Senior Calendar		October Calendar		2018
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Men's Discussion Group8:30Pilates8:30Art Drop In9:00Exercise9:00Tai Chi Chih10:00/11:30Zumba12:45Beginning Bridge1:00Bulls and Bears1:00Medicare Counseling1:00Rummikub1:00Billiards2:00	Day Trip: Barn Quilt Tour8:45Defensive Driving9:00Yoga9:45/11:00Poker10:00Dementia Friends12:00Bingo12:40Tale Spinners1:00Memory Cafe1:30Strength and Mobility1:30Billiards2:45	Exercise9:00Mahjongg Class10:00Mahjongg Drop In10:00Chorale10:15Hands-Only CPR10:15A.A./Al-Anon10:30Estate/Long Term Care Planning 10:30Social Bridge12:45Tai Chi Chih1:00Tai Chi Chih1:00Tai Chi Chih3:30Chair Yoga5:30500 Cards6:30Yogilates6:45	Yoga9:45/11:00Cribbage10:00Genealogy10:00Woodcarvers10:00British History1:00Dominos1:00Line Dance1:00/2:00Billiards3:15Duplicate Bridge6:00	Exercise9:00Happy Feet9:00Blood Pressure9:30Computer Club10:00Bird Club10:30Captioned Telephone10:30Billiards1:00Oil Painting Drop In1:00
8	9	10	11	12
Men's Discussion Group8:30Pilates8:30Art Drop In9:00Exercise9:00Ham Radio10:00iPhones & iPads10:00Tai Chi Chih10:00/11:30Zumba12:45Android Devices1:00Beginning Bridge1:00Garden Club1:00Hand, Foot, & Toe1:00Billiards2:00	Yoga9:45/11:00500 Cards10:00Advisory Board10:00Bingo12:40Senior Outreach1:00Tale Spinners1:00Strength and Mobility1:30Billiards2:45City Open House5:00	Day Trip: Eagle Center8:00Exercise9:00Blood Pressure9:30Mahjongg Class10:00Mahjongg Drop In10:00Chorale10:15A.A./Al-Anon10:30WWI: The Naval & Air War10:30Social Bridge12:45Tai Chi Chih1:00Tai Chi Chih Open Practice2:15Billiards3:30Chair Yoga5:30500 Cards6:30Yogilates6:45	Yoga9:45/11:00Caregiver Conversations10:00Cribbage10:00Woodcarvers10:00British History1:00Bunco1:00Line Dance1:00/2:00Traveling Naturalist:Crows vs OwlsCrows vs Owls2:00Billiards3:15Duplicate Bridge6:00	Crafting for a Cause9:00Exercise9:00Happy Feet9:00Computer Club10:00Wellness Series10:30Billiards1:00Oil Painting Drop In1:00Community Dance: EisenhowerCommunity Center7:00Book Drop-Off9 a.m 3 p.m.
15	16	17	18	19
Men's Discussion Group8:30Pilates8:30Art Drop In9:00Exercise9:00Fun with Watercolor10:00Tai Chi Chih10:00/11:30Zumba12:45Beginning Bridge1:00Bulls and Bears1:00Medicare Counseling1:00Billiards2:00Medicare Counseling6:00Book Drop-Off9 a.m 3 p.m.	Yoga9:45/11:00Memory Cafe10:00Poker10:00Shutterbugs10:00Bingo12:40Tale Spinners1:00Strength and Mobility1:30Billiards2:45Book and Pie Sale11 a.m 4 p.m.	Mahjongg Class10:00Mahjongg Drop In10:00Chorale10:15A.A./Al-Anon10:30Social Bridge12:45Tai Chi Chih1:00Watercolor: Floral Portrait1:00Tai Chi Chih Open Practice2:15Billiards3:30Chair Yoga5:30500 Cards6:30Yogilates6:45	Yoga 9:45/11:00 Cribbage 10:00 Woodcarvers 10:00 Book Club 1:00 British History 1:00 Dominos 1:00 Line Dance 1:00/2:00 Billiards 3:15 Duplicate Bridge 6:00	Exercise9:00Happy Feet9:00Blood Pressure9:30Computer Club10:00Lunch and a Movie12:00Billiards1:00Oil Painting Drop In1:00
22	23	24	25	26
Men's Discussion Group8:30Pilates8:30Art Drop In9:00Exercise9:00Fun with Watercolor10:00Tai Chi Chih10:00/11:30Hands-Only CPR10:15Zumba12:45Beginning Bridge1:00Hand, Foot, & Toe1:00Medicare Counseling1:00Billiards2:00	Computer Basics9:00Yoga9:45/11:00500 Cards10:00Presidents Who Died in Office10:00Bingo12:40Senior Outreach1:00Tale Spinners1:00Cell Phone Help1:30Strength and Mobility1:30Billiards2:45	Exercise9:00Mahjongg Class10:00Mahjongg Drop In10:00Chorale10:15A.A./Al-Anon10:30WWI: The Eastern Front10:30Social Bridge12:45Tai Chi Chih1:00Tai Chi Chih Open Practice2:15Billiards3:30Chair Yoga5:30Defensive Driving5:30500 Cards6:30Yogilates6:45	Yoga 9:45/11:00 Cribbage 10:00 Woodcarvers 10:00 Bunco 1:00 British History 1:00 Line Dance 1:00/2:00 Billiards 3:15 Duplicate Bridge 6:00	Exercise9:00Happy Feet9:00Day Trip: Bells & Whistles9:45Computer Club10:00Billiards1:00Bucket List Book Club1:00Oil Painting Drop In1:00
29	30	31		•
Men's Discussion Group8:30Pilates8:30Art Drop In9:00Exercise9:00Fun with Watercolor10:00Tai Chi Chih10:00/11:30Community Connections:Rescue Dogs10:15Zumba12:45Beginning Bridge1:00Medicare Counseling1:00Billiards2:00Astronomy6:00	Computer Basics9:00Travel Showcase10:00Monthly Party12:00Bingo12:40Tale Spinners1:00Strength and Mobility1:30Billiards2:45	Exercise9:00Mahjongg Class10:00Mahjongg Drop-In10:00Chorale10:15A.A./Al-Anon10:30Social Bridge12:45Tai Chi Chih1:00Tai Chi Chih Open Practice2:15Billiards3:30500 Cards6:30		CITY OF NNETONKA SNIOR SERVICES

