1–2 p.m.	\$38	2090602–02
Strength and Mobility	Dr. Anna Hagens	Jan. 9–Feb. 13	T	1–2 p.m.	\$74	2091301–01
Strength and Mobility	Dr. Anna Hagens	Feb. 20–March. 27	T	1–2 p.m.	\$74	2091301–02
T'ai Chi Chih: Beginner	Susan Sobelson	Jan. 22–March 19 <i>(No class Feb. 19)</i>	M	10–11 a.m.	\$40	2090301–01
T'ai Chi Chih: Beginner	Monica Campbell	Jan. 24–March 14	W	1–2 p.m.	\$40	2090301–03
T'ai Chi Chih: Intermediate	Susan Sobelson	Jan. 22–March 19 <i>(No class Feb. 19)</i>	M	11:30 a.m.–12:30 p.m.	\$40	2090302–01
T'ai Chi for Health and Wellness	Ron Erdman-Luntz	Jan. 4–Feb. 8	TH	6–7 p.m.	\$54	2090401–01
T'ai Chi for Health and Wellness	Ron Erdman-Luntz	Feb. 15–March. 22	TH	6–7 p.m.	\$54	2090401–02
Therapeutic Pilates	Dr. Sarah Petrich	Jan. 22–March 5 <i>(No class Feb. 19)</i>	M	8:30–9:30 a.m.	\$66	2090901–01

## Fitness Descriptions

### Dance Series: Ballroom and Latin–Tricia Wood

Learn waltz, rumba, salsa and a variety of social dances for different musical styles

### Strength and Mobility–Dr. Anna Hagens

Exercises that will help to improve your arm and leg strength, balance, flexibility and walking

### Yogilates–Elizabeth Kelly

Integrates the yogic focus on enhanced mind/body awareness, and incorporates Pilates core strengthening techniques

### T'ai Chi Health and Wellness–Ron Erdman-Lutz

Tai Chi short-form movements have many health benefits and are fun to learn. Slower circular movements help to improve balance and relaxation.

## Athletic Activities

### Indoor Pickleball

#### October - May

Try the fun and social game of pickleball. Limited racquets and balls are available.



- Tuesdays and Wednesdays, 7:30–10 a.m.
- Thursdays and Fridays, 7:30–9:30 a.m.
- Saturdays, 1–3 p.m.
- Free for Williston Fitness Center, Silversneakers and Silver and Fit members. \$4 per day for non-members.

Williston Fitness Center, 14509 Minnetonka Drive

### Bean Bags

Friday, Jan. 12, 10:30 a.m.

Socialize with your peers and join in a game of bean bags!

**Free!** No reservation needed.



## British History Series

### Vikings

*Terry Kubista*

**Thursdays, Jan. 4–18, 1–3 p.m.**

While infamous for their fearsome conquests, the Vikings were also expert seafarers, skilled traders and courageous explorers, traveling far and wide. They dominated northern Scotland and reshaped attitudes in the early Christian Church. What were they hoping to achieve?

**Cost: \$21** (Course #2180101–01)

### Battle of Largs

*Terry Kubista*

**Thursday, Jan. 25, 1–3 p.m.**

The last battle fought by the Vikings against the Scots was in 1263. Why did the Vikings then disappear? What happened to those valiant warriors?

**Cost: \$7** (Course #2180101–02)

## History Programs

### History: 1918 Spanish Flu Pandemic

*Dan Hartman*

**Wednesday, Jan. 10, 10:30 a.m.–12:30 p.m.**

The 1918 flu pandemic (January 1918–December 1920) was an unusually deadly pandemic. It infected 500 million people across the world and resulted in the deaths of 50 to 100 million (three to five percent of the world's population), making it one of the deadliest natural disasters in human history.

