Senior Calendar	March Calendar								2020
Monday		Tuesday		Wednesday		Thursday		Friday	
2 Men's Discussion Group Therapeutic Pilates Art Drop In Exercise Fun With Watercolor T'ai Chi Chih Balance Screenings Bulls & Bears Medicare Counseling Hand, Foot, & Toe	8:30 9:00 9:00 10:00		12:00 12:40 1:00	4 Exercise Mahjongg Drop In Chorale A.A./Al-Anon Social Bridge T'ai Chi Chih Chair Yoga 500 Cards Yogilates	10:00 10:15 10:30 12:45 1/2:30 5:30 6:30	5 Defensive Driving Yoga Cribbage Genealogy Woodcarvers British History Dominos Line Dance Duplicate Bridge	9:45/11:00 10:00 10:00 10:00 1:00	6 Exercise Happy Feet Blood Pressure Computer Group Bird Club Art Drop In Full Moon Hike	9:00 9:00 9:30 10:00 10:30 1:30 5:30
9 Men's Discussion Group Therapeutic Pilates Art Drop In Exercise Fun with Watercolor Ham Radio T'ai Chi Chih History of Minnetonka Garden Club Hand, Foot, & Toe	8:30 9:00 9:00 10:00 10:00	Yoga Advisory Board Open Play Bingo Senior Outreach Tale Spinners	9:45/11:00 10:00 10:00	, ,	9:30 10:00 10:15 10:30 10:30 11:00 12:45 1/2:30 5:30	Cribbage Woodcarvers Sips & Songs British History Bunco Line Dance Defensive Driving Duplicate Bridge	9:45/11:00 ations 10:00 10:00 10:00		9:00 9:00 9:00 10:00 12:00 1:00
16 Men's Discussion Group Therapeutic Pilates Art Drop In Exercise Fun With Watercolor T'ai Chi Chih Bulls & Bears Medicare Counseling ProPEL Hand, Foot, & Toe	8:30 9:00 9:00 10:00 10:00		10:00 10:00 12:00 12:40	18 Exercise Mahjongg Drop In Chorale Hands Only CPR A.A./AI-Anon Social Bridge T'ai Chi Chih Chair Yoga 500 Cards Yogilates	10:00 10:15 10:15 10:30 12:45 1/2:30 5:30 6:30	19 Click & Conquer Day Trip: Russian A Yoga Cribbage Woodcarvers Book Club British History Dominos Line Dance Duplicate Bridge	Art 9:30 9:45/11:00 10:00 10:00		9:00 9:00 9:30 10:00 10:00 1:00
23 Men's Discussion Group Therapeutic Pilates Art Drop In Exercise Fun with Watercolor Hand, Foot, & Toe	8:30 9:00 9:00	24 Yoga Open Play Bingo Senior Outreach Tale Spinners	12:40 1:00	25 Exercise Hearing Screenings Mahjongg Drop In Chorale A.A./Al-Anon Art History Social Bridge T'ai Chi Chih Chair Yoga 500 Cards Yogilates	10:00 10:00 10:15 10:30 10:30 12:45	26 Yoga Cribbage Woodcarvers British History Bunco Line Dance Defensive Driving Duplicate Bridge	10:00 1:00 1:00	Happy Feet Computer Group Traveling Naturalist Bucket List Book Club Art Drop In	9:00 9:00 10:00 10:30 1:00 1:00
30 Men's Discussion Group Therapeutic Pilates Art Drop In Exercise Fun with Watercolor T'ai Chi Chih Community Connections Essential Oils	8:30 9:00 9:00 10:00 10:00		9:45/11:00 12:40 1:00 1:30					o f ONKA ERVICES	

Special Interest Groups

Interest Groups

Interest groups are coordinated and led by seniors in the community. All groups meet at the Minnetonka Community Center, unless noted otherwise. There are more than 30 different interest groups.

Advisory Board

2nd Tuesday, 10 a.m.

Advises and recommends goals, policies and objectives to Minnetonka Senior Services and Minnetonka City Council.

A.A./Al-Anon

Wednesdays, 10:30 a.m.

AA supports those who may have alcohol addiction. Al-Anon supports friends and family members of those with alcohol addiction. All ages welcome.

Art Drop In

Mondays, 9 a.m.-noon Fridays, 1-4 p.m. Informal drop in



and create! This group welcomes artists of all abilities. Participants socialize while working independently. New members welcome!

Bike Club

April- October with various start times We'll see you in April!

Bingo

Tuesdays, 12:40 p.m.

Enjoy a fun game of Bingo with a friendly social group! Cards are a nickel each per game.

Bird Club

1st Friday, 10:30 a.m.

Meet once a month Sept. - May and enjoy a variety of bird topics throughout



BING

13 29 38 51

4 20 32 🔴 65

7 19 🔵 55 70

10 🔵 34 46 72

the year. Cost is \$20/year. This month's topic:

>> American Kestrels by Julian Sellers

Book Club

3rd Thursday, 1 p.m. Each month we read a new book and discuss. This month's book: >>Vox by Christina Dalcher

Bucket List Book Club

4th Friday, 1 p.m.

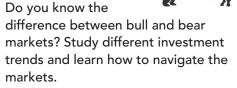
Start to check off some of your bucket list books. Each month we read a new book and discuss.

This month's book:

>> The Brief Wondrous Life of Oscar Wao by Junot Diaz

Bulls and Bears Investment Club

1st & 3rd Mondays, 1 p.m.



