

SENIOR SCRIPT

Programs and services for those 55+

Fall registration starts
Tuesday, Aug. 17 at 8 a.m.!

Visit minnetonkamn.gov/recbrochure
to browse our great list of fall programs.



Al & Alma's

Enjoy lunch and a cruise on beautiful Lake Minnetonka! **Meet at Al and Alma's, 5201 Piper Road, Mound.** Although the boat is not ADA accessible, the crew will of course help you board the steps. Please note: Transportation to Al and Alma's is NOT provided.

Day	Date	Time	Cost	Course
M	Aug. 2	11:15 a.m.	\$20	3180402-03
M	Aug. 9	11:15 a.m.	\$20	3180402-04

Pork Chop Lunch

Drive through the Minnetonka Community Center parking lot to pick up a delicious pork chop lunch! Sponsored by Augustana Emerald Crest. **Register by Aug. 6.**

Meal: Pork chop, apple sauce, twice baked potato, broccoli and dessert.

Day	Date	Time	Cost	Course
W	Aug. 11	11 a.m.-noon	\$8	3100105-01



Classic Car Show & Live Music

Calling all classic car owners, blues lovers and root beer float aficionados! Join us at our Ice Arena B parking lot for a display of cool wheels and tunes, courtesy of the Detroit Don King Blues Band.

Want to show off your classic car in our show? Call us at 952-939-8393. Sponsored by Sunrise Senior Living.

Day	Date	Time	Cost	Course
F	Aug. 13	10:30-11:30 a.m.	\$4	3180422-01

Movie and Lunch To-Go: "Ford vs. Ferrari"

American automotive designer Carroll Shelby and fearless British race car driver Ken Miles battle corporate interference, the laws of physics and their own personal demons to build a revolutionary vehicle for the Ford Motor Co. Sponsored by Cherrywood Pointe.

Register by Aug. 18.

Menu: Teriyaki chicken sandwich, side salad, chips and dessert

Day	Date	Time	Cost	Course
M	Aug. 23	10:30 a.m.	\$8	3100204-01

Movies in the Park: The Goonies

Enjoy this classic film under the stars! Bring a blanket and your favorite movie treats. No registration required.

Day	Date	Time	Cost
F	Aug. 27	8 p.m.	Free

Location: Minnetonka Amphitheater, 14600 Minnetonka Blvd.

GENERAL PROGRAMS



Memory Café

A Memory Café is a welcoming place for people with dementia and their caregivers to socialize and share experiences. We look forward to seeing you. Newcomers welcome!

Day	Date	Time	Cost	Course
Tu	Aug. 10	1-2:30 p.m.	Free	3180701-09



One-on-One Electronics Workshop: Click & Conquer

Sign up for a private 30-minute session to ask questions about your laptop, iPhone, camera, iPad, iPod, Kindle or cell phone. Instructor: Abbey Key.

Day	Date	Time	Cost	Course
W	Aug. 4	9 a.m.-3:30 p.m.	\$15	3180601 (01-12)

British History: Royal Kingdoms, Part III

Trace the unique relationship between the British monarchy and the country it serves, from ancient kingdoms to the present day. Aug. 5: Cambridgeshire. Aug. 19: London. Instructor: Terry Kubista

Day	Date	Time	Cost	Course
Th	Aug. 5 & 19	1-3 p.m.	\$14	3180103-03

PRESENTATIONS

Traveling Naturalist: Wildlife Detectives

Learn how to observe, record and identify different animals, just like a wildlife biologist. Presented by Melonie Shipman. Sponsored by Orchards of Minnetonka.

Day	Date	Time	Cost	Course
Th	Aug. 19	10:30-11:30 a.m.	\$4	3181002-01



The Ranking of US Presidents: The Great, the Good and the Terrible

We'll discuss how U.S. Presidents are ranked based on academics, polls and public perception. Our focus will be on the top 10 and the bottom five. Come with your own presidential list and the criteria you used to rank them. Presented by: Phil Kibort.