**Cost: \$5** (Course #2180201–01)

### Leatherstocking Tales and James Fenimore Cooper

*Dan Hartman*

**Wednesday, Jan. 24, 10:30 a.m.–12:30 p.m.**

The presentation will discuss the complete Leatherstocking Tales (The Deerslayer, The Last of the Mohicans, The Pathfinder, The Pioneers and The Prairie) during the French and Indian War and the life of James Fenimore Cooper.

**Cost: \$5** (Course #2180202–01)

### Chicago World's Columbian Exposition of 1893

*Dan Hartman*

**Wednesday, Feb. 14, 10:30 a.m.–12:30 p.m.**

The World's Columbian Exposition was a world's fair held in Chicago in 1893 to celebrate the 400th anniversary of Christopher Columbus's arrival in the New World in 1492. This event gave worldwide attention to Chicago and brought many people into the city, which was both good and bad.

**Cost: \$5** (Course #2180203–01)

## Day Trips

### Cool

### Mystery Trip



**Thursday, Feb. 8**

Board the bus for this cool mystery tour.

Meet the tour guide and enjoy a riding tour, a great meal and a Super Bowl surprise! Lunch is at Casper's Cherokee Sirloin Room in West St. Paul.

**Menu:** Small sirloin or chicken entrée with tossed salad, baked potato with sour cream, rolls, beverage and dessert

**Cost: \$70** includes tours, meal, transportation and guide (Course #2110101–01)

**Estimated trip time:** 9:30 a.m.–3 p.m.

**Register or cancel by:** Tuesday, Jan. 9

Day trips offered for the season can be found in the recreation brochure, online or in-person at the community center. Visit [eminnetonka.com/recreationbrochure](http://eminnetonka.com/recreationbrochure) to view the brochure online.

## Education Programs

### Defensive Driving

Register through MN Highway Safety Center, 1-888-234-1294, or visit [mnsafetycenter.org](http://mnsafetycenter.org) for all classes.

**4-hour renewal sessions:**

- Jan. 18, 9 a.m.–1 p.m., \$22
- Jan. 30, 5:30–9:30 p.m., \$22

### Dementia Friendly Training

**Tuesday, Jan. 2, noon**

Learn what is normal aging and the 10 early signs and symptoms of Alzheimer's Disease. Learn helpful communication, everyday task tips and conversation hints for those living with dementia.

**Cost: Free!** (4180702–01)

### Hands-only CPR

**Monday, Jan. 22, 10:15–11 a.m.**

Learn how to perform hands-only CPR from the Minnetonka Fire Department. Practice this easy-to-learn, lifesaving technique. This presentation is free.

**Cost: Free!** (Course #2180401–01)

## Tastes of Germany

**Friday, March 9**

Begin the tastes of Germany at The Winzer Stube German Restaurant in downtown Hudson. Leave Hudson and arrive in Stillwater to visit the Kathe Wohlfahrt of America. Discover the unforgettable and charming trinkets that are reminiscent of Christmas stores in Germany. Lunch is at The Gasthaus Bavarian Hunter Restaurant in Stillwater. This family-owned German restaurant offers great food, atmosphere and Gemütlichkeit that guests have enjoyed over the past 40 years. Conclude the tasting tour at the Black Forest Inn, Minneapolis.

**Menu:** The Winzer Stube German Restaurant: 1.) Cup of Hühnersuppe (chicken, vegetables and tiny flour dumplings) or 2.) Cup of Pilzsuppe (cream of mushroom soup)

**Menu:** The Gasthaus Bavarian Hunter Restaurant: 1.) Bratwurst/Knackwurst Combo – one bratwurst sausage and one knackwurst sausage, served with hot potato salad and sauerkraut or 2.) Sauerbraten – marinated beef roasted with special seasonings, served in the traditional Bavarian style, with mashed potatoes and red cabbage