Bunco

2nd & 4th Thursdays, 1 p.m.

Drop in and play the fun game of bunco. No experience? No problem! We'll teach you.

Caregiver Conversations 2nd Thursday, 10 a.m.

Explore the challenges, rewards and resources in navigating the care giving journey.



Chorale

Wednesdays, 10:15 a.m. Do you love to sing? No auditions are



required. The Chorale sings in a 4 part harmony and performs throughout the year. The Chorale is an ensemble of the Music Association of Minnetonka.

Computer Group

Fridays, 10 a.m. Join this social group as we discuss trends and



learn new skills. Visit mscig.wordpress. com to learn more!

Crafting for a Cause

2nd Friday, 9 a.m. Craft items for local nonprofits! New members are always welcome.



Cribbage

Thursdays, 10 a.m. Come join us! Bring a cribbage board and a deck of cards.

Dominos

1st & 3rd Thursdays, 1 p.m. Never played? We'll teach you. Please join us





Summer Registration is March 10 at 8 a.m.!

Registration is for classes and programs that take place May-August.

Registration Options:

minnetonkamn.gov/register





The Senior Script highlights upcoming monthly programs. Refer to the Recreation Services brochure for a complete listing of senior services offerings. The brochure can be picked up at the community center, viewed online or mailed to your home.



Special Interest Groups

Duplicate Bridge

Thursdays, 6 p.m. Partners are needed for this group and new members welcome. If you need help finding a partner, we can assist you!

Play as your schedule allows.

Garden Club

2nd Monday, 1 p.m. Do you love to garden?

Join us for monthly

gardening topics and field trips.

Genealogy Club

1st Thursday, 10 a.m. Exciting topics each month. Speakers present throughout the year. Join

fellow enthusiasts at any point of your genealogical journey.

Ham Radio

2nd Monday, 10 a.m. Join us for some amateur radio discussion, share of knowledge and practice.

Hand, Foot, and Toe

1st- 4th Monday, 1 p.m. Players must have a basic knowledge of Hand & Foot- we'll teach the Toe!

Mahjongg

Wednesdays, 10 a.m. Join in the fun with fellow players of

mahjongg. Please bring your own set.

Men's Discussion Group Mondays, 8:30 a.m.

Join us for coffee and conversations in this new weekly men's discussion



group. Meet and connect with new people while discussing a variety of informal topics.

Open Play

2nd and 4th Tuesdays, 10 a.m.

Come play any game of your choice! Enjoy a game of 500, Scrabble, Canasta, or any small group games that you bring.

Pickleball Open Play

Indoor at Williston. For more information call: 952-939-8341. To join the email list, email Boris at Bgonikman@ minnetonkamn.gov

Poker

1st & 3rd Tuesday, 10 a.m. Join us for a good game of poker! Play a variety of games.

Shutterbugs

3rd Tuesday, 10 a.m. This group focuses on a different topic each month and is

open for the novice photographer and professionals. Photos taken by members that are Minnetonka residents can be purchased at The Landing Shop.

Social Bridge

Wednesdays, 12:45 p.m. 1st, 2nd and 3rd place prizes are awarded.

No partners are needed and new members are always welcome. Join in the fun as your schedule allows.

Tale Spinners

Tuesdays, 1 p.m.

This is a casual group of writers who work together to improve

their skills, provide motivation and ideas, critique and offer feedback; all to achieve individual writing goals. Whether you are a poet, short story writer, essayist, novelist, or recording family anecdote and histories; please come by and bring your words to life!

Women's Discussion Group

3rd Friday, 10 a.m. **Discuss different topics** each month with other senior women.



Woodcarvers Thursdays, 10 a.m.

Socialize, share ideas and work independently. All abilities are welcome, including beginners! The first Thursday of the month is show and tell. Come join the fun!



500 Card Club

Wednesdays, 6:30 p.m. Join in the fun, new members are always welcome!



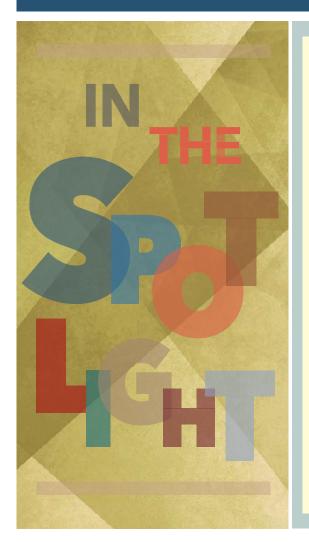








Services







Blood Pressure Screenings: 1st and 3rd Friday and 2nd Wednesday of the month, 9:30–11:30 a.m.

Foot Care Clinic: Fridays – for appointments and fees please call Happy Feet at 763-560-5136.

Household and Outside Maintenance for Elderly (H.O.M.E.): Get help with household chores. Call Senior Community Services at 952-746-4046 for more information.

Medicare Counseling: Discuss Medicare, supplemental insurance, Part D coverage, billing issues, resources and more. Call the Senior Linkage Line at 800-333-2433 for an appointment.

Senior Outreach: Housing, community resources, and one-on-one counseling. By appointment only on the second and fourth Tuesday of the month, 1–3 p.m. Please call 952-939-8393 for an appointment.

Transit Link: Transportation from your home to events. Call 651-602-5465 for fees and schedule. **To learn more, call Minnetonka Senior Services at 952.939.8393 or visit minnetonkamn.gov/seniorservices**