

File Your Taxes!

We're filling up fast! For alternate locations, call AARP Tax-Aide at 1-888-227-7669. Appointments are Mondays & Thursdays, Feb. 3-April 13.



GENERAL PROGRAMS

Fun with Watercolor: Working with Reference Photos

Learn how to transform an ordinary reference photo into a successful painting. Each class starts with a demo. Instructor: Vera Kovacovic.

Day	Date	Time	Cost	Course
M	Feb. 3-March 9*	10 a.m.-noon	\$50	2130101-01

*No class Feb. 17.



EVENTS

Valentine's Party

Join us for a delicious Valentine's Day lunch and some good time with friends! **Register by Feb. 11. Sponsored by Cherrywood.**

Menu: Meatloaf, mashed potatoes, gravy, corn, bread roll and dessert.

Day	Date	Time	Cost	Course
F	Feb. 14	Noon	\$7	2100102-01

Lunch & Movie: Bohemian Rhapsody

As the lead singer for iconic band Queen, Freddie Mercury defied all norms and became one of history's most beloved entertainers. This Academy Award-winning film is a can't-miss musical celebration. **Register by Feb. 14. Sponsored by Cherrywood.**

Menu: Chicken breast, green beans, rice medley and dessert.

Day	Date	Time	Cost	Course
W	Feb. 19	Noon	\$6	2100202-01

Defensive Driving

This eight-hour road safety course is geared toward drivers 55 and over. You can also renew your certification through the four-hour refresher class listed below. Bring your driver's license. To register, call the Minnesota Highway Safety Center at 1-888-234-1294 or go online to mnsafetycenter.org.

8-Hour First-Time Class

Day	Date	Time	Cost
Tu	Feb. 18 & 25	5:30-9:30 p.m.	\$26

4-Hour Refresher Class

Day	Date	Time	Cost
M	Feb. 3	5:30-9:30 p.m.	\$22
Day	Date	Time	Cost
Tu	Feb. 11	9 a.m.-1 p.m.	\$22

Dementia Friends

Learn helpful communication strategies, everyday task tips and conversation hints to meaningfully engage with those living with dementia.

Day	Date	Time	Cost	Course
Tu	Feb. 4	Noon-1:15 p.m.	Free	4180704-01

Art History with Dan Hartman

Discover history's greatest artists:

Paul Cézanne

Day	Date	Time	Cost	Course
W	Feb. 5	10:30 a.m.-12:30 p.m.	\$6	2180203-01

Rembrandt

Day	Date	Time	Cost	Course
W	Feb. 19	10:30 a.m.-12:30 p.m.	\$6	2180204-01

British History: The First Windsors

We'll find out why, in 1917, King George V strategically changed the name of the British Royal Family to Windsor, masking its German origin.

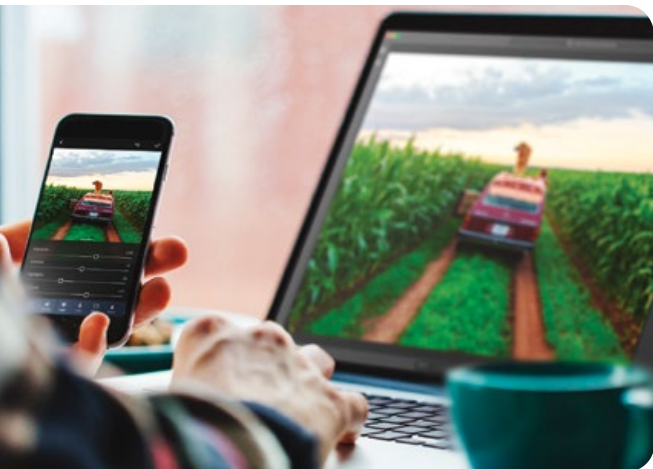
Day	Date	Time	Cost	Course
Th	Feb. 6-27	1-3 p.m.	\$28	2180101-02

Digital Photo Editing, Organizing and Sharing

Professionally crop, enhance, retouch and organize your photos using an online editing program. Basic computer skills and laptops are required for an optimal learning experience.

Windows users only. Instructor: Abbey Key.

Day	Date	Time	Cost	Course
M	Feb. 10	9:15 a.m.-12:15 p.m.	\$13	2180604-01



PRESENTATIONS

History of Minnetonka Series: Boats, Bikes, Trains and Streetcars

Learn about early modes of transportation in Minnetonka and how they helped shape our community. Presented by the Minnetonka Historical Society.

