


Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Men's Discussion Group 8:30</p> <p>Therapeutic Pilates 8:30</p> <p>Art Drop In 9:00</p> <p>Exercise 9:00</p> <p>Fun With Watercolor 10:00</p> <p>T'ai Chi Chih 10:00</p> <p>Balance Screenings 10:30</p> <p>Bulls & Bears 1:00</p> <p>Medicare Counseling 1:00</p> <p>Hand, Foot, & Toe 1:00</p>	<p>3</p> <p>Yoga 9:45/11:00</p> <p>Poker 10:00</p> <p>Dementia Friends 12:00</p> <p>Bingo 12:40</p> <p>Tale Spinners 1:00</p> <p>Memory Café 1:30</p>	<p>4</p> <p>Exercise 9:00</p> <p>Mahjongg Drop In 10:00</p> <p>Chorale 10:15</p> <p>A.A./Al-Anon 10:30</p> <p>Social Bridge 12:45</p> <p>T'ai Chi Chih 1/2:30</p> <p>Chair Yoga 5:30</p> <p>500 Cards 6:30</p> <p>Yogilates 6:45</p>	<p>5</p> <p>Defensive Driving 9:00</p> <p>Yoga 9:45/11:00</p> <p>Cribbage 10:00</p> <p>Genealogy 10:00</p> <p>Woodcarvers 10:00</p> <p>British History 1:00</p> <p>Dominos 1:00</p> <p>Line Dance 1:00/2:00</p> <p>Duplicate Bridge 6:00</p>	<p>6</p> <p>Exercise 9:00</p> <p>Happy Feet 9:00</p> <p>Blood Pressure 9:30</p> <p>Computer Group 10:00</p> <p>Bird Club 10:30</p> <p>Art Drop In 1:00</p> <p>Full Moon Hike 5:30</p>
<p>9</p> <p>Men's Discussion Group 8:30</p> <p>Therapeutic Pilates 8:30</p> <p>Art Drop In 9:00</p> <p>Exercise 9:00</p> <p>Fun with Watercolor 10:00</p> <p>Ham Radio 10:00</p> <p>T'ai Chi Chih 10:00</p> <p>History of Minnetonka 10:30</p> <p>Garden Club 1:00</p> <p>Hand, Foot, & Toe 1:00</p>	<p>10 SUMMER REGISTRATION 8 a.m.!</p> <p>Yoga 9:45/11:00</p> <p>Advisory Board 10:00</p> <p>Open Play 10:00</p> <p>Bingo 12:40</p> <p>Senior Outreach 1:00</p> <p>Tale Spinners 1:00</p>	<p>11</p> <p>Exercise 9:00</p> <p>Blood Pressure 9:30</p> <p>Mahjongg Drop In 10:00</p> <p>Chorale 10:15</p> <p>A.A./Al-Anon 10:30</p> <p>Art History 10:30</p> <p>Winter Day Hike 11:00</p> <p>Social Bridge 12:45</p> <p>T'ai Chi Chih 1/2:30</p> <p>Chair Yoga 5:30</p> <p>500 Cards 6:30</p> <p>Yogilates 6:45</p>	<p>12</p> <p>Fun with Mandalas 9:00</p> <p>Yoga 9:45/11:00</p> <p>Caregiver Conversations 10:00</p> <p>Cribbage 10:00</p> <p>Woodcarvers 10:00</p> <p>Sips & Songs 10:30</p> <p>British History 1:00</p> <p>Bunco 1:00</p> <p>Line Dance 1:00/2:00</p> <p>Defensive Driving 5:30</p> <p>Duplicate Bridge 6:00</p>	<p>13</p> <p>Exercise 9:00</p> <p>Happy Feet 9:00</p> <p>Crafting for a Cause 9:00</p> <p>Computer Group 10:00</p> <p>Lunch & Movie 12:00</p> <p>Art Drop In 1:00</p>
<p>16</p> <p>Men's Discussion Group 8:30</p> <p>Therapeutic Pilates 8:30</p> <p>Art Drop In 9:00</p> <p>Exercise 9:00</p> <p>Fun With Watercolor 10:00</p> <p>T'ai Chi Chih 10:00</p> <p>Bulls & Bears 1:00</p> <p>Medicare Counseling 1/6:00</p> <p>ProPEL 1:30</p> <p>Hand, Foot, & Toe 1:00</p>	<p>17</p> <p>Yoga 9:45/11:00</p> <p>Memory Café 10:00</p> <p>Poker 10:00</p> <p>Shutterbugs 10:00</p> <p>Monthly Party 12:00</p> <p>Bingo 12:40</p> <p>Tale Spinners 1:00</p>	<p>18</p> <p>Exercise 9:00</p> <p>Mahjongg Drop In 10:00</p> <p>Chorale 10:15</p> <p>Hands Only CPR 10:15</p> <p>A.A./Al-Anon 10:30</p> <p>Social Bridge 12:45</p> <p>T'ai Chi Chih 1/2:30</p> <p>Chair Yoga 5:30</p> <p>500 Cards 6:30</p> <p>Yogilates 6:45</p>	<p>19</p> <p>Click & Conquer 9:00</p> <p>Day Trip: Russian Art 9:30</p> <p>Yoga 9:45/11:00</p> <p>Cribbage 10:00</p> <p>Woodcarvers 10:00</p> <p>Book Club 1:00</p> <p>British History 1:00</p> <p>Dominos 1:00</p> <p>Line Dance 1:00/2:00</p> <p>Duplicate Bridge 6:00</p>	<p>20</p> <p>Exercise 9:00</p> <p>Happy Feet 9:00</p> <p>Blood Pressure 9:30</p> <p>Computer Group 10:00</p> <p>Women's Discussion 10:00</p> <p>Art Drop In 1:00</p>
<p>23</p> <p>Men's Discussion Group 8:30</p> <p>Therapeutic Pilates 8:30</p> <p>Art Drop In 9:00</p> <p>Exercise 9:00</p> <p>Fun with Watercolor 10:00</p> <p>Hand, Foot, & Toe 1:00</p>	<p>24</p> <p>Yoga 9:45/11:00</p> <p>Open Play 10:00</p> <p>Bingo 12:40</p> <p>Senior Outreach 1:00</p> <p>Tale Spinners 1:00</p>	<p>25</p> <p>Exercise 9:00</p> <p>Hearing Screenings 10:00</p> <p>Mahjongg Drop In 10:00</p> <p>Chorale 10:15</p> <p>A.A./Al-Anon 10:30</p> <p>Art History 10:30</p> <p>Social Bridge 12:45</p> <p>T'ai Chi Chih 1/2:30</p> <p>Chair Yoga 5:30</p> <p>500 Cards 6:30</p> <p>Yogilates 6:45</p>	<p>26</p> <p>Yoga 9:45/11:00</p> <p>Cribbage 10:00</p> <p>Woodcarvers 10:00</p> <p>British History 1:00</p> <p>Bunco 1:00</p> <p>Line Dance 1:00/2:00</p> <p>Defensive Driving 5:30</p> <p>Duplicate Bridge 6:00</p>	<p>27</p> <p>Exercise 9:00</p> <p>Happy Feet 9:00</p> <p>Computer Group 10:00</p> <p>Traveling Naturalist 10:30</p> <p>Bucket List Book Club 1:00</p> <p>Art Drop In 1:00</p>
<p>30</p> <p>Men's Discussion Group 8:30</p> <p>Therapeutic Pilates 8:30</p> <p>Art Drop In 9:00</p> <p>Exercise 9:00</p> <p>Fun with Watercolor 10:00</p> <p>T'ai Chi Chih 10:00</p> <p>Community Connections: Essential Oils 10:15</p>	<p>31</p> <p>Yoga 9:45/11:00</p> <p>Bingo 12:40</p> <p>Tale Spinners 1:00</p> <p>Fall Prevention 1:30</p>	<div style="text-align: center;">  <p>CITY OF MINNETONKA SENIOR SERVICES</p> </div>		