Day	Date	Time	Cost	Course
F	Aug. 20	10:30-11:30 a.m.	Free	3180204-01

Ranked Choice Voting

Learn all about ranked choice voting from the city's elections team, who will prepare you to vote in Minnetonka's fall election.

Day	Date	Time	Cost	Course
W	Aug. 25	10:30-11:30 a.m.	Free	3180419-01

Travelogue: Iceland with the Piehs

Join Senior Services very own Steve Pieh and his wife, Barb, for an Iceland Travelogue. They'll discuss waterfalls, whale watching, lava flow, geysers and more!

Day	Date	Time	Cost	Course
Th	Aug. 26	1-2 p.m.	Free	3180415-01





Fitness

For a complete listing and program descriptions, visit minnetonkamn.gov/register.

FITNESS



Slow Flow Vinyasa Yoga

A relaxing yet invigorating style of yoga where participants hold poses for a few breaths, slow flow Vinyasa builds strength and flexibility, while relaxing the mind and nervous system. Instructor: Karen Murray

Day	Date	Time	Cost	Course
W	Aug. 4-25	6-7 p.m.	\$24	3091201-04

Line Dance

Line dancing improves health, enriches memory, reduces stress and increases energy levels! Instructor: Kerry Maus.

Beginner

Day	Date	Time	Cost	Course
Th	Aug. 5-26	2-2:55 p.m.	\$36	3090601-04

Intermediate

Day	Date	Time	Cost	Course
Th	Aug. 5-26	1-1:55 p.m.	\$36	3090602-04



SERVICES



Foot Care Clinic: Fridays at the Community Center. For appointments and fees, call Happy Feet at 763-560-5136.

H.O.M.E. (Household and Outside Maintenance for Elderly):

Call Senior Community Services at 952-746-4046 for more information.

Transit Link: Transportation from your home to events. Call 651-602-5465 for a schedule and fees.

Senior Outreach: Licensed social worker Sara Roberts is available through the Minnetonka nonprofit called Senior Community Services. Sara can help you find trusted and affordable resources for financial assistance, medical or legal issues, housing alternatives or other life changes. Please contact her directly at 612-868-6720 or s.roberts@seniorcommunity.org to set up an appointment.

For more information, call Minnetonka Senior Services at 952-939-8393

INTEREST GROUPS

Minnetonka Senior Services is glad to offer a wide range of interest groups coordinated and led by seniors in our community. All groups meet at the Minnetonka Community Center. While annual registration is required, most groups do not require a fee. To register, call us at 952-939-8393.



- 500 Evening
- Art Studio Monday
- Art Studio Friday
- Bingo
- Book Club
- Bucket List Book Club
- Bulls & Bears Investment Club
- Bunco
- Caregiver Conversations
- Chorale
- Computer Group
- Crafting for a Cause
- Cribbage
- Dominoes
- Duplicate Bridge
- Garden Club
- Genealogy



- Ham Radio
- Hand, Foot & Toe
- Mahjonn
- Men's Discussion Group
- Open Play Games & Cards



- Poker
- Shutterbugs
- Social Bridge
- Tale Spinners
- Woodcarvers



Registration required for all programs.*



14600 Minnetonka Blvd.
Minnetonka, MN 55345



minnetonkamn.gov/register



952-939-8393

Office Hours

Monday-Friday
8 a.m.-4:30 p.m.

Mission

To develop and promote programs and services in our community to meet the diverse needs of those 55 and older.

Program Locations

Meet at Minnetonka Senior Services at the Minnetonka Community Center, unless otherwise noted.

Program Cancellation

Participants wishing to withdraw from a program must do so at least one week prior to the start of the program or by the stated registration deadline.

Trip Cancellation

Refunds only granted prior to the registration deadline or in the event that a replacement is found.

* Programs with low enrollment will be canceled.