Programs and services for those 55+

Special Interest Groups

Interest Groups

Interest groups are coordinated and led by seniors in the community. All groups meet at the Minnetonka Community Center, unless noted otherwise. There are more than 30 different interest groups.

Advisory Board

2nd Tuesday, 10 a.m.

Advises and recommends goals, policies and objectives to Minnetonka Senior Services and Minnetonka City Council.

AA/Al-Anon

Wednesdays, 10:30 a.m.

AA supports those who may have alcohol addiction. Al-Anon supports friends and family members of those with alcohol addiction. All ages welcome.

Art Drop In

Mondays, 9 a.m.-noon Informal drop in and

create! This group welcomes artists of all abilities. Participants socialize while working independently. New members welcome!

Billiards

Every afternoon, time varies

All abilities are welcome! Pool cues provided or bring your own.

Times vary, please refer to Minnetonka Senior Services calendar.

Bingo

Tuesdays, 12:40 p.m.

Enjoy a fun game of Bingo with a friendly social group!

Cards are a nickel each per game. Socialize and meet some new people!

Bird Club

1st Friday, 10:30 a.m.

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Meet once a month Sept. -May and enjoy a variety of bird topics throughout the



13 29 38 51

4 20 32 🛑 65

7 19 🔵 55 70

10 🔴 34 46 72

year. Cost is \$20/calendar year for this group. This month: Dan Tallman, Costa Rica birds and dragonfiles.

Book Club

3rd Thursday, 1 p.m.

Each month we read a new book and discuss. This month: Everything You Want Me To Be by Mindy Mejia.

Bucket List Book Club

4th Friday, 1 p.m.

Check books off your bucket list! Each month we read a new book and discuss. This month: Watership Down by Richard Adams.

Bulls and Bears Investment Club 1st & 3rd Mondays, 1 p.m.

Do you know the difference between bull and bear markets? Study different investment trends and learn how to navigate the markets.

Social Bridge

Wednesdays, 12:45 p.m.

1st, 2nd and 3rd place

prizes are awarded. No partners are needed and new members are always welcome. Join in the fun as your schedule allows.

Bunco

2nd & 4th Thursdays, 1 p.m. Drop in and play the

fun game of bunco. No experience? No problem! We'll teach

you.