Interest Groups

Interest groups are coordinated and led by seniors in the community. All groups meet at the Minnetonka Community Center, unless noted otherwise. There are more than 30 different interest groups.

Advisory Board

2nd Tuesday, 10 a.m.

Advises and recommends goals, policies and objectives to Minnetonka Senior Services and Minnetonka City Council.

A.A./Al-Anon

Wednesdays, 10:30 a.m.

AA supports those who may have alcohol addiction. Al-Anon supports friends and family members of those with alcohol addiction. All ages welcome.

Art Drop In

Mondays, 9 a.m.-noon

Fridays, 1-4 p.m.

Informal drop in and create! This group welcomes artists of all abilities. Participants socialize while working independently. New members welcome!



Bike Club

April- October with various start times

We'll see you in April!



Bingo

Tuesdays, 12:40 p.m.

Enjoy a fun game of Bingo with a friendly social group! Cards are a nickel each per game.



Bird Club

1st Friday, 10:30 a.m.

Meet once a month Sept. - May and enjoy a variety of bird topics throughout the year. Cost is \$20/year. This month's topic:



>> *American Kestrels* by Julian Sellers

Book Club

3rd Thursday, 1 p.m.

Each month we read a new book and discuss. This month's book: >> *Vox* by Christina Dalcher



Bucket List Book Club

4th Friday, 1 p.m.

Start to check off some of your bucket list books. Each month we read a new book and discuss. This month's book: >> *The Brief Wondrous Life of Oscar Wao* by Junot Diaz



Bulls and Bears Investment Club

1st & 3rd Mondays, 1 p.m.

Do you know the difference between bull and bear markets? Study different investment trends and learn how to navigate the markets.



Bunco

2nd & 4th Thursdays, 1 p.m.

