

Winter/Spring registration opens Tuesday, Dec. 3 at 8 a.m.!



You can register in person at the Community Center, by calling 952-939-8393, or online at minnetonkamn.gov/register.



For more information, check out the Recreation Brochure available at the Minnetonka Community Center or online at minnetonkamn.gov/recbrochure.

EVENTS

Lunch & Movie: The Book of Henry

With instructions from her genius son's carefully crafted notebook, a single mom sets out to rescue the young girl next door. **Register by Dec. 10. Sponsored by Volunteers of America.**

Meal: Baked potato bar, salad & dessert

Day	Date	Time	Cost	Course
F	Dec. 13	Noon	\$6	1100204-01



Monthly Party: Holiday Gala

Get in the holiday spirit over a great meal with friends! **Register by Dec. 12. Sponsored by RidgePointe.**

Meal: Ham, scalloped potatoes, mixed veggies & dessert

Day	Date	Time	Cost	Course
W	Dec. 18	Noon	\$7	1100105-01

Set up your tax appointments beginning Jan. 2. Appointments are Mondays & Thursdays, Feb. 3-April 13.

- Renters can schedule appointments for February- April.
- Homeowners for March & April.



DAY TRIPS

The Church Basement Ladies in "The Looney Lutherans" at the Ames Center in Burnsville

Enjoy the music and comedy of the Looney Lutherans in "Livin' La Vida Lutheran: Looney Lifestyle Tips for Livelier Living." Segments include the Lutheran Food Wheel, the Menopause Medley, Lutheran Yoga, and Do-it-Yourself Beauty Tips. **Register by Dec. 20.**

Menu: Vegetable lasagna with sausage, garlic bread and soup & salad bar.

Day	Date	Time	Cost	Course
W	Jan. 22	10:45 a.m.-3:30 p.m.	\$72	1110107-01



Flower Show & Winter Carnival

Visit the Marjorie McNeely Conservatory and Greenhouse at the Como Conservatory. After strolling through the gardens, we'll enjoy lunch at the M St. Café, then hop back on the bus for a riding tour of St. Paul and a visit to St. Paul's Winter Carnival. **Register by Dec. 27.**

Menu: Sideboard buffet. Features hot entrees with side dishes, salad & soup.

Day	Date	Time	Cost	Course
M	Jan. 27	9:15 a.m.-3 p.m.	\$81	2110101-01



GENERAL PROGRAMS

Balance Screenings

Take action to reduce the risk of falls. Appointments are required for a 15-minute time block. Screenings provided by Live Your Life Physical Therapy

Day	Date	Time	Cost	Course
M	Dec. 2	10:30 a.m.-12:30 p.m.	Free	1180419 (06-12)



Dementia Friends

Attend this free class to learn more about dementia and how to make a difference in the lives of people living with this disease. **Registration required.**

Day	Date	Time	Cost	Course
Tu	Dec. 3	Noon-1:15 p.m.	Free	4180703-12

Memory Café: Winter Arrangements

A Memory Café is a welcoming place for people with cognitive impairment and their caregivers to socialize and share experiences. In this class, you'll create a lovely dried grass and flower arrangement in an outdoor container, perfect for your front step, patio or balcony. **Registration required.**

Day	Date	Time	Cost	Course
Tu	Dec. 3	1:30-3 p.m.	Free	1180701-08
Tu	Dec. 17	10-11:30 a.m.	Free	1180701-04



British History: Killer Queens

Did three British queens really call for the deaths of their rivals?
Instructor: Terry Kubista.

Day	Date	Time	Cost	Course
Th	Dec. 5-19	1-3 p.m.	\$21	1180101-04

Defensive Driving

Take a 4-hour refresher class through the Minnesota Highway Safety Center. To register, call the Minnesota Highway Safety Center at 1-888-234-1294, Monday-Friday, 8 a.m.-4 p.m., or register online at mnsafetycenter.org.

Day	Date	Time	Cost
Th	Dec. 5	9 a.m.-1 p.m.	\$22
Th	Dec. 19	9 a.m.-1 p.m.	\$22

FITNESS

Line Dance

Line dancing improves health, enriches memory, reduces stress and increases energy levels! Instructor: Kerry Maus.

Beginner

Day	Date	Time	Cost	Course
Th	Dec. 12-Jan. 9*	2-2:55 p.m.	\$36	1090602-04

Intermediate

Day	Date	Time	Cost	Course
Th	Dec. 12-Jan. 9*	1-1:55 p.m.	\$36	1090601-04

*No class Dec. 26.



Fitness

For a complete listing and program descriptions, visit eminnetonka.com/register or pick up a brochure at the community center.

SERVICES



Free Medicare Counseling: Appointment needed. Call 800-333-2433.

Free Social Worker Consultations: Appointment needed. Call 952-939-8393.

Free Blood Pressure Checks: Dec. 6, 11, and 20 from 9:30-11:30 a.m. Walk-ins only.

Foot Care Services: Appointment needed. Call 763-560-5136. Every Friday, 9 a.m.-4 p.m.

For more information, call Minnetonka Senior Services at 952-939-8393

Annual Fee Programs

Pay your one-time fee when you register for the following annual programs.

Starting Dec. 3



Bird Club

Date	Time	Cost	Course
1 st Friday of the month, Sept.-May	10:30 a.m.	\$20	4190502-05



Over 50 and Fit

Date	Time	Cost	Course
M, W, F, year-round	9 a.m.	\$12	4090702-05

Purchase items handcrafted by Minnetonka residents ages 55 and older.



11280 Wayzata Blvd. | 763-591-4868

between BLVD Restaurant & Dick's Sporting Goods

Holiday Hours Dec. 1-23

Monday-Saturday, 10 a.m. - 4 p.m.

Sunday, 11 a.m. - 4 p.m.

CLOSED: Dec. 24-25

Registration required for all programs.*



14600 Minnetonka Blvd.
Minnetonka, MN 55345



eminnetonka.com/register



952-939-8393

Office Hours

Monday-Friday
8 a.m.-4:30 p.m.

Mission

To develop and promote programs and services in our community to meet the diverse needs of those 55 and older.

Program Locations

Meet at Minnetonka Senior Services at the Minnetonka Community Center, unless otherwise noted.

Program Cancellation

Participants wishing to withdraw from a program must do so at least one week prior to the start of the program or by the stated registration deadline.

Trip Cancellation

Refunds only granted prior to the registration deadline or in the event that a replacement is found.

* Programs with low enrollment will be canceled.