Day	Date	Time	Cost	Course
M	Feb. 3	10:30-11:30 a.m.	\$2	2180209-01

When is the Right Time to Downsize?

Wondering whether the equity in your home could be put to better use? We'll give you tips to know when to downsize. Presented by Dan and Mary Tillman, SRES.

Day	Date	Time	Cost	Course
Th	Feb. 6	10-11 a.m.	Free	2180402-01



Lincoln's Life & Legacy

Celebrate Abraham Lincoln's birthday by diving into his fascinating life.

Day	Date	Time	Cost	Course
W	Feb. 12	10:30-11:30 a.m.	\$4	2180403-01

Hands-Only CPR

Taught by a Minnetonka firefighter, hands-only CPR is easy to learn and a highly effective way to save a life.

Day	Date	Time	Cost	Course
Th	Feb. 20	10:15-11:30 a.m.	Free	2180401-02



Fitness

For a complete listing and program descriptions, visit minnetonkamn.gov/register or pick up a brochure at the community center.

FITNESS

Fall Prevention through Strengthening, Conditioning and Balance Training

This group class is individually tailored and taught by Live Your Life Physical Therapy. We begin by assessing your strength and balance and then develop the class based on those results and your requests.

Day	Date	Time	Cost	Course
Tu	Feb. 4-March 24	1:30-2:30 p.m.	\$112	2091301-01



Line Dance

Improve your health, enrich your memory, reduce stress and increase your energy levels with line dancing!

Beginner

Day	Date	Time	Cost	Course
Th	Feb. 13-March 12	2-2:55 p.m.	\$36	2090601-02

Intermediate

Day	Date	Time	Cost	Course
Th	Feb. 13-March 12	1-1:55 p.m.	\$36	2090602-02



SERVICES



Free Medicare Counseling: Appointment needed. Call 800-333-2433.

Free Social Worker Consultations: Appointment needed. Call 952-939-8393.

Free Blood Pressure Checks: February 7, 12 & 21 from 9:30-11:30 a.m. Walk-ins only.

Foot Care Services: Appointment needed. Call 763-560-5136. Every Friday, 9 a.m.-4 p.m.

For more information, call Minnetonka Senior Services at 952-939-8393

Introduction to Multiple Sclerosis

Physical therapist Megan Frost, an expert in treating patients with multiple sclerosis, will guide you through MS symptoms, management and treatment options. Megan will also demonstrate how it's possible to live well with this chronic disease.

Day	Date	Time	Cost	Course
Th	Feb. 27	10-11 a.m.	Free	2180416-01

Community Connections: Strength & Balance

Learn ways to improve your strength and balance and better your day-to-day living. Presented by Above and Beyond Senior Services.

Day	Date	Time	Cost	Course
M	Feb. 24	10:15 a.m.	Free	2180408-01

DAY TRIPS

Russian Art Museum & Murray's Steakhouse

Experience the Museum of Russian Art, showcasing Soviet-era art in South Minneapolis. After our tour, we'll enjoy a delicious meal at the famous Murray's Steakhouse before visiting St. Mary's Orthodox Cathedral in NE Minneapolis. **Sponsored by Orchards of Minnetonka. Register by Feb. 14.**

Menu: Boneless short ribs, mashed potatoes, gravy, green beans, garlic toast and chocolate mousse.

Day	Date	Time	Cost	Course
Th	March 19	9:30 a.m.-4 p.m.	\$82	2110103-01



Purchase items handcrafted by Minnetonka residents ages 55 and older.



11280 Wayzata Blvd. | 763-591-4868

between BLVD Restaurant & Dick's Sporting Goods

Hours

Wednesday-Saturday, 10 a.m.-4 p.m.
Sundays, 11 a.m.-4 p.m.

Registration required for all programs.*



14600 Minnetonka Blvd.
Minnetonka, MN 55345



minnetonkamn.gov/register



952-939-8393

Office Hours

Monday-Friday
8 a.m.-4:30 p.m.

Mission

To develop and promote programs and services in our community to meet the diverse needs of those 55 and older.

Program Locations

Meet at Minnetonka Senior Services at the Minnetonka Community Center, unless otherwise noted.

Program Cancellation

Participants wishing to withdraw from a program must do so at least one week prior to the start of the program or by the stated registration deadline.

Trip Cancellation

Refunds only granted prior to the registration deadline or in the event that a replacement is found.

* Programs with low enrollment will be canceled.