Drop in and play the fun game of bunco. No experience? No problem! We'll teach you.



Caregiver Conversations

2nd Thursday, 10 a.m.

Explore the challenges, rewards and resources in navigating the care giving journey.

Chorale

Wednesdays, 10:15 a.m.

Do you love to sing? No auditions are required. The Chorale sings in a 4 part harmony and performs throughout the year. The Chorale is an ensemble of the Music Association of Minnetonka.



Computer Group

Fridays, 10 a.m.

Join this social group as we discuss trends and learn new skills. Visit mscig.wordpress.com to learn more!



Crafting for a Cause

2nd Friday, 9 a.m.

Craft items for local nonprofits! New members are always welcome.



Cribbage

Thursdays, 10 a.m.

Come join us! Bring a cribbage board and a deck of cards.



Dominos

1st & 3rd Thursdays, 1 p.m.

Never played? We'll teach you. Please join us



Summer Registration is March 10 at 8 a.m.!

Registration is for classes and programs that take place May-August.

Registration Options:



minnetonkamn.gov/register



952-939-8393



In person 8 a.m.-4:30 p.m.

The Senior Script highlights upcoming monthly programs. Refer to the Recreation Services brochure for a complete listing of senior services offerings. The brochure can be picked up at the community center, viewed online or mailed to your home.

Duplicate Bridge

Thursdays, 6 p.m.

Partners are needed for this group and new members welcome. If you need help finding a partner, we can assist you! Play as your schedule allows.



Garden Club

2nd Monday, 1 p.m.

Do you love to garden? Join us for monthly gardening topics and field trips.



Genealogy Club

1st Thursday, 10 a.m.

Exciting topics each month. Speakers present throughout the year. Join fellow enthusiasts at any point of your genealogical journey.



Ham Radio

2nd Monday, 10 a.m.

Join us for some amateur radio discussion, share of knowledge and practice.



Hand, Foot, and Toe

1st- 4th Monday, 1 p.m.

Players must have a basic knowledge of Hand & Foot- we'll teach the Toe!



Mahjongg

Wednesdays, 10 a.m.

Join in the fun with fellow players of mahjongg. Please bring your own set.



Men's Discussion Group

Mondays, 8:30 a.m.

Join us for coffee and conversations in this new weekly men's discussion group. Meet and connect with new people while discussing a variety of informal topics.



Open Play

2nd and 4th Tuesdays, 10 a.m.

Come play any game of your choice! Enjoy a game of 500, Scrabble, Canasta, or any small group games that you bring.

Pickleball Open Play

Indoor at Williston. For more information call: 952-939-8341. To join the email list, email Boris at Bgonikman@minnetonkamn.gov



Poker

1st & 3rd Tuesday, 10 a.m.

Join us for a good game of poker! Play a variety of games.



Shutterbugs

3rd Tuesday, 10 a.m.

This group focuses on a different topic each month and is open for the novice photographer and professionals. Photos taken by members that are Minnetonka residents can be purchased at The Landing Shop.



Social Bridge

Wednesdays, 12:45 p.m.

1st, 2nd and 3rd place prizes are awarded. No partners are needed and new members are always welcome. Join in the fun as your schedule allows.



Tale Spinners

Tuesdays, 1 p.m.

This is a casual group of writers who work together to improve their skills, provide motivation and ideas, critique and offer feedback; all to achieve individual writing goals. Whether you are a poet, short story writer, essayist, novelist, or recording family anecdote and histories; please come by and bring your words to life!



Women's Discussion Group

3rd Friday, 10 a.m.

Discuss different topics each month with other senior women.



Woodcarvers

Thursdays, 10 a.m.

Socialize, share ideas and work independently. All abilities are welcome, including beginners! The first Thursday of the month is show and tell. Come join the fun!



500 Card Club

Wednesdays, 6:30 p.m.

Join in the fun, new members are always welcome!





Bingo

Tuesdays, 12:40 p.m.

Enjoy a fun game of Bingo with a friendly social group! Cards are a nickel each per game.

Senior Services



Blood Pressure Screenings: 1st and 3rd Friday and 2nd Wednesday of the month, 9:30–11:30 a.m.

Foot Care Clinic: Fridays – for appointments and fees please call Happy Feet at 763-560-5136.

Household and Outside Maintenance for Elderly (H.O.M.E.): Get help with household chores. Call Senior Community Services at 952-746-4046 for more information.

Medicare Counseling: Discuss Medicare, supplemental insurance, Part D coverage, billing issues, resources and more. Call the Senior Linkage Line at 800-333-2433 for an appointment.

Senior Outreach: Housing, community resources, and one-on-one counseling. By appointment only on the second and fourth Tuesday of the month, 1–3 p.m. Please call 952-939-8393 for an appointment.

Transit Link: Transportation from your home to events. Call 651-602-5465 for fees and schedule.

To learn more, call Minnetonka Senior Services at 952.939.8393 or visit minnetonkamn.gov/seniorservices