**Menu:** Black Forest Inn: Homemade Black Forest chocolate cake served with fresh brewed coffee.

**Cost: \$73** includes tour, meal, transportation and guide (Course #2110102–01)

**Estimated trip time:** 10:15 a.m.–4:30 p.m.

**Register or cancel by:** Monday, Feb. 5

## Upcoming, Registration Open:

- *April 27, Phipps Center "Favorites with Organist Zach Frame"*
- *May 9, Old Log Theater: Guys and Dolls*
- *May 22, Gangster Tour*

## Art Programs

### The Basics of Pastel Drawing

*Sara Mittelstaedt*

**Tuesday, Feb. 6, 12:30–4 p.m.**

Soft pastels are a fun and inexpensive way to get creative. Learn how to apply soft pastels, what papers to use, mixing colors and protecting the finished project. Take home your masterpiece! The subject matter is provided. Supply list available at time of registration.

**Cost: \$20** (Course #2130101–01)

## Interest Groups

Interest groups are coordinated and led by seniors in the community. All groups meet at the Minnetonka Community Center, unless noted otherwise. For a complete list of groups, visit [eminnetonka.com/interestgroups](http://eminnetonka.com/interestgroups).

### AA.Al-Anon

Wednesdays, 10:30 a.m.

### Art Drop In

Mondays, 9 a.m.

### Billiards

Every afternoon, time varies

### Bingo

Tuesdays, 12:40 p.m.

### Bird Club

1st Friday, 10 a.m.

Backyard Birds, Blooms and Bugs Sher Curry,  
Nature Photographer

### Book Club

3rd Thursday, 1 p.m.

*The Art Forger* by B.A. Shapiro

### Bucket List Book Club

4th Tuesday, 7:15 p.m.

*The House of Mirth*, by Edith Wharton

### Bulls and Bears Investment Club

1st and 3rd Monday, 1 p.m.

### Social Bridge

Wednesdays, 12:45 p.m.

### Bunco

2nd and 4th Thursdays, 1 p.m.

### Caregiver Conversations

2nd Thursday, 10 a.m. *Crafting for a Cause*  
2nd Friday, 9 a.m.

### Chorale

Wednesdays, 10 a.m.

### Computer Club

Fridays, 10 a.m.

Website: [mscig.wordpress.com](http://mscig.wordpress.com)

### 500 Card Club

2nd and 4th Tuesday, 10 a.m.

Wednesdays, 6:30 p.m.

### Oil Painting Drop In

Fridays, 1 p.m.

### Poker

1st and 3rd Tuesday, 10 a.m.

### Rummikub

1st and 3rd Monday, 1 p.m.

### Shutterbugs

3rd Tuesday, 10 a.m.

### Tonka Tale Tellers

2nd Monday, 10 a.m.

### Tale Spinners

Tuesdays, 1 p.m.

### Woodcarvers

Tuesdays, 10 a.m.

## Services

### Blood Pressure Screenings

1st and 3rd Fridays; 2nd Wednesdays  
9:30–11:30 a.m., *Free!*

Provided by volunteer nurses.

### Happy Feet

1st, 2nd, 3rd and 4th Friday,  
9 a.m. – 3 p.m., \$37

Provided by nurses specializing in foot care.  
For appointment call 763-560-5136.

## Senior Community Services

### Senior Outreach Social Worker

*Lisa Engdahl*

2nd and 4th Tuesdays, *Free!*

Discuss finances, transportation, personal care, medical care, home maintenance and more. Call 952-939-8393 for an appointment.

### HOME

Household and Outside Maintenance for Elderly (HOME) is available for Minnetonka residents 60 and older. For information call 952-746-4046 or visit the Community Center on Fridays, 9 a.m. – noon. Some of the chores HOME can help with include the following:

- Snow removal
- Housekeeping
- Household repairs




Minnetonka  
Senior Services

Connections. Activities. Lifelong Learning.

## Contact and Registration Information

Register in person, over the phone, online or by mail.

 14600 Minnetonka Blvd.,  
Minnetonka, MN 55345



[eminnetonka.com/register](http://eminnetonka.com/register)



952-939-8393

### Office Hours

Monday–Friday, 8 a.m. – 4:30 p.m.

