

## VETERANS MONTH PROGRAMMING

To honor those who served, it is our pleasure to offer the following five programs **FREE** to veterans and their spouses. (Listed fee applies to all other registrants.)



### The Grand Review

The celebratory Grand Review pulled the United States out of a state of mourning for President Abraham Lincoln and into a time of celebration.

Day	Date	Time	Cost	Course
W	Nov. 6	10:30-11:30 a.m.	\$4	1180410-01

### Exploring Veterans Benefits

We'll discuss benefits available to veterans and their families including health care, assistance in paying for home care and assisted living, nursing home benefits, surviving spouse benefits, as well as income and property tax benefits.

Day	Date	Time	Cost	Course
F	Nov. 8	10:30-11:30 a.m.	\$2	1180404-01

### JFK Assassination: The Mystery & Legend

Where were you on that fateful November day? After more than fifty years, this tragedy still sparks emotion and controversy. Join us for a balanced discussion of one of the pivotal events of the 20th century.

Day	Date	Time	Cost	Course
Th	Nov. 14	10-11 a.m.	\$4	1180409-01

### Lunch & Movie: A Dog's Journey

A dog finds meaning on an epic journey filled with love, friendship and devotion. **Register by Nov. 12. Sponsored by RidgePointe of Minnetonka.**

Meal: Roast beef, mashed potatoes, gravy, carrots and dessert.

Day	Date	Time	Cost	Course
F	Nov. 15	Noon	\$6	1100203-01

### Traveling Naturalist: WWII on Alaskan Soil

Learn how soldiers, ancient villages, wildlife and wild land were impacted during World War II.

Day	Date	Time	Cost	Course
F	Nov. 22	10:30-11:30 a.m.	\$4	1100303-02



## EVENTS

### Monthly Party: Thanksgiving

Join your friends for a wonderful Thanksgiving meal.  
**Register by Nov. 15. Sponsored by Joyful Companions.**

Meal: Turkey, stuffing, mashed potatoes, corn, cranberries and dessert.

Day	Date	Time	Cost	Course
Th	Nov. 21	Noon	\$7	1100106-01

## DAY TRIPS

### A Grand Christmas

Experience the sights, sounds and tastes of a Victorian Christmas at the Alexander Ramsey House. Then, enjoy lunch at Tavern on Grand followed by a tour of the James J. Hill House. **Register by Nov. 8.**

Day	Date	Time	Cost	Course
W	Dec. 11	9:15 a.m.–3:45 p.m.	\$74	1110105-01

### Duluth Christmas

Enjoy lunch at Blackwoods Restaurant in Duluth. Following lunch, explore the Glensheen Mansion, in full holiday splendor. We'll then travel through Bayfront Festival Park to experience the Bentleyville Tour of Lights. **Register by Nov. 15.**

Day	Date	Time	Cost	Course
Tu	Dec. 17	9:45 a.m.–9:30 p.m.	\$82	1110106-01

Check out upcoming excursions and day trip menus in the recreation brochure, available at the Community Center and online: [eminnetonka.com/recbrochure](http://eminnetonka.com/recbrochure)

## GENERAL PROGRAMS

### Dementia Friends

Attend a free class to learn about dementia and how to make a difference in the lives of people living with this disease.  
**Registration is required.**

Day	Date	Time	Cost	Course
Tu	Nov. 5	Noon–1:15 p.m.	Free	4180703-11

### Memory Café: Creating a Fairy Garden

A Memory Café is a welcoming place for people with cognitive impairment and their caregivers to socialize and share experiences. Join the Hennepin County Master Gardeners "Growing Connections" to create your own tiny land of enchantment in an indoor container. Registration is required for both the participant and the caregiver.

Day	Date	Time	Cost	Course
Tu	Nov. 5	1:30–3 p.m.	Free	1180701-07
Tu	Nov. 19	10–11:30 a.m.	Free	1180701-03

### Medical Disease Series with Dan Hartman

Learn about history's most impactful diseases.

#### Mumps & Rubella

Day	Date	Time	Cost	Course
W	Nov. 6	10:30 a.m.–12:30 p.m.	\$6	1180202-04

#### Whooping Cough & Scarlet Fever

Day	Date	Time	Cost	Course
W	Nov. 27	10:30 a.m.–12:30 p.m.	\$6	1180202-05

### British History: The Coal House Part II: The War Years

The Welsh coal mines powered the United Kingdom's war effort. Learn about the profits reaped at the expense of brave miners. Instructor: Terry Kubista.