Caregiver Conversations

2nd Thursday, 10 a.m.

Explore the challenges, rewards and resources in navigating the care giving journey.

Chorale



Wednesdays, 10:15 a.m.

Do you love to sing? No auditions are required. The Chorale sings in a 4 part harmony and performs throughout the year. The Chorale is an ensemble of the Music Association of Minnetonka.

Computer Club Fridays, 10 a.m.







Join this social group as we discuss trends and learn new skills. Visit mscig.wordpress.com to learn more!

Crafting for a Cause

2nd Friday, 9 a.m. Craft items for local nonprofit! New members are always welcome.

Cribbage

Thursdays, 10 a.m. Come join us! Bring cribbage board and a deck of cards.

1st & 3rd Thursdays, 1 p.m. Come join us! Never played? We'll teach you.



Dominos



Register for fall/winter programs

Registration is open for programs running now through December.

Registration Options:

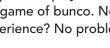




In person 8 a.m.-4:30 p.m.

The Senior Script highlights upcoming monthly programs. Refer to the Recreation Services brochure for a complete listing of senior services offerings. The brochure can be picked up at the community center, viewed online or mailed to your home.











eminnetonka.com

Special Interest Groups

Mahjongg Wednesdays, 10 a.m.

Join in the fun with fellow

players of mahjongg. Please bring your own set.

Men's Discussion Group Mondays, 8:30 a.m.

Join us for coffee and conversations in this new weekly men's discussion

group. Meet and connect with new people while discussing a variety of informal topics.

Oil Painting Drop In Fridays, 1 p.m.

artists of all abilities as well as other painting

independently but will help and critique one another when requested. Socialize in a relaxed atmosphere while honing your craft.

Pickleball Open Play

Outdoor at Meadow Park

M-F 7:30–11 a.m.

M, W, F 4 p.m.–dusk S

9 a.m.-noon

(weather dependent). Drop in play only. Located at 2725 Oakland Rd.

Indoor at Williston Fitness Center

Open Play	Tu, W	6–10 a.m.
	Th, F	6–9:30 a.m.
	Sa	6–8:30 a.m.,1–3 p.m.
League Play	W	1–4 p.m.

Early Oct. through Mid-April (weather dependent). Limited racquets and balls are available. Members are free. Nonmembers \$5 per day.

Poker

1st & 3rd Tuesday, 10 a.m. Join us for a good

game of poker! Play a variety of games.

Rummikub

1st & 3rd Monday, 1 p.m. Combing elements

from rummy and mahjong, join us for a game! We'll teach you how to play!

Shutterbugs

3rd Tuesday, 10 a.m. This group focuses on a different topic each



month and is open for the novice photographer and professionals. Photos taken by members that are Minnetonka residents can be purchased at The Landing Shop.

Tale Spinners Tuesdays, 1 p.m.

This is a casual group

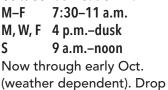


of writers who work together to improve their skills, provide motivation and ideas, critique and offer feedback; all to achieve individual writing goals. Whether you are a poet, short story writer, essayist, novelist, or recording family anecdote and histories; please come by and bring your words to life!

Woodcarvers

Thursdays, 10 a.m.

Socialize, share ideas and work independently. All abilities are welcome, including beginners! The first Thursday of the month is show and tell. Come join the fun!









October 2018





Duplicate Bridge Thursdays, 6 p.m.

Partners are needed for

this group and new members welcome. If you need help finding a partner, we can assist you! Play as your schedule allows.

500 Card Club

2nd & 4th Tuesdays, 10 a.m. Wednesdays, 6:30 p.m.

Join in the fun, new members are always welcome!

Garden Club

2nd Monday, 1 p.m.

Do you love to garden? Join us for monthly gardening topics and field trips. Each month is a new topic, look at the Script and calendar pages for titles.

Genealogy Club

1st Thursday, 10 a.m. Exciting topics each

month. Speakers present throughout the year. Join fellow enthusiasts at any point of your genealogical journey.

Ham Radio

2nd Monday, 10 a.m.

Join us for some amateur radio discussion, share of knowledge and practice.

Hand, Foot, and Toe

2nd and 4th Monday, 1 p.m. Learn a new game, we'll teach you how to play!

mediums you may use. Participants work

This group welcomes