### Administrative Staff

Kate Egert, [kegert@eminnetonka.com](mailto:kegert@eminnetonka.com)

Sue Svec, [ssvec@eminnetonka.com](mailto:ssvec@eminnetonka.com)

### Senior Services and Activities Manager

Steve Pieh, 952-939-8366

[spieh@eminnetonka.com](mailto:spieh@eminnetonka.com)

### Senior and General Programs Manager

Alicia Watts, 952-939-8369

[awatts@eminnetonka.com](mailto:awatts@eminnetonka.com)

### Mission

To develop and promote programs and services in our community to meet the diverse needs of those 55 and older.

### Program Locations

Meet at Minnetonka Senior Services at the Minnetonka Community Center, unless otherwise noted.

### Cancellation Information

#### Program Cancellations

Refunds will only be made if registration is withdrawn before the advertised deadline. If no deadline is given, registration must be withdrawn at least two business days prior to the start date of the program. Partial credit will be considered if injury or serious illness occurs. In such case, a physician's verification may be required.

#### Trip Cancellations

Refunds are assessed a \$5 administrative fee and only granted prior to the registration deadline or in the event that a replacement is found.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p><i>Closed for the Holiday</i></p>	<p><b>2</b></p> <p>Yoga 9:45/11:00                      Poker 10:00                      Dementia Training 12:00                      Bingo 12:40                      Tale Spinners 1:00                      Billiards 1:00</p>	<p><b>3</b></p> <p>Exercise 9:00                      Mahjongg 10:00                      Chorale 10:15                      A.A./Al-Anon 10:30                      Social Bridge 12:45                      Billiards 1:00                      Chair Yoga 5:30                      Yogilates 6:45                      500 Cards 6:30</p>	<p><b>4</b></p> <p>Yoga 9:45/11:00                      Cribbage 10:00                      Woodcarvers 10:00                      British History 1:00                      Dominos 1:00                      Line Dance 1:00/2:00                      Billiards 3:15                      Duplicate Bridge 6:00                      Tai Chi 6:00</p>	<p><b>5</b></p> <p>Exercise 9:00                      Happy Feet 9:00                      HOME Office Hours 10:00                      Blood Pressure 9:30                      Bird Club 10:00                      Computer Club 10:00                      Billiards 1:00                      Oil Painting Drop In 1:00</p>
<p><b>8</b></p> <p>Art Drop In 9:00                      Exercise 9:00                      Ham Radio 10:00                      Tonka Tale Tellers 10:00                      Garden Club 1:00                      Hand, Foot, &amp; Toe 1:00                      Billiards 1:00</p>	<p><b>9</b></p> <p>Yoga 9:45/11:00                      Advisory Board 10:00                      500 Cards 10:00                      Bingo 12:40                      Senior Outreach 1:00                      Strength and Mobility 1:00                      Tale Spinners 1:00                      Billiards 2:15</p>	<p><b>10</b></p> <p>Exercise 9:00                      Blood Pressure 9:30                      Mahjongg 10:00                      Chorale 10:15                      A.A./Al-Anon 10:30                      History: 1918 Spanish Flu 10:30                      Social Bridge 12:45                      Billiards 1:00                      Chair Yoga 5:30                      Yogilates 6:45                      500 Cards 6:30</p>	<p><b>11</b></p> <p>Yoga 9:45/11:00                      Caregiver Conversations 10:00                      Cribbage 10:00                      Woodcarvers 10:00                      British History 1:00                      Bunco 1:00                      Line Dance 1:00/2:00                      Billiards 3:15                      Duplicate Bridge 6:00                      Tai Chi 6:00</p>	<p><b>12</b></p> <p>Crafting for a Cause 9:00                      Exercise 9:00                      Happy Feet 9:00                      HOME Office Hours 10:00                      Computer Club 10:00                      Bean Bags 10:15                      Billiards 1:00                      Oil Painting Drop In 1:00</p>
