

Monday		Tuesday		Wednesday		Thursday		Friday	
2		3		4		5		6	
Art Studio	9:00	Defensive Driving	9:00	Click & Conquer	9:00	Chair Yoga	9:45	Open Play	8:00
Exercise	9:00	Chair Yoga	9:45	Exercise	9:00	Cribbage	10:00	Exercise	9:00
Men's Discussion	9:00	Fun with Watercolor	10:00	Mahjongg	10:00	Genealogy	10:00	Happy Feet	9:00
T'ai Chi Practice	10:00	Poker	10:00	AA/Al-Anon	10:30	Woodcarvers	10:00	Computer Group	10:00
Open Play	10:45	Intermediate Yoga	11:00	Social Bridge	12:45	Intermediate Yoga	11:00	T'ai Chi Chih Practice	10:00
Al & Alma's	11:15	Dementia Friends	12:45	Slow Flow	6:00	British History	1:00	Art Studio	1:00
Bulls & Bears	1:00	Bingo	12:00	500	6:30	Dominoes	1:00		
Hand, Foot, & Toe	1:00	Tale Spinners	1:00			Line Dance	1:00/2:00		
9		10		11		12		13	
Art Studio	9:00	Chair Yoga	9:45	Exercise	9:00	Chair Yoga	9:45	Exercise	9:00
Exercise	9:00	Advisory Board	10:00	Mahjongg	10:00	Caregiver Conversation	10:00	Crafting for a Cause	9:00
Men's Discussion	9:00	Fun with Watercolor	10:00	AA/Al-Anon	10:30	Cribbage	10:00	Happy Feet	9:00
Fun with Watercolor	10:00	Open Play	10:00	T'ai Chi Chih Workshop	10:45	Woodcarvers	10:00	Computer Group	10:00
Ham Radio	10:00	Intermediate Yoga	11:00	Monthly Meal To-Go	11:00	Intermediate Yoga	11:00	T'ai Chi Chih Practice	10:00
T'ai Chi Chih Practice	10:00	Bingo	12:45	Social Bridge	12:45	Bunco	1:00	Classic Car Show	10:30
Open Play	10:45	Memory Café	1:00	Slow Flow	6:00	Line Dance	1:00/2:00	Art Studio	1:00
Al & Alma's	11:15	Tale Spinners	1:00	500	6:30			Open Play	1:00
Garden Club	1:00								
Hand, Foot, & Toe	1:00								
16		17 FALL REGISTRATION 8 A.M.		18		19		20	
Art Studio	9:00			Exercise	9:00	Defensive Driving	9:00	Open Play	8:00
Exercise	9:00	Chair Yoga	9:45	Senior Outreach	9:00	Chair Yoga	9:45	Exercise	9:00
Men's Discussion	9:00	Fun with Watercolor	10:00	Mahjongg	10:00	Cribbage	10:00	Happy Feet	9:00
Fun with Watercolor	10:00	Poker	10:00	AA/Al-Anon	10:30	Woodcarvers	10:00	Computer Group	10:00
T'ai Chi Chih Practice	10:00	Shutterbugs	10:00	Social Bridge	12:45	Traveling Naturalist	10:30	T'ai Chi Chih Practice	10:00
Open Play	10:45	Intermediate Yoga	11:00	Slow Flow	6:00	Intermediate Yoga	11:00	Ranking of Presidents	10:30
Bulls & Bears	1:00	Bingo	12:45	500	6:30	British History	1:00	Art Studio	1:00
Hand, Foot, & Toe	1:00	Tale Spinners	1:00			Dominoes	1:00		
						Line Dance	1:00/2:00		
23		24		25		26		27	
Art Studio	9:00	Chair Yoga	9:45	Exercise	9:00	Chair Yoga	9:45	Open Play	8:00
Exercise	9:00	Open Play	10:00	Senior Outreach	9:00	Cribbage	10:00	Exercise	9:00
Men's Discussion	9:00	Intermediate Yoga	11:00	Mahjongg	10:00	Woodcarvers	10:00	Happy Feet	9:00
T'ai Chi Chih Practice	10:00	Bingo	12:45	AA/Al-Anon	10:30	Intermediate Yoga	11:00	Computer Group	10:00
Movie & Lunch	10:30	Tale Spinners	1:00	Ranked Choice Voting	10:30	Bunco	1:00	T'ai Chi Chih Practice	10:00
Open Play	10:45			T'ai Chi Chih Workshop	10:45	Line Dance	1:00/2:00	Art Studio	1:00
Hand, Foot, & Toe	1:00			Social Bridge	12:45	Iceland Travelogue	1:00		
				Slow Flow	6:00				
				500	6:30				
30		31						<u>Saturdays (8/7, 14, 21, 28):</u>	
Art Studio	9:00	Defensive Driving	9:00					Tranquil Yoga	9:00
Exercise	9:00	Open Play	10:00					Guided Imagery	10:20
Men's Discussion	9:00	Bingo	12:45						
T'ai Chi Chih Practice	10:00	Tale Spinners	1:00						
Open Play	10:45								