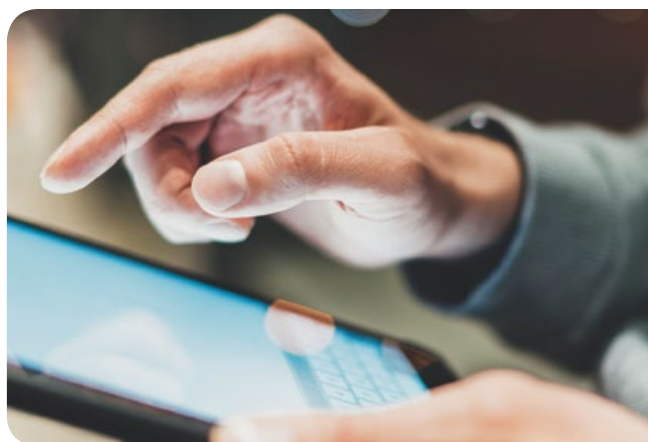
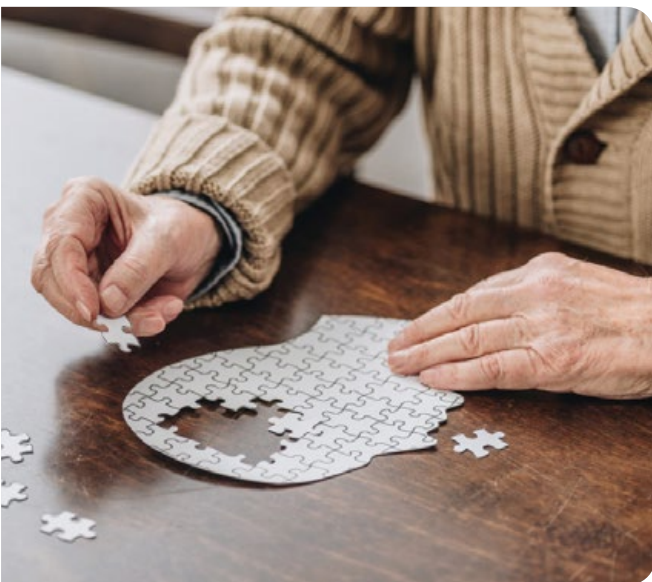
Day	Date	Time	Cost	Course
Th	Nov. 7–21	1–3 p.m.	\$21	1180101-03



## Memory Screenings

On National Memory Screening Day, Emerald Crest is offering free, confidential memory screenings, as well as follow-up resources and educational materials to those concerned about memory loss. By appointment only. Appointments last 15 minutes.

Day	Date	Time	Cost	Course
Tu	Nov. 12	9 a.m.-3 p.m.	Free	1180415 (01-22)



## Devices for the Advanced User

Take your tech skills to the next level. Topics include managing storage, iCloud, sharing photos and videos, limiting advertiser tracking and privacy. Bring your device and your questions. Instructor: Abbey Key.

### Android

Day	Date	Time	Cost	Course
W	Nov. 13	10 a.m.-noon	\$9	1180601-05

### Apple

Day	Date	Time	Cost	Course
W	Nov. 13	1-3 p.m.	\$9	1180601-06



## Fitness

For a complete listing and program descriptions, visit [eminnetonka.com/register](http://eminnetonka.com/register) or pick up a brochure at the community center.

## SERVICES



**Free Medicare Counseling:** Appointment needed. Call 800-333-2433.

**Free Social Worker Consultations:** Appointment needed. Call 952-939-8393.

**Free Blood Pressure Checks:** November 1, 13, 15 from 9:30-11:30 a.m. Walk-ins only.

**Foot Care Services:** Appointment needed. Call 763-560-5136. Every Friday, 9 a.m.-4 p.m.

For more information, call Minnetonka Senior Services at 952-939-8393



## Fun with Watercolor: Winter Colors

Capture the magic of winter landscapes using brilliant colors. Each class starts with a demo. Supply list provided at registration. Instructor: Vera Kovacovic

Day	Date	Time	Cost	Course
M	Nov. 18-Dec. 9	10 a.m.-noon	\$40	1130101-04

## Community Connections: Living with Dementia

Watch a short film, Senior Gems, about the impact of Alzheimer's and dementia.

Day	Date	Time	Cost	Course
M	Nov. 25	10:15 a.m.	Free	1180417-01



## PRESENTATIONS

### Home Safety during the Holidays

Learn how to keep your home safe from fire during the holidays. Class taught by the Minnetonka Fire Department.

Day	Date	Time	Cost	Course
W	Nov. 20	10:15 a.m.	Free	1180406-02

**Purchase items handcrafted by Minnetonka residents ages 55 and older.**



**11280 Wayzata Blvd. | 763-591-4868**

*between BLVD Restaurant & Dick's Sporting Goods*

#### Hours

Wednesday-Saturday, 10 a.m.-4 p.m.

Sundays, 11 a.m.-4 p.m.

## Registration required for all programs.\*



14600 Minnetonka Blvd.  
Minnetonka, MN 55345



[eminnetonka.com/register](http://eminnetonka.com/register)



952-939-8393

#### Office Hours

Monday-Friday  
8 a.m.-4:30 p.m.

#### Mission

To develop and promote programs and services in our community to meet the diverse needs of those 55 and older.

#### Program Locations

Meet at Minnetonka Senior Services at the Minnetonka Community Center, unless otherwise noted.

#### Program Cancellation

Participants wishing to withdraw from a program must do so at least one week prior to the start of the program or by the stated registration deadline.

#### Trip Cancellation

Refunds only granted prior to the registration deadline or in the event that a replacement is found.

\* Programs with low enrollment will be canceled.