<p><b>15</b></p> <p><i>Closed for the Holiday</i></p>	<p><b>16</b></p> <p>Yoga 9:45/11:00                      Memory Café 10:00                      Poker 10:00                      Shutterbugs 10:00                      Bingo 12:40                      Strength and Mobility 1:00                      Tale Spinners 1:00                      Billiards 2:15</p>	<p><b>17</b></p> <p>Exercise 9:00                      Mahjongg 10:00                      Chorale 10:15                      A.A./Al-Anon 10:30                      Sips and Songs 10:30                      Social Bridge 12:45                      Billiards 1:00                      Chair Yoga 5:30                      Yogilates 6:45                      500 Cards 6:30</p>	<p><b>18</b></p> <p>Defensive Driving 9:00                      Yoga 9:45/11:00                      Cribbage 10:00                      Woodcarvers 10:00                      Book Club 1:00                      British History 1:00                      Dominos 1:00                      Line Dance 1:00/2:00                      Billiards 3:15                      Duplicate Bridge 6:00                      Tai Chi 6:00</p>	<p><b>19</b></p> <p>Exercise 9:00                      Happy Feet 9:00                      HOME Office Hours 10:00                      Tax Review 10:30                      Blood Pressure 9:30                      Computer Club 10:00                      Billiards 1:00                      Oil Painting Drop In 1:00</p>
<p><b>22</b></p> <p>Pilates 8:30                      Art Drop In 9:00                      Exercise 9:00                      Tai Chi Chih 10:00/11:30                      Hand Only CPR 10:15                      Hand, Foot, &amp; Toe 1:00                      Billiards 1:00</p>	<p><b>23</b></p> <p>Yoga 9:45/11:00                      Fearless Aging 10:00                      Poker 10:00                      Shared Stories 10:00                      500 Cards 10:00                      Bingo 12:40                      Senior Outreach 1:00                      Strength and Mobility 1:00                      Tale Spinners 1:00                      Billiards 2:15                      Bucket List Book Club 7:15</p>	<p><b>24</b></p> <p>Exercise 9:00                      Mahjongg 10:00                      Chorale 10:15                      A.A./Al-Anon 10:30                      History: Leatherstocking 10:30                      Social Bridge 12:45                      Tai Chi Chih 1:00                      Tai Chi Chih: Open Practice 2:15                      Billiards 3:30                      Chair Yoga 5:30                      Yogilates 6:45                      500 Cards 6:30</p>	<p><b>25</b></p> <p>Yoga 9:45/11:00                      Cribbage 10:00                      Woodcarvers 10:00                      British History 1:00                      Bunco 1:00                      Line Dance 1:00/2:00                      Billiards 3:15                      Duplicate Bridge 6:00                      Tai Chi 6:00</p>	<p><b>26</b></p> <p>Exercise 9:00                      Happy Feet 9:00                      HOME Office Hours 10:00                      Computer Club 10:00                      Lunch and a Movie 12:00                      Billiards 1:00                      Oil Painting Drop In 1:00</p>
<p><b>29</b></p> <p>Pilates 8:30                      Art Drop In 9:00                      Exercise 9:00                      Tai Chi Chih 10:00/11:30                      Community Connections: Strength and Balance 10:15                      Billiards 1:00</p>	<p><b>30</b></p> <p>Yoga 9:45/11:00                      Shared Stories 10:00                      Bingo 12:40                      Billiards 1:00                      Strength and Mobility 1:00                      Tale Spinners 1:00                      Billiards 2:15                      Defensive Driving 5:30</p>	<p><b>31</b></p> <p>Exercise 9:00                      Mahjongg 10:00                      Chorale 10:15                      A.A./Al-Anon 10:30                      Social Bridge 12:45                      Tai Chi Chih 1:00                      Tai Chi Chih: Open Practice 2:15                      Billiards 3:30                      Chair Yoga 5:30                      Yogilates 6:45                      500 Cards 6:30</p>	 <p><b>CITY OF MINNETONKA</b> SENIOR SERVICES</p>	

Group	Meeting day	Information
<b>Advisory Board</b>	2 <sup>nd</sup> Tuesday at 10 a.m.	
<b>AA/Al-Anon</b>	Wednesdays at 10:30 a.m.	All ages welcome. New members welcome.
<b>Art Drop In</b>	Mondays from 9 a.m. to Noon	Informal, drop in and create!
<b>Billiards</b>	Every afternoon - time varies	See calendar page for times.
<b>Bingo</b>	Tuesdays at 12:40 p.m.	Join the fun!
<b>Bird Club</b>	1 <sup>st</sup> Friday of the month at 10 a.m.	<i>Backyard Birds, Blooms and Bugs</i> Sher Curry, Nature Photographer
<b>Book Club</b>	3 <sup>rd</sup> Thursday of the month at 1 p.m.	<i>The Art Forger</i> by B.A. Shapiro
<b>Bucket List Book Club</b>	4 <sup>th</sup> Tuesday at 7:15 p.m.	<i>The House of Mirth</i> by Edith Wharton
<b>Bulls &amp; Bears Investment Club</b>	1st & 3rd Monday of the month at 1 p.m.	Learn about investing!
<b>Social Bridge</b>	Wednesdays at 12:45 p.m.	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> place and grand slam prizes awarded.
<b>Bunco</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays at 1 p.m.	Don't know how to play? They will teach you.
<b>Caregiver Conversations</b>	2 <sup>nd</sup> Thursday at 10 a.m.	New members welcome!
<b>Chorale</b>	Wednesdays at 10 a.m.	New members welcome!
<b>Computer Club</b>	Fridays at 10 a.m. Website: <a href="http://mscig.wordpress.com">mscig.wordpress.com</a>	This group examines topics of interest. Experience ranges from beginner to expert.
<b>Crafting for a Cause</b>	2 <sup>nd</sup> Friday at 9 a.m.	New members welcome!
<b>Cribbage</b>	Thursdays at 10 a.m.	Bring cribbage board and a deck of cards.
<b>Dominos</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Thursdays at 1 p.m.	New members welcome!
<b>Duplicate Bridge</b>	Thursdays at 6 p.m.	Partners needed.
<b>500 Card Club</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday at 10 a.m.	Wednesdays at 6:30 p.m.
<b>Garden Club</b>	2 <sup>nd</sup> Monday at 1 p.m.	Welcome!
<b>Genealogy Club</b>	1 <sup>st</sup> Thursday at 10 a.m.	New members welcome!
<b>Ham Radio</b>	2 <sup>nd</sup> Monday at 10 a.m.	New members welcome!
<b>Hand, Foot, &amp; Toe</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Monday 1 p.m.	We'll teach you how to play!
<b>Mahjonn</b>	Wednesdays at 10 a.m.	New members welcome!
<b>Oil Painting Drop In</b>	Fridays at 1 p.m.	New members welcome!
<b>Pickleball Open Play</b>	Tuesdays and Wednesdays, 7:30-10 a.m. Thursdays and Fridays, 7:30-9:30 a.m.	<i>Williston Fitness Center: 14509 Williston Dr.</i> League Play: Wednesdays, 1-4 p.m.
<b>Poker</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday at 10 a.m.	Join us for a good game of poker.
<b>Rummikub</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Monday at 1 p.m.	We'll teach you how to play!
<b>Shutterbugs</b>	3 <sup>rd</sup> Tuesday at 10 a.m.	New members welcome!
<b>Tonka Tale Tellers</b>	2 <sup>nd</sup> Monday at 10 a.m.	Tells tales at elementary schools.
<b>Tale Spinners</b>	Tuesdays at 1 p.m.	Story writing group. New members welcome!
<b>Woodcarvers</b>	Thursdays at 10 a.m.	Group members share ideas and work independently.